

THE FALCON POST

FOREST HILL COMMUNITY HIGH SCHOOL



PRINCIPAL'S MESSAGE

Greetings, Falcon Family!

I sincerely hope your summer has been enjoyable and restful. We are very excited for the upcoming school year and are eager to open our doors to our students in August! We have been working extremely hard this summer to be ready, and we are very proud to say that we improved our school grade to a "B" for the 2021-2022 school year! The first day of school, August 10th, is quickly approaching, and I look forward to it with great excitement and anticipation.

Student safety is always a major concern of mine. We will continue to observe all the recommendations of the CDC. At this time masks are voluntary, but we do encourage anyone who wishes to continue wearing a mask to do so. Also, please be aware that for safety reasons the dress code will be strictly enforced and school IDs must be worn around the neck at all times. Additionally, the District has made some security upgrades to our campus, and I look forward to sharing these with you at our first School Advisory Council meeting of the year on August 16th at 6:00pm in the Media Center.

I am honored and extremely excited to have been named the new principal at Forest Hill Community High School and to come to work with such an amazing staff. At The Hill, we strive to provide opportunities through our academic and choice programs that will help prepare our students to successfully think, act, and communicate in high school, college, careers, and beyond. It is our vision to be "Simply the Best" school and we are committed to preparing our students for a globally competitive world.

This will be a special year and I am looking forward to meeting all of our students. I always encourage community involvement and input as we pursue the goals set before us. Be assured that your contributions and feedback are valued and will help provide us with much needed information to continuously improve our educational programming.

Sincerely,

Michael Aronson
Principal



Join us for **Open House** on Tuesday,
August 30th from 6-8PM (All Grades)

Administration

Principal

Mr. Michael Aronson

Assistant Principals

Mrs. Orocofsky, 9th Grade

Dr. Smith, SSCC & 9th Grade

Mr. Greenberg, 10th Grade

Mr. Provenzano, 11th Grade

Mr. Loyd, 12th Grade

Dr. Saarela-Vening,
Academies, AP, AICE, & IB

Ms. Younce, Adult &
Community Education

August 2022 ◀ Volume 4 ◀ Issue 2 ◀

6901 Parker Avenue ▶ West Palm Beach, FL 33405 ▶ 561-540-2400 ▶ fhhs.palmbeachschools.org

School Contacts

Guidance Counselors

- ▶ Ms. Cohen
9th/10th Grade, A-Gr
- ▶ Ms. Vielot
9th/10th Grade, Gu-Pe
- ▶ Ms. Paul
9th/10th Grade, Ph-Z
- ▶ Mrs. Kokotoff
11th/12th Grade, A-D
IB, DP/CP
- ▶ Mrs. Corcoran
11th Grade, E-Z
- ▶ Mrs. Proby
12th Grade, E-Z
- ▶ Ms. Sanchez
9th-10th Grade ELL
- ▶ Mr. Lares
11th-12th Grade ELL

Coordinators

- ▶ Ms. Lopez
ESE
- ▶ Ms. Palan
ELL
- ▶ Coach Boruch
IB MYP
- ▶ Ms. Deere
IB, DP & CP
- ▶ Ms. Malone
AICE & AP
- ▶ Ms. Sardina
CTE & Choice Programs
- ▶ Coach Emerson
AVID
- ▶ Ms. Seedeene-Vargas
School-Based Teams

Activities

- ▶ Dr. Smith
Director

Athletics

- ▶ Josue Gutierrez
Director
- ▶ Coach Emerson
Assistant Athletic
Director



Welcome New Faculty & Staff Members

Forest Hill Community High School is thrilled to welcome new faculty and staff members to our school this year! Please join us in welcoming the following new Falcons to our family:


Kathlynn Rossi, English
Emmanuel Joseph, Reading
Andrea Bennett, Math
Cori Ceci, Math
Johnelys Diaz, Math
Ronel Pierre, Math
Tamara Young, Science
Monica Rodriguez, Science
Amy McGregor, Social Science
Llize Caballero, Social Science

Matthew Leavitt, Social Science
Zachary Immler, Social Science
Margarita Bonner, JROTC
Luis Sousa, JROTC
Lisa Cohen, School Counselor
Daliza Sanchez, School Counselor
Emylee Zayak, Culinary
Jackson Daniel, ESE SLD
Nihara Seedeene, ESE SLD



2022-23 Bell Schedule

Please note the first period at Forest Hill Community High School begins promptly at 8:35 a.m. each day. Arriving to your classes in a timely manner is critical. To avoid being marked tardy or absent, be sure to come to class on time.

	Regular Bell	8:30am
	Warning Bell	8:34am
Block 1	Period 1/2	8:35-10:16am
	Hall Transition Warning Bell	10:16-10:23am 10:22am
Block 2	Period 3/4	10:23am-12:46pm
	Lunch A Regular Bell Buildings 2, 5, 6, 7	10:23 am - 11:03 am
	Lunch B Instructional Time: Lunch A Instructional Time:	10:23am-12:03pm 11:06 am - 12:46 pm
	Lunch B Regular Bell Buildings 3 and 4	12:06-12:46pm
Block 3	Hall Transition Warning Bell	12:46-12:53pm 12:52pm
	Period 5/6	12:53-2:33pm
Block 4	Hall Transition Warning Bell	2:33 pm-2:40pm 2:39pm
	Period 7 (Daily)	2:40-3:30pm

Great Futures: A College & Career Readiness Division of Boys & Girls Clubs of Palm Beach County

Calling all Forest Hill Community High School scholars from all grade levels! If you are looking for a wonderful afterschool experience with a focus on college & career readiness, health & wellness, and fun then you should join Great Futures. This interactive program assists students in SAT & ACT preparations, provides extra academic support, offers engaging service learning opportunities, and more. Take advantage of these great opportunities to help you prepare for your future! Registration is required. Contact your guidance counselor for more information.



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FHCHS ADMIN CORNER

Meet our **AMAZING Assistant Principals** here at The Hill! They are here to support our students every step of the way during their high school experience.



Ms. Cynthia Orocofsky, Assistant Principal - Grade 9

Mrs. Orocofsky joined the Falcon team in the fall of 2021 and is excited to begin her second year at The Hill. She has been in education for over 20 years - all in Title 1 schools that expand from elementary to high school. She is of Colombian descent, speaks Spanish, and has been a long-time classroom teacher, math coach, and instructional specialist for the District. Ms. Orocofsky received her Bachelor of Science in Finance, International Business and her Masters in Elementary Education from Florida Atlantic University. She and her family have resided in sunny West Palm Beach for 35 years. As an alumni of Forest Hill Community High School she has seen the transformation of the school and community. This year she will be overseeing our freshman class.

Mrs. Orocofsky is also a mom of two wonderful daughters, a wife, & enjoys traveling & spending time with her family. To contact Mrs. Orocofsky, please email Cynthia.Orocofsky@palmbeachschools.org or call 561.540.3022.



Mr. Larry Greenberg, Assistant Principal - Grade 10

Mr. Larry Greenberg is beginning his 3rd year at Forest Hill Community High School, his 26th year as an administrator, and his 31st year in The School District of Palm Beach County. He has taught at Olympic Heights High School as well as served as an administrator at Spanish River High School, Carver Middle School, Palm Beach Central High School and, now, Forest Hill Community High School. Mr. Greenberg received a Bachelor of Science in Electrical Engineering and a Bachelor of Arts in Biology from Washington University in St. Louis, Missouri as well as a Master of Science in Educational Leadership from FAU.

He was born and raised in Plainview, New York until he attended college. After he received his degree from Washington University, he worked at Albert Einstein College of Medicine for five years and taught for 10 years in Valley Stream, New York.

To contact Mr. Greenberg, please feel free to email Larry. Greenberg.1@palmbeachschools.org or call 561.540.2414.



Mr. John Provenzano, Assistant Principal - Grade 11

Mr. John Provenzano, will be starting his 12th year at Forest Hill Community High School. He is the Lead Administrator at The Hill and oversees the 11th grade class. Mr. Provenzano is starting his 25th year in education in The School District of Palm Beach County and 20th year as an administrator. He has always worked in Title 1 schools, first at Conniston Middle School before coming to Forest Hill. Mr. Provenzano received a Bachelor of Science in Physical Education from the University of Rhode Island as well as a Master's Degree in Special Education & a second Master's Degree in Educational Leadership from FAU.

In addition to serving as an AP, Mr. Provenzano is a father, son, brother, and husband. He was born and raised in Kingston, New York, until he attended college. After he received his degree from URI, he moved to South Florida and has lived here for over 30 years. When not working, Mr. Provenzano enjoys spending time with his family and watching sports (football, baseball, and basketball). He especially enjoys watching the New York Yankees and Los Angeles Rams.

To contact Mr. Provenzano, please feel free to email John.Provenzano@palmbeachschools.org or call 561.540.3028.



Mr. Antonio Loyd, Assistant Principal - Grade 12

At the height of COVID-19, Forest Hill Community High School welcomed Mr. Antonio Loyd to the administrative team. Mr. Loyd currently serves as the 12th grade Assistant Principal. He comes to us from Lake Worth Community High School where he served in various roles such as teacher, Science Coach, Teacher on Special Assignment (TOSA), and Assistant Principal. Mr. Loyd shares a passion for students and believes the difference between a good and a great student are the opportunities they are afforded. It has become Mr. Loyd's mission to remove barriers and ensure that each and every student is provided equitable access to a rigorous and academically challenged learning environment.

Mr. Loyd also serves as a devoted and loving husband and father. When not on campus, he enjoys spending time with family, traveling, exercising, and the occasional comfort of a good book. To contact Mr. Loyd, please email Antonio.Loyd@palmbeachschools.org or call 561-540-2430.



Admin Corner continues on the next page...

Wellington:
12008 S Shore Blvd Ste 201,
Wellington, FL 33414.
P: 561-429-5127

West Palm Beach:
2090 Palm Beach Lakes Blvd Suite #900, West Palm Beach, FL 33409
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WELLINGTON 10115 Forest Hill Blvd. Suite 403 Wellington, FL 33414 (561) 792-5436	STUART 900 East Ocean Blvd Bldg D Suite 334 Stuart, FL 34994 (772) 220-8884

Visit our Guidance Department webpage at <http://l.sdpbc.net/y9uyi> or scan this QR code.



FHCHS GUIDANCE CORNER

Grade Level	Counselor	Email Address
9th/10th Grade, A-Gr	Cohen	Lisa.Cohen.2@palmbeachschools.org
9th/10th Grade, Gu-Pe	Paul	Immaculene.Paul@palmbeachschools.org
9th/10th Grade, Ph-Z	Vielot	Carmel.Vielot@palmbeachschools.org
11th Grade E-Z	Corcoran	Cindy.Corcoran@palmbeachschools.org
11th & 12th A-D, IB DP/CP	Kokotoff	Alexa.Kokotoff@palmbeachschools.org
12th Grade E-Z	Proby	Tammatha.Proby@palmbeachschools.org
9-10th Grade ELL	Sanchez	Daliza.Sanchez@palmbeachschools.org
11-12th Grade ELL	Lares	Alejandro.Lares@palmbeachschools.org

ADMIN CORNER *continues...*



Dr. Saara Saarela-Vening, Assistant Principal - Academies & IB

Dr. Vening is beginning her 18th year at Forest Hill Community High School and 8th year as an Assistant Principal; she previously served as a social studies teacher, Learning Team Facilitator, and IB Coordinator. Originally from Finland, Dr. Vening's career in education has been heavily impacted by her own experiences as an English-Language Learner and as a result she works tirelessly to bring opportunities to students in our community.

Upon graduating from high school, Dr. Vening attended Florida Atlantic University where she earned a Bachelor of Arts degree and a Master of Education degree. She also earned a Doctor of Education degree from Lynn University where she served as a graduate research intern and went on to serve as a graduate research fellow for a U.S. Department of Education research grant. Outside of school, she enjoys spending time with her husband and two young sons.

To contact Dr. Vening, please email Saara.Saarela-Vening@palmbeachschools.org or call 561.540.2413.



Ms. Doris Younce, Assistant Principal - Adult & Community Education

This is Ms. Younce's 4th year as Assistant Principal of the Adult and Community Education program at Forest Hill Community High School. She has been an educator for over 20 years, though her life's journey did not begin on this path. She studied Hospitality Management at Florida International University and upon graduation worked with several major hotel chains as an events coordinator in Miami, Florida. Ms. Younce realized some time ago that her real passion is Education. She returned to school to complete a master's program in Special Education at Nova Southeastern University. She also earned a Specialist Degree in Educational Leadership and endorsements in ESOL, Business, and Reading. Additionally, Ms. Younce completed the Aspiring Leaders Academy II (ALAI) program in 2014, which prepared her to become a principal in the School District of Palm Beach County.

Before coming to FHCHS, Ms. Younce worked in Title I schools in the diverse cities of Miami-Dade, Delray Beach, West Palm Beach, and Lake Worth. Her extensive experiences in Exceptional Student Education (ESE), International Baccalaureate Middle Years (IB-MYP) framework, Advancement Via Individual Determination (AVID) program, and the pedagogical practices of the Spanish Two-way Immersion Program have equipped her with the knowledge and skills to serve our students of all diverse backgrounds and abilities. She has also spearheaded several major community partnerships throughout the years. In May of 2002, she was awarded the Adult Ed. & Literacy Innovations Grant for a pilot project for migrant women to receive instruction in the FHCHS-ACE's Spanish HHA Certification Program.

Ms. Younce looks forward to continuing her work with the adult learners in the community to make Forest Hill Adult and Community Ed.(ACE) an outstanding night program that is designed to improve the employability of the state's workforce.

To contact Ms. Younce, please feel free to email Doris.Younce@palmbeachschools.org or call 561.540.2417.



Dr. Tara Smith, Single School Culture Coordinator & Grade 9 Administrator

Forest Hill Community High School recently welcomed our new Single School Culture Coordinator (SSCC), Dr. Smith, in January of 2022. Dr. Smith also serves as a Grade 9 Administrator and the Activities Director. Dr. Smith has been an educator for over 20 years and this is her 5th year as an administrator in the District. Prior to joining the team of Falcon administrators at The Hill, she served as a district administrator, where she managed SDPBC's Secondary English Language Arts Department as the 6-12 ELA Program Planner. She holds experience in K-12 literacy instruction, school improvement, teacher/leader professional growth, and curriculum development. Dr. Smith has also taught college writing and education courses as well proudly developed an international pre-service teacher program for Palm Beach Atlantic University. As SSCC, she is passionate about supporting our faculty and staff with providing high-quality equitable and inclusive educational experiences for our Falcon scholars. Her goals include empowering students to reach their fullest potential while assisting them with achieving their goals successfully throughout their high school journey to help prepare them for their future post-secondary experiences.

In addition to serving as SSCC, Dr. Smith is a mother, daughter, sister, and wife. She was born in Jacksonville and raised in her hometown of Miami, Florida until moving to WPB to attend college. Dr. Smith is a proud graduate of Palm Beach Atlantic University (Bachelor's Degree in English Literature/Biology), Regent University (Master of Education in School Administration), and Liberty University (Specialist & Doctorate of Education in Curriculum & Instruction). She loves to read and considers herself a life-long learner. Outside work, Dr. Smith enjoys spending time with and vacationing with her husband and daughters, Olivia (14 years) and Sophia (10 years). Dr. Smith is also a huge fan of Star Wars, Shakespeare, and football. She's currently reading Shakespeare's *Star Wars* and will be rooting this fall for her favorite college and pro- football teams - the Miami Hurricanes and Miami Dolphins.

Dr. Smith is excited to have joined The Hill as one of our newest administrators. She can be contacted by email at Tara.Smith@palmbeachschools.org or phone at 561.540.3089. Dr. Smith's office is located in 7-109 and her door is always open for you!!



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JUST ONE MORE REASON TO SMILE!

Important School Registration Information

During the first week of school, August 10 - August 12, 2022, students will receive their school registration packet. It is imperative that our families review this information and verify that all information is correct. Please take the time to complete each form thoroughly and provide an update of any information that is incorrect or incomplete. The packet should be returned to your scholar's first period teacher no later than Friday, August 12, 2022.

FY23 Student Dress Code

We, at Forest Hill, are concerned about your academic achievement as well as your safety. Generally, it is accepted that cleanliness, good grooming, and appropriate dress are necessary to reduce distraction, promote health and provide a productive learning atmosphere. As such, extremes in dress and personal appearance, which tend to cause distractions or pose health problems, will not be tolerated at Forest Hill Community High School.

As a general rule, all styles of clothing designated for a specific non-school activity or designed to call undue attention to the wearer are not appropriate at school. The following regulations set limits on what is permissible:

1. **ALL students must wear lanyard/ clip with their school issued ID at ALL TIMES.**
2. **Polo style or t-shirts with sleeves are recommended. Approved FHCHS t-shirts are allowed.** (This does not include P.E. t-shirts). Undershirts are NOT to be longer than the school shirt. **Please note:** when wearing jackets or sweaters you **MUST** have an appropriate school shirt underneath your jacket or sweater. No sleeveless shirts or see-through fabrics will be permitted. College attire is allowed especially on SDPBC AVID College Wear Wednesdays.
3. **Pants, shorts, capris, and jeans must be worn at the natural waistline.** Dresses, shorts and skirts (no shorter than mid thigh length) are also acceptable. Please NOTE the following:
 - a. Undergarments should not be showing.
 - b. Spandex pants/shorts are allowed.
 - c. See-through designs are not allowed.

d. Jeans or pants with frays/ rips/ holes are permitted. Holes/ rips / frays that expose skin should not come higher than a students' mid-thigh and may not expose undergarments. Please note that holes/ rips/ frays will be at the discretion of the Principal and/ or Principal's designee.

4. **Closed toe shoes are recommended**, such as sneakers, boat shoes, or ballet flats. Please note that bare feet and house slippers are **NOT ALLOWED**. Shoes with cleats or abrasive soles that may cause damage to school property are **NOT PERMITTED**.
5. Sweatbands, curlers, picks, bandanas, hats, hoods or other head coverings or headgear are **NOT PERMITTED**.
6. Clothing, jewelry or buttons with words, phrases, symbols, styles, pictures, or insignia which are obscene, profane, suggestive, racist, religiously or sexually offensive, related to drugs or alcohol uses, depict violence, or gang related are **PROHIBITED**. Items that deface or alter national emblems or pose a safety hazard are also inappropriate (ex. Large heavy metal rings, chains, wristbands, headbands, or belts with studs).

Inappropriate exposure of the body is not allowed (examples: no bare shoulders, no cropped bare midriff, no bare backs, sides or chests). **Thus jackets or sweaters cannot be worn to cover inappropriate exposure or clothing.**

'The Falcon Post'
August 2022
Published Four Times Per Year
School District of Palm Beach County
3300 Forest Hill Boulevard
West Palm Beach, FL 33406
Issue #2

Safety is a top priority at The Hill! We want to remind students to be careful when using social media AND always remember: If you SEE something, SAY something.

**NEW
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Mural Masterpieces

Check out our newest murals on campus. This awesome artwork by Ms. Pirisino's 2021-2022 Painting 3 Honors class adds to our welcoming and inclusive atmosphere here at The Hill.



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OJT Program Gives Students Head-Start to Success



Congratulations to Isabella Hines who completed a rigorous program to earn the title of Certified Pet Trainer. Isabella is enrolled in Forest Hill's OJT program where she learns and earns. While working at PetSmart, Isabella expressed her passion for working with animals, especially dogs. She was able to fulfill her passion by earning a promotion from cashier to a coveted spot in their pet training course. In addition to earning high school credit and money, Isabella gained valuable employability skills and work experience she can use to further her career and educational goals. She says the OJT program gave her the flexibility she needed to work different shifts which helped her to get the promotion. Isabella plans to join the Air Force and become a K-9 handler. Her work experience at PetSmart will certainly give her a great head start. **For information about Forest Hill's OJT (Work) program, please contact Ms. King at Sharon.King.1@palmbeachschools.org.**

School Advisory Council (SAC)

Attention all parents, families, and interested community members! We invite YOU to join us for our monthly School Advisory Council (SAC) meetings. All meetings will be held on the first Tuesday of each month (excluding the months of August and December) at 6:00pm in our Media Center. Forest Hill's first meeting of the 2022-2023 school year will be held on August 16, 2022 at 6:00pm to vote on new members. The 2022-2023 SAC meeting calendar dates are September 13, October 11, November 15, December 13, January 10, February 14, March 14, and April 11. **For more information about SAC membership, please contact SAC Chairperson, Jillian Millay, at Jillian.Millay@palmbeachschools.org.**

AVID

One major benefit of being part of AVID is its focus on college readiness. AVID students are taken on college visits which gets them excited about college readiness. Exposure to colleges and universities allows students to envision and dream more closely about post-secondary education. With COVID, college trips were challenging; however, last year, the FHCHS AVID program had the pleasure of visiting FIU in Miami. The students all had a great time exploring the campus and interacting with faculty. **If you have questions or would like more info about our AVID program, contact Cynthia.Orocofsky@palmbeachschools.org**



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FHCHS ATHLETICS UPDATES

FALL ATHLETIC INFORMATION

Athletics is a great way for our Student-Athletes to increase their physical health and wellness. Also they will gain life skills like accountability, responsibility, leadership, teamwork as well as improved academics. In order to be eligible to participate in athletics, student-athletes must have a Cumulative GPA of 2.0 and must complete an Athletic Packet which can be found on the school website under the athletics tab.

The online platform, formerly known as Register My Athlete, has been rebranded as Aktivite Registration as of July 30, 2022. Beginning with the 2022-2023 school year, all student-athletes in grades 6 through 12 will register their physical packet and other required eligibility components into the new Aktivite online system. Paper athletic packets will no longer be accepted at school sites. Please ensure that every signature and date is completed within the packet.

Additionally, high school athletes must complete the following NFHS courses that can be found online at nfhslearn.com and submit a certificate of completion to your coach for each course: a.) Concussion in Sports b.) Heat Illness Prevention c.) Sudden Cardiac Arrest. Have a check or money order for \$75 ready to submit to Palm Beach County School District for athletics insurance.

If you are an incoming 9th grade student or a student new to FHCHS, we will also need a copy of your birth certificate. If you have any questions pertaining to a specific fall sport, please contact the head coach directly or the AD, Coach "G," at Josue.Gutierrez@palmbeachschools.org.

Tryouts for the Falcon swim team will begin
Monday, August 15 (Aug 15- Aug 18).

4PM at Lake Lytal Pool
You must have a completed Athletic Physical

Visit:
https://fhhs.palmbeachschools.org/athletics__activities/Athletics

*Joining the swim team is a great opportunity to get in shape for other sports and to meet new people!

Any questions please contact:
Sarah.Andrews@palmbeachschools.org.

→ Athletic Updates continued on the next page...

Schedule Your Senior Photos

Class of 2023 scholars may now contact Cady Studios to schedule an appointment for senior portraits. Packages start at \$30. All appointments can be scheduled online by visiting <https://home.cady.com/seniors>. Falcons, be sure to book your appointment in advance as time slots are filling up quickly! The deadline to take your photos to be included in the yearbook is January 27, 2023. No late photos or photos taken outside of Cady Studios will be accepted. For questions regarding senior photos, please contact Ms. Johnson at Victoria.Johnson@palmbeachschools.org.



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