



Volume 13 • Issue 5

October 2019

Web Sites:

[www.edline.net/pages/
Independence_Middle_School](http://www.edline.net/pages/Independence_Middle_School)

www.independencemiddle.com

Edline codes are available
at the front desk.

IMS Twitter Handle:
@EAGLES_IMS

Phone:

561-799-7500

Vision Statement

The shareholders of
Independence Middle School
are dedicated to excellence in
education that prepares students
with the knowledge, skills, and
values required to be productive
citizens and life-long learners.

To download a PDF version of this newsletter,
go to [http://academypublishing.com/schools/
independence/independence.php](http://academypublishing.com/schools/independence/independence.php)

'Eagles Nest'
October 2019
Published Five Times Per Year
Palm Beach County Public Schools
Independence Middle School
4001 Greenway Drive
Jupiter, FL 33458
Issue # 5

Principal's Message

Dear Eagle family,

The school year started with a smooth opening and the teachers/staff were excited to see all of our students on campus. We continue to emphasize our SOAR (Safety, Opportunity, Academics, and Respect) expectations and we have been impressed by how our students have embraced these expectations. By following these expectations, it helps make our school a safe learning environment for all of our students.

Community service is clearly evident on this campus and our students demonstrate how much they wish to make a positive impact in the community. One example is how our student body and families have assisted with relief efforts associated with Hurricane Dorian. Students helped provide needed supply items and raised funds to help those in need. The outpouring of support was extremely impressive.

Academic excellence is a guiding principle at Independence Middle School. The teachers are committed to creating an educational environment designed to prepare each student for high school. Each year we start by sharing expectations of each class and the content that will be addressed during the year at our annual Curriculum Night. While the event was delayed due to Hurricane Dorian, the event proved to be successful and allowed parents to learn about the courses taken by our students.

At Independence Middle School, "Preparing our Eagles to SOAR into the future" is our motto and how I end each message sent home. We are focused on supporting our students in the classroom, on the playing field, in the concert hall, and at all extracurricular events. We thank each of you for sending your child to Independence Middle School and look forward to a successful school year!

Sincerely,
Eric E. Lundman
Principal



Sometimes it's not just a phase.

Mental health issues in our youth can often go ignored with devastating results.

We treat adolescents (13-17 years old) for behavioral and mental health disorders, as well as substance use disorders.

Inquire more at **FCFRmd.com** or call us at **(855) 444-8610**.



Join us before *little* problems become **BIG** problems.

7051 Seacrest Blvd • Lantana, FL 33462



READING Really COUNTS Here at IMS

Twice a year, the top two students with the most READING COUNTS points and a 70% or higher quiz average from each language arts and intensive reading classes are invited to a pizza party held in the media center in December and May. Prizes such as Visa and Barnes & Noble gift cards are awarded.

Dates Yearbooks Will Be On Sale For The 2019 - 2020 School Year

- **August 12** - the price is **\$35.00** (in school & online).
- **On October 18** - the price will increase to **\$40.00** (in school & online).
- **On January 6** - the price will increase to **\$45.00** until **April** (in school & online).
- **On April 10** - *our sales will end* (in school & online).
- **In May** – the price will be **\$50.00 CASH OR CHECK** payable to IMS once the yearbooks arrive & have been distributed to the students who pre-ordered one.

To order online at any point in the year until 4/10/2020, follow the steps below:

- Go to **www.yearbookforever.com**.
- Type in the box for school name: **“Independence Middle School”**
- Select the State of **“FL”** and then City **“Jupiter”**.
- Click the school when you see it listed below and then proceed to place your order
- There are other fun options you can add to your order when you place online such as: Namestamps, iTags, icons, protective covers and many more!
- Pricing for the options (**Only available online**):
 - **Deluxe Package: \$26.00** Includes Namestamp with 1 line of text & 3 icons & a Clear Book Protector
 - **Basic Package: \$17.00** Includes Namestamp with 1 line of text, 1 icon & a Clear Book Protector
 - **Namestamp:**
 - 1st Line of Text: **\$8.00**
 - 2nd Line of Text: **\$8.00**
 - Icons: **\$6.00**
 - **iTag:**
 - 1st Line of Text: **\$7.00**
 - 2nd Line of Text: **\$7.00**
 - Icons: **\$5.50**
 - **Clear book cover: \$4.00**
 - **Autograph Supplement: \$4.00**



WHY INVISALIGN TEEN?

- Newsletter sponsor since 2014
- IMS band sponsor since 2014
- Conveniently located in Abacoa



Keep eating all your favorite foods.

Stay active in all the sports and activities you love.

You'll be ready for Friends, Movie Night and Football Games.

Call **561-775-7007** Today To Schedule Your Free Consultation and Receive **\$300 OFF** Invisalign.

Cannot be combined with other offers. Expires 12/26/19.



vargasorthodontics.com

550 Heritage Dr., Ste. 170, Jupiter, FL 33458



EASTPOINTE COUNTRY CLUB

36 HOLES OF CHAMPIONSHIP FAZIO GOLF

GOLF MEMBERSHIPS AVAILABLE



13535 EASTPOINTE BOULEVARD PALM BEACH GARDENS, FL 33418

561.626.6860 | EASTPOINTE-CC.COM



Cafeteria News!

Still looking for a 4 hour employee to work with our great group of women in the IMS cafeteria. Please do not hesitate to contact the manager, Kristen LaChance at 799-7512 or email her at Kristen.lachance@palmbeachschools.org.

Also thrilled to announce that beginning October 14th for National School Lunch Week we will feature a Fall Harvest Salad featuring Spring Mix, Dried Cranberries, Shredded Carrots and Diced apples! YUMM.

HELP WANTED



SPORTS

Congratulations to the Following Students

2019 IMS Baseball Team

- John Olea
- Lorenzo Farrell
- Ethan Trivison
- Niki Rodriguez
- Evan Fernandez
- Sammy Katz
- Ethan Walker
- Zachary Peterson
- Max Abrams
- Klayton Ilhardt
- Brady Miner
- Parker Meranda
- Jesse Nocerni
- Holt Flowers
- Will Morely
- Caleb Elias
- Jack Koza

2019 IMS Girls Softball Team

- Miranda Hamilton
- Rylee Lewis
- Anna McGreevy
- Rilee Strelec
- Lily Velastegui
- Stella Fidanza
- Emma Lucchesi
- Kayla Sejnoha
- Kylie Guthrie
- Sydney Shaffer
- Jada Dames
- Jaden Dames
- Corey Goguts
- Alexis Gregory
- Delaney Drinkwater
- Isabella Gorzynski
- Ava Wood

DENISE COPELAND

Jupiter Ocean Homes Group
Mirsky Realty Group, Inc.

M: 561-308-0007
O: 561-775-8010

JupiterOceanHomes.com



License #: 3216893

MIRSKY REALTY GROUP
4580 Donald Ross Rd. #107 • Palm Beach Gardens, FL 33418

Host a Give Back Night at BurgerFi Jupiter!



Located at Harbourside Place
Sign Up at BurgerFi.com/SFLGiveBacks

Family Owned & Operated Since 1984

NORTH COUNTY PLUMBING

STOP Pouring Money Down the DRAIN!

Generations of Plumbing & Knowledge!

24-HOUR SERVICE

561-625-9414
TOLL FREE **800-323-0263**

Serving All of Palm Beach County for 35 Years Strong & Still Growing!
2647 President Barack Obama Hwy., Riviera Beach, FL 33404
Licensed • Bonded CFC026530 www.NorthCountyPlumbing.org

10% off ANY SERVICE CALL
Maximum (\$100 Discount)
With this OMS coupon.
Cannot be combined with any other offer.
Expires 11/1/20

GARDENS ORTHODONTICS
by Dr. Welch

CALL FOR YOUR COMPLIMENTARY CONSULTATION TODAY!
(561) 627-3500

Dr. Arghavan Welch
Board Certified Orthodontist
Proud to Support
Independence Middle School

PATIENT SPECIAL

\$500 OFF
ORTHODONTIC TREATMENT*

*Minimum case fee \$2,499
Cannot be combined with insurance or any other offer.

Located in the heart of Palm Beach Gardens at the shops in Legacy Place
11360 Legacy Avenue, Suite 120, Palm Beach Gardens, FL 33410

www.gardensorthodontics.com

If you are seeking for your child to gain an international, educational experience, please contact Mrs. Richichi, as she has experience with organizing affordable, safe, international, educational trips for students and parents. There are no interest, low monthly automatic payment plans offered as well as early enrollment discounts. To learn more about these international educational trips, please contact Mrs. Richichi at m.richichi@yahoo.com or maryellen.richichi@palmbeachschools.org

Mrs. Richichi organizes two international trips a year (Spring Break and Summer) that are organized through reputable educational travel companies.

Trips are planned in advance so that monthly payments are low and affordable. Tour Guide is with us the duration of the trip so we can see the iconic sites and learn every step of the way.

Mrs. Richichi has taken students to Ecuador, Galapagos, Ireland, Germany, China, England, Costa Rica, Scotland, Spain, Italy, France, and Australia since she has been at IMS.

* **Summer 2019**, Mrs. Richichi, took 60 travelers on June 21st to Ecuador and the Galapagos. Travelers explored Quito and visited the Intinan Museum, the site at which the Equator runs through. Flew to San Cristóbal where our local guides met us and our Galapagos adventure began. Took boats to 5 different islands in the Galapagos. The guides took us snorkeling and hiking so we can see the famous animals and marine life that the Galapagos is known for. We even visited the Charles Darwin Research Center. After returning back to mainland Ecuador, we took a trip up the Andes Mountain to Otavolo.

* **Spring Break 2019**, Mrs. Richichi, took 43 travelers to Scotland and England to learn about the Scottish and British culture, history, food, and current events. Travelers covered an array of towns, such as Edinburgh, Gretna Green, Yorkshire, Warwick, Stratford, Oxford, and London. We stopped at the famous Windsor Castle when the Royal Majesty was there. We saw the famous Stonehenge and the original Manga Carta in Salisbury. Of course a trip to Scotland would not be complete if the travelers didn't try the famous Irn-Bru. Our Tour Guide Adam stayed with us the full duration of our trip as he showed us around Scotland and England.

International Travel Groups



Scotland Spring Break 2019
Edinburgh Castle



Galapagos Summer 2019
Santa Cruz Island: Group photo with a Galapagos Tortoise

~Not School Sponsored~

Upcoming International Trips

Planning in advance allows for low [monthly payments](#) and [early enrollment discount](#).

Space is limited and trips do fill up. Parents and family members are welcome to enroll and travel with their child.

2020 Trips

* **Χαίρετε Greece: 2020 Spring Break: 8 Days:**

Places: Athens, Corinth, Argolida, Epidaurus, Olympia, Delphi, Saronic Island Cruise (tour Poros, Hydra, and Aegina Islands)

Sites: Parthenon, Temple of Athena Nike, Acropolis Museum, Temple of Poseidon, Corinth Canal, Temple of Apollo, Delphi Museum,

Activities: Guided Tours, Pottery Making Workshop, Walking Tours, Boat Cruise, Greek Dinner (Opa)

* **こんにちは (Kon'nichiwa) Japan: 2020 Summer: 9 Days**

Places: Tokyo, Kamakura, Hakone, Kyoto, and Nara

Sites: Ginza District, Imperial Palace, Shinjuku District, Meiji Shrine, Great Buddha, View Mount Fuji, Hakone National Park, Lake Ashi, Hachimangu Shrine, Odawara Castle, Nijo Castle, Gold Pavilion, Zen Buddhist, Bamboo Forest.

Activities: Walking Tours, Local School Exchange, Learn about Sumo Wrestling, Scavenger Hunt in Akihabara, cruise on Lake Ashi, Ride in a Cable Car, Ride the Bullet Train, Walking Tours, Watch a Kimono Show.

2021 Trips

* **Ciao – Southern Italy: Rome, Vatican, Pompeii, Sorrento, Palermo, Naples, Capri, Sicily and Aeolian Islands: 2021 Spring Break: 10 Days**

Places: Rome, Vatican, Pompeii, Sorrento, Naples, Capri, Sicily, Palermo, Agrigento, Taormina, Aeolian Islands.

Sites: Colosseum, Roman Forum, Pantheon, Pizza Navona, Spanish Steps, Vatican, St. Peter's Basilica, Sistine Chapel, Pompeii, Castel dell Ovo, Maschio Angioino, Napas Archaeological Museum, Blue Grotto, Quattro Canti, La Martorana, Valley of Temples, Botanical Gardens.

Activities: Walking Tours, Inlaid Wood Demonstration, Authentic Trattoria Diner, Overnight Ferry Ride, Grotto, Cameo Workshop.

continued on next page

Of all the books in the world, the best stories are found between the pages of a passport



Gardens
PEDIATRICS

Infants • Children • Adolescents

Nagaraj Gowda, M.D.

Board Certified in Pediatrics

Services Provided:

- Immunizations • New Born Care • School Physicals •
- ADHD evaluation / management • Sick visits/Well child visits •

561-622-6610

500 University Blvd. • Suite 102 • Jupiter, FL 33458

Accepting New Patients

International Travel Groups *continued*

* **Hola – Adventures in Spain: Madrid, Toledo, Granada, Alhambra, Seville, Costa del Sol, and Gibraltar:** 2021 Summer 9 Days

Places: Madrid, Toledo, Consuegra, Granada, Seville, Costa Del Sol, Gibraltar, Alhambra
Sites: Puerta del Sol, Palacio Real, Prado, Don Quixote’s Windmills, Columbus’s commission and grave site, Moorish alcazaba fortress, palace, and medina. Andalusian region.
Activities: Walking Tours, Guided Tours, Flamenco dance, Scavenger Hunt, Gibraltar Monkeys.

2022 Trips

* **Bon Jour – Hallo: Paris-Brussels-Amsterdam: 2022 Spring Break:** 8 Days

Travel to Netherlands, Belgium and France.

Places to see: Amsterdam, Volendam, Zaanse, Brussels, Paris, Versailles
Sites: Anne Frank’s House, Koninklijk Paleis, Volendam, Zaanse, Rijksmuseum, European Union, NATO Headquarters, Atomium, Manneken Pis, Eiffel Tower, Champs-Elysees, Notre Dame, Louvre, Les Invalides, Versailles, Latin Quarters
Activities: Travel to 3 Different Countries, Walking Tours, Guided Tours, Scavenger Hunt.

* **G-Day Mate: New Zealand/Australia: 2022 Summer:** 12 Days

Places to see: Auckland, Rotorua, Waitomo, Sydney, Bondi Beach, Blue Mountains, Cairns, Great Barrier Reef


Sites: International Date Line, Maori Cultural Centre visit, Thermal Reserves, War Memorial Museum, Glowworm Grotto, Tarlton’s Underworld World Unit, Darling Harbour, Sydney Opera House, Royal Botanic Gardens, Mrs. Macquarie’s Point, Wildlife Sanctuary (Kangaroos and Koalas)

Activities: Snorkeling the Great Barrier Reef, Skyline Gondola, Maori Hangi Feast, Walking Tours, Cave Excursion, See the Australian Wildlife - Kangaroos and Koalas.

Take advantage of the super low monthly payments and the early enrollment discount. Please contact Mrs. Richichi at m.richichi@yahoo.com, if you are interested in learning more about the trips and want to enroll.



~Not School Sponsored~



La Ruffa Chiropractic + Sports Rehab
 Integration. Innovation. Invigoration.

561.745.1002
 Call us today!

654 West Indiantown Road, Suite 107
 Jupiter, FL 33458 • Fax: 561.745.7880
 email: info@drlaruffa.com
www.drlaruffa.com

- Physical therapy
- Massage
- Sports injuries
- Sports physicals

Dr. August J. La Ruffa III, D.C., C.C.S.P., F.I.A.M.A.
 Doctor of Chiropractic
 Certified Chiropractic Sports Physician
 Fellow of the International Association of Medical Acupuncturists



Lush Puppy
 pet resort & spa
 24-HOUR SUPERVISION



Reserve Your Dog's Day of Play or Vacation Today!

Luxurious Dog Resort Features

- Dog Boarding, Daycare, Grooming and Training
- Spacious suites with Cozy bedding and soothing music
- 11,000 sq. ft. of Artificial turf play yards with shaded Gazebos
- 6,000 sq. ft. of inside comfort-controlled playrooms
- Bone-shaped salt water swimming pool
- Professionally trained staff members (CPR & 1st Aid Certified) to ensure your pets are happy, healthy & safe
- Hurricane Safe Buildings with Complete Generator Back-up
- Owner lives on site for added Peace of Mind

561-745-1719 400 Capital St.
 Jupiter, FL

www.lushpuppypetresort.com

ORTHODONTICS



BY **BRADFORD**
 is proud to support

Independence Middle School

Call today for your
 FREE consultation

561.694.3006
www.orthobybradford.com

With this ad, New Independence Middle School patients will receive

\$300 OFF
 (New Patients Only)

invisalign teen *Live Life Smiling*



BARNES & NOBLE BOOKFAIRS

SAVE
THE DATE

Independence Middle

Thursday, October 10, 2019
Barnes & Noble in Legacy Place
PGA BLVD, Palm Beach Gardens

Come support Independence Middle and
enjoy performances by our Chorus and Band!

CAN'T ATTEND OUR BOOKFAIR AT BARNES & NOBLE?

Visit BN.COM/bookfairs to support us online from 10/10/19 to 10/15/19
by entering Bookfair ID 12548541 at checkout.

A percentage of your Barnes & Noble purchases will benefit our school/organization.

#BNBOOKFAIRS



Serving Thai & Japanese
Cuisine for over 20 years

www.thailotusflorida.com



137 N. US 1
Tequesta FL 33469
561.743.0069

201 N. US 1, Ste C4
Jupiter FL 33477
561.320.9121

12100 US-1, Ste F
N. Palm Beach FL 33408
561.626.8218



561-847-6832
Nadine@NadineMaltz.com

Visit www.JupiterInfoNow.com to
sign up to receive a Free Market
Valuation for your home!



NADINE MALTZ

Broker Associate

Student Council

Student Council would like to thank everyone who helped with Hurricane Dorian Relief efforts for the Bahamas. All items were delivered to the Albury Brothers and Operation 300 this week.

Also a big thank you to those who donated dollar amounts to the Red Cross Relief for the Bahamas.

YOU MADE A DIFFERENCE!



DISCIPLINE • FOCUS • LISTENING SKILLS

Becoming a better version of themselves



SYMMETRY
MARTIAL ARTS

Comprehensive, Age-Specific
Martial Arts Training

300 N Old Dixie Hwy, Unit 103,
Jupiter, FL • 561-972-7707

SymmetryMartialArts.com



- CAT & DOG GROOMING
- CAT & DOG BATHS
- EAR CLEANING
- NAIL CLIPPING
- DESHED TREATMENT
- NAGAYU CO2 TREATMENT
- PET BOUTIQUE

Call Today!

(561) 744-7211

BRING IN AD
FOR 10% OFF
1st GROOMING



930 W. Indiantown Rd. #201 • Jupiter, FL 33458 • gentletouchjupiter.com



Cosmetic & Family Dentistry

Kenneth A. Meinbach D.D.S.

Providing a dental experience
crafted to meet your individual
needs in a high-quality, pain-free
and comfortable office.

561.653.1163

www.MDentalJupiter.com

425 Greenwich Circle, Suites 101-102 • Jupiter, FL 33458

Services Include:

- Mouth guards
- Invisalign®
- Porcelain crowns
- Veneers
- Implant dentistry

Evening
Appointments
Available!



JUPITER'S GYM OF THE YEAR!

Stop in and check us out, with the most
equipment, classes, and cardio machines in the
area, we have something for everyone!

Amenities include, but are not limited to:

- Fully Equipped Saunas, Showers and Lockers Facility
- Experienced Child Care
- 5 Star Personal Training
- Group Classes
- Spin
- Silver Sneakers

1200 W. Indiantown Rd. • Jupiter, FL 33458

561-575-2622

WWW.JUPITERFITNESS.COM

TIME TRAVEL ESCAPES

Escape Rooms Jupiter

(561) 281-0326

401 Maplewood Dr. #19
Jupiter, FL 33458

Open Daily
10am - 10pm

TimeTravelEscapes.com

\$5 OFF
Students

Bring in ad to redeem.
Online code: TTEIMS.

Experience:

- 7 Escape Rooms
- 3 Virtual Reality Escapes
- Party & Team Building Event Room

SCUBA WORKS



351 S. US Hwy 1
Suite 103
Jupiter FL 33477

561-575-3483

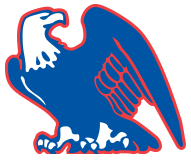
www.ScubaWorks.com

We Offer

- ▶ Learn to dive programs
- ▶ Continuing education programs for SCUBA
- ▶ Daily Dive charters to local dive sites
- ▶ Guided Dives and Snorkeling
- ▶ Full assortment of Scuba Equipment for sale
- ▶ We are a PADI (Professional Association of Dive Instructors) 5 Star Facility



Spring & Summer Break 2019 ▶ Activities for Divers, Snorkelers & Non Divers
Great for 12 and up. Parents welcome too!



Palm Beach County Public Schools
Independence Middle School
4001 Greenway Drive
Jupiter, FL 33458

Non-Profit Organization
U.S. Postage PAID
Orlando, FL
Permit #2346

To Addressee or Current Resident



8



Inside This Issue

Reading Really Counts
Dates Yearbooks Will Be On Sale
Cafeteria News
Sports
International Travel
Barnes & Noble Bookfairs
Student Council