

# **Principals Message**

Dear FPC Family,

The high school year passes by quickly. On the calendar, the first semester looks like a long stretch from August to the Winter Break, yet it is moving right along. FPC had a very smooth opening to the school year and three full weeks of classes before Hurricane Dorian interrupted us on Labor Day weekend. We are very fortunate that our community did not have to face significant hurricane damage.

October promises to be a busy month. The first quarter will come to an end on October 11th. Homecoming Festivities begin the next week with all of the activities, the football game and finally the Homecoming Dance on October 19th. Homecoming will have a Wizard of Oz theme entitled There's No Place Like FPC.

There is really is no place like FPC because it is a school of opportunities. I cannot thank the adults at our school enough for giving our students so many choices. It is amazing to me how many students have taken advantage of the many clubs, organizations, as well as the arts and athletic offerings. As the calendar moves toward the holidays in November and December there will be performances, and fall sports will slowly end and winter sports will begin.

Although time is moving forward, what is happening in the classrooms at FPC has been top notch from our AP and IB programs to our Flagships and our core and elective courses. Two FPC students were recently named National Merit Scholars Semifinalists. There is quality instruction taking place and once more I thank our teachers. There is certainly much to be grateful for at FPC.

I hope to see you this fall when you come to our events at Florida's Proudest Campus - FPC.

Buldog Regards, Tom Russell, Principal



Principal - Tom Russell Assistant Principals Abude Koushakjy Nathan Lovelette Michael Rinaldi Kiera Roe Kerri Sands

Flagler Palm Coast High School 5500 East Highway 100 Palm Coast, FL 32164 (386) 437-7540 http://fpcbulldogs.com

To download a pdf version of this newsletter, go to http://www.academypublishing.com/schools/flaglerpalmcoast/flaglerpalmcoast.php

# FLAGLER PALM COAST HIGH SCHOOL



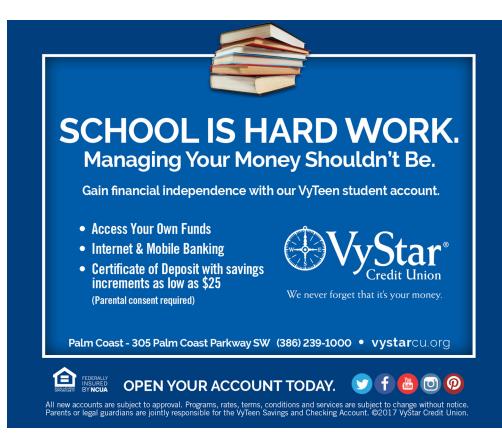


### National Merit Semifinalists



Pictured above (left to right): Mr DeAugustion (guidance counselor), Liying Wu, Elizabeth Wolcott, and Mr. Russell (principal)

The National Merit Scholarship Program recognizes academically talented high school seniors and gives them an opportunity to compete for some 7,500 National Merit Scholarships, worth more than \$32 million that will be offered next spring. To be considered for a Merit Scholarship award, Semifinalists must fulfill several requirements to advance to the Finalist level of the competition. About 90 percent of the Semifinalists are expected to attain Finalist standing, and about half of the Finalists will win a National Merit Scholarship, earning the Merit Scholar title. We wish Liying and Elizabeth the best of luck as they move on to the next round!



Please come join us at our new location!

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## **Club Spotlight**

Revolution of Kindness (ROK), a club that focuses on promoting suicide and bullying awareness, were joined by faculty members, parents, siblings and the owner of Nice Landscaping on July 24th to help revitalize the Memorial Butterfly Garden in FPC's courtyard. The revitalization of the garden was made possible through the partnership with Lowe's of Palm Coast, store 2241. Lowe's of Palm Coast assisted in this project by donating over \$100.00 in plants and over 70 bags of mulch. Through the hard work and dedication of the members of ROK, it's volunteers and Lowe's of Palm Coast, the Butterfly Garden is looking great and we are moving closer to making FPC a kinder and bully free school.



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# FLAGLER PALM COAST HIGH SCHOOL





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### **Activities Calendar**

October

| October    |   |
|------------|---|
| Oct. 9     | IB Pinning Ceremony in the Dining Hall from 6-7:30pm  |
| Oct. 9-11  | Quarterly Testing in FSA/EOC courses - end of 1st 9 weeks is Oct 11   |
| Oct. 10    | FFA District Forestry Competition   |
| Oct. 11    | Home Football Game @7pm   |
| Oct. 12    | SGA Homecoming workday from 8am-5pm   |
| Oct. 12    | Marching Band - Volusia/Flagler - PreMarching MPA Festival<br>Municipal Stadium - Daytona Beach, FL from 11am-9pm   |
| Oct. 12    | ACT/SAT Workshop in the BLC from 9am-12pm   |
| Oct. 15    | Tech Fest/ESport Invitational (during the school day) from 6:30am-3pm in the 100 gym  |
| Oct. 16    | IN School PSAT Day  |
| Oct. 13-19 | Homecoming Week Dress up days:<br>Monday- Futures<br>Tuesday- Twisted<br>Wednesday- PJ's (PSAT testing day)<br>Thursday - Wizard of Oz theme day<br>Friday- Spirit Day  |
| Oct. 14th  | Insanity Games<br>Band Field from 6-8pm   |
| Oct. 18th  | Pep Rally during 5th period<br>Football Game at 7pm with Royalty Crowned at ½ time  |
| Oct. 19th  | Saturday 10/19 Homecoming Dance from 7pm-11pm<br>Tickets are \$15 each<br>Guest Forms are available deadline to submit is Oct. 15   |
| Oct. 17-18 | FFA Chapter Presidents Conference at the Daytona Hilton   |
| Oct. 22    | DSC Rep to visit during lunches (cafe booth)<br>FPS writing 1st and 2nd period Practice Problem #1<br>Fire drill  |
| Oct 23     | Blood Drive - 800 Gym Lobby   |
| Oct. 24-26 | Fall Drama One Acts on the Flagler Auditorium Mainstage<br>Oct 24-26, 7pm and matinee Oct. 26 2pm   |
| Oct. 24    | Last Chance Senior Pictures from12:30pm - 6pm in room 1-146   |
| Oct. 25    | Away Football Game  |
| Oct. 26    | ACT- 200 building 7am-3pm<br>ROTC Daytona Mainland March-off Drill Competition<br>@1255 W. International Speedway Blvd, Daytona Beach, FL<br>Florida Bandmasters Association District 21 Marching Band Music<br>Performance Assessment @Bartram Trail High School, St. Johns County |
| Oct. 28    | FPC SAC Meeting 6pm - 7pm in the BLC  |
| Oct. 29    | FPS Practice Problem #1 Evaluations In the BLC from 5-9pm   |
| Oct. 30    | Under Class Picture retakes from 12:30pm-2:45pm<br>Room 1146 or 1148  |
|            |   |

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## **Activities Calendar**

#### November

| Nov. 1       | Home Football Game (Senior Night)  |
|--------------|--|
| Nov. 2       | Band Fundraiser in the 100 gym from 8am-8pm  |
| Nov. 2       | SAT in the 200 building from 7am-3pm   |
| Nov. 5       | Senior meeting at 9:30am in the auditorium for about 30 minutes<br>Then move to the 800 gym for the senior panoramic |
| Nov. 5       | Fire drill   |
| Nov. 6       | FFA Chapter Meeting from 2:30-4pm in the Bistro  |
| Nov. 8       | Football (First round of playoffs)   |
| Nov. 8-10    | Starlet Lock In  |
| Nov. 11      | Veterans Day - No School   |
| Nov. 12      | DSC Rep to visit during lunches (cafe booth)   |
| Nov. 12 & 13 | Grad supply order days<br>Jostens rep on campus during lunch (11:00 - 12:30) in Pride Park                           |
| Nov. 14      | Fall POPS concert, in the auditorium @7pm<br>Adult \$8 Youth \$4 (Ages 10 and under)                                 |
| Nov. 16      | ACT/SAT Workshop In the BLC from 9am-12pm  |
| Nov. 18      | FSA ELA Writing- Field test for 9th graders<br>Nov 19-22 Make ups  |
| Nov. 18      | FPC SAC Meeting, 6pm - 7pm in the BLC  |
| Nov. 19      | DSC Rep to visit during lunches (cafe booth)   |
| Nov. 19      | Chorus Concert at 7pm in the auditorium<br>Adult \$6 Youth \$3 (Ages 10 and under)                                   |
| Nov. 23      | Thespian District 3 Festival at Lyman High School  |
| Nov. 25-29   | Thanksgiving break   |
|              |  |



| Dec. 2-19         | Testing window- Biology and US History EOC and FSA Algebra 1 and Geometry   |
|-------------------|---|
| Dec. 3            | FPS Writing, 1st-2nd period in the BLC  |
| Dec. 3            | FPS Step 4-6 Training in the BLC<br>Times: 6-8pm  |
| Dec. 3            | DSC Rep to visit during lunches (cafe booth)  |
| Dec. 4            | FFA Chapter Meeting from 2:30-4pm in the Bistro   |
| Dec. 5            | Class Ring Ceremony - In the Dining Hall  |
| Dec. 7            | SAT- in the 200 building from 7am-3pm   |
| Dec. 8            | Dance Around Flagler, 3pm<br>Flagler Auditorium Holiday Extravaganza  |
| Dec. 9            | Band Benefit Concert, 7pm at St. Elizabeth Ann Seton  |
| Dec. 10           | DSC Rep to visit during lunches (cafe booth)  |
| Dec. 10           | Band and Chorus Holiday Concert, 7pm<br>Flagler Auditorium Holiday Extravaganza   |
| Dec. 11           | SGA's Dinner with Santa in the Dining Hall from 5:30-7:30pm<br>Admission is \$3 per person (all ages) and includes; dinner<br>(pasta, salad, bread, drinks and desert), 4 different photo ops,<br>arts and crafts, special guests Elsa and Anna, and of course a<br>visit with Santa. |
| Dec. 13           | Band Christmas Dance  |
| Dec. 14           | ACT, 200 building from 7am-3pm  |
| Dec. 16-19        | CDF administration  |
| Dec. 16           | Winter Band Concert - Symphonic Bands and Jazz Bands<br>Flagler Auditorium 7pm<br>Adult \$8 Youth \$4 (Ages 10 and under)   |
| Dec. 17           | Fire drill  |
| Dec. 19           | IB class of 2018 Diploma Ceremony<br>In the Bistro from 6-8pm   |
| Dec. 20           | Teacher workday - no school for students  |
| Dec. 23-<br>Jan 3 | Winter Break<br>School resumes on Monday, Jan. 6th  |

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# FLAGLER PALM COAST HIGH SCHOOL

### **Athletics Updates**

- Swimming Senior Night will be October 17th at 4:30 against Matanzas at Frieda Zamba Aquatic Center.
- The Homecoming Football game will be on October 18th at 7pm against Ocala West Port.
- Senior Night Football game is November 1st at 7pm against Hagerty.
- The Volleyball Senior Night game will be on October 10th at 6:30pm against St. Joseph Academy.

Our Winter Sports Start Dates are as Follows:

- Boys Basketball Nov 4th
- Girls Basketball Oct 28th
- Competitive Cheer October 14th
- Boys Soccer Oct 21
- Girls Soccer Oct 21
- Girls Weightlifting Oct 14
- Wrestling Nov 11

Just a Friendly reminder, backpacks are not allowed at any of our athletic events.





### **Counselors Corner**

**Seniors:** Now is the time to finalize plans for college applications, military enlistment, or career path choices beyond high school. Check in guidance and listen to the announcements for notifications concerning college admissions officers visiting FPC. Last week, guidance counselors presented in all of the senior English classes with a senior packet full of information concerning college admissions, scholarships, and graduation requirements. If you do not have a senior english class this semester, or you take dual enrollment classes full time, please make an appointment with your guidance counselor. Transcript requests for college applications can be picked up in the registrar's office, and must be initialed by your guidance counselor. Financial Aid night will take place on October 8th from 5-7 in the Wadsworth/Buddy Taylor cafeteria.

**Juniors:** It is not too early to plan for college. You too can attend the admissions workshops from visiting schools. Sign up in guidance to hear those presentations. The junior year is the most critical when being evaluated by an admissions committee during your senior

year. Make sure you are earning the highest grade possible to boost your GPA and strengthen your application for next year. Study for the upcoming PSAT. This is a great practice run for the SAT. Taking the PSAT will link you to Khan Academy to prepare for the SAT, and could qualify you for earning a National Merit Scholarship. We have two Seniors this year, Elizabeth Wolcott, and Liying Wu that were recognized as National Merit Semi-Finalist. Their hard work in the junior year and PSAT test score led them to this most prestigious recognition.

**Sophomores:** You will also take the upcoming PSAT. This could lead to possibly taking AP college level courses, see where your academic strengths are, and link you to further study materials for the SAT exam.

**Freshman:** The first half of the block courses in periods 1 and 2

are almost over. This will average with the second 9 weeks to arrive at a final grade. These two classes will start your high school GPA. Work hard to earn the highest grade possible and start your 9th grade year with positive grades towards graduation.

9th-11th grade PSAT School Day: The PSAT is October16th for all 9th, 10th, and 11th grade students. Testing locations will be posted a few days before the test, so be sure to check ahead of time so you know where you are going. The test will begin at 8:00am. No computer or bookbag needed this day. Please make sure you bring a #2 pencil and a scientific calculator. You may also bring a snack and a bottle of water.



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### **International Baccalaureate News**

#### The New in IB This Year

As the new year is fully underway, the IB Diploma Program has introduced new dimensions to two core academic groups.

The mathematics curriculum sees significant realignment this year with the separation of the curriculum into two distinct math courses for first assessments in May 2021. The new Mathematics Applications and Interpretations emphasizes statistics, modelling, and use of technology suited for those with an interest in applications of math and how technology supports this. According to the Florida Association of IB World Schools (FLIBS), this subject is "aimed at students who will go on to study subjects such as social sciences, natural sciences, statistics, business, some economics courses, psychology, and design." Mathematics Analysis and Approaches focuses more on calculus and is appropriate for students intending to major in pure mathematics, engineering, scientific research, some economics, and other fields requiring strong analytical methods. Our current Math Higher Level course with its calculus option forms part of the new Math Analysis and Approaches curriculum. Thus, students inclined toward the old Math HL would benefit from this second math course being offered.

English A: Literature has been revised to include a more international-minded perspective in literary critical analysis. The former two internal assessment components-Individual Oral Presentation and Individual Oral Commentary—have been replaced by the Individual Oral where students must discuss passages they select from works studied in class in conjunction with one of five global issues: 1) Culture, Identity and Community; 2) Politics, Power and Justice; 3) Beliefs, Values and Education; 4) Science, Technology and the Environment; 5) Art, Creativity and the Imagination. In addition, starting with the IB Class of 2021, students will maintain a Learner Portfolio covering their reflections and other writings under the new two-year English HL curriculum.

#### New and Returning IB Science Faculty

Along with the changes in curriculum, the IBDP at FPC is proud to include among its faculty new and returning teachers.

Meghan Bainbridge, Pre-Diploma Biology, is a UCF graduate majoring in biology. She also does double duty as our varsity softball coach and one of our Mu Alpha Theta math team sponsors.

Carrie Schell, IBDP Biology, earned a Masters in Bio Mechanics from the University of Tennessee. She currently serves as advisor to our fledgling Red Cross Club.

Dr. Joanne Whaley, IBDP Physics, holds a PhD in Veterinary Medicine from the University of Florida and has co-sponsored FPC's Future and Community Problem Solvers for many years.

While well-versed in a variety of STEM-related fields, Dr. Whaley admits to a keen interest in aquatic medicine and has spent considerable time on research in this growing field.

### **Grad Coach Corner**

# It's Fall, Don't Fall into Bad Habits! Time for Good Grades and Good Attendance!

It has been a fast and exciting start to the new school year here at FPC! Freshmen have a clean slate to begin their high school career, while returning upperclassmen have an opportunity to continue to improve their GPA. We encourage everyone to get off on the right foot, and to a fast start by utilizing their time management skills to maintain good study habits and grades. Students make sure to check your Skyward and school email daily.

It is of paramount importance not only to pass all of your classes but to earn C's or higher. Simply earning a D in class is almost as detrimental to your GPA as failing that class. Every student must maintain a 2.0 cumulative GPA to participate in athletics, as well as to graduate in four years. Earning all C's in each of your classes will keep you at a 2.0 GPA. Just one D or F will drop you below a 2.0 GPA. Don't dig an early hole academically by not maintaining your grades the first nine weeks of the school year. A huge key to your early success is daily attendance. Students who are absent from class tend to fall behind in their work and grades. Chronic absences can mean being absent as few as 4-5 days the first nine weeks. Be here, be on time, and be prepared!

Students needing additional support in their core subject areas or in online classes have the opportunity to stay after school on Tuesdays and Thursdays from 2:25-4:25pm. After school buses are provided at 4:30pm for transportation home on these days. FPC also offers online tutoring Monday – Thursday anywhere you have WIFI.

### After-School Tutoring Schedule for Tuesdays and Thursdays:

https://fpcbulldogs.com/common/pages/DisplayFile. aspx?itemId=22066818

#### Online Tutoring Schedule: Mondays - Thursdays:

https://fpcbulldogs.com/common/pages/DisplayFile. aspx?itemId=22066707

Graduation requirements can be found online on the school website: https://fpcbulldogs.com/school\_services/guidance/graduation\_requirements

#### **Skyward Instructions:**

https://fpcbulldogs.com/UserFiles/Servers/Server\_1365706/File/ fpcskywardinstructions.pdf





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#### The i3 Student...More Than Meets the Eye!

For the past 6 years and now into our 7th, the i3 Academy at FPCHS has continued to grow and produce successful, well rounded students. This year 120 students have chosen to be a part of something special and take ownership in their learning. Our i3 students come from a variety of backgrounds and paths through their educational journey. They all have their own reasons for taking advantage of this unique learning opportunity and have set individual goals for themselves.

Often times if you ask someone on the outside what i3 is and who goes there, you hear comments like, "It's a technology school", "The students are secluded from FPC", "It's a smaller environment", and "Most students are very shy and quiet". While this may be their perception it's not actually the truth. At the i3 Academy we have students with a wide variety of personalities, academic levels, talents and interests. Our campus is located in Building 3 on the FPC main campus and offers a smaller learning environment. The i3 Academy and the students are very much a part of Flagler Palm Coast High School. Over 95% of our students take at least one course on main campus. Numerous students are a part of our athletic programs like baseball, softball, track and field and cheer. We have students who are also take part in the other FPC Flagships, the Fire Leadership Flagship, ERAU Aeronautics Flagships, and the Medical Flagship. Our students take part in clubs on main campus and have the opportunity to attend all events held on the main campus. Quite a few of our students are taking advantage of dual enrollment opportunities through Daytona State College and Embry Riddle Aeronautical University. Upon completion of their high school careers, we have had students that have headed to college, the military and even directly into the workforce.

From introverts to extroverts our students run the full gambit. Some common themes among the students that choose the i3 Academy, and stick with it over the years, are the desire to be in control of their education, a draw to project based learning and the development of soft skills, and a desire to be successful past the walls of high school. The connections they are making today in school and with the



community are ones that can potentially change the path of their lives and is something we are very proud of.

For more information please check out:

- Website: <a href="https://fpcbulldogs.com/about\_us/flagship\_program/i3 academy">https://fpcbulldogs.com/about\_us/flagship\_program/i3 academy</a>
- Facebook: i3 Academy at FPCHS
- Twitter: @Flagleri3

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