



# THE GOLD STANDARD

For the Parents, Students, Faculty, Staff & Community of  
Clovis West High School - Fresno County, California

## CLOVIS WEST HIGH SCHOOL

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## PRINCIPAL'S MESSAGE

Dear Golden Eagle Family,

I hope the new year is off to a great start for everyone. Our Golden Eagles have been busier than ever after returning from Winter Break. The administrative team has visited all classrooms across campus to remind students that the new semester brings new opportunities for students to show their greatness. We encourage each of our Golden Eagles to show their leadership abilities to continue to make Clovis West the great school that it is.



Even though we've celebrated a new year, Clovis West is already planning for the 2020-2021 school year. Starting at the end of February, students will be meeting with their counselors to begin the registration process to schedule courses for next school year. There are many opportunities for students to start working towards their career and college goals now. Our counseling team will help your student make the best possible choices to align with their academic and career goals.

This time of year also marks the beginning of our state and national testing season. Beginning in March the junior class will be taking California assessments in English, mathematics, and science. Our teachers have been working tirelessly to make sure each student is prepared to put forth their best effort. Students enrolled in Advanced Placement courses will be taking their Advanced Placement exams in early May. Please remind your students to stay focused and to persevere when met with an academic challenge, or any challenge for that matter.

I'm looking forward to the many successes our students will have through the remaining months of the school year!!

Sincerely,  
Richard Sarkisian

### A TRADITION OF EXCELLENCE IN EDUCATION

- February 21: 6th Week Grades Period Ends
- February 28: Performance Assembly
- March 3: Kids Day
- March 9: Latino Success Conference
- March 13: Fresno County History Day
- March 16: Hoop it Intramurals Week
- March 25: SAT School Day Testing
- March 25-26: Fashion Show
- April 3: Day on Green
- April 6-13: Spring Break



# FEB 2020 ISSUE 5

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 1450 Herndon Avenue  
 Clovis, CA 93611

Hello Parents/Guardians,

Social Media such as Facebook, Instagram, Twitter, or Snapchat, just to name a few, have become popular resources for individuals to communicate, interact, and network with others. As we all know, social media can be used both positively and negatively. Clovis Unified recently released a public service announcement video surrounding the topic of social media and the stakes involved in posting or sharing things that include threatening language. It is a good idea to reassure your child that they can always talk to you. To help further your conversation with your student at home, here are some questions or conversation starters you can use:

- Ask your child if they've seen anything online that they are not comfortable with. For example, they might have seen things like negative comments, sexual content, or violent images.
- Tell your child that you won't overreact if they tell you about something they've seen, that you'd much rather have them talk to you, instead of keeping it to themselves.
- If your child is upset or worried about something they've seen, talk about how they feel and how they can avoid seeing them again in the future.
- If necessary, help them to report or block the content they find disturbing.
- Whatever happens, stay calm if you find they have come across something you do not approve of.

Listening to and helping students process their feelings when they have seen something online that is uncomfortable may help save a life. A helpful tip from the video link below is to, "Think before you post, think before you share because one post can change your life forever".  
<https://tinyurl.com/cusd-digital-citizenship-psa>

**Screenagers: The next Chapter:**  
 On Tuesday, March 3, Clovis West will be showing **Screenagers: The Next Chapter** to our entire student body. This documentary will focus on the social and emotional affects social media can have on teens.



## MOCK TRIAL

The Legal Eagle Mock Trial Team is composed of brilliant scholars. Many of these Golden Eagles are not just academically involved, but participate in other activities like girls' soccer, instrumental music, pep and cheer and baseball. Girls Varsity Soccer Coach Shrey and her team were there to support their teammates, Analis Marrone and Emily Berg, as they and their crew were looking to defend their title against the Clovis North Broncos. Though we lost a hard-fought battle in the courtroom, our Mock Trial team knows they have that one of a kind C-Dub support thanks to the inclusive leadership styles of Coach Bonds and Coach Schrey. We are truly better together!

## Make your visit your own

### PERSONALIZE YOUR CAMPUS TOUR AT FPU.

Meet with faculty, eat in the caf or sit in on a class. The choice is yours. Open to high school students. Parents welcome!

**ExperienceFPU.com/visit**







## KEY CLUB

Back in November Key Club hosted the Days for Girls event. Thanks to all of you who donated, volunteered, and or spread the word to others. We had 65 students and adults come out and help that day. Most of those volunteers were students... amazing. Recently during lunch, we raffled off two Disneyland Park Hopper passes to those who attended. The lucky student winners were Abby Gonzales and Genesis Esparza. Attached are pictures of the winners and a few pictures of the students volunteering.



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## BLACK HISTORY MONTH

### Clovis West High School Celebrates Black History Month

#### What is Black History Month and why is it important?

In the United States, the month of February is observed as Black History Month or National African American History Month, and we use the month to remember the important contributions and achievements of African Americans throughout our nation's history.

#### Why is Black History Month in February?

The precursor to Black History Month was created in 1926 in the United States, when historian Carter G. Woodson and the Association for the Study of Negro Life and History announced the second week of February to be "Negro History Week".

#### The three Pan-African colors on the flag represent:

**Red:** The blood that unites all people of Black African ancestry, and shed for liberation; **Black:** Black people whose existence as a nation, though not a nation-state, is affirmed by the existence of the flag; **Green:** The abundant natural wealth of Africa.

The CW African American Student Union will be sharing Black History Month Trivia facts this throughout the month of February over the daily announcements. All classrooms on campus are encouraged to play the Black History Trivia Game. The classroom to answer the most questions correctly, will win the honor of proudly displaying a beautiful Black History Month banner in their classroom for the remainder of the school year. Last year, our winner was, Mrs. Leslie Booth's classroom.

The CW A.A.S.U. has also draped posters of Famous African American Leaders around the C.W.H.S. campus, in an effort to share as well as educate the students and staff of CWHS.



The CW AASU attended the **2020 African American Leadership Conference** held on Tuesday, February 4, 2020 at the Fresno Convention Center. This year's theme was, "2020 Vision for Excellence". There were over 1100 students in attendance from all over the valley. **This year's Senior of Distinction awards went to Caleb Flowers and Catherine Matthews. Congratulations to you!**



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## BLACK HISTORY MONTH...CONTINUED

### Terry's House

The Clovis West AASU, Natural Beauty, Hip Hop and Invisible Children's Clubs had their last Community Service project this evening at Terry's House on Friday, February 7th, 2020 from 5:30pm-7:30pm. They hosted a fish fry dinner and it was such a treat for Terry's House guests! The time spent in the kitchen, feeding our families, and interacting with the folks during the meal is absolutely priceless.



### Where is Terry's House?

Terry's House is located directly across the street from **Community Regional Medical Center**. It's our "home-away-from-home" for families of critical care patients. Terry's House is a place where families can eat, sleep and recharge — helping them stay strong for their loved one in the hospital.

### Who Stays at Terry's House?

When a critically ill or injured patient arrives at the Community Regional, their family is usually close behind. Those family members must often be away from home for an extended time — making a hotel stay difficult and expensive. That's where Terry's House comes in. Terry's House provides a safe, compassionate and supportive environment where families can be close to their loved ones while they recover at Community Regional.

### Features of Terry's House

The 17,000 square-foot, two-story home features 20 private guest rooms, community areas and amenities so guests feel right at home.

For the last nine years, Terry's House has taken the worry out of having a place to stay so families can focus on supporting their loved one's healing.



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## PEER COUNSELING

The Clovis West Peer Counseling Program teamed up with Clovis High's Peer Counseling Program for our annual Baby Blanket Drive. Together our schools were able to collect over 900 new and newly made blankets for children in need in our local area. The blankets were donated to Valley Children's Hospital to be gifted to families either in the NICU or in Craycroft. Additional blankets were donated to Project Linus which distributes blankets to children from 0-18 in Fresno and Madera Counties. Thank you to all who participated in our blanket drive!



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## CLOVIS WEST COUNSELING CORNER

Your Clovis West Counseling Department wishes to remind you that we are here to help support your student both academically and emotionally. Please do not hesitate to reach out to your student's individual counselor should you have any concerns you wish to discuss regarding your student. As the semester progresses, many students may begin to feel anxious or apprehensive regarding their classes and course loads. In addition, our seniors are in the process of receiving admission offers to colleges and navigating their futures, which may cause some emotional distress. Please know we are here to support you and your student! The direct line to the Counseling Center Office is 327-2118.

### Upcoming Events:

- **Class of 2024 Parent Night** - Tuesday, February 25th @ 6:00 PM in the Cafeteria
- **SAT School Day for Juniors** - Wednesday, March 25th in the East Gym (sign-ups were due 2/1/20)

Class registration for the 2020-2021 school year will begin February 26th and run until March 30th. Please be watchful for the Registration Form to come home as parent signatures are required.

## CWHS LIBRARY IS SEARCHING FOR VOLUNTEERS!

### Who can be a volunteer?

- Anyone 16 years or older can apply
- Must be fingerprinted & pass background check
- Must be able to push, pull, or lift at least 25 LB.
- Willing to volunteer one or two days a week/2 hour per day.
- Enjoy interacting with high school students.

### Things we need volunteers to help with:

- Shelving Library & Textbooks
- Maintain shelf reading order (making sure books are in alpha and/or numeric order)
- Large projects: Book Tasting, AP Testing, State Testing, bulletin board.
- Website updates
- Processing new books
- Assist students with various library services



Interested? Please contact Mrs. Laband in the CWHS Library. **Email:** [janicelaband@cusd.com](mailto:janicelaband@cusd.com) **Phone:** 559.327.2078

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*Relax*

*Enjoy!*

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