

BEARCAT CHRONICLE

OCTOBER 2020

VOLUME 1 ISSUE 2

For the Parents, Staff, and Community of Crystal River Middle School



344 NE Crystal Street
Crystal River, FL 34428

352-795-2116

<https://crm.citruschools.org/home>



ADMINISTRATION

David RolandPrincipal
Amanda Stringer.....Assistant Principal
Maurisa Applegate.....Assistant Principal

FROM ADMINISTRATION

Hello Bearcat Families,

My name is Amanda Stringer and I am blessed to be the new Assistant Principal at Crystal River Middle School. I have spent the last 12 years serving Citrus County Schools as an educator and coach.

As a lifelong Citrus County resident, I am committed to improving the educational experience for every student in this community. I strive to keep our campus and facilities in pristine condition as well as preserving our prized historic buildings to ensure our teachers can focus on instruction and supporting our students.

The Big 3 are guidelines I honor not only at school but also outside of the school walls. The adoption of the Big 3 model has allowed me to expand my relationships with our students in many ways. Each student in our school receives social-emotional guidance each week in efforts to build our school community. Our school climate and culture have improved exponentially with the Big 3 initiative and I am proud to be a part of it.

Sincerely,
Amanda Stringer

Check out the CRMS
Website

<http://crm.citruschools>

Like us on

Facebook and follow

us on **Twitter**

@CrmBears





GUIDANCE NEWS

Taking care of self is a lot like taking care of a cell phone. Think about it . . .

What happens when you don't charge your phone over night? It won't have the right amount of power or energy to work well the next day. Teenagers need a lot of sleep. A lack of sleep can make it difficult to focus and manage emotions. Consider getting a full night of rest by unplugging the phone, and all electronics, an hour before bed time and eliminating all other distractions.

A strong power source will help keep a phone charged and working at its maximum potential. Food is the power source for the human body. Did you know all students have access to free lunch and breakfast until December 2020? Applications for the Blessings food program are available upon request through Guidance.

Sometimes when our phones aren't working the same, we need a little extra help. At school students can use the Guidance App to make an appointment to see the Counselor or Social Worker. Other sources for help include talking to an adult or friend you trust. If you are in a crisis, call 1-800-273-Talk or text "MHA" to 741741.

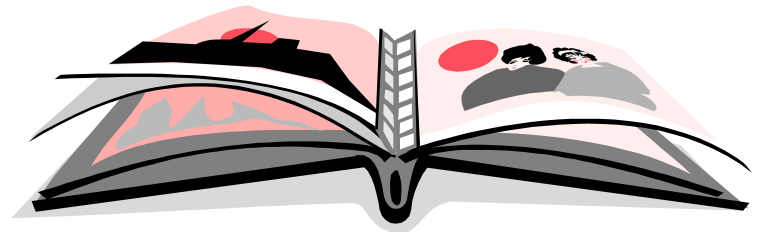



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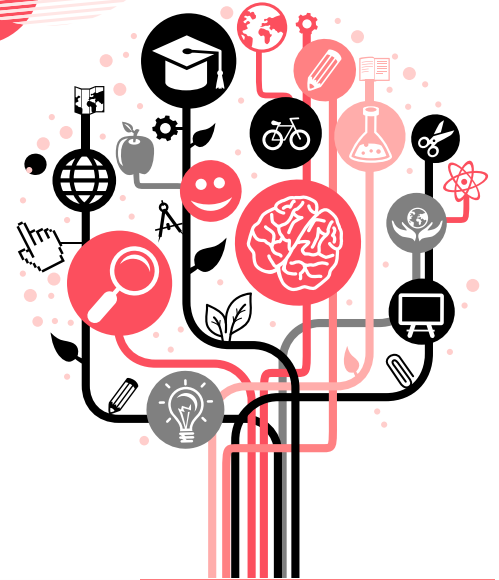
The Big 3

1 Do what is right

2 Do your best

3 Treat others as you want to be treated

'Bearcat Chronicle'
October 2020
Published Four Times Per Year
Crystal River Middle School
344 NE Crystal Street
Crystal River, FL 34428
Issue #2



AMERICAN FUNDRAISER

Money raised will go to support the Positive Behavior Support (PBS) Program at CRMS (80%), Grade Level Reward Field Trips (10%), and Staff Appreciation (10%)

A portion of our picture commission is used to support Staff Appreciation Activities.

TITLE I PARENT INFORMATION

You can be part of your child's educational experience by teaching and reinforcing the skills your child needs and enhancing those taught in the classroom. Using the following checklists, you can help your child be a successful student from preschool through high school.

- Physical needs are met with a healthy diet, enough sleep and rest, exercise and good medical care
- Social and emotional needs are met
- Confidence, independence and cooperation skills are built
- Discipline is appropriate and consistent
- Play is stimulating
- Questions are answered
- Child has books to read, and your child is read to every day
- Day is filled with different learning activities

If you have any questions concerning Title I please call: Rene' Johnson (Title I Coordinator) at 352-726-1931 Ext. 2412

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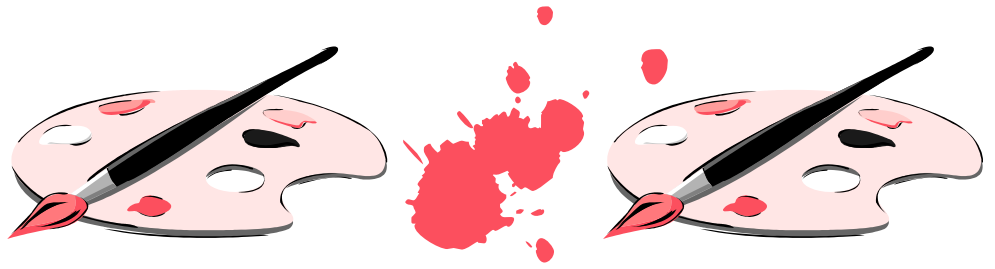
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"PAWS" FOR ART AT CRMS

Bearcat artists are showing that we are capable of overcoming obstacles in 2020! Art challenges completed so far include painted journals, clay utilitarian objects, Op Art ricochet drawings, fish batiks and hand drawings. Looking forward to where our creative journey leads! Check out the link located on the Art 2 Canvas homepage to see more work! Stay Creative all! - Mrs. Faust

Bob Tsacrios 24HOUR EMERGENCY SERVICE
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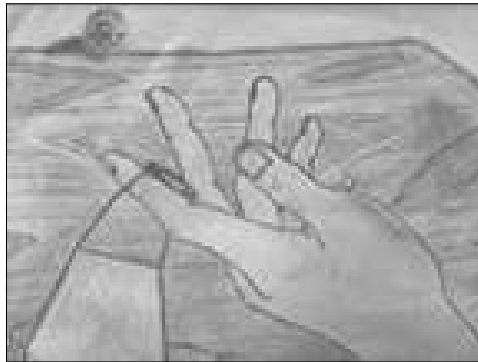
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Jocelyn



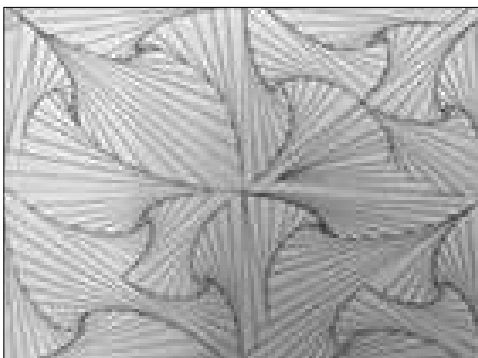
Tyler

Vienna Beef Dogs
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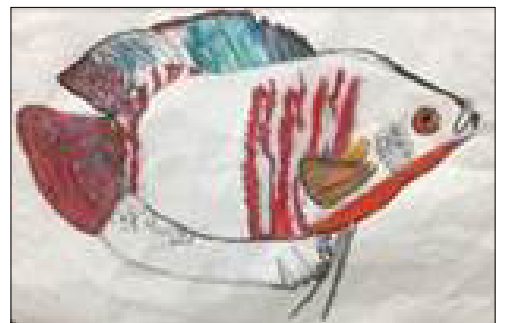
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Natalie



Elijah

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ATHLETICS NEWS

Hi Bearcat Families! The fall sports season is upon us, finally! Just a few reminders, all ticket sales are done through Hometown Ticketing. You can access single game ticket sales by going to the district website, clicking on athletics, and choosing Crystal River Middle School. Attached is our volleyball and football schedules for the fall! Go Bearcats!

Date	Opponent	Site	Time	Sport
Football				
September 29	IMS	CRHS	6:00	FB
October 6	Villages	VHS	6:00	FB
October 13	South Sumter	CRHS	6:00	FB
October 20	CSMS	CRHS	6:00	FB
October 27	LMS	LHS	6:00	FB
November 3	County Champ	CHS		
Volleyball				
September 24	CSMS	CRMS	3:00	VB
September 28	IMS	CRMS	3:00	VB
October 1	Wildwood	CRMS	3:00	VB
October 5	LMS	LMS	3:00	VB
October 7	Open			VB
October 8	South Sumter	SSMS	4:00	VB
October 12	LMS	CRMS	3:00	VB
October 14	IMS	IMS	3:00	VB
October 15	CSMS	CSMS	3:00	VB
October 19	Villages	CRMS	3:00	VB
October 21	County Champ	CRMS	3:00, 4:00	VB



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CRYSTAL RIVER MS



PAY ATTENTION TO ATTENDANCE

School starts at 7:50 AM! Which means students need to be in their first class at 7:50 AM when the bell rings! Attending school is extremely important for children's social, emotional and educational development. Children who miss a lot of time at school can suffer in the long run from significant gaps in their learning. We need your support to ensure your child's education is not affected. Send children to school every day, all day to get the most out of their education.

How can you help?

- Encourage your child to get enough sleep to ensure that he/she is able to get up in the morning
- Leave home with plenty of time to get to school.
- Try to schedule appointments before or after school hours
- Don't let your child stay home unless truly sick.

It is the responsibility of the parent or guardian to provide a written note within two (2) days of the student(s) returning to school. After 10 days of excused or unexcused absences, medical notes by a physician will be required for subsequent absences. If no medical documentation is provided, further absences are considered unexcused.