



# THE GOLD STANDARD

## CLOVIS WEST HIGH SCHOOL

1070 E. Teague Ave.  
Fresno, CA 93720

Ph: 559-327-2000

Fx: 559-327-2490

[cwhs.cusd.com](http://cwhs.cusd.com)

### ADMINISTRATIVE STAFF

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*Richard Sarkisian*

#### Deputy Principal

*May Moua*

#### Learning Directors

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*Tom Brocklebank*

*Matt Hernandez*

*Blair Lambert*

#### Athletic Director

*Matt Loggins*

#### Counselors

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*Tracey Fowlkes*

*Ethan Moreno*

*Jennifer PageSmith*

*Josie Vargas*

*Andrea Yang*

For the Parents, Students, Faculty, Staff & Community of  
Clovis West High School - Fresno County, California

## PRINCIPAL'S MESSAGE

Dear Golden Eagle Family,

I can't believe there are only a few short weeks before we end the 2018-19 school year. I would like to thank each and every one of you for your support of our Golden Eagles this year. I am especially excited for The Class of 2019 as they get ready for graduation. As this year comes to a close, I encourage each of you to continue to monitor your student's academic progress. If you do not have access to Parent Connect, please contact the main office at 327-2000 to get assistance on how to login. Our administration, teachers and staff cannot do what we do without your continued support.

One of our greatest supporters is our Clovis West Foundation. Through their fundraising efforts and volunteer hours this group helps maintain the high standards of excellence our community expects. This year the foundation funded several grants including Wipebooks used to build collaborative work stations in math, additional fitness equipment to support physical education classes, additional study materials for Advanced Placement courses, and state of the art science lab equipment. I want to extend my gratitude to Foundation West for all of the support provided each and every year. I would also like to encourage you to become a member of the Foundation. Please look for more information on how to join when you receive information about next year's walk-through registration.

For those of you that like to plan early, our walk-through registration date for the 2019-20 school year is set for Thursday August 8th. We will also have a freshman orientation this day as well. I once again would like to thank you for an outstanding school year and ask for you to continue to support your student's academic success in these remaining weeks.

Sincerely,

Richard Sarkisian



# MAY 2019 ISSUE 1

### A TRADITION OF EXCELLENCE IN EDUCATION

- May 18: Junior Senior Prom
- May 23 & 24: Senior Finals
- May 28: Senior Check Out
- May 29: Senior Farewell Assembly
- May 30: Grad Nite Universal Studios
- June 6: Graduation Ceremony for Class of 2019
- June 7: Last Day of School



*The Gold Standard*

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1450 Herndon Avenue  
Clovis, CA 93611

## INTERACT CLUB

CWHS is committed to creating students who are: productive, analytical, cooperative, critical and creative thinkers, respectful of all people in a diverse society and effective scholars. The Interact Club, a junior branch of the Clovis Rotary Club, is committed to these ideals. We energize and inspire young leaders through service and encourage them to become responsible global citizens. If your student would like to join this inspirational organization to make an impact in the community, please come to the club meetings in J8 at lunch on Wednesdays or contact [ErinGarcia@cusd.com](mailto:ErinGarcia@cusd.com) or [HaileyBonds@cusd.com](mailto:HaileyBonds@cusd.com) if you need more information.



## A BOOK IS BORN

English teacher Caroline Ferdinandsen's first book of young adult fiction is set for a pre-release **SNEEK PEAK** this spring. Writing under the pen name "Karsen Kipp," Mrs. Ferdinandsen will be hosting a signing event on Thursday, May 16th in the CW Library at lunch and after school at the Woodward Park Library. Books will be \$15 each/two for \$25. *The Multiplication of Elmer Whit*, a modern love story, will have its official launch next Fall.

### Who is Karsen Kipp and Caroline Ferdinandsen?

Karsen Kipp is the pen name of Caroline Ferdinandsen, a YA fiction writer whose stories play at the intersection of modern life and old-school hope. Elmer Whit is an extraordinary teenage character who finds love in unexpected places. He was born in the author's imagination and raised through hard work and divine push. You should definitely meet him.

Elmer is hiding out, waiting for an official introduction from the publisher in the Fall of 2019, but he doesn't mind sharing his story a little early. The book you will receive in May is a special edition pre-release copy for the author's local community in Central California.



## Visit FPU this Summer

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# CLOVIS WEST AREA ATHLETIC HEALTH SCREENING

Thursday, May 16, 2019

6:00 pm-8:00 pm

\$25.00

Checks payable to: **CW Foundation-Athletics**

**CLOVIS WEST HIGH SCHOOL  
WEST GYMNASIUM**

All CUSD students must have an updated physical/health screening in order to be involved in any co-curricular activity during the 2019-2020 school year.

Clovis West is offering this evening as a service to our students. Several doctors will be in attendance to screen our CW Area students.

Clovis West & Kastner 2019-2020 Eligibility Packets will be available that evening. Parent/guardians should plan to attend to sign all permission forms and Health History.

Bring insurance information or plan to purchase school insurance that evening.

For more information please contact either  
CW Athletic Office @ 327-2102  
or Kastner Athletics @ 327-2617.

*All Clovis West Area students are invited to attend!*

## ATHLETIC HEALTH SCREENING

Athletic Health Screening is Thursday, May 16, from 6 to 8:30 pm in the West Gym. Cost is \$25. Checks made out to "Foundation West - Athletics". Open to all student-athletes in the grades 6 through 11. Great way to get physical done for athletic participation in the 2019-2020 school year.

Doctors, Physician Assistants, and Nurse Practitioners are needed to volunteer their time to provide health screenings for our CW Area student-athletes. Please contact AD Matt Loggins at 327-2101 or [mattloggins@cusd.com](mailto:mattloggins@cusd.com) for more information.



## Clovis Community College is FREE for your first year!

**Enrollment fees waived for Fall 2019/Spring 2020 semesters if you meet the following requirements\*:**

1. First time college student in Fall 2019\*\*
2. Enroll in a minimum of 12 units each semester at Clovis Community College (and/or any of the colleges/centers in State Center Community College District)
3. Complete the Free Application for Federal Student Aid (FAFSA) at [FAFSA.gov](http://FAFSA.gov)\*\*\* or the California Dream Act Application (CADAA) at [dream.csac.ca.gov](http://dream.csac.ca.gov)\*\*\*\*

### Questions? We are here to HELP.

Contact the Financial Aid Office at Clovis Community College  
(559) 325-5239 or [clovis.financialaid@cloviscollege.edu](mailto:clovis.financialaid@cloviscollege.edu)



[cloviscollege.edu](http://cloviscollege.edu)

\* Awarded on a first come, first serve basis due to limited funds

\*\* College enrollment as a high school student via dual enrollment does not count

\*\*\* For U.S. citizens and eligible non-citizens

\*\*\*\* For AB540 eligible non-citizens

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## NURSE NOTES - VACCINATIONS: WANT TO KNOW MORE?

It is no secret in the medical and educational communities that vaccines have been a hot topic of discussion in recent years. With the passage of California Senate Bill 277 in 2015 came many changes to state requirements regarding student immunizations in public school settings. Changes to the requirements included restrictions on medical and personal beliefs exemptions, as well as new requirements aimed at decreasing the unexpected increase of pertussis in the state. There have been a few new changes to the law including some stricter requirements for medical exemptions, as well as a requirement for two varicella (chicken pox) doses for entry into 7th grade. These changes will go into effect for new enrollments beginning on July 1, 2019. More information on the specifics can be found at [www.shotsforschool.org](http://www.shotsforschool.org).

In addition to required vaccinations, the Centers for Disease Control and Prevention (CDC) recommends the following vaccinations for teens and young adults:

- **Flu vaccine** given yearly preferably before the end of October or during the flu season. A Flu vaccine can protect you and your child from the influenza virus, which is often more serious than the common cold, and can lead to life-threatening complications for some.
- **Human Papillomavirus (HPV) vaccine** given at the age of 11-12 years to both male and female children. The HPV vaccine can protect against several different types of cancers caused by the spread of the HPV virus. If given before the age of 15, HPV immunization is provided in two doses. If vaccination begins after the age of 15, three doses are needed.
- **Meningococcal vaccine** given typically at the age of 11-12 years (booster at age 16) for protection against a rare but serious illness caused by *Neisseria meningitidis* bacteria. Teens and young adult are especially vulnerable to spread of this disease as it is spread from person to person through saliva and is often diagnosed in populations of people living in close quarters. Meningitis can cause serious injury to the brain and spinal cord, and even when treated, meningitis is fatal in about 10-15% of those infected. At the age of 16-18, children can also receive serogroup B meningococcal vaccine for further protection. Speak to your physician about this option.

Vaccines may cause mild reactions for some including soreness, fever, and malaise, but for most people, vaccines are a safe and highly effective treatment for the prevention of many harmful diseases. Always consult with your doctor on the best course of treatment for your child. Questions? Feel free to call Nurse Shannon @ 327-2489.

### Resources:

*"For Parents of Preteens and Teens (7 through 18 years)."*  
For Parents: Vaccines for Your Children, Centers for Disease Control and Prevention, 23 April 2019.  
Retrieved from <https://www.cdc.gov/vaccines/parents/diseases/teen/index.html>

*"California School Immunization Law."*  
Shots for Schools, 23 April 2019. Retrieved from <https://www.shotsforschool.org/laws>



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## 6TH ANNUAL DISTRICT WIDE LATINO STUDENT SUCCESS CONFERENCE

On Friday, March 29, 2019 over 150 of our Clovis West students attended the 6th Annual District-Wide Latino Student Success Conference. The purpose of the conference is to provide students with the opportunity to meet exceptional mentors, key community members and role models. The goal of the conference was to motivate students and help them realize their own potential for success. Students heard an inspirational keynote by Juan Felipe Herrera, 1st Latino Poet Laureate, music selections by Patrick Contreras and were treated to 3 different workshops (Meet the Mentors, College and Career Fair and a Cultural Presentation). Many of the presenters told of their life stories and journeys to success. It is important that students identify with role models in our schools and community who will serve as mentors as they strive toward their dreams. Our very own Aguilas de Oro performed along with 4 other dance groups in the district during the lunch time activities. This event can help open doors to great opportunities for the future.



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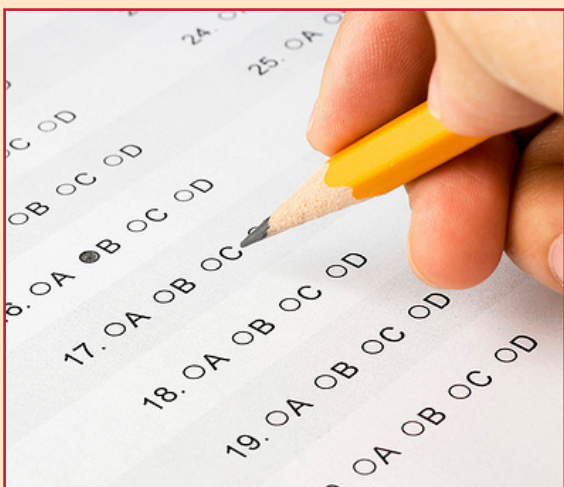
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## 2019 AP EXAM SCHEDULE WEEK 2

Week 2	Morning 8 a.m.	Afternoon 12 noon	Afternoon 2 p.m.
Monday, May 13, 2019	Biology	Physics C: Mechanics	Physics C: Electricity and Magnetism
Tuesday, May 14, 2019	Calculus AB Calculus BC	Art History Human Geography	
Wednesday, May 15, 2019	English Language and Composition	Italian Language and Culture Macroeconomics	
Thursday, May 16, 2019	Comparative Government and Politics  World History	Statistics	
Friday, May 17, 2019	Microeconomics Music Theory	Computer Science A Latin	



*Exploring the World of Science*

## SCIENCE OLYMPIAD COMPETITION

After placing third at the Fresno County Science Olympiad Regional Competition in March, the Clovis West Science Olympiad Team travelled to CSU Stanislaus on April 6th to compete in the NorCal tournament. Clovis West has qualified for this tournament consecutively for the past 7 years. The team of 16 students attended and competed in 23 different science events. It was a day of science and a fun-filled send off for our group of seniors that have represented CW well over the last four years.



**A few spots are left!**



**We need you!**

**Advertise in The Gold Standard!**

This is a wonderful way for your company to get community recognition and exposure, and at the same time help support your local schools!

Emmi Jennings  
emmelinejennings@clovisusd.k12.ca.us  
Clovis West High School



## HAVE A FUN & SAFE SUMMER VACATION!



Sincerely,  
The Administration & Staff of Clovis West High School

## 14 SUMMER ACTIVITIES TO BOOST YOUR COLLEGE APPLICATION

Did you know summer activities can push your college application to the "yes" pile?

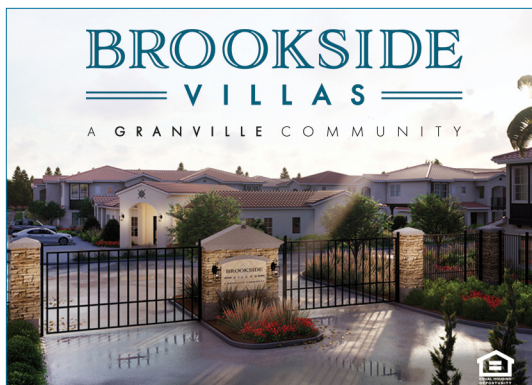
Colleges want to see that you are committed to extracurriculars throughout the school year, but they also love it when you are making the effort to expand and stretch yourself over summer vacation. What you do with your time can help you stand out from other applicants who have similar test scores and GPAs. Your summer vacation is the perfect time for college prep and to explore potential careers. All summers in high school are important, especially the summers after sophomore and junior year. Check out these summer activity ideas that are fun, creative, and will make admissions officers take notice.

1. Participate in a specialized high school program.
2. Take a college class.
3. Find a summer program at a local school or community college.
4. Get involved with research.
5. Create your own project.
6. Take a free online class.
7. Get a job.
8. Be an entrepreneur.
9. Volunteer in your community.
10. Apply for internships.
11. Find a job-shadowing opportunity.
12. Start your ACT, SAT, PSAT test prep.
13. Make college visits.
14. Use your imagination.

For more information about making the most out of your summer, go to the link below:

<http://www.princetonreview.com/college-advice/summer-activities-for-college-applications>

Article from "The Princeton Review"



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## Inside This Issue

A Book Is Born

Interact News

Athletic Health Screening

Vaccinations: Want To Know More?

Latino Student Success Conference

Science Olympiad Competition



### JOIN REMIND GROUP

Stay informed! Join the remind text message group for each class. Text 81010 with the provided message for each class.

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Class of 2022  
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TEXT THIS MESSAGE:  
**@2cakh8**

**Juniors**  
Class of 2020  
Join "Remind" Text Message Group

Enter: 81010

Text this message:  
**@ha6a47**

**SOPHOMORES**  
Class of 2021  
Join "Remind" Text Message Group

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TEXT THIS MESSAGE:  
**@fcc88h**

Stay Informed  
Join "Remind" Text Message Group  
**Seniors**  
Class of 2019

Enter: 81010

TEXT THIS MESSAGE:  
**@2dg2e43**