

ESHARKS TOOTH

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FOR THE PARENTS, STAFF, STUDENTS AND COMMUNITY OF GULF COAST HIGH SCHOOL

From The Principal's Desk

As principal of Gulf Coast High School, I am so fortunate to watch the talent and brilliance of our amazing students and staff every day. As a proud Shark parent myself, I am amazed of the contributions and accomplishments of our students to make Gulf Coast the best high school. Thank you parents for endlessly supporting your child's academics as well as extracurricular activities.

Now that we are in the home stretch of the school year, please keep pushing your child to achieve. During this last quarter, your Sharks will all be knee deep in term papers, benchmark assessments, FSA exams, Industry Certifications, AP and AICE exams, End-of-course(EOC) exams, and finals. Add in prom; spring sports and football, remaining plays by our drama department and concerts performed by the band, orchestra and chorus; Senior Safari; and, ultimately, graduation, and it's easy to see how busy your child's life can be.

High school is an awesome two million minutes of your child's life, but it can be very stressful. If you notice that your child is struggling or having difficulties, please do not hesitate to contact your child's guidance counselor or teachers and ask for help.

If you ever have any questions, thoughts or concerns, please feel free to give us a call.

Thank you for entrusting us to educate your child.

"Shark Pride,"

Joe Mikulski *Principal*







Mission Statement

The Mission of Gulf Coast High School is to provide a safe learning environment in which students have the opportunity to receive the highest quality education to facilitate future academic and career success

Administrative Team

Mr. Joe Mikulski, Principal
Mr. Eric Nelson, Assistant Principal, Curriculum
Mrs. Caroline Hylemon, Assistant Principal
Mr. John Lambcke, Assistant Principal, Discipline
Mrs. Catherine Crawford-Brown, Assistant Principal
Mrs. Jocelyn Jones, Assistant Principal
Mr. Greg Maniscalco, Instructional Support Specialist
Mr. Alan Scott, Activities/Athletic Director
Mrs. Cindy Giles, Guidance Department Chair
Mr. Mike Shaw, Plant Operator

MARCH 2020

VOLUME 13 • ISSUE 5

http://www.collierschools.com/gch



Student Services Corner

Important Dates at GCHS Auditorium April 27th Senior Awards Night at 6:30pm

Please send any scholarship award letters to Mrs. Giles by <u>April 15th</u> to announce that evening.

Course Registration for the 2020-2021 School Year

Students will begin registering for next year's courses during February and March.

Course selection sheets will be given to students in February. Please ensure that your students select courses very carefully as changes cannot always be honored due to the class size restrictions. Their current teachers recommend students for academic courses. These recommendations are based on:

- Student's performance in previous courses
- Grades
- · Standardized Test Scores
- Fulfillment of course prerequisites
- Other relevant information

Volunteer/Community Service

All hours for volunteer/community service must be **pre-approved** by the student service staff at lunch. This policy will be strictly enforced. Each student must obtain prior approval to ensure that the community service site meets the criteria and that the student will receive community service for volunteering. The forms can be found on the web site or in the guidance office.

Dual Enrollment

Sophomores and Juniors who are interested in dual enrollment for next school year need to meet with their counselor for specific details and requirements. Dual enrollment courses in English (through Florida Southwestern State College) will be taught at GCHS next year allowing students to explore collegelevel coursework and earn college credits while remaining at the high school campus. Information regarding dual enrollment is also posted on the GCHS Student Services webpage.

Students who meet all the requirements for FGCU's program (GPA and SAT/ACT scores) may schedule a meeting with their counselors. The deadline for FGCU dual enrollment is March 10, 2020. Students should meet with their assigned counselor to discuss FSW dual enrollment prior to March 10, 2020.

Bright Futures Scholarships

Seniors must complete a Florida Financial Aid Scholarship Application in order to be considered for a Bright Futures Scholarship. Counselors assisted seniors with this application process through open labs scheduled through the Government classes in October. Dual Enrollment students can use the website and complete it at home or come into the guidance office.

Application Website:

www.floridastudentfinancialaid.org

Free Application for Federal Student Aid (FAFSA)

Seniors and Parents should complete a FAFSA application. FAFSA is the largest source of financial aid in the United States, including scholarship, grants, and loan.

https://fafsa.ed.gov/



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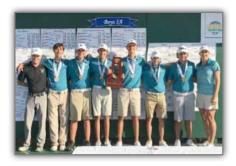
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SEIN MOE, D.D.S.

Diplomate, American Board of Oral & Maxillofacial Surgery Fellow, American Association of Oral & Maxillofacial Surgeons Northwestern University Dental School, 1992

Girls and Boys Golf



Attention all GCHS Shark golf fans! The girls and boys golf teams will be hosting the 10th annual Shark Frenzy Golf Fundraiser tournament at the Vineyards Country Club on Saturday, April 25th at 8:30 a.m. The format is a four-person scramble and a barbeque lunch and potential prizes are included. Please contact Kim Benedict, the boys coach, at benedk@collierschools. com for additional details on participating. Corporate and whole sponsorships are available and prizes from local businesses are needed as well. Please let us know how you can help in our fundraising efforts and thank you in advance from the GC Shark golf teams!

Sharks on the Beach

Sharks on the Beach did it again! They volunteered 20 hours to support the Wildlife and Wetlands Art Show on Delnor Wiggins Beach last Saturday, a community event that allows Artists from the Greater Collier County area to put their talents on display and sell their works that feature beautiful renditions of Natures' work.

This is the 5th time our **Sharks on the Beach** have supported a Friends of Delnor-Wiggins event since September



and they are looking to expand their reach! If students are interested in adding to your volunteer hours by joining our community campaign to Make the World a Better Place by Being the Change you wish to see - PLEASE visit Mrs. Chabot in Room 5-225 during lunch on any day to express your interest!

Thank you, Sharks on the Beach, for your service, once again!

GARDEN CLUB IS GROWING

Garden Club

GCHS Garden Club broke ground this month and are working toward creating a Green Space that will have a community impact! The goal is to encourage students to live and eat healthier by sharing time working together and "reaping what they sow!" An article in "Science Teacher" magazine inspired this initiative and the students engaged in this project are genuinely excited to "Learn as we Grow!" This

community project is made possible through several generous grants, including from *Champions for Learning*, and the support of many GCHS personnel and student volunteers!

Mrs. C. / Tammy Chabot

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Curriculum Corner: February 2020

Now is a great time for students to think about their next year's course schedule. In addition to the graduation requirements, remember to keep the following in mind when you are selecting classes:

Current Juniors:

Your schedule is still important for your college application. Competitive colleges are still looking for rigor.

Current Sophomores:

Know all of your graduation requirements and your GPA. Have you taken an AICE or AP course yet? If not, have you considered getting an Industry Certification through one of our technical courses? Have you considered Dual Enrollment?

Current Freshmen:

You will have more elective choices next year. You may want to take courses that you have an interest in and/or will support what you want to study after graduation.

Testing Accommodation for Students with Disabilities:

A student with a documented disability may be eligible for accommodations on national college exams including ACT, SAT, PSAT, AP, and/or Certification Exams including Adobe, Microsoft, Autodesk, QuickBooks and ServSafe Exam.

ACT and SAT Accommodation Request must be started early. The request process may take up to seven (7) weeks and does not begin until all required documentation is received.

For guidelines and documentation, requirements see the following testing links:

College Board: SAT, PSAT, AP: https://www.collegeboard.org/students-with-disabilities

ACT: http://www.act.org/content/act/en/products-and-services/the-act-educator/accommodations.html

The SAT®/AP/PSAT website: http://www.collegeboard.com/ssd/prof/eligible.html

The ACT/PLAN® website: http://www.act.org/aap/disab/index.html

Certiport, Certification Exams: https://certiport.pearsonvue.com/Educator-resources/Exam-policies/ Accommodations

ServSafe Exam: https://www.servsafe.com/ServSafe/media/ServSafe/Documents/SSFS_Exam_ Accomodation-1-3-2018.pdf

Important Dates

February 26, 2020 – Early Dismissal Day March 9 - 13, 2020 – Spring Break

March 16, 2020 - No School - Teacher Planning Day

April 10, 2020 – No School for Teachers or Students

April 13, 2020 – No School for Teachers or Students

Grade Reporting Periods

March 6, 2020 – Third Quarter grading period ends

March 23, 2020 – Report Cards Published Electronically

April 24, 2020 – Interim Period Ends April 30, 2020 – Interims Published Electronically

Testing Dates

Accommodations Request and Documentation

April 1-14 – FSA Writing Assessment

May 1- May 29 - FSA ELA/EOC Window

April 28 - May 21 - AP/AICE Exam Window

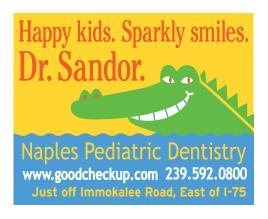
May 19 - 22 - Final Exam Window - Seniors

May 29 - June 3 – Final Exam Window – Underclassmen

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lest Dates	(Where Required) Must Be Received by:	
College Board - Accommodations Request Deadlines		
SAT March 14, 2020	January 24, 2020	
PSAT 10 Testing Window April 13–April 30, 2020	February 21, 2020	
Advanced Placement Program (AP) May 4-8, 11-15, 2020	January 17, 2020	
SAT and SAT Subject Tests May 2, 2020	March 13, 2020	
SAT and SAT Subject Tests June 6, 2020	April 17, 2020	







Online Safety Guide for Parents

Parents, educate vourselves on the latest social media apps and your child's safety. In today's digitally connected world, children and adults are constantly presented with new ways to engage, react and contribute. We are social beings; it is a natural human instinct, especially amongst younger audiences, to want to belong and join in. Viral Challenges (as they are often known) draw on these emotions and, as the name suggests, spread and gather pace very rapidly. New challenges are constantly emerging and evolving. They are often completely innocent, raising awareness of worthy causes or simply providing amusement. However, they can have much more sinister undertones, putting children at risk of physical harm.

Go to National Online Safety website to click on safety guides for parents.

https://nationalonlinesafety.com



Popular Apps are:

Yubo, WhatsApp, Reddit, LiveMe, Twitch, Kik, Twitter, Houseparty, Instagram, YouTube, Tumblr, Discord, Snapchat, YOLO, Likee, TikTok, SadFishing and FaceApp.

Attendance and Discipline Corner

Study Strategies that Work

Whether it is for a unit assessment, an AP test, or a final exam, knowing and using effective study techniques can make a huge difference in your performance and confidence. Test anxiety is generated from a number of factors, including lack of study skills and time devoted to studying. The following strategies will not only help you get a better grade on the test, but you will retain more of the information you are learning as well.

Keep the following tips in mind the next time you have a big exam:

- FREQUENCY Cramming all of your studying into a short period of time is bad practice. Studying should happen in 20-40 minute increments with short breaks in between. Walk around, do some push-ups, stretch, and then get back to work.
- SLEEP All-nighters are still a thing for some students, but research has clearly found them to be detrimental. If your body cannot sink into a deep sleep and achieve R.E.M., the result will be a drop in retention, focus, and reasoning - the exact opposite of what you are trying to achieve.
- TIMING On that note, scientists have found that reviewing difficult material right before bed will help in retention. Skip the social media and review some notes before turning off the lights off.
- MIX IT UP Games, flashcards, rhymes, pictures, and practice tests all contribute to the retention of material. Do not just re-read your notes or texts, but rather challenge yourself to take good notes, create visual cues, and use flashcards to quickly review important topics and vocabulary.
- **DIET** Avoiding junk food and choosing healthy proteins (nuts), fruits, and vegetables can help feed your body and brain. Eating a filling breakfast is important as well as having healthy snacks on hand. Your brain consumes glucose as you study and perform hard tasks, so make sure you are feeding it!
- **DISTRACTIONS** Studying with music has proven to be distracting at the subconscious level, so finding a quiet space is important. Other distractions like cell phones, TV, and conversations with friends are even more of a deterrent.
- **ANXIETY** If you are stressed out, your brain cannot perform well on difficult tasks. Working on stress relief techniques, taking study breaks, and avoiding the temptation to cram will allow you to approach exams with more confidence and less stress.

Shark Athletic/ **Activity Corner**

Hi Sharks!

Spring Season is underway here at Gulf Coast High School. Come check out the Sharks Baseball and Softball teams, as they are underway; first pitch 4:30/7 throughout the week. Girls and Boys Lacrosse will be starting soon; Sharks have many marguee matchups for the season! Tennis is in full swing and the Sharks are excited to get back to the hardcourt. Last, our Girls and Boys Track teams are running full steam into the season. Please check out https://www.maxpreps.com/highschools/gulf-coast-sharks-(naples,fl)/ sports.htm for times and locations of these awesome Spring events.

Senior Shark Parents,

The Winged Foot Awards ceremony will be held on May 21, at 5:30 pm at the Naples Grande. If you have a senior interested in applying to be the Gulf Coast nominee, please have them reach out to Coach Scott. GO SHARKS!

Alan Scott, Activities Coordinator Ph: 239-377-1427 Fx: 239-377-1594



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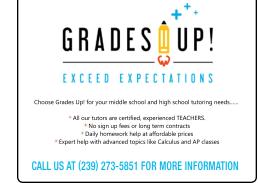
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Gulf Coast HOSA Future Health Professionals

GCHS HOSA participated in a fundraiser and delivered teddy bears to patients at a children's hospital.

The most recent beneficiary was the Golisano Children's Hospital of Fort Myers, which received more than 200 stuff animals following a twoweek fundraising partnership on Marco with 2Sheas Salty Dog Restaurant.



Gulf Coast High School students help with preparations. In conjunction with the recent effort on Marco, students from Gulf Coast High School helped boost the tally of animals to Golisano by 55.

(Left) Photo courtesy of Jason Peach. Giving time at Golisano Children's Hospital, Third from left is coordinator Christina Chirco, and far-right is Bedside Healers' Jason Peach.

(Below) A young recipient of a stuffed animal shows his excitement





Empty Bowls Festival of Naples

The Empty Bowls Festival of Naples was on January 2, 2020, benefiting the Harry Chapin Food Bank of Collier County. Patrons

were able to select original bowls created by hand from local artists and students throughout Naples. In addition, there were over 50 restaurants offering all you can eat soup. Mrs. Blair and her ceramics students were there managing the bowls at the tables. It was a great day for all!



Congratulations to Donna Preston for her submission for the 2020 Art for Democracy calendar! Her Rosa Parks entry now represents the month of February. The reception was on Rosa Parks' birthday. What are the odds? A big thank you to the Naples Art Association for hosting another great reception! Check out these photos, get a calendar when they come out, and be sure to come to the next exhibition. The Art Students need your support and love. Follow our Instagram account: @gchs.nahs for all the latest and greatest that we do.









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Girls Who Code Club

Each year the National Center for Women and Information Technology (NCWIT) recognizes extraordinary high school and college female students who are studying information technology. NCWIT was founded in 2004 by the National Science Foundation to focus on women and computing in the business world. The NCWIT leaders later established the Aspirations in Computing Award which selects deserving high school students from across the country for this honor.

Gulf Coast HS is in the Southwest Florida region, which encompasses seven counties from Sarasota to Collier. This year 64 students were chosen from the entire region and Gulf Coast had 28 computer programming and technology students selected.

Below is the list of Gulf Coast Students being honored by NCWIT for 2020. They will receive their trophy and other awards at a special banquet later this year at the Pelican Preserve Country Club in Ft Myers.

In addition to being a four-time regional winner, senior Carolina Verde was also selected as a National Honorable Mention this year - the only one designated from our region.



- Anastasia Johnson
- Natasha Gattas
- Olivia Dinicola
- Mia Ginsberg
- Sophia Hueta
- Lvna Le
- Lilly Maggio
- Hannah Pena
- Milena Petovic
- 10. Samantha Stokvis
- 11. Sophia Vellozzi
- 12. Carolina Verde
- 13. Olivia Villaverde
- 14. Sophia Villaverde
- 15. Lauren Clark

- 16. Angelia Delorenzo
- 17. Ananya Gurajapu
- 18. Courtney Morse
- 19. Valary Musibega
- 20. Josephine Schumacher
- 21. Margaret Trowbridge
- 22. Evangeline Liu
- 23. Ava Vellozzi
- 24. Sara Arroita
- 25. Sydney Shaw
- 26. Sofia Marquina-Smith
- 27. Nicole Cadieu
- 28. Gesa Pfeiffer

GSA Club Provides Safe Space for All Students



For several years now, the Gulf Coast GSA has thrived. In fact, it is the largest such club in Collier County. GSA has two main goals. First and foremost, it is a club designed to provide a safe environment and inviting community for those of all gender identities, expressions, and sexual orientations as well as the allies that wish to support teens in this often marginalized group. Secondly, GSA aims to connect with students and staff across our campus to build a community that understands each other at a deeper level so that we can learn to love each other better.

In January, our GSA partnered with GLSEN to sponsor an amazing event in which students cooked an entire meal together, including homemade cookies. They then sat down and enjoyed a nice family-style dinner together.

If you are interested in being involved with our GCHS chapter of GSA or the Collier County chapter of GLSEN, or if you would like any additional information for the upcoming events, please contact Daniel Shaw at shawd1@collierschools.com.

Model UN Team

Outstanding Large Delegation Ivy League Model UN Competition (ILMUNC)

Best Delegate Julia Zuercher Hadi Dalao Leah Verwohl Sunhee Frecker Alec Liberman Ethan Upson

Outstanding Delegate MaryKate Arbuckle Walezka Abdala Sydney Shaw Jenia Browne Christie Ryar Noelle Morey



Honorable Delegate Surya Dodia Win Hlaing Sophia Durston Melisa Villareal Abby Parker

Verbal Commendation

Congratulations to the Model UN team. The students who went to Philadelphia to compete at the national level at the Ivy League Model **United Nations Competition** spent weeks researching and preparing, writing position papers, and spent over 17 hours in debate and collaboration throughout the weekend. Their hard work paid off! The team won the Outstanding Large Delegation (2nd place) award against the top teams

in the country—this is the best finish at a national competition in team history. In addition, many of our students took home individual awards. Go Sharks!

Kristan Welty, English Department Chair / Dual Enrollment Instructor / Model UN Co-Sponsor

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To Addressee or Current Resident









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