September 2018 Volume 10 Issue 3

For the Parents, Students, and Community of Sequoyah High School



4485 Hickory Road

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Assistant Principal

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Sequoyak Higk

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Who's New To

Sequoyak High School

Dawn Brooks



Joseph Tousignaut



Lindsay Roga



Sharon McGaugh

4 Y 60 4 Y 60 4 Y 60 4 Y 60



Stephanie Judkins



Steve Vaughn



Susan Frye





HFES Gymnasium to Open for Community Use

CANTON — The Cherokee County School District has approved an agreement to lease the original gymnasium at Hickory Flat Elementary School to Cherokee County.

Under the agreement, approved by the county's board of commissioners last week, the county will lease the facility from the district for \$1 a year for the next 50 years. The county will also be responsible for maintaining the building.

The gym, which was built in 1950 and has been out of use since 2014, is in-tended for a community center, although the county has not yet decided more specific uses.

"We're very happy and very proud," said school board chairwoman Kyla Cromer. "We're very pleased to see what the county's going to do with the special lease agreement ... (The gym) will be online for a good use for the members of the community."

How to Succeed in High School Overview and Advice from Student Services

Welcome to high school! Our goal is for all students to have a rewarding, successful high school experience. Tutoring is available for students who may struggle in their classes – it is up to the student to take advantage of this opportunity. The Tutoring Schedule for math and science is posted on the SHS website. For other subjects, the student must make arrangements in advance with his or her teacher for that subject.

Occasionally, parents may need for teachers to complete observation sheets or rating scales if their children are being evaluated by an outside source, i.e. medical doctor or therapist. In this case, forms must be given to the counselor who will obtain the information from teachers and submit the forms directly to the doctor or therapist.

Freshmen

- Stay on top of assignments and projects
- Pay attention to deadlines for everything
- Earn the best grades possible
- Get involved -- join a club, play a sport, audition for a play, etc.
- Look for potential leadership opportunities, i.e. run for office, chair a committee, etc.
- Attend Financial Aid Information Night at SHS on Tuesday, September 25, 2018 at 6:30 p.m. It's never too early to find out how to earn the HOPE Scholarship for college!
- Keep a file folder detailing activities and honors/ awards received in high school (for college applications later)
- Log on (or create an account) at www.GAFutures. org or access your account at www.careercruising. com to assess your career interests and explore careers matching those interests
- If your grades are strong, consider taking honors/ AP classes next year - talk to your teachers

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How to Succeed in High School continued... Juniors

Sophomores

- Stay on top of assignments and projects
- Pay attention to deadlines for everything
- Earn the best grades possible
- Continue extracurricular activities
 clubs, sports, theatre, music, community service, etc.
- Get involved more and look for leadership roles to take on – run for office, chair a committee, or head up a project in your club or organization(s)
- Attend Financial Aid Information Night at SHS on Tuesday, September 25, 2018 at 6:30 p.m. It's never too early to find out how to earn the HOPE Scholarship for college!
- Maintain your file folder of activities, leadership roles/positions, awards and honors received in high school (for college applications later)
- If your grades are strong, consider taking honors/AP classes next year

 talk to your teachers. Or consider the dual enrollment program at a local college – see your counselor for details – there are deadlines!
- Order class rings in January
- Log on to GAFutures.org or www. careercruising.com to further explore your career profiles and potential college majors that correspond to these profiles
- Peruse the SHS website, Student Services section for Summer Program postings and other announcements
- Find out if Work-Based Learning is a good fit for your junior year – see Ms. Hembree in Rm. 2229

- Keep your grades up and make sure you're on track to graduate
- Pay attention to deadlines for everything
- Continue involvement in extracurricular activities
- Keep looking for leadership roles to take on
- Maintain your file folder of activities, awards, honors, etc. (for college applications)
- Log on to GAFutures.org or www.careercruising.com to revisit/update your career profiles and potential college majors
- Explore colleges that offer those majors
- Attend <u>Financial Aid Information Night at SHS on Tuesday</u>, <u>September 25</u>, <u>2018</u> at 6:30 p.m.
- Attend a college fair there's one at Cherokee High School on Thurs., Oct. 18 at 6 p.m.
- Register for SAT and/or ACT to take in the spring if you're thinking of applying to colleges that require it - register online: SHS Code – 110590 for both tests:
 - p http://collegeboard.org
 - p http://actstudent.org
- Discuss your future plans with your family and counselor
- If applicable, apply for Dual Enrollment program for senior year (some deadlines are really early and you would need SAT or ACT taken by December 2018) See your counselor.
- Peruse the SHS website, Student Services section for Summer Program postings and announcements
- Find out if Work-Based Learning is a good fit for your senior year See Ms. Hembree in Rm. 2229
- Register for rigorous courses to make the most of your senior year
- Check out www.collegeview.com, www.free-4u.com, or www.collegeconfidential. com to search for colleges matching your criteria. These sites are free.
- Visit at least one college campus
- If you think you might apply to very selective private colleges, take the SAT Subject tests in your strong subjects in May or June. (website above)
- If applicable, apply for athletic eligibility to NCAA or NAIA
- If applicable, take the ASVAB (military entrance exam) at your nearest recruiting office
- Research possible financial aid for college see scholarship search links under Student Services on SHS website

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How to Succeed in High School continued...

Seniors

- Keep your grades up and make sure you're on track to graduate
- Stay on track with your Senior Project
- Pay attention to deadlines for everything
- Continue involvement in extracurricular activities and leadership roles
- Order items needed for graduation (invitations, cap and gown, etc.)
- Register for SAT and/or ACT to take in the fall (if applying to academic colleges/universities). See websites listed under Juniors.
- If applicable, take the ASVAB (military entrance test) at your nearest recruiting office
- Discuss your future plans with your family and counselor
- Attend <u>Financial Aid Information Night at SHS on Tuesday</u>, September 25, 2018 at 6:30 p.m.
- File the FAFSA (Free Application for Federal Student Aid) between October 2018 and March 2019 – the earlier the better
- Peruse the Sequoyah High School website, Student Services section often for announcements and scholarship postings
- Attend a college fair there's one at Cherokee High School on Thurs., Oct. 18 at 6 p.m.
- Search for colleges that meet your specific criteria (see www.collegeview.com, www.free-4u.com, or www.

- collegeconfidential.com). These are free sites.
- Visit some of the colleges you're interested in
- Finalize the list of colleges to which you're applying
- Prepare and submit your college applications by their deadlines – many colleges have January deadlines
- Request any necessary recommendation letters from teachers and/or counselor
- Log on to GAFutures.org and request transcripts electronically for colleges in Georgia
- Submit transcript requests for colleges outside Georgia (\$5.00 per transcript) through Parchment on the SHS website (click the Student Services button)
- Check your HOPE/Zell Scholarship GPA on www.GAFutures.
 org
- Apply for scholarships as they come up throughout the year
- If applicable, follow up on athletic eligibility with NCAA or NAIA
- Visit at least one college campus where you have applied or will be applying
- If applicable, sign up and take the ACCUPLACER test (at technical and some 2-year academic colleges)
- Reserve space at your selected college (usually by May 1)
- ENJOY YOUR GRADUATION FESTIVITIES!!!









678.445.7423 | ImbrialeInjury.com 145 Towne Lake Parkway • Woodstock, GA 30188 Marching Band of Chiefs

The Marching Band of Chiefs is excited for the 2018 season! The band began weekly practices in June, culminating in a week-long band camp in July. They can be seen practicing after school on Mondays, Tuesdays, and Thursdays throughout the fall. This year, there are 165 student participants, including 22 Color Guard members. This year's competitive show, entitled "Benchmarks," is a musical representation of the various stages or benchmarks in life such as childhood, graduations, birthdays, love, and even retirement. The show title is further symbolized by actual park benches that will be on the field during the show.

In addition to supporting the Sequoyah Chiefs Football program, the band boasts an impressive record of competition wins over the past eight years. For the last three years the band has won an overall grand championship trophy at one of its contests. They will compete in three competitions this year, during the month of October. Additionally, they will be performing at the annual County Marching Exhibition. This event is on October 2, at River Ridge High School. This is an opportunity to see all six county marching bands perform their halftime show.

The marching band has purchased new uniforms and will be receiving these in early October. This is especially exciting, as this is the 12th year for the current uniforms. Additionally, the Instrumental Music Program received a CCEF grant, which helped with the purchase of new marimbas for the front ensemble, as well as a new bass for the orchestra.

In April, the band will be traveling to Washington, D.C. to perform in the Cherry Blossom Parade. The band has previously been invited to perform in parades in New York City, Chicago, and at the Magic Kingdom at Walt Disney World in Orlando.

The band looks forward to entertaining you at halftime this year! Please come out and give us a shout!





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Boys Track and Field Athlete of the Year Schofield Goes Out With Title Defense

He already had a state championship under his belt, but Sequoyah's Kameron Schofield had even bigger plans for his senior season.

He surprised a lot of people last season, when he surged late to win the 800-meter run as a junior, but before he left the high school ranks, Schofield was determined to show that was not a fluke.

"It's more about being able to repeat," he said. "I knew I was at the top as far as competition goes. I wanted to branch out into other events this year, but my main goal was coming back for the repeat. That was my focus."

While Schofield, the 2018 Cherokee Tribune Boys Track and Field Athlete of the Year, was able to get back to the top of the podium as a senior, he faced new challenges along the way.

Where he used to sit back on the leaders before making a late push, he realized he had to change his strategy some as he became his opponents' target.

"People obviously want to beat you, but you almost feel like you're getting sabotaged sometimes," he said. "You have people trying to slow the race down and box you in. It pushed me toward the end of the season to try to dominate every race and run even faster. It was really a big push for me to try my hardest every single time I went out there. I love the competition."

It was not always smooth sailing for the state champion, though.

Early in the season, his 800 times were dipping some, and his coaches suggested he try some different events before going back to focus on defending his title.

"I think the 1,600 made the 800 to feel a lot shorter," he said. "When I broke 50 seconds in the 400, it just showed me what I can do for the first half of the 800 to make it more solid. Branching out like that really helped me change my mindset."

Not only did branching out help Schofield better his times in the 800, but it also showed him how competitive he could be in those events.

In his first attempt at the 1,600, he nearly broke the school record, and he realized he would have a shot at not only defending his state title, but also adding another one.



He advanced all the way to the state meet in the 1,600 and had a chance to win down the home stretch, but he came up just short by .22 seconds to Alpharetta's Robert Chappell.

"The way it was ran had very uneven splits," Schofield said. "I was feeling pretty good about it. Coming down the last 100, I saw (Chappell's) legs locking up. I thought I could pass him, but my legs locked up too. I was pretty disappointed."

Though he was unable to add another title to his resume, Schofield was not going to leave the state meet without at least one.

He returned the next day with renewed focus and led the 800 wire-to-wire to best Alexander's Koi Williams by nearly two whole seconds to cap off his title defense.

"Deep down, I was really mad about it, but I think that loss really pushed me to dominate the 800 the following day," Schofield said. "I gave it everything I had and was really able to lead the whole way. There was no way I was going to leave a three-day meet without at least one gold medal. I came to win two, so I knew I had to get at least one."

Schofield will have a chance to keep winning championships in college. Although he was not initially sure he wanted to run in college, he chose Georgia Tech over the likes of Tennessee, Kentucky and Clemson.

I didn't start really considering running in college until about half way through my junior season. That's when I decided running in college was something I really wanted to do and push for. When I got the offer from Georgia Tech in mid-April, I knew I wanted to go there. It had the mix of good athletics and good academics I was looking for."







Speech and Debate Team

2018 National Speech and Debate Tournament: June 17-22

The Seguoyah HS Speech and Debate team sent six students to the 2018 National Speech and Debate tournament in Fort Lauderdale over the summer. They represented the Speech and Debate Northern Georgia District in their event areas.

Three of our students qualified at the 2018 Speech and Debate Northern District Tournament hosted at Cherokee High School on February 2nd and 3rd. Noah Campbell won 1st place in Big Questions Debate and competed in this category at nationals. Rebekah



Carnes and Maddie Doerr won 1st place for Duo Interpretation and competed in this event at nationals. In addition, Jack Forbes, Andrew Doerr, and Max Frye were chosen as delegates for the World Schools Debate team and competed in this event at nationals. The Sequovah Speech and Debate team is led by coaches Matt Bartula and Katie Maher.

Pictured from left to right: Max Frye (junior), Jack Forbes (senior), Andrew Doerr (junior), Maddie Doerr (graduated), Rebekah Carnes (graduated), Noah Campbell (junior)

"The Speech and Debate team offers our students the unique opportunity to thoughtfully consider and debate issues that are shaping our country and our world," Principal Elliott Berman said. "The speaking and debating skills they develop here not only benefit them as they look forward to college and job interviews, they prepare them to be well informed vocal leaders of our community and country in the future."







Former Sequoyak Wrestler Makes CCHOF

For the first time, a wrestler from Sequoyah's string of state championship teams will enter the Cherokee County Sports Hall of Fame when Lonnie Jones is inducted tonight.

Jones will be part of the Hall of Fame's 16th class, along with Byron Dobbs and Greg Key.

Jones said his inclusion came as a surprise.

"I didn't think too much about it, but it's really exciting," said Jones, who will join former Sequoyah wrestling coaches Bob Eddy and Kevin Higgins in the hall of fame. "I didn't think I would be the first one to go from those teams, but it's really an honor."

Jones got his start in wrestling as a seventh-grader, when a family friend introduced him to the Sequoyah junior program. He did not initially have success, but Jones took to the sport anyway and soon quit baseball and football to focus on wrestling full-time.

"I was also playing baseball and football at the time, but I just devoted my life to wrestling in high school," Jones said. "Once I got to the high school level and saw how good the team was, I just wanted to be part of it."

While the success of the Sequoyah wrestling program helped draw Jones in, it also meant he had to work his way into the varsity lineup.

As a freshman, Jones went 14-5 at the junior varsity level. He was even better as a sophomore, going 11-0 in JV matches before going 4-4 in varsity matches.

"It was a lot of hard work," Jones said. "Our team was just so good, you really had to earn your way into the lineup. Coach Eddy used to tell us he thought our JV team could compete with 90 percent of the varsity teams out there, and I think he was right."

Jones finally cracked the starting lineup as a junior at 160 pounds, and he did not disappoint, posting the second-most wins on the team with a 30-9 record, and winning the region championship.

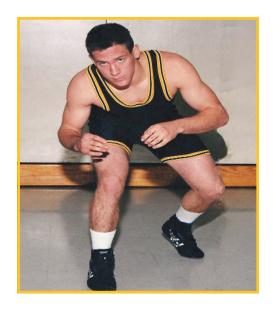
Jones came one win away from placing at state, setting the stage for a memorable senior season.

In his final season, Jones posted a perfect 41-0 record, was named the Cherokee Tribune and North Metro Wrestler of the Year, and he capped it all with an individual state title.

However, it was the team accomplishments, including a 21-0 dual record, region championship and Class AAAA state championship that stood out the most for Jones.

"When I won the title, it was an amazing accomplishment I wanted since I was in seventh grade," he said. "I'm doing an interview, and everyone was going crazy. We had another teammate pinning a guy for a state championship. That's what I remember most. We had four state championship winners that year."

That high point for Jones was also the last of his career. He considered wrestling in college, but his mother died shortly after his title, and he decided to stop wrestling.



"It all kind of ended for me when my mom passed two weeks after I won the state title," Jones said. "That kind of put a damper on it. I always wrestled for her. She was at every match, and she was my No. 1 fan. I kind of hung it up after that."

Jones has spent the last 12 years owning a gas station and auto shop in Atlanta with his brother.

Jones said he still has a passion for wrestling, though, and he plans to get his son involved over the next couple years. Even though he does not wrestle anymore, he said he still uses the skills he learned every day.

"Perseverance and never giving up are what you learn, no matter how bad things get," Jones said. "You have a lot of pride when you wrestle, because it's always just you, win or lose. It's always a great feeling getting your hand raised when you put in the work, and that's something that sticks with you."







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