

# THE FALCON POST

FOREST HILL COMMUNITY HIGH SCHOOL



## PRINCIPAL'S MESSAGE

It is hard to believe that we are already well into the second semester of the 2023-2024 school year! I trust our students, families, and faculty are enjoying a restful spring break and are recharging and ready to approach the final quarter of the year with continued hard work, determination, and positivity. As we move into the spring season, we have many school-year goals that are ready to be reached by our Falcon scholars. I am so proud of how hard our teachers and students have been working toward meeting our goals.

In addition to sunshine and warmer weather, the spring months of April and May also bring State, AICE, and IB exams. The testing window opens at the beginning of April and closes at the end of May. Several forms of communication will be used to inform families of the specific testing dates and times that our Falcon scholars will need to sit for exams. Please make sure you are currently accepting and receiving texts, emails, and phone calls from our school.

With three quarters of the school year completed, we have many fantastic achievements to be proud of at "The Hill." I'd like to applaud our Second and Third Quarter Honor Roll students for their excellent academic achievements. Congratulations also goes out to all of our students and athletes who have participated in recent events and competitions. They have represented "The Hill" well. Keep up the great work! We also had a celebration for those students who met the Positive Behavior incentive. These students who had a minimum 2.0 GPA, no Level 3 or 4 infractions, fewer than 5 tardies/absences, and fewer than 3 ID reminders, were treated to an ice cream social.

In March, we had an excellent turn-out at our Parent Acceleration and ESOL Nights. Families learned more about the acceleration opportunities as well as academic support programs and services that we offer all our scholars.

Moving into the fourth quarter, I would like to bring your attention to some upcoming events. On April 1st, third quarter grades will be posted to SIS. The Junior/Senior Prom, "It's Off to Prom We Go," will be held on Saturday, May 4th. Senior Awards Night will be May 1st. Senior Exams are May 6-10th and the Seniors' Last Day (graduation ready) is May 10th. Senior Week Activities are May 13-17th and Graduation is on May 21st at 1:00pm. There is no school that day. The last day of school for students is May 30th.

As we approach the close of the school year, I invite you to stay involved and remain up-to-date on all the latest school information. I also encourage you to come out and support our student athletes on the field, court, and track this spring season. To receive continuous updates, follow us on our school Twitter account @FHH\_FalconFury. Information is also shared and discussed at our SAC meetings held the second Tuesday of the month in our Media Center.

As a continued reminder, safety is always a main priority. We added metal detectors in February that all students must pass through before entering campus. Please continue to encourage your children to follow school expectations and remind them that if they see something, they should say something. Also, please be aware that students are required to wear their school ID at all times while on campus. I also want to remind parents that students should not be parking on the streets around the school. Code enforcement has been ticketing those cars. Thank you for your cooperation.

Let's continue to work together to guide our students toward a positive and successful finish to this school year. I'm looking forward to a great spring!

Sincerely,

Michael Aronson  
Principal

## Administration

**Principal**  
Mr. Michael Aronson

**Assistant Principals**  
Ms. Boutet  
Mr. Loyd  
Ms. Orocofsky  
Mr. Provenzano  
Ms. Slydell  
Ms. Younce

**Single School  
Culture Coordinator**  
Dr. Smith



March 2024 ◀ Volume 5 ◀ Issue 4 ◀

6901 Parker Avenue ▶ West Palm Beach, FL 33405 ▶ 561-540-2400 ▶ fhhs.palmbeachschools.org



# School Contacts

## School Counselors

- ▶ Ms. Cohen  
Coordinator & ESE 9-12 A-Z
- ▶ Mr. Larres  
ELL 9-12 A-Mar
- ▶ Ms. Cochran Rivera  
ELL 9-12 Mat-Z
- ▶ Ms. Sprague  
9-12 A-Car & 11-12th IB A-Z
- ▶ Ms. Keough  
9-12 Cas-Han
- ▶ Ms. Vielot  
9-12 Har-Mor
- ▶ Ms. Paul  
9-12 Mos-Ros
- ▶ Ms. Milhomme  
9-12 Ru-Z

## Coordinators

- ▶ Ms. Lopez  
ESE
- ▶ Ms. Palan  
ELL
- ▶ Mr. Boruch  
IB Coordinator
- ▶ Ms. Hasegawa  
AICE & AP
- ▶ Ms. Sardina  
CTE & Choice Programs
- ▶ Coach Emerson  
AVID
- ▶ Ms. Seedeem-Vargas  
School-Based Teams
- ▶ Ms. Roopnarine  
LTF

## Activities & Athletics

- ▶ Mr. Grad  
Activities & Athletic Director
- ▶ Coach Emerson  
Assistant Athletic Director



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Forest Hill Community HS Store



## Safety at The Hill

Safety is a top priority at The Hill! We want to remind students to be careful when using social media AND always remember: If you SEE something, SAY something.

**NEW BULLYING HOTLINE: 434-8200**

SEE  
something,  
SAY  
something



## Welcome

View **STUDENT EXPECTATIONS VIDEO**  
Here: <http://l.sdpbc.net/j5cxj>

District students explain the expectations and procedures for entering the campus and walking through the metal detectors.



## Testing Updates



## Forest Hill Community High School State Testing Information Spring 2024

Date	Assessment	Who will take the assessment	Rotating Block Schedule
Wednesday, April 3, 2024	B.E.S.T. Writing	-All 9th and 10th grade students	Periods 4, 6, 2, 7 Lunch is based on period 6.
Tuesday, April 16, 2024	Florida Civics Literacy Exam	-Seniors currently enrolled in American Government	Periods: 2, 4, 6, 7 Lunch is based on period 4.
Thursday, May 2, 2024	F.A.S.T. ELA	-All 9th and 10th grade students -Select Juniors & Seniors	Periods 6, 2, 4, 7 Lunch is based on period 2.
Thursday, May 9, 2024	Biology EOC	-Students currently enrolled in Biology	Periods 5, 1, 3, 7 Lunch is based on period 1.
Tuesday, May 14, 2024	B.E.S.T. Algebra B.E.S.T. Geometry	-Students currently enrolled in Algebra 1 and Geometry	Periods 2, 4, 6, 7 Lunch is based on period 4.
Wednesday, May 15, 2024	U.S. History EOC	-Students currently enrolled in U.S. History, AICE U.S. History, & History of the Americas.	Periods 1, 3, 5, 7 Lunch is based on period 3.

**What students should bring to all assessments:**

- Student ID
- Chromebook or school issued laptop
- Chromebook/laptop charger
- Sweater - Some testing rooms get very cold.

Testing locations will be emailed to students and parents prior to the assessment date.

State Assessment Question?  
Please email Ms. Millay at  
[Jillian.Millay@palmbeachschools.org](mailto:Jillian.Millay@palmbeachschools.org)

**What students should NOT bring:**

- Cell phone
- Smartwatch or fitness tracker
- AirPods or wireless headphones



Scan for our complete assessment calendar.

SCAN ME

### Adult Education Classes

- GED - Cursos en Inglés y en Español
- ESOL - English classes / Clases de Inglés
- HHA - Certificación de asistente para servicios de la salud en el hogar

We offer online and in-person classes / Ofrecemos clases en línea y clases presenciales

[fhhs.palmbeachschools.org](http://fhhs.palmbeachschools.org) (561) 540-2417

## A MESSAGE FROM THE SCHOOL DISTRICT OF PALM BEACH COUNTY

**FOR IMMEDIATE RELEASE**  
3300 North US HWY, West Palm Beach, FL 33406  
(561) 434-8000

Dear parents, guardians, students, and staff,

The School District of Palm Beach County's metal detector pilot program will begin the next phase in February 2024. This additional layer of security and risk reduction will be implemented in the remainder of District-operated high schools in phases, starting in February through the end of this school year. The goal is for all high schools to begin the 2024-2025 school year with full implementation of the metal detector program.

Students, staff, and campus visitors will be expected to continue to adhere to the District Student Code of Conduct, School Board policy, and local, state, and federal laws regarding the prohibition of weapons on School District property. Persons who enter School District property remain subject to search, and visitors are subject to penalties under applicable laws.

Metal detectors will be in place at campus entry points.

- Some items, such as laptops, musical instruments, or other large metal items will need to be removed from backpacks prior to walking through the metal detectors.
- Designated staff members will be available to direct students, staff, and visitors as they enter the campus.
- If the metal detector activates while a person walks through it, the person may be subject to an administrative search. In cases where the activation appears to be related to improper entry or exit through the device, a person may be redirected through the metal detectors a second time.

If you have any questions, please contact the school administration.

## GREAT FUTURES

LOOKING TO BOOST YOUR ACADEMIC PERFORMANCE AND ACHIEVE YOUR FULL POTENTIAL?

GREAT FUTURES INVITES YOU TO JOIN OUR PROGRAM FOR THE 2023-2024 SCHOOL YEAR!

GREAT FUTURES PROVIDES ACADEMIC TUTORING, COLLEGE & CAREER READINESS, SAT/ACT PREPARATION, ENRICHMENT CLASSES, CREDIT RECOVERY, AND COMMUNITY SERVICE OPPORTUNITIES.

WHEN: MONDAY-THURSDAY 3:30PM TO 6:00PM

\*MORNING SESSIONS AVAILABLE FOR CREDIT RECOVERY & HOMEWORK HELP\* MONDAY-FRIDAY 7:00AM TO 8:00AM

FOR MORE INFORMATION CONTACT:  
MS. MARIA MJIMENEZ@BCCPBC.ORG  
561-320-6225

## FHHS 2023-2024 Testing Calendar

Scan the QR code to access Forest Hill's 2023-2024 testing calendar. Please note test dates are subject to change.

SAT DATES 2023-2024			
SAT Test Date*	Registration Deadline	Deadline for Regular Cancellation	
Aug 26, 2023	Domestic: Jul 28, 2023 International: Aug 11, 2023	Aug 15, 2023	
Oct 7, 2023	Domestic: Sept 8, 2023 International: Sept 22, 2023	Sept 26, 2023	
Nov 4, 2023	Domestic: Oct 6, 2023 International: Oct 20, 2023	Oct 24, 2023	
Dec 2, 2023	Domestic: Nov 3, 2023 International: Nov 17, 2023	Nov 21, 2023	
Mar 9, 2024	Feb 23, 2024	Feb 27, 2024**	
May 4, 2024	Apr 19, 2024	Apr 23, 2024**	
June 1, 2024	May 17, 2024	May 21, 2024**	

**Starting 2024 SAT will be Digital**

ACT DATES 2023-2024			
2023-2024 Test Dates (National)			
Test Date	Regular Registration Deadline Late Fee Applies After This Date	Late Registration Deadline	Photo Upload and Standby Deadline
September 9, 2023	August 4	August 18	September 1
October 28, 2023	September 22	October 6	October 20
December 9, 2023	November 3	November 17	December 1
February 10, 2024	January 5	January 19	February 2
April 13, 2024	March 8	March 22	April 5
June 9, 2024	May 3	May 17	May 31
July 13, 2024*	June 7	June 21	July 5



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- Scholarships

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**BIOLOGY BOOT CAMP**

Wednesday April 3rd

Building 4 Third Floor 3:45 - 5:30pm

Snacks & Beverages Provided

Bring a friend!

Earn some extra credit!

**SAT/ACT TUTORING 12TH GRADE**

**WEDNESDAYS 4:00 - 5:30PM**

Ms. Diaz and Mrs. Cordova

Grab a snack and come get "test ready" with us!

**ROOM 4-204**

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West Palm Beach, FL 33406



**Academic Support Opportunities**  
Does your child need extra help in classes? There are a variety of tutoring/academic support options for students available before, during, and after school. Check out some of the options here.

## Great Futures A College & Career Readiness Division of Boys & Girls Clubs of Palm Beach County

Calling all Forest Hill High School scholars from all grade levels! If you are looking for a before or afterschool experience with a focus on college & career readiness, health & wellness, and fun then you should join Great Futures. This interactive program assists students in SAT & ACT preparations, provides extra academic support, offers engaging service learning opportunities, and more. Take advantage of these great opportunities to help you prepare for your future! Registration is required. Contact your guidance counselor for more information or scan the QR code in the flier to complete the form digitally.

### ACTIVITIES CORNER

#### Clubs & Organizations

Are You Interested in Joining a Club or Sports Team This Fall? Click the link below for a closer look at the clubs/orgs offered here at FHHS to see what interests you. For more information about joining or starting a club, reach out to Coach Grad, Activities Director, david.grad@palmbeachschools.org.

**FHHS Clubs & Organizations:** <http://1.sdpbc.net/b2qaw>

Key Club delivers treats to our InD classrooms and spreads Holiday Cheer with holiday music, smiles, and candy canes! We love seeing our Falcons showing kindness to their peers.

SGA sponsored a holiday toy drive this past December. NHS also assisted SGA in advertising and collecting the toys. It was a huge success. The toys were donated to Edwards Raw Tutoring in West Palm Beach. Here are a few of the pics that were taken at the event. A big thank you to all of our Falcon family members who donated. Because of your donations, there were a lot of very happy children! We are looking forward to doing it even bigger and better next year!



Our Falcon Black Student Union (BSU) had a wonderful time attending "Paige In Full" together at the Kravis Center. "Paige In Full," starring Paige Hernandez, is a visual mix-tape that blends poetry, dance, visual arts, and live music to tell the tale of a multicultural girl growing up in Baltimore.



Forest Hill Mathematics

## MATH LAB

OPEN BOTH LUNCES ODD AND EVEN DAYS  
ROOM 4-101

ALGEBRA 1 & 2  
GEOMETRY  
PRE-CALCULUS  
CALCULUS  
ACT, SAT, AND EOC PRACTICE

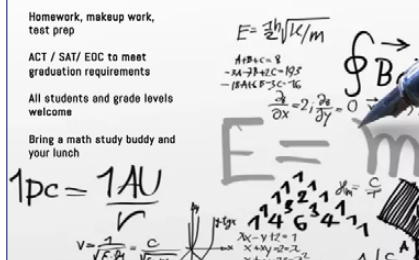
Individualized and small group instruction

Homework, makeup work, test prep

ACT / SAT / EOC to meet graduation requirements

All students and grade levels welcome

Bring a math study buddy and your lunch



**Reading Requirements**

- ACT**  
ACT TEST  
SEVERAL READING/ENGLISH NO SUPERSCORE  
The ACT test is a curriculum-based education and career-planning tool for high school students that assesses the mastery of college readiness standards.
- FAST/FSAT**  
LEVEL 3 - 350 POINTS+  
Florida Assessment of Student Thinking - or FAST - is a computer-based assessment for reading.
- SAT**  
EBRII 480  
READING AND ENGLISH COMBINED CAN BE SUPERScored  
The SAT is a standardized test that colleges and universities use for admission to determine a student's academic ability.
- achieve more**

\*Your superscore is the average of your best scores from each subject from multiple test attempts.

### 2024 AICE Exam Dates

Syllabus Title & Number	Component / duration	Date	Report Time
General Paper 8021	11 / 1h 15m	Thursday 25 April	8:30 AM
	21 / 1h 45m	Wednesday 1 May	8:30 AM
Marine Science 9003	11 / 1h 45m	Friday 26 April	12:00 PM
	21 / 1h 45m	Wednesday 1 May	12:00 PM
Environmental Management 9291	11 / 1h 45m	Friday 26 April	12:00 PM
	21 / 1h 45m	Wednesday 1 May	12:00 PM
Thinking Skills 9084	11 / 1h 30m	Monday 29 April	12:00 PM
	21 / 1h 45m	Wednesday 6 May	12:00 PM
Literature in English 9095	11 / 2h	Wednesday 1 May	8:30 AM
	21 / 2h	Monday 13 May	8:30 AM
Global Perspectives 9299	11 / 1h 30m	Thursday 2 May	8:30 AM
	Essay	Submit by April 30	
	Team Project	Submit by May 10	
English Language 9093	11 / 2h 15m	Friday 3 May	8:30 AM
	21 / 2h	Monday 6 May	8:30 AM
History Int & US 9489	11 / 1h 15m	Friday 3 May	12:00 PM
	21 / 1h 45m	Friday 10 May	12:00 PM
Media Studies 9007	11 / 2h	Tuesday 7 May	8:30 AM
Sociology 9099	11 / 1h 30m	Thursday 9 May	12:00 PM
	21 / 1h 30m	Friday 17 May	12:00 PM
	31 / 1h 30m	Monday 6 May	12:00 PM
Spanish Language 8022	11 / 1h	Monday 13 May	12:00 PM
	21 / 1h 30m	Wednesday 22 May	12:00 PM
	Speaking (internally assessed)	Test window: March 1 - April 25	
Spanish Language & Literature 9044	21 / 2h	Monday 6 May	12:00 PM
	31 / 2h	Wednesday 15 May	12:00 PM
	11 / 1h 30m	Wednesday 22 May	12:00 PM

## IMPORTANT ANNOUNCEMENT

AICE exams for the June 2024 series start at the end of April and continue until the end of May. Parents, please work with your child to create and follow a study schedule so that they are prepared for these important examinations. Remember, they are working towards earning college credits!

As a reminder, there are no make-up dates for AICE exams, and students must attend all test sessions of the syllabus. Otherwise, they will be placed on the obligations list.

## IMPORTANTE ANUNCIO!!!!

Anuncio importante:  
Para ayudar a su estudiante a tener éxito en los Exámenes AICE, por favor ayude a su hijo a hacer un horario de estudio y empezar a estudiar. Es importante que empiecen ahora porque les ayudará a no sentirse abrumados cuando lleguen abril y mayo.

\*Please remember that there are no make-up dates. If students miss an exam, they will have to pay for the exam. Students must attend ALL test sessions of the syllabus.



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## MEET OUR FALCON COORDINATORS AND DIRECTORS

## ACADEMIES COORDINATOR



**Mrs. Diana Sardina** is the CTE & Choice Coordinator at FHHS. She has been a Falcon for the past 21 years. Before taking the role of Choice Coordinator, she was the lead instructor for the Hospitality and Tourism Academy and the Department Instructional Leader for CTE (Career Technical Education). Ms. Sardina strives to help current and future FHHS students identify paths and opportunities in the various academies in order to encourage their growth and success in post-secondary education, the workforce and their personal development.

## AICE COORDINATOR



**Ms. Ayako Hasegawa** has been in the field of education for 15 years, first as an IB English teacher, and then as the IB Diploma Programme Coordinator at Pahokee High School. Now at The Hill, her new role is that of AICE and AP Coordinator, and she is thrilled to join the Falcon Family and help students create their pathways to achieving academic success. Ms. Hasegawa earned her Bachelor's degree in English Education from Florida International University, and thus, she is a passionate advocate for literacy, with the firm belief that by fostering critical thinking and reflective skills, students can unlock their potential to become powerful and thoughtful leaders in their community. She is an avid reader and concert-goer, and is fluent in Spanish and Japanese.

## ASSESSMENT COORDINATOR



**Ms. Jillian Millay** is the assessment coordinator at FHHS. She received a Bachelor's Degree from Florida Atlantic University and began teaching science at Forest Hill in 2007. During her time teaching science, Ms. Millay was able to inspire students in courses such as Anatomy & Physiology, MYP Biology, and IB Biology at the Junior and Senior levels. Along with teaching science, Ms. Millay was the AVID Coordinator for 9 years. As AVID Coordinator, she led her team and the Forest Hill community to become an AVID Highly Certified school. Recently Ms. Millay made the transition out of the classroom into the role of Assessment Coordinator, in which she strives to make testing well-organized and stress-free for the students (and teachers) so they may focus on showing off their knowledge, understanding, and brilliance. Ms. Millay is also a proud graduate of the University of Florida (M.Ed. - Curriculum and Instruction). She enjoys competing in local duathlons, being a dog mom, and watching sports car racing.

## ELL COORDINATOR



**Ms. Vanessa Palan** is in her fifth year serving as the ESOL Coordinator at FHHS. Prior to coming to The Hill, she worked as a Spanish teacher in the Dual Language program and as an ESOL Resource Teacher at Forest Hill Elementary. She discovered her passion for helping students when she became a mother. She has a core belief that every student can learn when provided with appropriate experiences and instructions. Her ultimate goal has always been to provide her students with the knowledge and skills needed to become productive members of society. Ms. Palan enjoys spending time with her family as well as camping, kayaking, and swimming in Florida springs whenever she can.

## ESE COORDINATOR



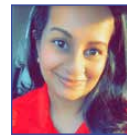
**Ms. Janette Lopez** has been a proud Forest Hill Falcon for the last 15 years. For 10 years, she taught content equivalent English as well as ESE intensive reading at The Hill. She has been the ESE Coordinator for the last 5 years, serving students in grades 9-12. She is originally from New York, and she graduated with her Bachelor's Degree in K-12 Exceptional Student Education from Florida Atlantic University. Ms. Lopez's goal is to make sure each student reaches their maximum potential, while providing support to teach students how to self-advocate for themselves in the real world. In her spare time, Ms. Lopez also enjoys reading novels, snorkeling, and spending time with her nephews.

## IB COORDINATOR



**Coach Justin Boruch** has been an educator in South Florida for 16 years. He grew up in Fort Lauderdale before attending John Carroll University in Cleveland, Ohio, where he earned a Bachelor's Degree in Exercise Science. He moved back to Florida after graduating and spent the first 8 years of his teaching career in Broward County. He earned his Master's Degree in Education Leadership from Florida Atlantic University in 2014 and in 2016, he accepted teaching and coaching positions at FHHS. Currently, Coach Boruch serves as our IB Coordinator. He is also the head coach for the Boys Track and Cross Country teams here at The Hill. In his free time, he enjoys going on adventures with his fiancé and two dogs as well as spending quality time with family and friends. Coach Boruch is committed to encouraging students at Forest Hill to become active, compassionate and lifelong learners who help to create a better and more peaceful world through intercultural understanding and respect.

## LEARNING TEAM FACILITATOR &amp; SENIOR CLASS SPONSOR



**Mrs. Sarika Roopnarine** is our Learning Team Facilitator (LTF) at FHHS. This is her 8th year in education and her 4th at The Hill. Mrs. Roopnarine has her Bachelor of Arts in English from Florida Atlantic University and her Master's in Educational Leadership. She is dedicated to working alongside our teachers, staff, and administration to positively impact student achievement on our campus. Mrs. Roopnarine believes it is important to develop meaningful relationships with our faculty and our students. She always tries to be optimistic and encouraging, because sometimes that can be the difference between someone having a good or bad day. When Mrs. Roopnarine is not at school, she's usually trying to sneak in some reading (talk to her about your favorite book!) while spending time with her 3 boys. One of her all-time favorite quotes is "Take the risk, or lose the chance!"

## ACTIVITIES &amp; ATHLETICS DIRECTOR



**Coach Dave Grad** is an accomplished educator with a passion for athletics and academics. He has dedicated thirty-one years of his life to teaching and inspiring young minds to reach their full potential. Dave began his career in education teaching Alternative Ed at a middle school. He then moved on to be an Athletic Director at Douglas HS, where he developed a deep appreciation for the positive impact that sports can have on students' lives. He has also taught engineering at Polo Park Middle School, where he served as the robotics coach. He was able to instill in his students a love for science and technology and helped them develop the skills necessary to succeed in these fields. His dedication to his students and his passion for teaching have earned him the respect and admiration of his peers and students alike.

He is a proud father of four children, two of whom have served in the military. He has always been a strong advocate for the military and has supported his children's decision to serve their country. He is also an avid triathlete and enjoys spending his free time with his girlfriend and their dog, Ace. He firmly believes that anything can be accomplished with hard work and dedication. His main motivation in life is to inspire his students and colleagues alike and hopes to leave a lasting impact on the community he is involved with.

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## AVID COORDINATOR, ASSISTANT ATHLETIC DIRECTOR



Mr. Markus Emerson is in his third year here at FHHS. He serves as the ESE Dean, AVID Coordinator, and Assistant Athletic Director. He is also the Girls Varsity Basketball Coach. Mr. Emerson is a graduate of Suncoast Community High School. After graduating high school, he earned his Bachelor's Degree in Business Education at Florida A&M University and a Master's Degree at Grand Canyon University. His son is currently a sophomore at The Hill. Mr. Emerson is committed to creating a positive and exciting educational experience for all students and contributes to building a strong and inclusive school culture. His hobbies include fitness and sports

## MEET OUR FALCON DEANS



**Coach Josue Gutierrez** is the **Grade 9 Dean**. He's originally from Puerto Rico and moved to NJ 2001. He has been a Physical Education Teacher since 2011 and he played baseball and basketball through high school. Coach "G" as he's referred to by our Falcon family has coached baseball since 2011 at the high school level. He enjoys teaching and coaching plus being a mentor to many of our students. He's been working for the PBCSD since 2016 and has been at Forest Hill since 2021 where he previously taught PE and served as AD.



**Coach Russ Milliken** is the **Grade 10 Dean**. He was born and raised in Key West, Florida. He graduated from Key West High in 1981 and then went on to St. Thomas University where he received a Bachelor's Degree in Secondary Social Studies. Coach Milliken has coached baseball for 38 years, 10 years at Key West High School and 28 years at Forest Hill High. Coach Milliken is one of seven children and has an identical twin brother. He has been married for 30 years to his wife, Robin, who is a reading teacher at Meadow Park Elementary School. He has two sons, Madison (Navy) and Kyle (Army). Both are graduates of FHHS. Coach Milliken has been teaching for 38 years and has served the past 21 years in the Dean's Office. In the off season, he enjoys camping, fishing and spending time with his family.

## A Warm Welcome to...



Welcome to our newest Falcon, **Luis Curiel De Sousa**. Mr. De Sousa is our new **Secondary Technology Support Technician (STST)**. Originally from Venezuela, he comes to FHHS with experience in the corporate technology sector. Mr. De Sousa is happy to have joined "The Hill" and is looking forward to supporting our students and staff with their informational technology needs. If you see Mr. De Sousa around campus, join us in giving him a warm welcome.



Our amazing FHHS School Guidance Team being recognized at the Principal Counselor Breakfast at the Convention Center



**Ms. Anjelica Blum** is the **Grade 11 Dean**. She is in her 7th year at Forest Hill High School after coming from JFK Middle School. She is a Palm Beach local and attended school in Jupiter. She studied psychology at UCF and obtained a Master's in Educational Leadership from ACE. Ms. Blum teaches geometry here at "The Hill," serves as the girls' volleyball and flag football coach, and is a die-hard NY Giants fan. When she isn't working, Ms. Blum enjoys spending time with her boyfriend and taking her dogs to the park or to run on the beach.



**Mr. Ryan Nani** is the **Grade 12 Dean** at FHHS. He has been an educator for 24 years, first as a Physical Education teacher followed by Athletic Director and presently as a Dean. Originally from Rhode Island, Mr. Nani earned his Bachelor's Degree from the University of Rhode Island and his Master's Degree from American College of Education. Mr. Nani is also a National Certified Athletic Administrator. In 2005 he fulfilled a dream when he became a dual citizen of Italy and the USA. When not working at The Hill, Mr. Nani enjoys exercising, cooking, and traveling as much as possible.



Mrs. Cohen Serrano  
Counselor Coordinator  
9th-12th ESE (A-Z)  
lisa.cohen.2@palmbeachschools.org



Mr. Lanes  
9th-12th ELL (A-Mar)  
aljandro.lanes@palmbeachschools.org



Ms. Kenough  
9th-12th (Ces - Mar)  
lisa.kenough@palmbeachschools.org



Mrs. Violet  
9th-12th (Mar - May)  
carmel.violet@palmbeachschools.org



Ms. Sprague  
Academy (PreK) 9th-12th (Ces - Mar)  
janet.sprague@palmbeachschools.org



Ms. Cochran Rivera  
9th-12th Grade ELL (Mar - Z)  
emil.cochranrivera@palmbeachschools.org



Ms. Paul  
9th-12th (Mar - Nov)  
immaculene.paul@palmbeachschools.org



Mrs. Mithomme  
9th-12th (Ru - Z)  
ludie.mithomme@palmbeachschools.org

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For those who did not know, the **Forest Hill Wind Ensemble** was selected to record for SDPBC's Holiday Special: Songs of the Season! It has been airing on The Education Network and is also available to view on YouTube. Enjoy this recording of our fantastic students: <http://l.sdpbc.net/z1nb1>.

Did you know that our Falcon's' artwork was featured in the Expo Center at the South Florida Fair? They displayed a large 3D dimensional turtle. Kudos to our talented artists!

Forest Hill participated in "Art after Dark" at the **Norton Museum of Art**. The opening night was for 50 selected student exhibitors from



Palm Beach County in the exhibition, "Nature Unseen." **Our Falcon student selected for this honor was senior Linda Montejo-Bartolon.** Her artwork is titled: **"Tangled Resilience."** The crocheted piece's intricate patterns and tangled threads represent the nuanced interactions between humans and the environment. This work explores the potential for transformation when waste materials are repurposed. It is a metaphor for how resilient nature is and how it can renew itself in spite of environmental problems brought on by humans. Here is Linda Montejo-Bartolon with her artwork at the Norton. The entire student exhibition will be on display until the end of April. We are also very excited to share that **Linda Montejo-Bartolon** was matched with her number one ranked university on her QuestBridge Application: **NORTHWESTERN!!** This is a full, four-year, all expenses paid (tuition, room & board, and all fees) scholarship to Northwestern University for Linda. Please join us in congratulating her when you see her around campus!



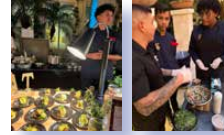
Give a round of applause to our Drama students who qualified for the State Finals! Out of our seven performances, **SEVEN** earned marks high enough to secure their well deserved placements in the State Competition. 7 out of 7! A clean sweep!!

Our Dimension 20 student chorus represented our school and country with great **FALCON PRIDE** as they performed a song titled "Elijah Rock" during the 2024 London New Year's Day Parade and Music Festival over the winter break. London went crazy over their sound and attention to details. They were so impressed that Dimension 20 has been requested to return to perform in the international festival again soon! Thank you also to First Serve USA for helping to fund this field trip to give our students this amazing opportunity. Click



the link to listen to two songs performed at the festival: [HERE](#). If you would like to listen to the mass chorus and orchestra, go to YouTube and place in the search bar "London International Choral Festival 2024."

In January our culinary students participated in E.A.T.S., an FRLA Fundraiser for Education. They did a wonderful job. Check out some pictures of their delightful culinary creations.



The PBIS Team recognizes Falcon MVPs for their service and dedication to helping create a positive school culture and environment here at "The Hill." MVPs receive a special parking spot and our Falcon, Felicit, to enjoy for two weeks! Join us in congratulating our MVPs so far this semester: **Ms. Colombo - Reading Dept., Ms. Keough - Guidance Dept., Ms. Young - Science Dept., and Ms. Doramis Rodriguez - Cafe Staff.** We are looking forward to celebrating more teachers this semester.

Every day at forest hill is "Love Your Bus Day," but February was specifically designated for showing that love even more. A BIG thank you to our bus drivers for all you do to get our Falcons safely to and from school.



### Mental Health Awareness Lunch Fair

Forest Hill High School hosted a lunch fair in February

to promote mental health awareness and action. Students and faculty visited information booths from a variety of community organizations that provide mental health and safety support services. The event was organized by our Behavioral Health Professional, Ms. Latoya Pegram, and Assistant Principal, Ms. Cynthia Orocovsky. Students enjoyed dancing to music, playing games, engaging in a variety of collaborative activities, and visiting with therapy dogs. There were smiles all around as the event was a positive experience for all who participated. Thank you to the following organizations who participated: Palm Beach County CareGiving Youth, Chrysalis, Safety 4 Life, Therapy Dogs, Community and Schools, The Hanley Foundation, and Palm Beach County Youth Services.



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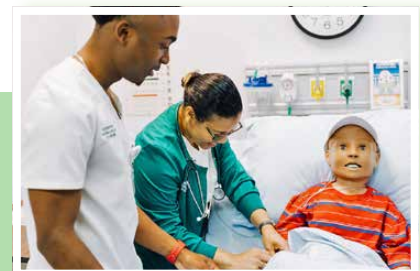
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## FALCON ATHLETE SPOTLIGHT

If you have any questions pertaining to a specific fall sport, please contact the head coach directly or the Athletic Director, Coach Grad, at david.grad@palmbeachschools.org.

We're excited about our inaugural season for Beach Volleyball underway. Come out and support your Falcons!

What a great day for @fhhssoftballFL. In February they put on their first annual car show here at The Hill and it was a huge success. We had 25 cars. Our very own Ms. Millay also brought her car. Thank you to all who came out and supported the softball program.



## Spring Sports

Sport	Coach	Email
Varsity Baseball	Milliken	russ.milliken@palmbeachschools.org
JV	Gutierrez	jose.gutierrez@palmbeachschools.org
Flag Football	Blum	anjelica.blum@palmbeachschools.org
Softball	Carvatta	christina.carvatta@palmbeachschools.org
Tennis	Fernsell	wendy.fernshell@palmbeachschools.org
Track & Field	Williams	evan.williams@palmbeachschools.org
Volleyball - Boys	Garvin	melissa.garvin@palmbeachschools.org
Weightlifting - Boys	Emerson	markus.l.emerson@palmbeachschools.org
Beach Volleyball	Nani	markus.l.emerson@palmbeachschools.org



Congratulations to Christal Desir on being the first wrestling girls' state qualifier in Forest Hill history! What an incredible achievement, especially as a freshman. Your hard work, dedication, and talent have truly paid off.

## Falcon Golf Team



## Falcons' Literacy League Corner

### Grab & Go Parent Content Literacy Resources

Looking for ways to help your Falcon improve their reading or writing? Check out these helpful grab & go resources below. In this issue we focus on reading strategies and literacy tips that students and teachers are using this semester.



A special shout out to our Environmental Science teachers, Ms. Young, Ms. Naval, and Mr. Tick who have been teaching their students literacy strategies to better understand their content reading! Thanks for being part of our Falcons' Literacy League!



### Falcon Family Content Literacy Lab

Looking for ideas to give your Falcon scholar some extra reading and writing practice over the weekend or upcoming breaks? Students can watch the FREE videos below with reading and writing tips and practice included.

instrucciones para activar subtítulos de video en español->> <https://www.youtube.com/watch?v=H-O6HdWdk-M>



**Falcon's Literacy League: During Reading Strategy: Annotations** <http://l.sdpbc.net/953gj> This Falcon Family Content Literacy Lab walks parents, teachers, and students through the Annotations reading strategy that can be used with any type of text.



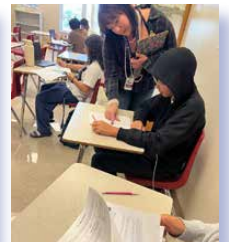
**Falcon's Literacy League: Before Reading Strategy: SQ3R** <http://l.sdpbc.net/2dhh1> This Falcon Family Content Literacy Lab walks parents, teachers, and students through the SQ3R (survey, question, read, record, review/reflect) reading strategy that can be used when reading assignments for class, studying for tests/exams, or reading passages on tests/assessments.



**Falcon's Literacy League: Writing Strategy Video: Say-Mean-Matter** <http://l.sdpbc.net/qyy5u> This Falcon Family Content Literacy Lab walks parents, teachers, and students through our school-wide SAY-MEAN-MATTER text-based writing strategy that can be used in content-area classes like science and social studies.



**Falcons' Literacy League: After Reading Strategy: One-Sentence Summary** <http://l.sdpbc.net/0hex1> This Falcon Family Content Literacy Lab walks parents, teachers, and students through how to use the one-sentence summary strategy after reading a text. The strategy can also be used for reviewing lesson content and notes.



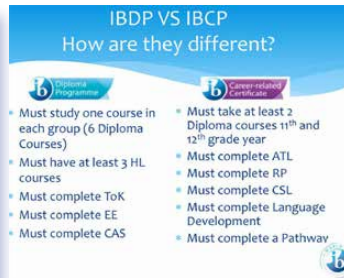
Literary Club released *The Nest*, the FHHS literary journal, featuring news, short stories, poetry, opinions, reviews, and much more! *The Nest* contains writing edited and written by our creative and talented students: Linda Montejó-Bartolón (editor-in-chief), David Díaz De La Rocha, Betzaida Hernández, Stephanie Pérez-Pérez, and Sara Montejó-Bartolón. We hope you have fun reading *The Nest*! Click here to read: [THE NEST 2023 Winter Publication](#).



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## What's Happening at The Hill?



February was CTE (Career Technical Education) Month. We have 9 academies here at the Hill. To create awareness and to promote our programs, we had a fun lunch in February where all of our academy teachers and students showcased their programs during both lunches. If you are interested in joining an academy, see Mrs. Sardinia in Room 6-107.

In February we also held a Career Day at The Hill. Our AVID ambassadors had an opportunity to shadow their favorite staff member and our students participated in career day in the media center. Many of our students came prepared with their resumes and a handful were scheduled for an interview. We thank all those that helped our students prepare for this day.



### FHHS School Advisory Council (SAC)

Upcoming Meeting Dates:  
 3/12/24, 4/9/24, 5/14/24

Time: 6-7PM  
 Location: Media Center  
 Need more information? Please contact Ms. Millay at [jillian.millay@palmbeachschools.org](mailto:jillian.millay@palmbeachschools.org)

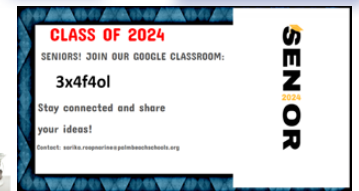
## SENIOR CORNER<sup>24</sup> CLASS OF 2024

### FAFSA & SCHOLARSHIP INFO

Attention Seniors : The FAFSA application will be available in December.  
 An exact date will be announced within the coming months.

Below are some scholarship websites you can find very useful:

- [www.foresthill.com](http://www.foresthill.com)
- [www.scholarships.com](http://www.scholarships.com)
- <https://bigfuture.collegeboard.org/college-scholarship-grants-foams>
- <https://www.foresthill.com/advisor/student-foams/best-scholarship-websites/>



In January, we recognized our Graduation Ready Senior students at a special "A Team Celebration." We had over 400 students eligible for this fun event that was held at Fun Depot. Our Class of 2024 students had a blast playing the arcade games and lazer tag with their friends. Special thanks to Principal Aronson as well as our Senior Class Sponsor, Ms. Roopnarine, and our Administration and Guidance Teams for helping our students reach this amazing milestone and for celebrating their accomplishments. WAY TO GO, FALCONS!

### Class of 2024 Important Dates

Dear Parent/Guardian and Student, as you enter your exciting senior year, there are many activities that you need to prepare for. While these activities are optional, the faculty and Forest Hill Community High School would like to see you partake in as many as possible. You only have ONE Senior year! Please plan accordingly and order your tickets and items early. Click the link or scan the QR code for specific senior events and dates: <http://l.sdpbc.net/bunn8>.

