

THE FALCON POST

FOREST HILL COMMUNITY HIGH SCHOOL



PRINCIPAL'S MESSAGE

Dear Falcon Families,

The start of the 2022 school year is fast approaching!

As the proud principal of Forest Hill Community High School, I am excited to welcome all of our students on campus to fill our hallways with energy and an enthusiasm for learning. This summer has been a busy one for us as we were able to host five summer programs while also making sure every room on campus has been meticulously cleaned, waxed, and shined for the start of the new school year.

While some of our scholars were taking time to relax this summer, many of our Falcon faculty & staff members were hard at work developing new ideas and opportunities for our students to thrive and succeed. Our team will continue to provide a learning environment that is respectful, safe, and geared towards helping our students to achieve their goals. Truly, when our scholars succeed, we all succeed as our students will go on to make positive contributions in our community.

Additionally, communication and involvement are extremely important to us at Forest Hill High School. In this newsletter you will find information to help you and your scholar begin the school year. Please take the time to make sure the parent and guardian contact information including address, cell phone number, and email address are correct in SIS so we can reach out to you in the event of an emergency or with important information regarding your scholar.

Falcons, continue to enjoy the rest of your summer vacation. I look forward to an amazing year filled with academic achievements and memorable experiences!

Educationally Yours,

Esther Rivera
Principal

Administration

Principal
Ms. Esther Rivera

Assistant Principals
Mr. Greenberg
9th grade

Mr. Provenzano
10th grade

Mr. Loyd
11th grade

Dr. Saarela-Vening
Academies & 11th/12th IB

Ms. Younce
Community School

Mrs. Burk
12th Grade & SSCC

August 2021 ◀ Volume 3 ◀ Issue 2 ◀

6901 Parker Avenue ▶ West Palm Beach, FL 33405 ▶ 561-540-2400 ▶ fhhs.palmbeachschools.org



School Contacts

Guidance Counselors

- ▶ Mrs. Noel
9th/10th grade, A-Gr
- ▶ Ms. Paul
9th/10th grade, Gu-Pe
- ▶ Ms. Vielot
9th/10th grade, Ph-Z
- ▶ Mrs. Corcoran
11th grade, E-Z
AICE
- ▶ Mrs. Kokotoff
12th grade, A-D
IB, DP/CP
- ▶ Mrs. Proby
12th grade, E-Z
- ▶ Mr. Lares
9th-12th grade ELL A-K
- ▶ Ms. Sanchez
9th-12th grade ELL L-Z

Coordinators

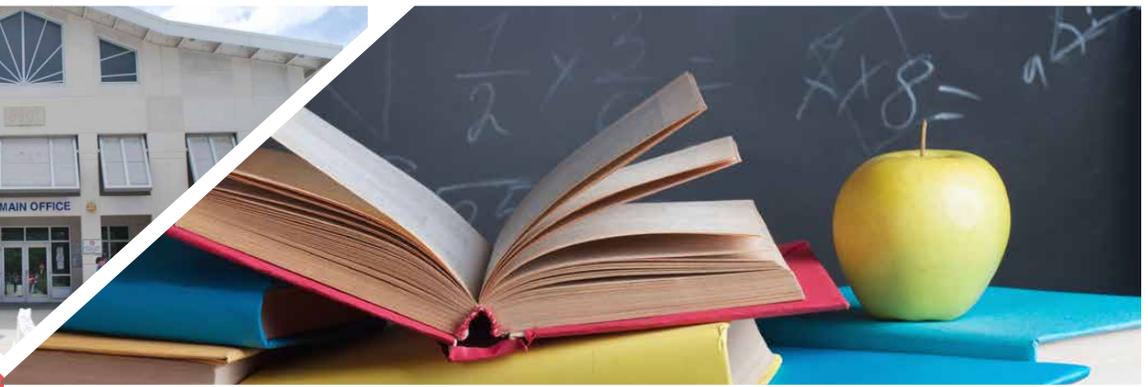
- ▶ Ms. Lopez
ESE
- ▶ Ms. Palan
ELL
- ▶ Ms. Malone
IB MYP & Choice Programs
- ▶ Mrs. Skowron
IB, DP & CP
- ▶ Dr. Vening
AICE & AP

Activities

- ▶ Mrs. Burk
Director

Athletics

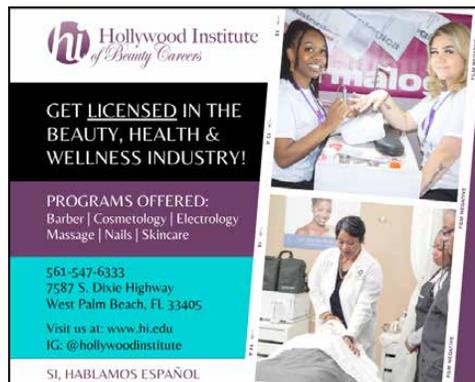
- ▶ Josue Gutierrez
Director



2021-2022 Bell Schedule

Please note the first period at Forest Hill Community High School begins promptly at 8:35 a.m. each day. Arriving to classes in a timely manner is critical. Scholars will be marked as tardy if they do not arrive within the first 15 minutes of class and marked absent after the first 40 minutes of class.

	Regular Bell	8:30 am
	Warning Bell	8:34 am
Block 1	Period 1/2	8:35-10:17am
	Hall Transition Warning Bell	10:17-10:22am 10:21am
Block 2	Period 3/4	10:22am-12:50pm
	Lunch A Regular Bell Buildings 2, 5, 6, 7	10:22-11:05am
	Lunch B Instructional Time: 10:22am-12:02pm Lunch A Instructional Time: 11:10am-12:50pm	
	Lunch B Regular Bell Buildings 3, 4	12:07-12:50pm
	Hall Transition Warning Bell	12:50-12:55pm 12:54pm
Block 3	Period 5/6	12:55-2:35pm
	Hall Transition Warning Bell	2:35-2:40pm 2:39pm
Block 4	Period 7 (Daily)	2:40-3:30pm



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Guidance Counselor Corner

Grade Level	Counselor	Email Address
9th/10th Grade, A-Gr	Noel	mireille.noel@palmbeachschools.org
9th/10th Grade, Gu-Pe	Paul	immaculene.paul@palmbeachschools.org
9th/10th Grade, Ph-Z	Vielot	carmel.vielott@palmbeachschools.org
11th Grade E-Z & AICE	Corcoran	cindy.corcoran@palmbeachschools.org
IB DP/CP, 11th & 12th A-D	Kokotoff	alexa.kokotoff@palmbeachschools.org
12th Grade E-Z	Proby	tammatha.proby@palmbeachschools.org
9-12th Grade ELL, A-K	Lares	alejandro.lares@palmbeachschools.org
9-12th Grade ELL, L-Z	Sanchez	daliza.sanchez@palmbeachschools.org

Welcome New Faculty & Staff Members

Forest Hill High School is thrilled to welcome 17 new faculty and staff members to our school this year! Please join us in welcoming the following new Falcons to our family:

- Sarah Andrews, *Physical Education*
- Daniel Baker, *English*
- Mirtha Chaparro, *Culinary*
- Caroline Cocchiola, *ESE*
- Jeffery Coriddi, *English*
- Markus Emerson, *ESE*
- Victoria Johnson, *English*
- Julie Marlin, *ESE*
- Garrett Necaie, *ESE*
- Thomas Grajek, *Mathematics*
- Josue Gutierrez, *Athletic Director*
- Gabriella Rojas, *ESE*
- Jimmy Rojas, *Social Studies*
- Carmel Vielot, *Guidance*
- Randal Vincent, *Mathematics*
- Georgiana Williams, *Mathematics*
- Maura Withington, *Reading*

Important School Registration Information

During the first week of school, August 10-August 13, 2021, students will receive their school registration packet. It is imperative that our families review this information and verify that all information is correct. Please take the time to complete each form thoroughly and provide an update of any information that is incorrect or incomplete. The pack should be returned to your scholar's first period teacher no later than Friday, August 13, 2021.

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4 ATHLETIC INFORMATION

Athletic Update

After six years of serving as the Falcon Athletic Director, Coach Ron Kotouch, is turning in his AD hat to be able to spend more time with his wife, Marissa Kotouch, and four kids: Liam, Colin, Declan, and Cate. In his time as athletic director, our school and athletics program soared to new heights by winning multiple championships in multiple sports, sending dozens of student athletes to colleges on scholarships, and much more. We are incredibly grateful for all of the work Coach Ron put into making Forest Hill High School a great place to be for all students.

Coach Ron will remain a Falcon but will turn the role over to our new Athletic Director, Josue Gutierrez. Coach G is a former Palm Beach County School District physical education teacher and is ready



to take on the challenge of becoming our new AD! The Falcon Family is excited to welcome Coach G and for another year of athletics and cheering on our favorite teams.

Fall Athletics

Athletics is a great way for our Student-Athletes to increase their physical health and wellness. Also they will gain life skills like accountability, responsibility, leadership, teamwork as well as improved academics. In order to be eligible to participate in athletics student-athletes must have a Cumulative GPA of 2.0 and must complete an Athletic Packet which can be found on the school website under the athletics tab.

- ▶ Athletics Packet that includes a physical completed by a physical on the EL2 form in the athletics packet. Please ensure that every signature and date is completed within the packet. The athletics packet can be found on Forest Hill's school website.
- ▶ Complete the following NFHS courses that can be found online at nfhslearn.com and submit a certificate of completion to your coach for each course:
 - a. Concussion in Sports
 - b. Heat Illness Prevention
 - c. Sudden Cardiac Arrest
- ▶ Have a check or money order for \$75 ready to submit to Palm Beach County School District for athletics insurance.
- ▶ If you are an incoming 9th grader or student new to Forest Hill, we will need a copy of your birth certificate.

If you have any questions pertaining to a specific fall sport, please contact the head coach directly or the AD, Coach G, at Josue.Gutierrez@palmbeachschools.org.

GOT SPOTS?



BRETT S. DOCK, M.D., F.A.A.D.
CRISTINA LAMPURI, M.D., F.A.A.D.
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Sport	Head Coach	Coach Email Address
Bowling	Ryan Wells	R.Wells@palmbeachschools.org
Cheerleading	Genene Kinder	Genene.Kinder@palmbeachschools.org
Cross Country	Justin Boruch	Justin.Boruch@palmbeachschools.org
Football	Jim Basford	James.Basford@palmbeachschools.org
Swimming	Sarah Andrews	Sarah.Andrews@palmbeachschools.org
Volleyball	Emma Kapusta	Emma.Kapusta@palmbeachschools.org



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Forest Hill High School

BACK TO SCHOOL

August 6, 2021

Schedule Pick-Up

11th & 12th Grade: 8-9am

Self-Guided Tours

10th Grade: 9-10am

Freshmen/New Student Computer Distribution

9th Grade: By Last Name

10-10:30am A-F 11-11:30am Mc-Ri
10:30-11am C-Ma 11:30a-12p Ro-Z

** Schedules will also be available for view on SIS on August 6, 2021.

Questions? Contact Ms. Burk at 561-540-3089

Back to School Schedule Pick-Up

Great Futures

A College & Career Readiness Division of Boys & Girls Clubs of Palm Beach County

Calling all Forest Hill High School scholars from all grade levels! If you are looking for a wonderful afterschool experience with a focus on college & career readiness, health & wellness, and fun then you should join Great Futures. This interactive program assists students in SAT & ACT preparations, provides extra academic support, offers engaging service-learning opportunities, and more. If you are interested in joining, contact Libby Garno at: egarno@bgcpbc.org or 734-531-9086.

'The Falcon Post'
August 2021
Published Four Times Per Year
School District of Palm Beach County
3300 Forest Hill Boulevard
West Palm Beach, FL 33406
Issue #2

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Schedule Your Senior Photos

Class of 2022 scholars may now contact Prestige Photography to schedule an appointment for senior portraits. All appointments can be scheduled online by visiting prestigeportraits.com/fl. Falcons, be sure to book your appointment in advance as time slots are filling up quickly! The deadline to take your photos to be included in the yearbook is October 31, 2021.

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Dress Code

We, at Forest Hill Community High School, are concerned about your academic achievement as well as your safety. Generally, it is accepted that cleanliness, good grooming, and appropriate dress are necessary to reduce distraction, promote health, and provide a productive learning atmosphere. Extremes in dress and personal appearance, which tend to cause distractions or pose health problems, will not be tolerated at school. The following regulations set limits on what is permissible:

1. **ALL students must wear lanyard with their school issued ID at ALL TIMES.**
2. **Solid-color polo style or t-shirts are permitted. Approved FHCHS t-shirts are allowed. Please note: when wearing jackets or sweaters you **MUST** have an appropriate school shirt underneath your jacket or sweater. No sleeveless shirts or see-through fabrics will be permitted. College t-shirts are allowed especially on Wednesdays.**
3. **Solid colored pants, shorts, capris, and jeans must be worn at the natural waistline. Dresses, shorts and skirts (no shorter than mid-thigh length) are also acceptable.**

Please NOTE the following:

- a. **Undergarments should not be showing.**
 - b. **Spandex pants/shorts are not allowed.**
 - c. **See-through pants are not allowed.**
 - d. **Jeans or pants with frays/ rips/ holes are permitted. Holes/ rips / frays that expose skin should not come higher than a students' mid-thigh and may not expose undergarments. Please note that holes/ rips/ frays will be at the discretion of the Principal and/ or Principal's designee.**
4. **Closed toe shoes are recommended, such as sneakers, boat shoes, or ballet flats. CROCS may be worn with the back support intact. Please note that bare feet, and house slippers are **NOT ALLOWED**. Shoes with cleats or abrasive soles that may cause damage to school property are **NOT PERMITTED**.**
 5. **Sweatbands, hair rollers, curlers, picks, bandanas, hats, hoods or other head coverings or headgear are **NOT PERMITTED**.**
 6. **Clothing, jewelry or buttons with words, phrases, symbols, styles, pictures, or insignia which are obscene, profane, suggestive, racist, religiously or sexually offensive, related to drugs or alcohol uses, depict violence, or gang related are **PROHIBITED**. Items that deface or alter national emblems or pose a safety hazard are also inappropriate (ex. Large heavy metal rings, chains, wristbands, headbands, or belts with studs.**

Inappropriate exposure of the body is not allowed (examples: no bare shoulders, no cropped bare midriff, no bare backs, sides or chests). **Thus jackets or sweaters cannot be worn to cover inappropriate exposure or clothing.**

Immunization Information

What Your Child Needs For 2021–2022 School Entry

Before entering or attending school in-person or virtually (kindergarten through twelfth grade) each child must provide a *Florida Certification of Immunization* (DH 680 form), documenting the following vaccinations:

Public/Private Schools Kindergarten through Twelfth Grade:

- ▶ Four or five doses of diphtheria-tetanus-pertussis (DTaP) vaccine±
- ▶ Three doses of hepatitis B (Hep B) vaccine
- ▶ Three, four or five doses of polio (IPV) vaccine*
- ▶ Two doses of measles-mumps-rubella (MMR) vaccine
- ▶ Two doses of varicella vaccine†

Seventh Grade:

In addition to kindergarten through twelfth grade vaccines, students entering or attending seventh grade need the following vaccinations:

- ▶ One dose of tetanus-diphtheria-pertussis (Tdap) vaccine in grades seven through twelve
- ▶ An updated DH 680 form to include Tdap, must be obtained for submission to the school

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Palm Beach County School District

2021-2022 Calendar & Odd/Even Day Schedule



THE SCHOOL DISTRICT OF PALM BEACH COUNTY
SCHOOL CALENDAR 2021-2022
School Board Approved 2/3/2021

STUDENTS AND ALL EMPLOYEES EXCEPT 12-MONTH EMPLOYEES
 12-MONTH EMPLOYEES (ALL OTHER EMPLOYEES SEE EMPLOYEE CALENDAR NOTES)
 10 HOUR DAYS FOR 12-MONTH EMPLOYEES

DUTY/PDD NO SCHOOL TEACHER WORK DAY/PROFESSIONAL DEVELOPMENT DAY
NO SCHOOL

JULY 2021					AUGUST 2021					SEPTEMBER 2021					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
			1 	2 District Closed		2	3 Pre-School for Teachers	4 Pre-School for Teachers	5 Pre-School for Teachers				1	2	3
5 	6 	7 	8 	9 District Closed	9 Pre-School for Teachers	10 First Day of School for Students	11	12	13	6 	7 	8	9	10	
12 	13 	14 	15 	16 District Closed	16	17	18	19	20	13 	14 	15	16 	17	
19 	20 	21 	22 	23 District Closed	23	24	25	26	27	20	21	22	23 	24	
26 	27 	28 	29 	30 District Closed	30	31				27	28	29	30		
OCTOBER 2021					NOVEMBER 2021					DECEMBER 2021					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
				1	1	2	3	4	5				1	2	3
4	5	6	7	8	8	9	10 End 1st Elementary Trimester	11 DUTY/PDD NO SCHOOL	12 Start 2nd Elementary Trimester	6	7	8	9	10	
11	12	13	14 End 1st Nine Weeks	15 DUTY/PDD NO SCHOOL	15	16	17	18	19	13	14	15	16	17	
18 Start 2nd Nine Weeks	19	20	21	22 	22 	23 	24 	25 	26 	20	21	22 End 2nd Nine Weeks	23 	24 	
25	26	27	28	29	29	30				27 	28 	29 	30 	31 	
JANUARY 2022					FEBRUARY 2022					MARCH 2022					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
3 	4 DUTY/PDD NO SCHOOL	5 Start 3rd Nine Weeks	6	7		1	2	3	4		1	2	3	4	
10	11	12	13	14	7	8	9	10	11	7	8	9	10	11 End 3rd Nine Weeks	
17 	18	19	20	21	14	15	16	17	18 End 2nd Elementary Trimester	14 	15 	16 	17 	18 	
24	25	26	27	28	21 DUTY/PDD NO SCHOOL	22 Start 3rd Elementary Trimester	23	24	25	21 DUTY/PDD NO SCHOOL	22 Start 4th Nine Weeks	23	24	25	
31					28					28	29	30	31		



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School Advisory Council (SAC)

Attention all parents, families, and interested community members: we invite YOU to join us for our monthly School Advisory Council (SAC) meetings. All meetings will be held on the first Tuesday of each month, excluding the month of December, at 6:00 p.m. and held in our Media Center.

Forest Hill's first meeting of the 2022 school year will be held on August 17, 2021 at 6:00 p.m. to vote on new members and approve the proposed meeting calendar with the following dates: September 14, October 12, November 16, January 11, February 8, March 8, April 12, and May 10.

Fall 2021 Football Schedule

2021 Schedule

Kick-Off Classic	Palm Beach Central	Seminole Ridge	Inlet Grove	John I. Leonard	Lake Worth	Centennial
8/20/2021 @ 6:30 pm Forest Hill Community High School	8/27/2021 @ 6:30 pm Forest Hill Community High School	9/03/2021 @ 6:30 pm Forest Hill Community High School	9/10/2021 @ 6:30 pm Inlet Grove High School	9/17/2021 @ 6:30 pm John I. Leonard High School	10/01/2021 @ 6:30 pm Forest Hill Community High School	10/08/2021 @ 6:30 pm Centennial High School (Port St. Lucie West)
Park Vista	Santaluces	Spanish River	North Miami Beach			
10/15/2021 @ 6:30 pm Park Vista Community High School	10/22/2021 @ 6:30 pm Santaluces Community High School	10/29/2021 @ 6:30 pm Forest Hill Community High School	11/5/2021 @ 6:30 pm Forest Hill Community High School			