

# THE FALCON POST

FOREST HILL COMMUNITY HIGH SCHOOL

## PRINCIPAL'S MESSAGE



Falcon Families:

It is hard to believe that Spring Break is here and upon our return to school on Tuesday, March 26th, we will begin the final 9 weeks of the school year. There are many things for students and families to keep in mind as the school year comes to a close. Seniors, it is crunch time! Please make sure that you have met all of your graduation requirements; if you need assistance, please make sure to see Mrs. Proby (12th grade counselor) or Mrs. Killeen (12th grade Assistant Principal) for assistance. The finish line is in your sights and it is important to continue the positive momentum. There are many "senior activities" scheduled during the final weeks leading up to graduation; be sure to see Ms. Valenza, Mrs. Mesang, or Mrs. Killeen to participate.

The final 9 weeks will also include statewide testing for Florida Standards Assessments in English Language Arts, Algebra 1, and Geometry as well as End-of-Course exams for Biology and US History; tutoring is available so be sure to contact your teachers. Attendance and alertness is key so make sure you arrive to school on time to maximize your educational potential. As a reminder, our school offers breakfast to every student, regardless of whether or not a student receives free or reduced lunch benefits; breakfast begins daily at 8AM in the cafeteria. At the end of April we will begin accelerated testing; students have received testing information from their teachers and will also receive a testing calendar from Dr. Vening. It is important to remember that there are no make up dates for these assessments, so student attendance is critical.

Lastly, I would like to remind all families that official school IDs are to be worn at all times. Every student has received an ID that is to be worn on a lanyard on our campus; please remember that student safety is my priority.

As always, my team and I are here to assist you with whatever questions or concerns that you may have.

Educationally yours,  
Dr. M. Stratos  
Principal

March 2019 ◀ Volume 1 ◀ Issue 1 ◀

6901 Parker Avenue ▶ West Palm Beach, FL 33405 ▶ 561-540-2400 ▶ fhhs.palmbeachschools.org

Administration

Principal  
Dr. Mary Stratos

Assistant Principals  
Dr. Permenter  
9th grade

Mrs. McDonnough  
10th grade

Mr. Provenzano  
11th grade

Mrs. Wilson-Killeen  
12th grade

Dr. Saarela-Vening  
Academies & 11th/12th IB

Ms. Younce  
Community School



## School Contacts

### Guidance Counselors

- ▶ Ms. Corcoran  
9th & 10th grade A-M
- ▶ Mrs. Noel  
9th & 10th grade N-Z
- ▶ Ms. Vargas  
9th & 10th grade ELL
- ▶ Ms. Tolbert  
11th grade & AICE
- ▶ Mrs. Proby  
12th grade
- ▶ Mr. Lares  
11th & 12th grade ELL
- ▶ Mrs. Kokotoff  
11th & 12th grade IB  
Coordinators
- ▶ Ms. Lopez  
ESE
- ▶ TBA  
ELL
- ▶ Mrs. Kokotoff  
IB 11th/12th &  
Choice Programs
- ▶ Ms. Malone  
IB MYP 9th &  
10th grade
- ▶ Dr. Vening  
AICE & AP

### Activities

- ▶ Mrs. Cook  
Director

### Athletics

- ▶ Coach Kotouch  
Director



## Did You Know?

Our school communicates with parents and guardians about important school information via phone calls, text messages, and SIS Gateway. SIS Gateway is a great way to access your child's current grades, tardies, absences, and teacher contact information. In the event that there is an emergency with your student, at the school, or in the community, we want to be able to reach you. If you are not receiving important updates about upcoming school events or your student's absences, please call our guidance department to update your information at 540-2400.

## Class of 2019 Valedictorian, Danisbel Herrera

Danisbel Herrera is the class of 2019 Valedictorian for Forest Hill Community High School. She is an International Baccalaureate Diploma Programme student and has also taken several Advanced Placement® courses and has dual enrolled at Palm Beach State College since her sophomore year. She has been involved in multiple clubs on campus throughout her four years as a Falcon. In August, she plans to attend college, but has yet to decide where she will attend or what her exact major will be. She is currently exploring pediatric medicine, pharmacy, and psychology, and hopes that once she enters post-secondary education that she can narrow her interests.



## Class of 2019 Salutatorian, Dalaia Hernandez

Dalaia Hernandez is the 2019 Salutatorian for Forest Hill Community High School. She is an International Baccalaureate (IB) Diploma Programme student and has also taken several Advanced Placement®, AICE Cambridge, and dual enrollment courses at Palm Beach State College. In addition to her rigorous course load, Dalaia has also founded a psychology study group to assist her and her peers in preparation for the IB exams in May. She spends most of her time volunteering outside of the school along with participating in various clubs on campus. She is undecided on where she will attend college as she is still waiting to hear about her acceptances.



## School Advisory Council

Our next meeting is April 9th at 6PM in the media center. All stakeholders are welcome to attend and provide input. We look forward to seeing you there!

# Guidance Dates

## Test Dates

ACT Dates: April 13, June 8, July 13th  
SAT Dates: May 4th, June 1st

## College & Career Fair

Spring College & Career Fair: March 13  
Scholastic Achievement Dinner: April 16  
Honor Roll: April 18  
Junior Parent Night: April 23 6pm  
ASVAB Testing: April 25  
ROTC Awards: April 26 6pm  
Pathfinders Award Ceremony: May 14

## Senior Dates

Herff Jones in the Gym Lobby: March 29, April 12, May 3  
Grad Bash: April 5  
Senior Assembly: May 2  
Prom: May 11  
Senior Final Exams: May 16-20  
Senior Checkout: May 21 A-M  
Senior Checkout: May 22 N-Z  
Mandatory Graduation Rehearsal: May 28 9am  
Senior Awards Night (Mandatory): May 28 6pm  
Graduation: May 29 2pm  
Project Graduation: May 29 11pm  
Diploma Pick Up: May 30 9am-12pm

## Dual Enrollment/Early Admit

Palm Beach State College  
Dual Enrollment GPA Requirement 3.0  
Early Admit GPA Requirement 3.2

### Test Score Requirements:

ACT Reading 19, English 17, Math 19  
SAT Reading 24, Writing 25, Math 24  
PERT Reading 106, Writing 103, Math 114

Summer 2019 Registration has begun! See your counselor to register.

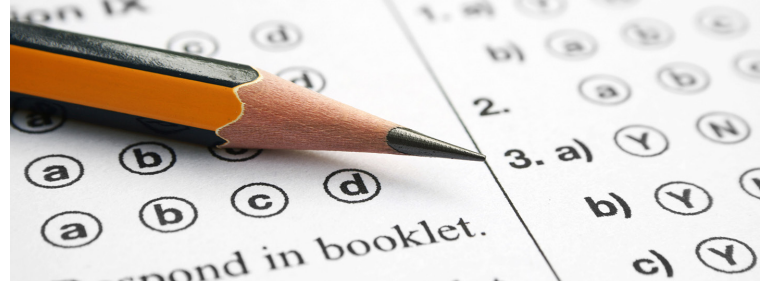
Fall 2019 Registration begins April 4

## Tutoring

After-school Tutoring  
Reading: Mondays in the Media Center  
Math: Tuesdays & Thursdays room 6-218 (ESOL)  
Wednesdays room 6-203

## Edgenuity Online Credit recovery

Monday – Thursday 3:30pm-6:00pm in Room 6-212



## Semester Exam Schedule

(subject to change)

- ▶ **Friday, May 24th, 2019** – regular school hours  
7th period exam – 1:30PM-3:30PM
- ▶ **Monday, May 27th, 2019** – NO SCHOOL, Memorial Day
- ▶ **Tuesday, May 28th, 2019**  
1st period exam – 8:40AM-10:30AM  
2nd period exam – 10:40AM-12:30PM
- ▶ **Wednesday, May 29th, 2019** – NO SCHOOL-GRADUATION
- ▶ **Thursday, May 30th, 2019**  
3rd period exam – 8:40AM-10:30AM  
4th period exam – 10:40AM-12:30PM
- ▶ **Friday, May 31st, 2019**  
5th period exam – 8:40AM-10:30AM  
6th period exam – 10:40AM-12:30PM

## 2019 Prom

The class of 2020 presents  
A Midsummer Night's Dream  
Saturday, May 11th 2019  
from 7-11PM  
Pavilion Grille  
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Purchase tickets in room  
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## IB Middle Years Programme (MYP) Personal Projects in Full Swing

It is that time of year again when our students are conducting their personal projects. Students are able to create meaningful and impactful projects that will benefit other students on our campus as well as our local community. Last year, our IB MYP Design students created cultural clubs, fitness and health plans, designed marketing materials for local business and school clubs such as brochures, pamphlets, and revamping social media pages. The list of topics goes on as there were forty personal projects created last school year. This year we're looking forward to seeing what kind of projects this year's IB MYP Design students are able to create.



Ms. Malone, as the IB MYP Coordinator, is working closely to guide our students through the personal project cycle and to help them find appropriate mentors that have expertise in the skill set or subject area related to their personal project. These projects won't be due until April so the students have time to really make a contribution to their community by using their skills to help solve real world problems.

We look forward to showcasing some of these projects in our next newsletter! If you would like more information about the IB MYP or the Personal Project, please contact IB MYP Coordinator Ms. Malone at 540-3067 or [Barbara.malone@palmbeachschools.org](mailto:Barbara.malone@palmbeachschools.org).

## Key Club

When students who are enrolled in the International Baccalaureate Programme and members of Forest Hill Community High School Key Club team up for service amazing things are bound to happen. This month our students partnered to address the needs of our local and global communities by developing events to raise awareness and funds for the following: The Leukemia and Lymphoma Society of the Palm Beaches, Save the Children International (specifically targeted to address the needs of Syrian Refugees), and to supply personal hygiene products and food staples to students in our school.

These projects are student driven; meaning that our students come up with their own project ideas through targeted research, collaborate with others to decide how to meet the needs of others, and "sell" their idea to Key Club. Once the club votes to support the initiative, the students get to work. Through their work they get as much as they give. Students gain communication, organization, and leadership skills. They also make enduring friendships. Most importantly students gain a sense of pride and empowerment by helping others

If you are interested in learning more about our service projects stop by a Key Club meeting. We meet in the media center Tuesday afternoons at 3:45 p.m. or you can email Mrs. Skowron for more information [marlaina.skowron@palmbeachschools.org](mailto:marlaina.skowron@palmbeachschools.org).

Congratulations to Kevin Ferro, an IB DP junior, for winning his bid to become Lieutenant Governor of District 20B for Florida Key Club International, Inc., in his role he will serve as a trustee for the organization.

*Kevin Ferro, Lt. Governor-elect  
Key Club District 20B, pictured  
with current FHHS Key Club  
president and IB CP student  
Bruce Suarez.*



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# Hospitality, Tourism, & Resort Management Academy

Lead instructor, Mrs. Sardina, and students attended the 16th Annual HTMP Competition at the Rosen Plaza Hotel in Orlando hosted by the Florida Restaurant & Lodging Association. Forest Hill High School students earned first place overall in the State! Congratulations! If you would like more information about our Hospitality program, please contact Mrs. Sardina at [diana.sardina@palmbeachschools.org](mailto:diana.sardina@palmbeachschools.org)

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## AICE Cambridge Program

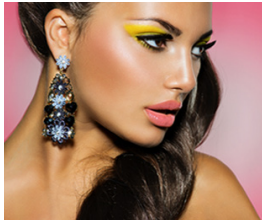
Forest Hill Community High School was authorized to begin providing AICE Cambridge assessments for the June 2017 testing cycle. This year is our third year offering AICE courses and the first year that students will have the opportunity to qualify for the AICE Cambridge Diploma. We are excited to announce that 23 students have qualified as Diploma candidates!

Three of our students were recognized on March 7th during the AICE Scholar Awards ceremony for being top performers on the AICE exams during the June 2018 exam series in the United States.

Ian Padgett was recognized as an AICE Scholar with Merit by earning a B or higher on 3 or more AICE exams. Emily Loomis and Isabel Ostrowski were recognized as AICE Scholars for passing 3 or more AICE exams.



Christian Rodriguez, Emily Loomis, Mrs. Sardina, JoseAddly Joseph, and Kevin Roche showcasing their placement in state competition.



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# WINTER ATHLETICS UPDATE

The **Boys' Varsity soccer** team defended their District Championship title by defeating Suncoast 4-1 in the 2019 District Championship game.



*Boys' Varsity Soccer team 2019 District Champions with Coach Wells*

The **Girls' Varsity Basketball** team made school history by winning the first district playoff game by defeating Royal Palm Beach High School 39-33 in the 1st round of the district tournament. Congratulations!

The **Boys' Varsity Basketball** team finished the regular season district schedule with a perfect 6-0 record by defeating Palm Beach Lakes High School 70-64. The team was ranked #2 in the state in class 8A with a 24-3 record. The school hosted Fort Lauderdale High School in the regional quarterfinals of the state playoffs on February 21st and advanced to semi-final game against Blanche Ely. The team earned its first District Championship title since 1978.



*Boys' Varsity Basketball team 2019 District Champions*

The **Varsity Competitive Cheerleading** team advanced to the state cheerleading competition in Gainesville, Florida.



*Competitive Cheerleading team at State competition with Coach Kinder*

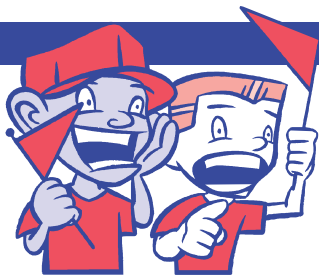
## Special Olympics



*Special Olympics Basketball team in Tavares (FL) competing at the state competition*

Our Special Olympics Basketball team traveled to the State Special Olympics competition in Tavares (FL) and earned third placed.

Forest Hill High School competed in The Special Olympics Summer Games in Soccer on March 9, 2019. If you are interested in volunteering or becoming an athlete in our Special Olympics Program, contact: Rehana Seedeem-Vargas for more details at [rehana.seedeem-vargas@palmbeachschools.org](mailto:rehana.seedeem-vargas@palmbeachschools.org).



## College Signings

The following athletes have committed to colleges and universities:

- ▶ Darius McClendon –Middle Tennessee State Football
- ▶ Pablo Ruiz –University of Central Florida Baseball
- ▶ Sincere McCall –Keiser University Football
- ▶ Tyrell Coleman –Keiser University Football
- ▶ Raekwon Beverly – Eastern New Mexico University Football
- ▶ Joey Suarez –St. Thomas University Football

**Sincere McCall**  
Keiser University

**Joey Suarez**  
St. Thomas University

*National Signing Day*

*the*

*Forest Hill Falcons Football*

**Tyrell Coleman**  
Keiser University

**Raekwon Beverly**  
East New Mexico University

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## Pathfinder Nominations

The Pathfinder High School Scholarship Awards are presented each year to high school seniors in Palm Beach and Martin counties who have demonstrated outstanding achievement in 18 academic, vocational and athletic categories. These seniors are nominated by their schools, they do not self-apply. The Pathfinder Awards program is one of the largest and most comprehensive high school scholarship programs in the state. All public and private high schools in Palm Beach and Martin counties are eligible to participate. Pathfinders is sponsored by The Palm Beach Post.

College scholarships of \$4,000 for the first-place winner, \$3,000 for the second-place winner and \$2,500 for the third-place winner in each category will be presented at a ceremony **May 14, 2019**, at the Raymond F. Kravis Center for the Performing Arts in West Palm Beach. Top winners in each category will also receive the special "astrolabe" trophy, a symbol for the path each student may follow in the world and the leadership and direction each may provide for others in the future.

Source: [pathfinderawards.org](http://pathfinderawards.org)

### The following seniors have accepted their 2019 Pathfinder nominations:

#### World Languages

Miele Mazzi

#### Arts

Maalik Shannon

#### Music – Vocal

Teryl Brooks

#### Music – Instrumental

Caitlin Volante

#### Academic Excellence

Danisbel Herrera

#### Math

Ricardo Martinez

#### Technical/Vocational

Nicole Abreu

#### Vocational – Community Service

Maria Santiago

#### Communication

Keegan McDermott

