

# THE JAGUAR PRIDE

F O R E S T V I E W   H I G H   S C H O O L

JANUARY  
2020  
Issue 3

## Habits of Success

Jenny Edwards and Arthur L. Costa

No matter what path they choose, students need more than academic knowledge.

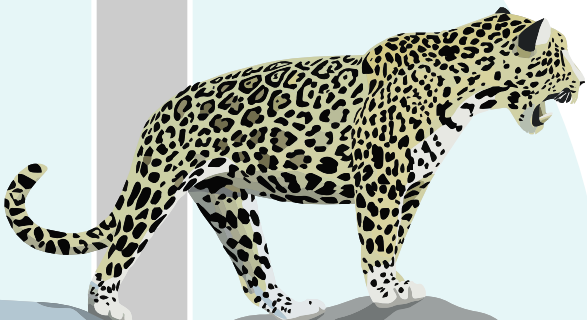
As educators, we are focused on helping students acquire core knowledge that prepares them to become skillful thinkers, pass tests, and complete entry-level college courses. However, it's important for us to ask ourselves whether that's all students need to succeed in college, in careers, and in life.

David T. Conley (2010) suggests that students also need a set of key cognitive strategies—such as goal setting, time management, and persistence—that enable them to apply what they know and what they are learning in complex ways. We see deep connections between these cognitive strategies and the 16 habits of mind that we helped develop and implement in schools internationally (Costa & Kallick, 2000).

### Habits of Mind

Students who develop the following habits will be ready for whatever path they choose:

1. Successful students persist. They focus on the task and complete it successfully. They know how to proceed when they get stuck.
2. Successful students manage impulsivity. They control themselves and act thoughtfully and deliberately in any situation.
3. Successful students listen with understanding and empathy. They devote their mental attention to others and are able to build rapport easily and quickly. They can identify with another's point of view while keeping their own.
4. Successful students think flexibly. They are able to view a situation from many perspectives, and their minds are open to change. Such open-mindedness helps them deal with the novelty and ambiguity often encountered in the study of new material.



*continued on next page...*

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## VISION STATEMENT

To provide an educational experience committed to excellence in academics, arts, and athletics that ensures our students will have success as lifelong learners.

## MISSION STATEMENT

Forestview High School is dedicated to providing rigorous and relevant experiences that cultivate globally competitive students.

## FORESTVIEW ADMINISTRATION

<b>Principal</b>	Crystal Houser
<b>Assistant Principals</b>	Josh Bromley Janet Ramsey NaKishia Glenn
<b>Resource Officer</b>	Ian Martin
<b>Security</b>	Michael Chambers
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<b>Data Manager</b>	Beth Quattlebaum
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<b>Guidance Counselors</b>	
(A-F)	Amelia Clemmons
(G-M)	Julie Connolly
(N-Z)	Bianca Malloy
<b>Career Development Coordinator</b>	Heather Forbes
<b>Nurse</b>	Dawn Hall
<b>Social Worker</b>	Valerie Williams

## Habits of Success ...continued from front page

5. Successful students control and execute metacognitive processes, such as problem solving and decision making. They are able to make a mental plan, monitor their thinking, evaluate and modify their processes, determine new ways to proceed, and learn from the experience.
6. Successful students strive for accuracy and precision. They know what level of precision is appropriate to the task and the subject area, and they are able to increase their precision and accuracy accordingly.
7. Successful students ask questions and pose problems. They are curious and know how to search for problems to solve. They seek evidence rather than simply accepting any assertion. They analyze conflicting descriptions of an event or issue. They develop and apply multiple strategies to solving both routine and complex problems.
8. Successful students apply knowledge to new situations. They can detect patterns and make connections, and they are able to transfer knowledge from one context to another.
9. Successful students think and communicate with clarity and precision, both orally and in writing. They are specific in their communications, and they avoid generalizing, dismissing, and distorting ideas.
10. Successful students gather data through all of their senses. They use the visual, auditory, kinesthetic, olfactory, and gustatory pathways to obtain information about the world around them.
11. Successful students create, imagine, and innovate. They look for different ideas and are able to generate original ideas of their own.
12. Successful students respond with wonderment and awe. They are fascinated with the world around them and are open to discovering new things.
13. Successful students take responsible risks. They are continually learning and growing by living on the edge of their competence.
14. Successful students find humor in the world around them. They are always ready for a good laugh, even at themselves.
15. Successful students think interdependently. They participate successfully in study groups, know how to work together collegially, and seek opportunities to work with others.
16. Successful students remain open to continual learning. They admit that they do not know something and are eager to find out. They are continually growing and learning.

Some preliminary research by Scott Behrens at Adrian College in Adrian, Michigan, found a significant positive correlation between the habits of mind as measured on his survey and college grade point average (personal communication, April 4, 2005). The habits that were the strongest predictors of academic success in college were managing impulsivity, persistence, and metacognition.

Source: <http://www.ascd.org/publications/educational-leadership/apr12/vol69/num07/Habits-of-Success.aspx>

## Jags Upcoming Events

- Jan. 23 – Spring Semester Begins (Report Cards Distributed)
- Feb. 6 – Curriculum Night (tentatively 5-7pm drop in)
- Feb. 4 – Spirit Night @ Chipotle
- Feb. 4 – Josten's Class Ring Orders (café during lunches)
- Feb. 20 – Interim Reports
- Feb. 25 – ACT test
- Feb. 26 – March 27 – Course Registration Window for 20-21 School Year
- Mar. 3 – Spirit Night @ Panera Bread
- Mar. 12 – Parent Teacher Conference Day (Report Cards Distributed)
- April 2-4 – Spring Musical 'Guys & Dolls' (7pm nightly; 2pm matinee Saturday)
- April 7 – Spirit Night @ JIA
- April 9 – Interim Reports
- April 10-17 – Spring Break
- April 18 – Annual Run 4 Money Event

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January 2020  
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Issue 3

## Helpful Reminders

### Parking On Campus

Students that drive to school must have a valid Forestview Parking Permit. See Mr. Chambers to purchase your permit. You will need...

1. Valid Driver's License
2. License Plate Information
3. Completed Parking Permit Information form
4. The cost is \$25

### Student Check-Out

A parent or guardian must check-out any student. You must....

1. Check-out your student through the guidance office, in person, if your student does NOT drive to school.
2. Speak with the attendance secretary and verify information PRIOR to your student leaving campus. (If your student drives to school, a parent or guardian MUST speak directly with the secretary; no email or voicemails accepted. This is to ensure your student's safety.)
3. ALL students checking out MUST check out using the check-out computer system BEFORE leaving campus. Failure to properly check out may result in other disciplinary action.

### School Attendance

Attendance is key to success in all courses. Students are expected to attend all classes each school day. Please do your very best to avoid leaving campus; make arrangements for appointments after school hours when possible. Attendance means.....

1. A student is present in each class for 75 of the 90 minute period. \*Missing 15 minutes results in an absence for the class period.
2. Students may not miss more than 10 days in each class. \*Missing more than 10 days results in students going through an attendance appeal request process IF they are passing the course.
3. Students are responsible for all work missed when they are absent for class; for any reason (excused or unexcused). \*Failure to ask the teacher for make-up work or not completing make up work will result in poor grades and a lower course grade overall.

Get up! Dress up! Show up!



## Second Semester

January marks the beginning of our second semester. Each year, during the second semester all schools experience an increase in absences and late arrivals, and a gradual decline in academic performance. So prevalent is this trend, it has been referred to as the "Second Semester Slide". We are determined to improve this trend and **you the parents** can play a major role. Absences and tardiness are two of the reasons that grades decline. **Please be vigilant in making sure your student attends school every day and arrives on time.** Your attention to this issue will have a positive effect on your student, reinforcing the importance you place on attendance.

To assure continued academic success and not fall victim to "Second Semester Slide", **re-establish your student's homework and study routine. Help him/her to reclaim the space and time meant for this important purpose.** Determine if any supplies or devices are needed. They make great holiday gifts. Also, **monitor your student's grades, attendance, and classwork by accessing Parent Portal.** Learn what tutoring and support opportunities are available here at school to improve results. Again, your attention to your student's school work will have a tremendous positive effect. When students are prepared for class each day, they will attend each day, arrive on time, and perform with confidence.

These efforts; **staying informed about your student's progress, re-establishing a solid home-study routine, and making certain that your student attends every day and arrives on time** will have an enormous positive result and help us all overcome "Second Semester Slide".

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# Building Champions In Our School



**Teacher**  
of the Year

## Outstanding Staff

Mr. Austin is Forestview's Teacher of the Year and one of the five GCS finalists for Teacher of the Year.

Congratulations Mr. Steven Austin, Choral Director.



## Outstanding Community Service

This holiday season, our Forestview Student Government and other Community Service Action Clubs led a school-wide initiative to collect money and food items and volunteer their time to help feed families in our own community. Thanks you Food Lion for your partnership in feeding families.



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## Outstanding Community Partnerships

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## Outstanding Athletic Achievements



Congratulations Holt Cloninger on early graduation to join the Campbell University Football Team. Go Camels!



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## Every School Day Counts

An estimated 5 million to 7.5 million U.S. students miss nearly a month of school each year.

Research shows that missing 10 percent of school days, or about 18 days in most school districts, negatively affects a student's academic performance. That's just two days a month and that's known as chronic absence.

Chronic absence is a leading indicator that a student will drop out of high school.

When students improve their attendance rates, they improve their school performance.

Good attendance is an important life skill.

Parents play a key role in school attendance. Let your student know it is the expectation. Establish home-study routines and sleep habits that make attendance a non-issue. Encourage participation in school clubs, organizations, and sports. Monitor his/her progress and talk about it. **Students who are engaged at home and at school rarely miss a day.**

## Spring Into Academic Success

We want you to be successful in the new semester. After school tutoring is available through May 28, 2020. Here is how you can get the help you need.

1. Talk to your teacher first. Your teachers are a valuable resource and they are willing to help. All you need to do is ask. You may set up a time convenient to both you and your teacher to get the extra help you need.
2. We will offer a Tuesday/Thursday after school remediation program to help those students enrolled in EOC courses (Math I, Biology, and English 10). This program will begin March 24th and will run every Tuesday and Thursday from 3pm-4pm. We will provide bus transportation as well for those students that need it.
3. Take the time to get the extra help you need before you fall behind. Sometimes it only takes a short period of time, working in a small group or individually with teachers, to get on track to making good grades. Start early and invest the time; it will pay off in the end.

\*Contact your teacher today to make arrangements for tutoring.



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## More Than A Diploma

Career & Technical Education students are getting more opportunities to graduate from Forestview High School with certifications in hand. Compared to last year, our school had a 300% increase in the number of student earned credentials. The number of CTE courses offering industry recognized certifications is growing and gives our students a competitive edge over others in the college and career realm. This semester alone, over 600 industry recognized certifications have been earned by our students! Currently, every CTE pathway offers one or more opportunities for our students to graduate with more than a diploma! We will continue to inspire the success of our students while preparing them to be college and career ready for the 21st century. Our CTE students will contribute successfully, as productive members of our society.

Pictured are just a few of the students who earned credentials this semester. Way to go Jags!



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ServSafe Food Protection Managers Certification

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**2019-2020**  
**School Calendar**



July 4 ..... Holiday (Independence Day)  
 August 19-23 ..... Mandated Teacher Workdays  
 August 26 ..... Students' First Day  
 September 2 ..... Holiday (Labor Day)  
 October 4 ..... End of First 6-Week Grading Period  
 October 10 ..... Parent-Teacher Conferences (All Grade Levels)  
 Early Dismissal for Students  
 6-Week Report Cards Distributed  
 October 11 ..... Optional Teacher Workday  
 October 25 ..... End of First 9-Week Grading Period  
 October 31 ..... 9-Week Report Cards Distributed  
 November 11 ..... Holiday (Veterans Day)  
 November 19 ..... End of Second 6-Week Grading Period  
 November 27 ..... Student Holiday  
 Teacher Annual Leave  
 November 28-29 ..... Holidays (Thanksgiving)  
 December 5 ..... 6-Week Report Cards Distributed  
 December 20 ..... Optional Teacher Workday  
 December 23-25 ..... Holidays (Winter)  
 December 26-27 ..... Student Holidays  
 Teacher Annual Leave  
 December 30-31 ..... Student Holidays  
 Teacher Annual Leave  
 January 1 ..... Holiday (New Year's Day)  
 January 2 ..... Student Holiday  
 Teacher Annual Leave  
 January 3 ..... Optional Teacher Workday  
 January 17 ..... End of Third 6-Week Grading Period  
 End of Second 9-Week Grading Period  
 January 20 ..... Holiday (Martin Luther King Day)  
 January 21-22 ..... Mandated Teacher Workdays  
 January 22 ..... Full Day Professional Development for Elementary and Middle Schools; Half Day Professional Development for High Schools  
 January 23 ..... All Report Cards Distributed  
 February 17 ..... Optional Teacher Workday  
 March 5 ..... End of Fourth 6-Week Grading Period  
 March 12 ..... Parent-Teacher Conferences (All Grade Levels)  
 Early Dismissal for Students  
 6-Week Report Cards Distributed  
 March 13 ..... Optional Teacher Workday  
 March 27 ..... End of Third 9-Week Grading Period  
 April 2 ..... 9-Week Report Cards Distributed  
 April 10 ..... Holiday (Spring)  
 April 13-16 ..... Student Holidays  
 Teacher Annual Leave  
 April 17 ..... Optional Teacher Workday  
 April 27 ..... End of Fifth 6-Week Grading Period  
 May 7 ..... 6-Week Report Cards Distributed  
 May 25 ..... Holiday (Memorial Day)  
 June 9 ..... Students' Last Day; Early Dismissal  
 June 10-12 ..... Mandated Teacher Workdays  
 June 13 ..... Graduation Days

**Inclement Weather Makeup Days**  
 December 20 January 22 February 17  
 March 13 April 17 April 16 April 15

*The Board of Education reserves the right to use early release days, teacher workdays, student holidays, and Saturdays as makeup days for inclement weather. The Board may add days of employment to end of the school year.*

*Testing dates will be added to the calendar later when they are determined by the state.*

**AUGUST**

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**SEPTEMBER**

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**NOVEMBER**

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**DECEMBER**

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**JANUARY**

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**FEBRUARY**

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**Calendar Key**

- Holiday
- First/Last Day of School
- Teacher Annual Leave
- Early Dismissal
- Mandated Teacher Workday
- Optional Teacher Workday
- 6-Week Report Cards Distributed
- 9-Week Report Cards Distributed

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Calendar approved by the Board of Education, January 18, 2019  
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