



Principal's Message

Dear Bear Nation,

It has been a great 2017/2018 school year and our students continue to accomplish tremendous feats. Our Women's Chorale, Concert Choir, and Chamber Choir all received Command Performances at the Clovis Unified School District Choir Festival. This is the highest rating a choir can receive in CUSD. The Buchanan History Day Teams dominated the Fresno County Regionals. Twelve students took home 1st place honors and qualified for the State Championships. Our Destination Imagination Team had ten students take home first place at the San Joaquin Valley Regional and qualified for the State Championships. In athletics our Girls Soccer team won the Valley Championship for the 10th time in the past thirteen years. Wrestling took home their third consecutive TRAC, Valley and State Championships.

As we prepare for the 2018/2019 school year, we would like to welcome the class of 2022! We are very excited for our incoming 9th grade students and proud of all the great things they have accomplished at Alta Sierra. Our counseling department has worked extremely hard to help our students pick out their classes for next year and our team is putting together a master schedule to meet the needs of all our students. We have some exciting new course offerings and a variety of courses to prepare our students for their college or career goals.

The Class of 2018 has chosen the theme, "Leaving a Legacy" and they have definitely left their mark on our campus. Graduation is a wonderful time to honor not only our senior students but also their families for all the hard work and dedication during their child's educational career. We invite the community to attend the graduation ceremony for the Class of 2018 on Thursday June 7, 2018 at 7:30pm in Veteran's Memorial Stadium. No tickets are needed but please make plans to arrive early, because we expect a capacity crowd for this event. Lastly, thank you to all our families for your continued support of Bear Nation. We hope your family is able to enjoy the summer months together.

Sincerely,
Joe Aiello



Joe Aiello



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Committed To Excellence"*

Office Hours
7:15 am – 4:30 pm
www.bhs.cusd.com

327-3000

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Joe Aiello

Deputy Principal
Kia Yang

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Counselors

Jeff Hodges - Head Counselor
Tracy Brandon
Daniel Felix
Denaë Hansen
Maxx Her
Chris Salone
Shari Tolbert
Troy Wagner

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<http://academypublishing.com/schools/buchanan/buchanan.php>



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BEAR Tracks



Counseling Center Information

Juniors

This is What You Should be Working on This Summer

AP Summer Assignments

If you are taking AP classes, make sure you know what the summer reading and assignments are:

- AP English Composition and AP Literature reading assignments and contracts are on the BHS Counseling home-page website, under Honors and AP Summer Reading.

Research Colleges

- Use internet search sites:
 - Career Cruising - <https://public.careercruising.com/en/>
 - Cal State Apply- <https://www2.calstate.edu/apply>
 - Community Colleges - <http://californiacommunitycolleges.cccco.edu/alphalist.aspx>
 - UC's - <http://universityofcalifornia.edu/uc-system/parts-of-uc>
- UC's have updated the format to their Personal Statements, which are now called **Personal Insights**.
 - <http://admission.universityofcalifornia.edu/how-to-apply/personal-questions/freshman/index.html>
- Research colleges and major requirements
- Know testing requirements
- Understand college costs, financial aid, and scholarships
- Keep track of application deadlines
- Visit Colleges if possible

Sign up for the ACT and/or the SAT this spring and/or in the early fall if you plan to apply to a four year college.

- <http://Collegeboard.org>
- <http://actstudent.org>
- Look for practice/study materials on websites: **Career Cruising** at <https://public.careercruising.com/en/>, or through **College Board** at <https://www.khanacademy.org/sat>

Sign up to take SAT Subject Exams if recommended by the University you are applying to.

- <http://Collegeboard.org>
- Math Level 1 is not accepted by UC's
- SAT Subject tests may be recommended/required for certain majors at UC's and select private universities.

Research Financial Aid opportunities

- www.FederalStudentAid.ed.gov
- www.fafsa4caster.gov - gives an estimation of college costs
- Research scholarship opportunities: <http://www.fastweb.com/>
- Check with college financial aid offices
- See BHS Counseling Website for our Scholarship Bulletins and other scholarship opportunities

Update your Resume for Letters of Recommendation and College Applications

- Community service and work experience
- Set some goals
- Get involved in school or the community
- Compile a list of your honors and awards
- Have you had to overcome any obstacles? Explain
- Any unique family circumstances?
- What are your three best traits?

Planning on playing Sports in College?

- Check out NCAA Eligibility Center for Division I or II college athletics.
<https://web3.ncaa.org/ecwr3/>
- Check out the NAIA for small private colleges
<http://www.playnaia.org/>

Do This Summer

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Personalize your visit with a campus tour, meet with a professor or even join us for lunch!

When: The choice is yours! Visit our website to register.

Register at ExperienceFPU.com/visit





Nurse Sarah

Facts of Lice

Head lice are tiny wingless insects that live in a person's hair and feed on small amounts of blood drawn from the scalp. Lice do not spread disease and they do not fly or jump. Lice eggs are called nits and they appear as tiny oval specks of grey or yellow that attach to the hair shaft. Unlike dandruff, nits do not easily flake off the hair.

Signs & Symptoms:

- Severe itching & scratching of the scalp.
- Nits on the hair shaft, usually on the back of the head between the ears.
- Louse/lice (tiny, grayish-brown insect).
- Red bumps on the scalp from irritation.

What to do if your child has Lice:

- Check with your doctor or pharmacist for a recommended treatment.
- Check everyone in the home for lice and treat if needed.
- Wash all clothes and bed linens in hot water and run through a hot dryer.
- Vacuum all carpet and cloth-covered furniture in your home and car.
- Replace hair care items such as brushes, combs, hair ties, etc.
- Seal all non-washable items such as stuffed animals in a plastic garbage bag for two weeks.

Think Prevention:

- Try to avoid head to head contact with other people.
- Do not share combs, brushes, hair ties, hats, scarves, pillows, etc.



Attendance Corner

327-3037—24 Hour Hotline

A few important reminders regarding Attendance...

Attention Seniors:

Have you had Perfect Attendance since Kindergarten? You may qualify to be recognized during your senior graduation ceremony! Bring your Elementary, Junior High, High School Perfect Attendance certificates, awards, and/or documentation to Mrs. Sarabia in the Attendance Office.

The deadline to bring in your documentation is **May 1, 2018**.

Freshman, Sophomores and Juniors:

If you've had "**Perfect Attendance**" this year, please stop by our Attendance Office and pick up an application to receive a "Perfect Attendance Certificate".

The deadline to apply is **May 14, 2018**.

Any questions regarding "Perfect Attendance" please call Mrs. Sarabia at 559-327-3444.

Absences:

Please make sure your student's absences are cleared within five days of the student's return to school. If the absences are not cleared accordingly, they will remain as "Uncleared" and may lead to a student receiving a "Truancy Letter".

Our 24-hour "Hot Line" number is 327-3037.

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Clubs



Yoga Club

The Yoga Club meets on campus on Wednesday from 3:15 - 4:15. Students who are interested to join may pick up a permission slip in room 554. Any questions, see Ms. Waters for more information.

Thank You!

BHS Clubs Join Forces to Help Their Community

The Life Teen Club and the Light Club got together for a community service project to serve the homeless in our area. Over the course of a couple of meetings, student leaders decided what items should go into "hygiene kits." Those items were collected by the membership and on March 5, we got together for fellowship and kit organizing. We were able to put together enough items for 31 full kits and several extra items that will be distributed through local churches to the needy of our community. Thank you to the members of Light Club for joining us to help others in our community! Jennifer O'Meara, Life Teen Advisor and Rich Contreras, Light Club Advisor

A few spots are left!



We need you!

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nancymajors@clovisusd.k12.ca.us

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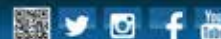


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Dr. Lori Bennett, College President

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The First Annual Black History Fair

The BHS AASU Multi Culture Club organized the first annual Black History Fair. Our lead officers, Zion, Abbi, Sanaa, Jordyn, Jordin, Willy, Madii and Amber shared untold historical contributions by African American Scientist and their Inventions to over 500 third through sixth grade students at Garfield Elementary. Additional activities included, daily quote for morning announcements, an exhibit in our Art Gallery, a fashion show and performances from various students.

Yearbook

Here's the info for yearbook:

- Yearbook distribution will begin on May 29th in the West Gym at lunch for seniors only. Underclassmen can pick up their books after school. All students must have a picture ID to pick up their book.
- Starting May 30th, all yearbooks will be distributed out of room 161 before school, break, lunch and after school until 3 p.m. Picture ID required.
Extra yearbooks will go on sale June 4th for \$100 cash only in room 161 on a first come, first serve basis. Sales that day will begin at 7:30AM.

BLACK HISTORY MONTH



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Brenda West



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Important Dates

DATE	EVENT	LOCATION
5/1-5/2	Science Testing	Buchanan
5/2	ASI and BHS SART Meeting	Buchanan, Room 853
5/5	Junior and Senior Prom	Wolf Lakes Park
5/5	SAT	Various Locations
5/7-5/18	AP Testing	Buchanan
5/7	CSF Banquet	Clovis Veteran Memorial Building
5/9-5/12	Senior Directed Show	Buchanan, Drama Room
5/9	CUSD Governing Board Meeting	District Office, PDB
5/9	Sping Jazz Concert	Buchanan, Outdoor Theater
5/15	DANNY Awards	Mercedes Edwards Theater
5/16	Spring Choral Show	Performing Arts Center
5/16	AVID Senior Celebration	Buchanan, MPR
5/18	Band Spring Show	Buchanan, W Gym
5/19	Filipino Club Senior Scholarship Dinner	TBD
5/21-5/25	SBAC Testing 11th grade Math	Buchanan
5/22-5/27	Destination Imagination Global Finals	Knoxville, TN
5/22-5/23	Senior Finals	
5/23	CUSD Governing Board Meeting	District Office, PDB
5/24-5/25	Senior Make-Up Finals	
5/25	Senior White Card Day	Buchanan
5/25	Orchestra Concert/Awards	Performing Arts Center
5/26	Drama Senior Showcase	Buchanan, Outdoor Theater
5/28	Memorial Day ~ Holiday	
5/29	Senior Farewell Assembly	Buchanan, REC
5/30	Scholarship Award Night	Buchanan, MPR
5/30	CUSD Governing Board Meeting	District Office, PDB
5/30	Clovis High Graduation	Lamonica Stadium
5/31	Clovis East Graduation	Lamonica Stadium
5/31-6/1	Grad Nite	Universal Studios
6/2	SAT	Various Locations
6/4-6/6	Finals	
6/4	Gateway Graduation	Mercedes Edwards Theater
6/4	Grad Practice # 1	Buchanan, REC
6/4	Baccalaureate	Via Church
6/5	Clovis North Graduation	Buchanan, VMS
6/5	Grad Practice # 2	Buchanan, REC
6/6	Grad Practice # 3	Buchanan, REC
6/6	Clovis West Graduation	Graduation
6/7-6/8	Finals Make-Up	
6/7	Grad Practice # 4	Buchanan, VMS
6/7	BHS Graduation	Buchanan, VMS
6/8	Last Day of School Minimum Day, End of Semester 2	
6/9	ACT	Various Locations
6/13	CUSD Governing Board Meeting	District Office, PDB



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Athletic Calendar

DATE	EVENT	LOCATION
5/1	Baseball @ Clovis East	Clovis East
5/1	Softball vs Clovis West	Buchanan
5/1	Boys Volleyball vs Clovis East	Buchanan
5/1	Swim & Dive Pool Deck Feed	Buchanan
5/2	Diving TRAC Championships	Buchanan
5/3	Frosh Baseball & Softball @ Central	Central
5/3	Boys Tennis Team Playoff	Buchanan
5/3	Boys Volleyball @ Clovis North	Clovis North
5/3	Swim & Dive TRAC Prelims	Buchanan
5/3	Track & Field League Championship	Clovis
5/4	Swim & Dive TRAC Championships	Buchanan
5/4	Baseball vs Clovis East	Buchanan
5/4	Softball @ Central	Central
5/4	Swim & Dive TRAC JV Championships	Buchanan
5/5	Swim & Dive TRAC Finals	Buchanan
5/8-5/12	Mountain West Track Meet (Fresno State)	Buchanan
5/7	Frosh Baseball & Softball @ Clovis East	Clovis East
5/8	Baseball vs Clovis North	Buchanan
5/8	Softball @ Clovis East	Clovis East
5/8	Boys Tennis Team Playoff	TBD
5/9	Swim & Dive Valley Championships Dinner	TBD
5/9	Track & Field CIF Area Qualifying	Clovis East
5/10	Frosh Baseball & Softball vs Clovis North	Buchanan
5/10	Boys Tennis Team Playoff	TBD
5/10	Boys Volleyball Playoff	TBD
5/10	Swim & Dive Section Diving Championships	Clovis West
5/11	Baseball @ Clovis North	Clovis North
5/11	Softball vs Clovis North	Buchanan

DATE	EVENT	LOCATION
5/11	Swim Section Swimming Prelims	Clovis West
5/11-5/12	Boys Tennis Area Tournament	Buchanan
5/12	Section Swimming Finals	Clovis West
5/14	B'Nai B'rith	Clovis Veterans Memorial Building
5/15	Baseball Playoff	TBD
5/15	Boys Volleyball Playoff	TBD
5/16	Softbal Playoff	TBD
5/16	Boys Tennis Team Playoff	TBD
5/17	Baseball Playoff	TBD
5/18	Softbal Playoff	TBD
5/18-5/19	Boys Tennis Individual Playoff	TBD
5/18	Boys Volleyball Playoff	TBD
5/18	Swim & Dive CIF State Champ Prelims	TBD
5/18	Area Elementary Track Meet	Buchanan
5/19	Swim & Dive CIF State Champ Finals	TBD
5/19	Swim & Dive Luau	TBD
5/19	Track & Field CIF Central Section	Buchanan
5/22	Baseball Playoff	TBD
5/22	Boys Volleyball So Cal Regional	TBD
5/23	Softbal Playoff	TBD
5/23	Track & Field Awards	Buchanan, MPR
5/24	Swim & Dive Awards	Buchanan, MPR
5/24	Boys Volleyball So Cal Regional	TBD
5/26	Baseball Playoff	TBD
5/26	Softbal Playoff	TBD
5/26	Boys Volleyball So Cal Regional	TBD
6/1-6/2	Track & Field CIF State Championship	Buchanan

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