THE FALCON POST

FOREST HILL COMMUNITY HIGH SCHOOL

PRINCIPAL'S MESSAGE

Greetings! I sincerely hope your summer has been enjoyable and restful. We are very excited for the upcoming school year and are eager to open our doors to our students in August! We have been working extremely hard this summer to be ready, and we are very proud to say that we improved our graduation rate for the 2022-2023 school year! The first day of school, August 10th, is quickly approaching. I look forward to it with great excitement and anticipation every year.

Student safety is always a major concern of mine. We will continue to put things in place this year to make this a safer and cleaner school. Please be aware, that for safety reasons, the dress code will be strictly enforced and school IDs must be worn around the neck at all times. We will continue to check all students in everyday by scanning their ID. The District has made more security upgrades to our campus and the new stairwells should be ready for the school year.

My first year as Principal of Forest Hill High School was amazing. I am so excited to grow the relationships that I have made with the students and staff. At Forest Hill High School, we strive to provide opportunities through our academic and choice programs that will help prepare our students to successfully think, act, and communicate in high school, college, career, and beyond. We are committed to preparing our students for a globally competitive world as we continue to increase access to accelerated classes and look forward to increasing the number of AICE and IB Diplomas. Together we can be "Simply the Best!"

We look forward to welcoming all of our incoming students, and Our Freshman Orientation will be on August 8, 2023, at 6:00 PM. I always encourage community involvement and input as we pursue the goals set before us. Be assured that your contributions and feedback are valued and will help provide us with much needed information to improve our educational programming.

Sincerely,

Michael Aronson
Principal

Administration

Principal
Mr. Michael Aronson

Assistant Principals
Ms. Boutet
Mr. Loyd
Ms. Orocofsky
Mr. Provenzano
Ms. Slydell
Ms. Younce

Single School Culture Coordinator
Dr. Smith

August 2023 ◂ Volume 5 ◂ Issue 2 ◂

6901 Parker Avenue ▸ West Palm Beach, FL 33405 ▸ 561-540-2400 ▸ fhhs.palmbeachschools.org

School Contacts

School Counselors

- **Ms. Cohen**
  Coordinator & ESE 9-12 A-Z
- **Mr. Larres**
  ELL 9-12 A-Mar
- **Ms. Cochran**
  ELL 9-12 Mat-Z
- **Ms. Sprauge**
  9-12 A-Car & 11-12th IB A-Z
- **Ms. Keough**
  9-12 Cas-Han
- **Ms. Vielot**
  9-12 Har-Mor
- **Ms. Paul**
  9-12 Mos-Ros
- **Ms. Milhomme**
  9-12 Ru-Z

Coordinators

- **Ms. Lopez**
  ESE
- **Ms. Palan**
  ELL
- **Mr. Boruch**
  IB Coordinator
- **Ms. Hasegawa**
  AICE & AP
- **Ms. Sardina**
  CTE & Choice Programs
- **Coach Emerson**
  AVID
- **Ms. Seedeen-Vargas**
  School-Based Teams
- **Ms. Roopnarine**
  LTF

Activities & Athletics

- **Mr. Grad**
  Activities & Athletic Director
- **Coach Emerson**
  Assistant Athletic Director

BACK-TO-SCHOOL INFO

Welcome New Faculty & Staff Members

Forest Hill Community High School is excited to welcome new faculty and staff members to our school this year! Please join us in welcoming the following new Falcons to our family:

Christina Gray, English
Ayako Hasegawa, AICE Coordinator
Mark Climo, Math
Denise Green, ESOL
Lisa Keough, Guidance
Ludie Milhomme, Guidance
Enid Cochran, Guidance
Janet Sprague, Guidance
David Grad, Athletics & Activities
Christopher Vega, Data Processor
Makris Geris, Social Science
Adrian Rebegel, Social Science
Jacob Hane, Social Science
Melissa Garvin, School monitor
Lyndsie Bernard, English

Freshman Orientation & Open House Events

Freshman Invasion will take place on Tuesday, August 8, 2023, at 6:00 PM in the Auditorium. Doors will open at 5:30PM. Open House for ALL families/students will be held on Tuesday, September 5th at 6:00 PM. Please be sure to update your contact information with the school to receive communication via Parent Link about important school events such as these. If you have questions, please contact your student's Assistant Principal.

2023-2024 Bell Schedule

Please note the first period at Forest Hill Community High School begins promptly at 8:35 a.m. each day. Arriving to classes in a timely manner is critical. To avoid being marked tardy or absent, be sure to come to class on time.

	Regular Bell	*8:30am*
	Warning Bell	*8:34am*
Block 1	Period 1/2	8:35-10:16am
	Hall Transition *Warning Bell*	*10:16-10:23am* *10:22am*
Block 2	Period 3/4	10:23am-12:46pm
	Lunch A Regular Bell Buildings 2, 5, 6, 7	***10:23 am-11:03 am***
	Lunch B Instructional Time: 10:23am-12:03pm *Lunch A Instructional Time: 11:06 am - 12:46 pm*	
	Lunch B Regular Bell Buildings 3 and 4	***12:06-12:46pm***
	Hall Transition *Warning Bell*	*12:46-12:53pm* *12:52pm*
Block 3	Period 5/6	12:53-2:33pm
	Hall Transition *Warning Bell*	*2:33 pm-2:40pm* *2:39pm*
Block 4	Period 7 (Daily)	2:40-3:30pm

Student IDs

Students are required to wear their SY24 FHHS student ID badge around their neck on a lanyard. This is a District expectation. It is our goal to distribute student IDs to all students new to FHHS during the first week of school. Your child should wear the student ID from their previous school until they are issued their FHHS ID. SY24 replacement IDs will be located in the Media Center as needed.

FOLLOW US ON SOCIAL MEDIA

@FHH_FalconFury

@FHCHS

GO FALCONS!

Parking

Special note with regards to PARKING at Forest Hill HS: If students wish to park on campus, they must fill out the proper paperwork and be licensed and insured to drive. Unfortunately, Forest Hill HS does not have enough parking spaces to honor the number of requests. Parking in the community's narrow roads prohibits fire trucks and ambulances from responding to emergencies. **Therefore, the city has informed us that unauthorized cars are subject to being ticketed or towed.** Engineers from the city and School District are working together to come up with a long-range solution. Thank you for your cooperation in this matter.

2023 Capacity Watch List

School Board Policy 5.01, Student Assignment, calls for preparation of an annual "Capacity Watch List." The Capacity Watch List identifies schools where enrollment is projected to reach or exceed 100 percent of capacity in the next five (5) years. The Capacity Watch List is available on our school's website by clicking the "District" menu and then the "Reports & Publications" link, or via the Student Enrollment & Demographics website at: www.pbcschoolzones.info and then clicking "Enrollment Projections and Reports."

IB LEARNER PROFILE

The aim of all IB programmes is to develop internationally-minded people who, recognising their common humanity and shared guardianship of the planet, help to create a better and more peaceful world. IB learners strive to be:

Reflective
Give thoughtful consideration to your own learning and experience. You are able to assess and understand your strengths and limitations in order to support your learning and personal development.

Balanced
Understand the importance of intellectual, physical and emotional balance to achieve personal well-being for yourself and others.

Knowledgeable
Explore concepts, ideas and issues that have local and global significance. In so doing, you acquire in-depth knowledge and develop understanding across a broad and balanced range of disciplines.

Open-minded
Understand and appreciate your own culture and personal histories, and are open to the perspectives, values and traditions of other individuals and communities.
You seek and evaluate a range of points of view, and you are willing to grow from the experience.

Inquirers
Have a natural curiosity and learn to acquire the skills necessary to conduct inquiry and research and show independence in learning. You actively enjoy learning and this love of learning will be sustained throughout their lives.

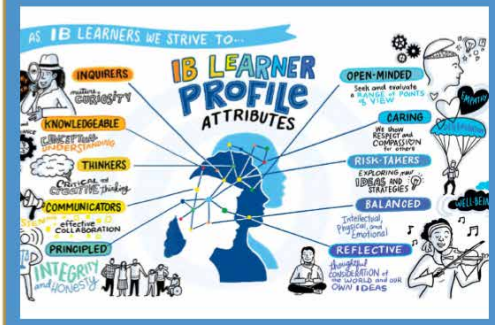
Risk-takers
Approach unfamiliar situations and uncertainty with courage and forethought, and have the independence of spirit to explore new roles, ideas and strategies.
You are brave and articulate in defending your beliefs.

Communicators
Understand and express ideas and information confidently and creatively in more than one language and in a variety of modes of communication.
You are willing to work in collaboration with others.

Caring
Show empathy, compassion and respect towards the needs and feelings of others.
You have a personal commitment to service, and act to make a positive difference to the lives of others and to the environment.

Principled
Act with integrity and honesty, with a strong sense of fairness, justice and respect for the dignity of the individual, groups and communities.
You take responsibility for your own actions and the consequences that accompany them.

Thinkers
Exercise initiative in applying thinking skills critically and creatively to recognise and approach complex problems, and make reasoned, ethical decisions.



'The Falcon Post'
August 2023
Published Four Times Per Year
School District of Palm Beach County
3300 Forest Hill Boulevard
West Palm Beach, FL 33406
Issue #2

STUDENTS DRESS CODE / SY 23-24

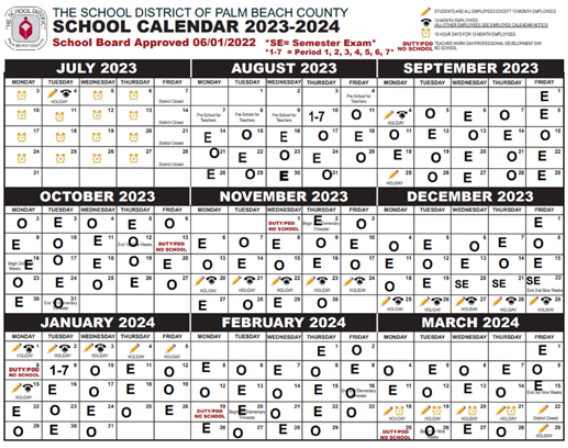
We, at Forest Hill, are concerned about your academic achievement as well as your safety. Generally, it is accepted that cleanliness, good grooming, and appropriate dress are necessary to reduce distraction, promote health and provide a productive learning atmosphere. As such, extremes in dress and personal appearance, which tend to cause distractions or pose health problems, will not be tolerated at Forest Hill Community High School.

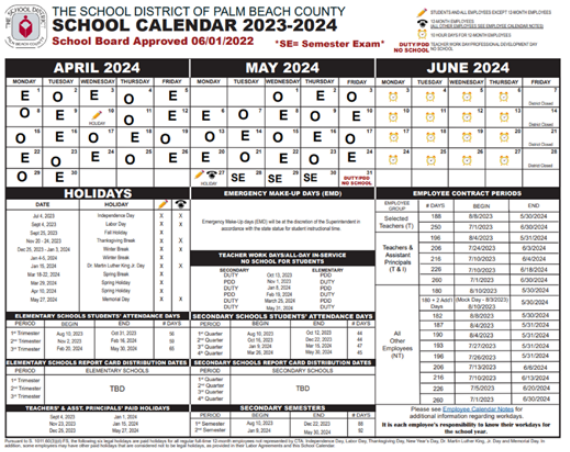
As a general rule, all styles of clothing designated for a specific non-school activity or designed to call undue attention to the wearer are not appropriate at school. The following regulations set limits on what is permissible:

1. **ALL students must wear lanyard/ clip with their school issued ID at ALL TIMES.**
2. **Polo style or t-shirts with sleeves are required. Approved FHCHS t-shirts** are allowed. (This does not include P.E. t-shirts). Undershirts are NOT to be longer than the school shirt. **Please note**: when wearing jackets or sweaters you **MUST** have an appropriate school shirt underneath your jacket or sweater. No sleeveless shirts or see-through fabrics will be permitted. College attire is allowed especially on SDPBC AVID College Wear Wednesdays.
3. **Pants, shorts, capris, and jeans must be worn at the natural waistline**. Dresses, shorts and skirts (no shorter than mid thigh length) are also acceptable.
   Please NOTE the following:
   a. Undergarments should not be showing.
   b. Spandex pants/shorts are allowed.
   c. See-through designs are not allowed.
   d. **Jeans or pants with frays/ rips/ holes are permitted. Holes/ rips / frays that expose skin should not come higher than a students' mid-thigh and may not expose undergarments. Please note that holes/ rips/ frays will be at the discretion of the Principal and/ or Principal's designee.**
4. **Closed toe shoes are recommended**, such as sneakers, boat shoes, or ballet flats. Please note that bare feet and house slippers are **NOT ALLOWED**. Shoes with cleats or abrasive soles that may cause damage to school property are **NOT PERMITTED**.
5. Sweatbands, hair rollers, curlers, picks, bandanas, hats, hoods or other head coverings or headgear are **NOT PERMITTED**.
6. Clothing, jewelry or buttons with words, phrases, symbols, styles, pictures, or insignia which are obscene, profane, suggestive, racist, religiously or sexually offensive, related to drugs or alcohol uses, depict violence, or gang related are **PROHIBITED**. Items that deface or alter national emblems or pose a safety hazard are also inappropriate (ex. Large heavy metal rings, chains, wristbands, headbands, or belts with studs.
7. Inappropriate exposure of the body is not allowed (examples: no bare shoulders, no cropped bare midriff, no bare backs, sides or chests). **Thus jackets or sweaters cannot be worn to cover inappropriate exposure or clothing.**

2023-2024 SDPBC Calendar & FHHS Odd/Even Day Schedule

****FIRST DAY OF SCHOOL FOR STUDENTS IS THURSDAY, AUGUST 10, 2023****





Programs, credential levels, technology, and scheduling options vary by school and are subject to change. Not all programs are available to residents of all U.S. states. South University, West Palm Beach, University Centre, 9801 Belvedere Rd., Royal Palm Beach, FL 33411. © 2023 South University. All rights reserved.

Admin Corner

Meet our ***AMAZING* Administrative Team** here at *The Hill!* They are here to support our students every step of the way during their high school experience.

Ms. Camella Slydell, Assistant Principal
Grades 9-12 Alpha A-Car & Mos-P & Grades 11-12 IB (All)
Forest Hill High School welcomed Camella M. Slydell, Assistant Principal, in September 2022. Ms. Slydell has been an educator for 23 years and prior to becoming a Falcon, she served as an Assistant Principal for 9 years at Pahokee Middle Senior High School, in the same city where she was born and raised. Ms. Slydell has served in the capacity as a Math/Science Coach, ESE Coordinator for elementary, middle and high school, SBT Leader in elementary, middle and high school, and as a Marzano Liaison. She has also served as a lead administrator for AVID, MYP/IB/DP programmes, and PBIS. She believes that local, national and global change is ignited by educators transforming the life of one child one moment at a time.

Additionally, Ms. Slydell is a U.S. Army veteran that actively served abroad for more than two years. She's the proud mother of 3 children, a member of Delta Sigma Theta Sorority, Inc., and loves God. She enjoys reading, spending time with family, and visiting theme parks.

She is elated to be a member of the Forest Hill family. Ms. Slydell's office is located in Building 7 and she can be contacted at Camella.Slydell@palmbeachschools.org.

Ms. Cynthia Orocofsky, Assistant Principal
Grades 9-12 Alpha Cas-Han & English Language Learners (ELL) Alpha A-F
Mrs. Orocofsky joined the Falcon team in the fall of 2021 and is excited to begin her second year at The Hill. She has been in education for over 20 years - all in Title 1 schools that expand from elementary to high school. She is of Colombian descent, speaks Spanish, and has been a long-time classroom teacher, math coach, and instructional specialist for the District. Ms. Orocofsky received her Bachelor of Science in Finance, International Business and her Masters in Elementary Education from Florida Atlantic University. She and her family have resided in sunny West Palm Beach for 35 years. As an alumni of Forest Hill High School she has seen the transformation of the school and community.

Mrs. Orocofsky is also a mom of two wonderful daughters, a wife, and enjoys traveling and spending time with her family. To contact Mrs. Orocofsky, please email Cynthia.Orocofsky@palmbeachschools.org or call 561.540.3022.

Mr. John Provenzano, Assistant Principal
Grades 9-12 Alpha Har-Mor &
Exceptional Student Education (ESE) (All)
Mr. John Provenzano, will be starting his 13th year at Forest Hill High School. He is the Lead Administrator at The Hill. Mr. Provenzano is starting his 26th year in education in The School District of Palm Beach County and 21st year as an administrator. He has always worked in Title 1 schools, first at Conniston Middle School before coming to Forest Hill. Mr. Provenzano received a Bachelor of Science in Physical Education from the University of Rhode Island as well as a Master's Degree in Special Education and a second Master's Degree in Educational Leadership from FAU.

In addition to serving as an AP, Mr. Provenzano is a father, son, brother, and husband. He was born and raised in Kingston, New York, until he attended college. After he received his degree from URI, he moved to South Florida and has lived here for over 30 years. When not working, Mr. Provenzano enjoys spending time with his family and watching sports (football, baseball, and basketball). He especially enjoys watching the New York Yankees and Los Angeles Rams. To contact Mr. Provenzano, please feel free to email John.Provenzano@palmbeachschools.org or call 561.540.3028

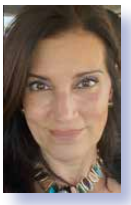
Mr. Antonio Loyd, Assistant Principal
Grades 9-12 English Language Learners (ELL) Alpha G-Z
At the height of COVID-19, Forest Hill Community High welcomed Mr. Antonio Loyd to the administrative team. He came to us from Lake Worth Community High School where he served in various roles such as teacher, science coach, teacher on special assignment (TOSA), and assistant principal. Mr. Loyd shares a passion for students and believes the difference between a good and a great student are the opportunities they are afforded. It is Mr. Loyd's mission to remove barriers and ensure that each and every student is provided equitable access to a rigorous and academically challenged learning environment.

Mr. Loyd also serves as a devoted and loving husband and father. When not on campus, he enjoys spending time with family, traveling, exercising, and the occasional comfort of a good book. To contact Mr. Loyd, please email Antonio.Loyd@palmbeachschools.org or call 561-540-2430.

Ms. Elizabeth Boutet, Assistant Principal
Grades 9-12 Alpha Q-Z
Ms. Boutet was born and raised in Palm Beach County and is a product of the Palm Beach County school system. Her first twelve years as an educator were served in Title One schools, starting as a special education teacher at Palm Beach Gardens High School, then as a Learning Team Facilitator at John I Leonard and Palm Beach Lakes before working for the Area of Transformation as a reading specialist. She also coached girl's soccer and softball while teaching. Before coming to Forest Hill, Ms. Boutet was an assistant principal at Seminole Ridge High School for the last 10 ½ years where she focused on curriculum, master board scheduling, professional development and safety. In 2017, she won CTE Assistant Principal of the year for restructuring Seminole Ridge's Automotive Program.

Ms. Boutet is so excited to join the Falcon team working with students and teachers as we soar to new heights.

When she's not at work she enjoys spending time with her dog, her family and friends. She loves good food and sunshine.



Ms. Doris Younce, Assistant Principal
Adult & Community Education
This is Ms. Younce's 5th year as Assistant Principal of the Adult and Community Education program at Forest Hill High School. She has been an educator for over 20 years, though her life's journey did not begin on this path. She studied Hospitality Management at Florida International University and upon graduation worked with several major hotel chains as an events coordinator in

2324

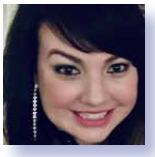
Admin Corner continued...

Miami, Florida. Ms. Younce realized some time ago that her real passion is Education. She returned to school to complete a master's program in Special Education at Nova Southeastern University. She also earned a Specialist Degree in Educational Leadership and endorsements in ESOL, Business, and Reading. Additionally, Ms. Younce completed the Aspiring Leaders Academy II (ALAII) program in 2014, which prepared her to become a principal in the School District of Palm Beach County.

Before coming to FHHS, Ms. Younce worked in Title I schools in the diverse cities of Miami-Dade, Delray Beach, West Palm Beach, and Lake Worth. Her extensive experiences in Exceptional Student Education (ESE), International Baccalaureate Middle Years (IB-MYP) framework, Advancement Via Individual Determination (AVID) program, and the pedagogical practices of the Spanish Two-way Immersion Program have equipped her with the knowledge and skills to serve our students of all diverse backgrounds and abilities. She has also spearheaded several major community partnerships throughout the years. In May of 2002, she was awarded the Adult Ed. & Literacy Innovations Grant for a pilot project for migrant women to receive instruction in the FHHS-ACE's Spanish HHA Certification Program.

Ms. Younce looks forward to continuing her work with the adult learners in the community to make Forest Hill Adult and Community Ed.(ACE) an outstanding night program that is designed to improve the employability of the state's workforce.

To contact Ms. Younce, please feel free to email Doris. Younce@palmbeachschools.org or call 561.540.2417.

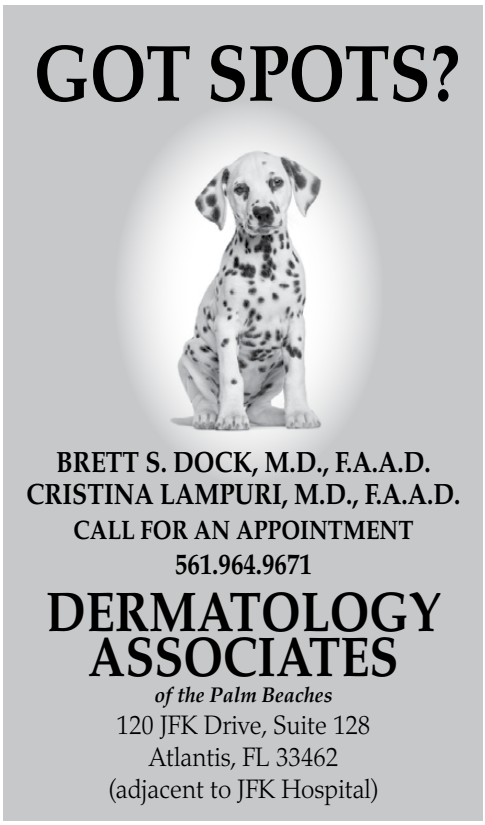


Dr. Tara Smith, Single School Culture Coordinator

Dr. Smith joined the Hill as the Single School Culture Coordinator (SSCC) in January of 2022. Dr. Smith also leads the school's improvement planning and teacher professional development. Dr. Smith has been an educator for over 20 years and this is her 5th year as an administrator in the District. Prior to joining the team of Falcon administrators at The Hill, she served as a district administrator, where she managed SDPBC's Secondary English Language Arts Department as the 6-12 ELA Program Planner. She holds experience in K-12 literacy instruction, school improvement, teacher/leader professional growth, and curriculum development. Dr. Smith has also taught college writing and education courses as well proudly developed an international pre-service teacher program for Palm Beach Atlantic University. As SSCC, she is passionate about supporting our faculty and staff with providing high-quality equitable and inclusive educational experiences for our Falcon scholars. Her goals include empowering students to reach their fullest potential while assisting them with achieving their goals successfully throughout their high school journey to help prepare them for their future post-secondary experiences.

In addition to serving as SSCC, Dr. Smith is a mother, daughter, sister, and wife. She was born in Jacksonville and raised in her hometown of Miami, Florida until moving to WPB to attend college. Dr. Smith is a proud graduate of Palm Beach Atlantic University (Bachelor's Degree in English Literature/ Biology), Regent University (Master of Education in School Administration), and Liberty University (Specialist & Doctorate of Education in Curriculum & Instruction). She loves to read and considers herself a life-long learner. Outside work, Dr. Smith enjoys spending time with and vacationing with her husband and daughters, Olivia (15 years) and Sophia (11 years). Dr. Smith is also a huge fan of Star Wars, Shakespeare, and football. She also loves to read, and is currently reading *The House Across the Lake*. Along with the Falcons, Dr. Smith will be rooting for her favorite college and pro- football teams - the Miami Hurricanes and Dolphins. Dr. Smith can be contacted by email at Tara.Smith@palmbeachschools.org or phone at 561.540.3089. Her office is located in 7-109 and her door is always open for you!!

School Counselor	Group/Grade	Alpha	Office
Lisa Cohen	Coordinator ESE 9-12th	A-Z	1-122
Alejandro Lares	ELL 9-12th	A-Mar	1-125
Enid Cochran Rivera	ELL 9-12th	Mat-Z	1-126
Janet Sprague	9-12th & 11-12th	A-Car & "IB" A-Z	1-118
Lisa Keough	9-12th	Cas-Han	1-121
Carmel Vielot	9-12th	Har-Mor	1-123
Immaculene Paul	9-12th	Mos-Ros	1-120
Ludie Milhomme	9-12th	Ru-Z	1-119



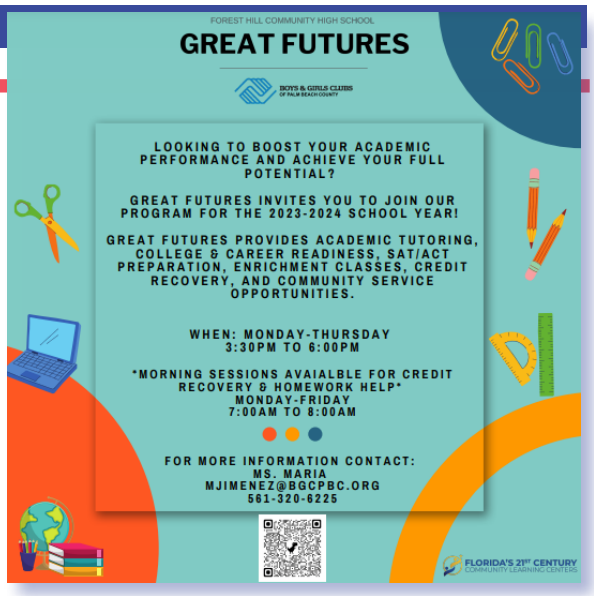
WHAT'S HAPPENING AT THE HILL?

We ARE AVID - Advancement Via Individual Determination

One major benefit of being part of AVID is its focus on college and career readiness through study skills, strategies for critical thinking, and a support system of educators, peers, and adminsitrators. AVID students also receive the opportunity to visit colleges and universities, which gets them excited about educational opportunities after high school. Exposure to these higher educational institutions allows students to envision and dream more closely about post-secondary education. Last year the students in our AVID program had the pleasure of visiting Florida Atlantic University (FAU) and Lynn University in Boca Raton. The students all had a great time exploring the campus and interacting with faculty. **If you have questions or would like more info about our AVID program, contact Mr. Emerson, our AVID Coordinator @Markus.l.Emerson@palmbeachschools.org.**

Great Futures: A College & Career Readiness Division of Boys & Girls Clubs of Palm Beach County: Great Futures had a wonderful and successful summer with the students who have been participating in the program. The students got the opportunity to participate in different activities such as College & Career Readiness, Sports, Life Skills, Creative Design, Photography, and Community Service among many others. They had the opportunity to go on weekly fun and educational field trips where they have been exposed to different career paths with Career Readiness being the overarching theme of our summer program. Nine of our students also had the opportunity to attend a 3-day college tour as part of the Boys & Girls Clubs of Palm Beach County Career Bound Program. They got to visit 6 universities in Florida in an all-expense paid trip.

If you are looking for a wonderful afterschool experience with a focus on college & career readiness, health & wellness, and fun then you should join Great Futures. The interactive program assists students of all grade levels in SAT & ACT preparations, provides extra academic support, offers engaging service learning opportunities, and more. Take advantage of these great opportunities to help you prepare for your future! Registration is required. Scan the QR code in the flyer or contact your school counselor for more information.



Class of 2024 Senior Info

Schedule Your Senior Photos

Class of 2024 scholars may now contact CADY Studios to schedule an appointment for senior portraits. All appointments can be scheduled online by visiting https://home.cady.com/seniors. Falcons, be sure to book your appointment in advance as time slots are filling up quickly! No late photos or photos taken outside of CADY Studios will be accepted. **For questions regarding senior photos, please contact Ms. Pena at Victoria.Pena@palmbeachschools.org.**

CADY Studios Yearbook Picture Dates

- **Underclassmen** - Aug. 31, 2023 & Sept. 1, 2023
- **Seniors** - November 8, 2023

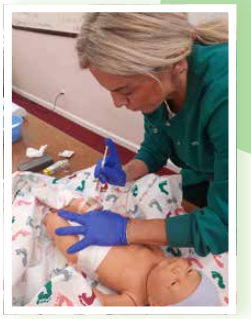
ACADEMY NURSING HEALTH OCCUPATIONS (561) 683-1400

Academy for Nursing and Health Occupations
Established 1978

Academy for Nursing and Health Occupations is celebrating 45 years!

561-683-1400
www.ANHO.edu

- **Associate of Science Degree in Nursing**
- **Practical Nursing including IV Certification and Critical Thinking**
- **Patient Care Technician**



ACCREDITATION COMMISSION FOR EDUCATION IN NURSING ACEN ACCREDITED

We have NO Wait List.

Financial Aid is available to those who qualify.

2022 Pass Rates
NCLEX-RN 93.94%
NCLEX-PN 92.68%

5154 Okeechobee Blvd. | West Palm Beach, FL

ACTIVITIES & ATHLETICS CORNER

Are You Interested in Joining a Club or Sports Team This Fall? Click the link below for a closer look at the clubs/orgs offered here at FHHS to see what interests you. For more information about joining or starting a club, reach out to Coach Grad, our new Activities Director @david.grad@palmbeachschools.org.

FHHS Clubs & Organizations: http://l.sdpbc.net/b2qaw

Athletics is a great way for our Student-Athletes to learn valuable life skills such as time management, teamwork, and discipline. It promotes physical fitness and mental wellness, which can lead to improved academic performance. Student athletes learn how to set and achieve goals, handle pressure, and persevere through challenges, which are all important skills that can translate to success in all areas of life.

In order to be eligible to participate in athletics, student-athletes must have a Cumulative GPA of 2.0 and must complete an Athletic Packet which can be found either in the main office or click the link here:

English
https://tinyurl.com/5adpzzt8

Spanish
https://tinyurl.com/5a2rj6wn

The online platform to upload your documents is called **Aktivate**. All student-athletes in grades 6 through 12 will register their physical packet and other required eligibility components into the new Aktivate online system. Paper athletic packets will no longer be accepted at school sites. Please ensure that every signature and date is completed within the packet.

Additionally, high school athletes must complete the following **NFHS courses** that can be found by clicking on the links below. You can also go to nfhslearn.com. When finished you will need to submit a certificate of completion on Aktivate for each course:

a.) Concussion in Sports - https://nfhslearn.com/courses/concussion-for-students

b.) Heat Illness Prevention - https://nfhslearn.com/courses/heat-illness-prevention-2

c.) Sudden Cardiac Arrest - https://nfhslearn.com/courses/sudden-cardiac-arrest

Before trying out for a team you will have to pay $10 for athletic insurance and if you make the team you will have to pay an additional $65. You can do this on School Cash Online: https://tinyurl.com/yk66ed4m.

FULL Athletic Information including information on signing up for Aktivate and the NFHS Videos can be found here: https://tinyurl.com/4uu5yzar.

If you are an incoming 9th grade student or a student new to FHCHS, we will also need a copy of your birth certificate. **If you have any questions pertaining to a specific fall sport, please contact the head coach directly or the Athletic Director, Coach Grad** @ david.grad@palmbeachschools.org.

If you want to try out for **Any Sport except Golf** please fill out this sports interest form: https://tinyurl.com/3yyu6d3f.

If you are specifically interested in trying out for **Golf**, click on this link. There is info and a form to fill out: https://tinyurl.com/3du8umhu.

FHHS Welcomes New AD & Head Coaches to *The Nest*

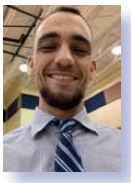
Dave Grad - New Athletics & Activities Director

Dave Grad is an accomplished educator with a passion for athletics and academics. He has dedicated thirty years of his life to teaching and inspiring young minds to reach their full potential. Dave began his career in education teaching Alternative Ed at a middle school. He then moved on to be an Athletic Director at Douglas HS, where he developed a deep appreciation for the positive impact that sports can have on students' lives.

He has also taught engineering at Polo Park Middle School, where he served as the robotics coach. He was able to instill in his students a love for science and technology and helped them develop the skills necessary to succeed in these fields. His dedication to his students and his passion for teaching have earned him the respect and admiration of his peers and students alike.

He is a proud father of four children, two of whom have served in the military. He has always been a strong advocate for the military and has supported his children's decision to serve their country. He is also an avid triathlete and enjoys spending his free time with his girlfriend and their dog, Ace.

He firmly believes that anything can be accomplished with hard work and dedication. His main motivation in life is to inspire his students and colleagues alike and hopes to leave a lasting impact on the community he is involved with.



Mark Climo - New Head Basketball Coach

Forest Hill High School Principal Michael Aronson said the school is excited to have Climo join its staff." After going through an extensive search, we are proud to welcome Mr. Mark Climo as the next head basketball coach of the Forest Hill Falcons," said Aronson. "We look forward to an energetic and successful season!"

Coach Climo is in his first year at Forest Hill and his 15th season coaching basketball. He comes to Forest Hill after two years at Palm Beach Gardens High School. At Gardens, Coach Climo was able to help the team achieve their first winning record and first postseason win in over a decade. He looks forward to continuing the winning culture that Forest Hill basketball has cultivated over the years, while also staying true to his goals of turning young kids into young men and teaching the game of basketball as a metaphor for life. When not on the court, Coach Climo is a dedicated family man, spending time with his wife and three children. He also enjoys playing golf, visiting his hometown of Boston, and competing in just about anything.

Matthew Tomaro - New Golf Coach

Forest Hill High School welcomes Matthew Tomaro, the new golf coach. Coach Tomaro has been an educator for 5 years and a golf enthusiast for 20+ years. He couldn't be more excited to share his passion with the talented student athletes here at The Hill. Golf has been a source of great fun and personal growth throughout Coach Tomaro's life, and he can't wait to pass on that joy to the team. It is his belief that through mentorship and guidance, we can help student athletes thrive not only in golf but also in their personal lives. Mr. Tomaro is honored to be a part of the first golf team at FHHS in several years and is excited for the upcoming season.

Kaitlyn Fitzpatrick - New Head Cheerleading Coach

Hi everyone! I'm so excited to be joining this team as your new cheerleading coach! I fell in love with this sport 20 years ago & I'm finally stepping into a coaching role. Throughout those 20 years, I have immersed myself in the world of cheerleading.

I graduated from Park Vista High School and I'm very proud of how far their program has come since I cheered there 10+ years ago. On that note, I hope to build a successful program here at Forest Hill that leaves a lasting legacy for future generations to come.

When I'm not being a homebody, I enjoy being outdoors, and spending time with friends & family. I'm a new mom cherishing the joys and challenges of parenthood. My daughter brings so much love & inspiration into my life. She is my constant motivation to be the best role model & coach I can be.

I am committed to fostering an environment where each of you can thrive and reach your full potential on and off the mat. Although it is my first year coaching, I understand the hard work and dedication that goes into cheerleading.

Let's make this season unforgettable as we strive for excellence and make lifelong memories. I can't wait to embark on this journey and witness the amazing things we will achieve together. Go Falcons!

School District of Palm Beach County
FOREST HILL COMMUNITY HIGH SCHOOL
6901 Parker Avenue
West Palm Beach, FL 33405

Non-Profit Organization
U.S. Postage PAID
Orlando, FL
Permit #2346

Important Schedule & School Registration Information

Student Schedule Release in SIS will be Tuesday, August 1, 2023. During the first week of school, August 10-17, 2023, students will receive their school registration packet. It is imperative that families review this information and verify that all information is correct. Please take the time to complete each form thoroughly and provide an update of any information that is incorrect or incomplete. The packet should be returned to your scholar's Period 2 teacher no later than Friday, August 18, 2023.

A Round of Applause for Our Falcon Scholars

CTE Student of the Year & JROTC Cadet of the Year

Join us in congratulating Class of 2023, **Camila Meja**, from the FHHS Medical Academy as the SY23 Student of the Year as well as Class of 2023, **Ashley Ramos**, from FHHS JROTC as Cadet of the Year. These scholars were recognized for their outstanding accomplishments at the end of the 2022-2023 school year SDPBC Board Meeting. Way to go, scholars!!

Let's Celebrate FHHS's 2022-23 National Recognition Program Awardee

At the start of the 2022-23 school year, College Board awarded more than 66,000 students from across the country for their outstanding performance in the classroom and on College Board assessments. Join us in celebrating Class of 2023, **Gabriela Vighetto**, who received one or more of College Board's National Recognition Program academic honors awards in the 2023 school year! Great job!!!

SAC

Attention, all parents, families, and interested community members! We invite YOU to join us for our monthly School Advisory Council (SAC) meetings. Our first meeting of the 2023-20234 school year will be held on August 15, 2023, at 6:00 PM. **If interested in nominating a student, parent, teacher, or yourself as a SAC voting member, please contact Jillian Millay for details.**

Please join us at our SAC meetings to keep updated on school initiatives and to offer suggestions for improvement.

FHHS School Advisory Council (SAC)-
NEXT MEETING: August 15, 2023
Meeting Dates:
8/15/23, 9/12/23, 10/10/23, 11/14/23, 1/16/24, 2/13,24, 3/12/24, 4/9/24, 5/14/24

Time: 6-7PM
Location: Media Center
Need more information? Please contact Ms. Millay at jillian.millay@palmbeachschools.org

School Safety

Safety is a top priority at The Hill! We want to remind students to be careful when using social media AND always remember: If you **SEE** something, **SAY** something.
NEW BULLYING HOTLINE: 434-8200.