



HAWK TALK

DECEMBER 2020

Issue 2

From the Principal's Desk

First, let me extend a huge thank you for your unwavering support as we continue to navigate these unique times together. We truly appreciate your encouragement, understanding, and support!

It is my honor to announce that our 2021 School-Related Employee of the Year is **Mrs. Jo Ann Hernandez**, our athletic secretary. Congratulations as well to our 2022 Teacher of the Year, **Mrs. Nadia Spence**, science teacher and Science Department chair! These two individuals are most deserving of this very special recognition, and we thank them for their continued excellent service to the students, parents, faculty, and staff of Lake Howell High School.

Just a reminder for all from my prior email messages: We still need your help to keep all students in school and learning daily. Everyone must do their part. We are relying on you to remember to stay socially distanced, even though you are wearing a face covering. This includes on campus at lunch, during class changes, and even when off campus before school, after school, and on the weekends. We also remind students that face coverings must always be worn, including during lunch, unless you are seated and eating. We will continue to communicate regularly with parents, students, faculty, and staff. I continue to be impressed by the work of our teachers, staff, and students and would like to thank everyone for your patience and understanding as we continue to work through this pandemic. Stay focused on academic goals, keep our campus safe, stay socially distanced when possible, always wear a face covering; and so long as we all do our part, we will all stay healthy together. Thank you!

With the testing that has already happened so far this year, our staff and students have been working hard and remain focused on student achievement. As I have been walking through classrooms with my administrative team, we are constantly impressed with the learning that is occurring both on our school campus and through our virtual classes.

As we begin to prepare for the upcoming holidays, we wish you all happiness, blessings, and great joy! *Go Silverhawks and Stay Hawk Strong!*

Lake Howell High School...***Together We Rise!***

Sincerely,

Michael D. Howard
Principal

Lake Howell High School...*Together We Rise!*



Lake Howell High School

Student Services News

Hawk Talk
December 2020 • Issue 2
Published Four Times Per Year
Lake Howell High School
4200 Dike Road
Winter Park, FL 32792

January / February / March

Registration for 2021 - 2022

As we enter into orientation and registration for the 2021-2022 school year, please take a few minutes to review the curriculum guide. The curriculum guide is available on our LHHS website and will be given to your student in late January. Take time to discuss course choices with your student. Just because your student is in high school does not mean parents should stop being involved! Please be aware of the courses for which your student is registering. This information is available through your Skyward Family Access account.

Your student should select courses that total 7 credits for next year, as well as alternates for elective courses. Alternate courses are just as important as the classes selected; these must be courses the student is willing to take in the event first choices do not schedule. Remember schedule changes are very limited. Also, please note that performance on FSA and EOCs determine whether a student has elective choices or will be placed in a remedial math or reading class. If you have questions about which courses are appropriate, contact your student's current teachers or counselor. As a reminder, 26 credits are required for graduation as well as a 2.0 cumulative grade point average and a passing FSA Reading & Algebra I EOC score.

Middle school students will receive registration materials at their middle school in January. On January 21st, there will be an 8th grade parent night, as well as curriculum and AP information.

Make sure your child has a completed registration card on file and that they have selected at least 7 credits for the next school year.

Junior Credit Checks

During the second semester, all third year students will meet with their assigned counselor. At that time, such topics as current credit status, graduation requirements, and post high school plans will be discussed. Juniors are encouraged to take an SAT or ACT in the Spring and to begin to research and visit potential colleges. A "Road to Graduation" meeting was held for junior parents in the Fall, so if you were unable to attend, visit www.lakehowell.scps.k12.fl.us/Student-Services to view the presentation.



Experience the difference in our school restaurant! For more information, visit: redappledining.com.

Financial Aid Forms and Workshop

The current financial aid forms for this year's seniors who are seeking financial assistance and scholarships to continue their education after high school are available online at www.lakehowell.scps.k12.fl.us/Student-Services/Financial-Aid-Scholarships. The Free Application for Federal Student Aid is required for most colleges and universities in order to determine Financial Aid. This form uses figures from the parents' income tax return. The FAFSA can be completed online at www.fafsa.ed.gov. Parents of seniors were able to complete this form beginning October 1, 2020. Counselors discussed Financial Aid at the Road to Graduation meeting in September and held a financial aid meeting in October. There will be another Road to Graduation Meeting in the Fall of 2021, where these topics will be discussed again. Any senior with financial aid questions will be best served by contacting the school they plan to attend next year. A good site for additional information on financial aid is www.studentaid.ed.gov.

Upcoming Test Dates

During the second semester, we recommend that college-bound juniors register for either an SAT or ACT or both. We also recommend these dates for retesting if our seniors are trying to increase their scores for the Bright Futures Scholarship. Registration information is in the Student Services lobby or on the LHHS Student Services website. Students may register online at www.collegeboard.org for the SAT and at www.actstudent.org for the ACT. They can also access free test preparation materials on these sites. Underclassmen in grades 9-11 will take the PSAT on January 26th. All juniors will take the SAT for free during a school day and do not need to register online. SAT school day for juniors this year is April 13. The remaining testing dates for the school year are:

- **SAT** – March 13, May 8, June 5
- **ACT** – February 6, April 17, June 12, July 17
- **AP Exams** – May 3 - 14 (There are NO makeup days for AP Exams)

Florida State Grants & Scholarships Program

Any senior interested in Florida State Grants & Scholarships (including the Bright Futures Scholarship) **MUST COMPLETE AN ONLINE APPLICATION AT** www.floridastudentfinancialaid.org. Once the application is completed, each student will receive a PIN number by email for future access. Please keep this PIN number in a safe place. Parents, please make certain your student has done this; it is the student's responsibility to complete the application in order to be evaluated for the scholarship. Student Services will automatically send a transcript to the state for evaluation purposes in January and June, but an application completed by the student must be on file for the transcript to be evaluated. Also, don't forget to complete community service hours as each level of the award now requires it. Submission of documented community services hours are due by May 1, 2021. You and your student can check their Bright Futures eligibility at <https://www.floridashines.org/go-to-college/pay-for-college>.

Senior End of Year Information

The basic cap and gown package is currently \$90. The Cap and Gown Fee **will increase** to \$110 on February 1, 2021. To pay these fees, go to: www.herfforlando.com.

Tentative Grad Bash Date: April 2, 2021.

- Tickets will be sold for \$95 beginning February 8.

Tentative Prom Date: April 10, 2021

Tentative Class of 2021 Graduation: May 18 @ 2:00 pm at the Addition Financial Arena

Grad Reader Cards: Grad Reader cards are used to call names at graduation and to mail the pictures that the photographer takes at graduation. Please complete the following link to be sure your name is called during the graduation ceremony: <https://bit.ly/21gradcard>

Business Partners

Lake Howell High School would like to thank the following Business Partners:

- Action Church
- Addition Financial
- AXA
- Care Spot (Oviedo)
- Car Wash Palace
- Chick-fil-A (Tuskawilla Rd.)
- Clippers Barber Shop
- Coffee Factory & Cafe
- Collins Dental
- Dairy Queen
- Dentists of Winter Springs
- Dunkin' Donuts (Howell Branch location)
- Evelyn Alicea Realtor
- Firehouse Subs
- Fresh Market
- Hand & Stone Massage and Facial Spa (Winter Springs)
- Hokkaido Restaurant
- Island Fin Poke
- Jeremiah's
- Jersey Mike's
- Mission BBQ
- North End Pizza
- Nothing Bundt Cake
- Outback Steakhouse
- Romano's Macaroni Grill
- Sleep Number
- Smoothie King
- South Beach Tanning Salon
- Sports Clips Haircuts
- Stefano's Trattoria
- Subway
- Sweets by Holly
- The Faceology @ iStudio
- Tijuana Flats
- Tires Plus Total Car Care
- UFC Gym
- U.S. Army
- VALIC
- Trails at Aloma
- Zoe's Kitchen
- 9 Rounds Kickbox Fitness



Band

All State Band Student - Elizabeth Langston

Concert Band Events - these events may be virtual performances.

February 4 - FBA District 6 Jazz Band MPA @ Seminole HS

February 5 & 6 - FBA District 6 Solo and Ensemble @ Seminole HS

March 4 & 6 - FBA District 6 Concert Band MPA @ TBD/Lake Mary HS

April 21 - Jazz in the Courtyard

May 3 - Spring Band Concert @ Lake Howell HS

Winterguard

Performance Dates

February 13 - FFCC Premiere Show @ Cypress Creek High School

February 20 - FFCC Competition @ Lake Howell HS

March 6 - FFCC Competition @ Oviedo HS

March 13 - FFCC Competition @ University HS

March 27 & 28 - FFCC Championships @ Daytona Ocean Walk Center

May 5 - Spring Guard Showcase @ Lake Howell HS



Yearbooks on sale

Remember the year forever, buy the yearbook today.



Yearbooks

Yearbooks are available for pre-order on yearbookforever.com for \$75. The price will increase to \$85 on March 23. Make sure you are following us on Instagram and Twitter @ wingslhhs and on Facebook at Lake Howell WINGS Yearbook.



Oral & Facial Surgeons of Mid Florida

Jeffrey Beattie, D.M.D. ♦ Bob Garfinkel, D.M.D.
Charles McNamara, D.M.D.

www.ofsmidfl.com

Wisdom Teeth ♦ Sedation ♦ Dental Implants

Winter Park
(407) 644-0224

Longwood
(407) 774-3399

Orlando
(407) 843-1670

GO
SILVER HAWKS!

Choosing the Road to Recovery...

Call Anytime
407.699.5506



TUSKAWILLA
NURSING & REHAB CENTER

TUSKAWILLA NURSING AND REHAB CENTER
1024 Willa Springs Drive
Winter Springs, FL 32708

Dustin Project CAN BRING HOPE!

To Donate, Visit Our Website!

Assisting Seminole County Middle / High School Students with the bereavement process following the death of someone they love.

FREE COUNSELING



GRIEF-MOVING INTO HOPE

If you are a grieving student and have experienced the death of a friend or loved one

DON'T FACE IT ALONE

24-HOUR REFERRAL LINE

407-701-9207

www.dustinproject.org

Your Neighborhood Pizzeria

Tuscany Pizza

407-681-2100

ORDER ONLINE @
www.TuscanyPizzaWP.com

Marine Science Beach Trash Pickup

Students in Mr. Cutcher's Marine Science Honors class completed service-based projects over the past nine weeks - removing over 500 lbs. of trash from the environment! Well done, Silverhawks!



Lake Howell Little Hawks

Little Hawks has one opening for January! Hands-on learning in a fun and active environment. Child must be 3 and potty-trained. 4 days a week, 7:30am - Noon and only \$90/month. Email Mrs. Legler at Caroline_Legler@scps.k12.fl.us to join. First day of preschool is January 11!



LATINOS IN ACTION SPOTLIGHT

"A Taste of the Real World"

By: Aracely Gimenez

Well, it's my senior year, and who knew I would be spending it like this. Senior year is hard enough, and; I decided to add something more to it by getting a job. I'm realizing that it's okay because I am slowly learning new things and gaining more leadership skills. I knew I needed the experience of a work life while being a senior in high school, so I did it anyway because I knew I could do it. When you decide to get a job and go to school at the same time, you have to learn how to balance the two--which is something I am still working on. There is no right way to do it, honestly; anyone who does it is doing it "right." Everyone has their own way of doing things, so if someone is balancing work and school differently than someone else then it's okay. I say this because if I ask someone else who works and is a senior how they balance work and school, their answer will be completely different from mine. The only thing we would agree on is how tired we are. But honestly, I can't really complain because having a job your senior year feels like you have more freedom since you are earning your own money and have the chance to spend it in any way that you want. Latinos in Action has taught me not to give up and continue what I'm doing because everything will be worth it at the end. That is mostly the thing you will hear when you have a job and go to school and are really tired. It's true but it won't seem like it for a while. LIA has also taught me that what I'm doing can prove to many people that I can be a great leader as I learn many leadership skills at work and at school. Which is really important when you are a senior and graduate high school to go into the "real" world.

CHOOSE EXPERT SURGICAL CARE TO GET BACK TO WHAT YOU LOVE.

Whether you're looking at traditional or robotic surgery, Orlando Health South Seminole Hospital's surgical team is ready and equipped to get you feeling better and back to the things you love. And you can be confident that a focus on your safety continues to be a top priority in our delivery of quality care.

ORLANDO
HEALTH®

South Seminole
Hospital

(321) 8HEALTH (843-2584)

ChooseOrlandoHealth.com/Seminole





Junior Civitan

As Civitan International's longest standing program, Junior Civitan International brings together thousands of middle and high school students across the globe in the name of service. Hundreds of clubs, including Lake Howell Junior Civitan participate in service projects like school clean-ups, collection drives, awareness campaigns, and volunteer activities at local agencies or in their own schools with their peers who live with an intellectual or developmental disability. In addition to serving our community, Lake Howell Junior Civitans have an incredible opportunity to grow in their leadership skills by holding officer positions at the club, district, or international level. Being a member in-good-standing opens up a plethora of opportunities to grow in their skillset, meet Junior Civitans from across the globe, receive scholarships, earn Bright Futures hours, and create memories that will last a lifetime. Just like Civitan, Junior Civitan has a special focus on helping people with developmental disabilities. This is most visible through the Civitan International Research Center, a world-class facility dedicated to research into illnesses such as autism, brain cancer, cerebral palsy, and other illnesses of the human brain. Junior Civitans meet each year for the annual Sno-Do and Dance-a-thon fundraisers, which benefit this crucial research. During the 2018-2019 school year, our Lake Howell Junior Civitan Club received FIVE 1st place awards and a second place award at the state level. At the International level our Lake Howell Junior Civitan Club earned 1st place for Advisor of the year and 2nd place for Campus project of the year! During the 2019-2020 school year we received three 1st place awards and a second place award at the state level. At the International level we received two 1st place awards for Campus Project of the Year and Club Officer of the Year. If you would like to join our award winning Lake Howell Junior Civitan club, contact Ms. King in Student Services at Heather_King@scps.k12.fl.us for more information!

Lake Howell Athletics

All Fall sports got to complete their season, and many teams had successful years. Thank you to all the parents and supporters who helped follow guidelines while attending events. Winter Sports are up and running, with many teams already halfway through their seasons. Check GoFan.com for upcoming ticketed events; we would love to see you at some events this winter.

Spring sports will be starting before we know it. Please call the athletic office at 407-746-9011 for more information about start times and coach's information for baseball, softball, tennis, water polo, boys' volleyball, and Lacrosse.

You must have a current physical uploaded and completed on Athletic Clearance to be cleared to participate. Please visit the Lake Howell home page for more information or go to www.athleticclearance.com to start the process.

If at any time you have questions or need information, please feel free to contact the Athletic Department; and as always, GO SILVERHAWKS!

Sincerely,
Danya Harris, Athletic Director



SILVERHAWKS



Dean H. Whitman, DMD
Pablo Martinez, DMD
Don E. Tillery, Jr., DMD
Avery D. Goldberg, DDS
Aaron L. Campbell, DMD
oofs.net

Contact Us Today!

407-629-4444

- Wisdom Teeth
- IV Sedation
- Tooth Extractions
- General Anesthesia
- Dental Implants
- Facial Trauma

Winter Park / Lee
407-629-4444
2045 Lee Road

Oviedo
407-359-5401
521 E. Mitchell Hammock Rd.
#1001

Winter Park / Morse
407-628-5400
800 W. Morse Blvd. #2

GO HAWKS!



PTSA



*Thank you to
our AMAZING
Teachers & Staff
who joined
PTSA this year!*

Even with a limited staff on campus and many teachers teaching from home on SCVS, we have 94 PTSA members that are on staff at LHHS.

Thanks to our business partner Jersey Mike's for partnering with us December 2nd & our dedicated volunteers (Evelyn & Aweina) distributing lunch boxes. It's no easy feat creating ways to support our teachers & staff this year but our Hospitality Chair (Lorrie Bell) and her supporting volunteers never give up!



Although our staff greatly missed the PTSA Cookie Extravaganza, they brainstormed a new way to celebrate our hardworking LHHS Teachers & Staff! Traditionally, they would ask parents to bake or buy sweet treats for a Cookie Extravaganza but decided that's just not the "right fit for right now." This year, they created stockings for all of our teachers and staff and presented it to them at a socially distanced holiday luncheon provided by Mr. Howard, Addition Financial and Lake Howell Culinary!

Food Pantry

Lake Howell Food Pantry is open Monday - Friday from 9am-2pm. Drive up on the bus ramp, give us a call at 407-746-9050, and we can provide curbside service.

MODERN 
PLUMBING INDUSTRIES, INC.

407-409-8564

Proudly Serving Central Florida Since 1975

www.modernpi.com

Always available for 24/7 Emergency Service
Plumbing • Drain & Sewer • Water Heaters
Water Treatment Systems • Commercial Plumbing • Remodeling



The time is finally here! We have officially begun our tardy tracking system, Tardy Kiosk. The new system has two phases. Phase 1 began on Monday, December 7.

Phase 1: December 7-18, 2020

- Students and Parents received notification about the new tardy tracking system
- Classroom doors remain locked at all times
- Students who are tardy may not be admitted without a pass
- Students can obtain passes in the following locations: Front Office, Discipline Office, or Mobile Station (located in the courtyard and by the cafeteria)
- Students will receive warnings and parental contact through Skyward
- Tardies will reset at the end of Q2

Phase 2: January 4, 2021

- All components from Phase 1
- Students will receive consequences through Skyward for tardy infractions

Lake Howell Theatre Company Proudly Presents...

Thespian Troupe 4937 just completed their District Festival this past November. Please help us in congratulating all our students including our top honor winners below:

Our Thespian Troupe 4937 had a successful run at Regionals this year. We had 25 Superiors and 13 Excellents and tied with one other school for the most "Top Honors"—recognized highest scoring pieces, with 6 total! Go Silver Hawks!



The Lake Howell Theatre Company proudly presents their winter mainstage Antigone, January 21-23. Antigone is a tragedy written by Sophocles in the year 441 BCE and is a play about the aftermath of a civil war in which the two sons of Oedipus, Eteocles and Polyneices, kill each other, where the new king and their successor, Creon, tries to punish Polyneices for his disloyalty by not burying him properly. The show will have limited, socially distant seating and all audience members will be asked to remain masked during the production. Tickets are \$5 in advance and \$8 at the door. For more information please email Tiffany Ortiz at lhtc4937@gmail.com and make sure to follow the Lake Howell Theatre Company on Instagram (@lhtc4937), Twitter (@lhtc4937), Facebook (Lake Howell High Theatre Company) and our new website (www.lhtc4937.com)!

Below you will find those distinctions:

Costume Design | LAKE HOWELL HS
Grease the Musical - Cory Cordero

Duet Musical | LAKE HOWELL HS
I Will Never Leave you-Sideshow
Madison Gilleon & Ascenza Klem

Duet Acting | LAKE HOWELL HS
Chicken Bones for the Teenage Soup
Alexandra Alfaro & Emily Mason

Solo Musical | LAKE HOWELL HS
I Don't Wanna be Heard-Ordinary Days
Emerson Short

Costume Design | LAKE HOWELL HS
Beetlejuice
Gabrielle Jacquemond

Duet Acting | LAKE HOWELL HS
All of You
Olivia Migliorato & Bryanna Valderrama

If You're Investing with FRS, YOUR FINANCIAL FUTURE

Could Be
at RISK



What do you need to know? Contact us Today!

FRS * DROP * 403(b) * TSA

WARNING:

The FRS Pension Plan is less than 100% funded.

Edwards Financial Services can provide you with customized investment options that help minimize risk, protect your assets and contribute to achieving your goals – all with a superior level of personal attention and service.

**Edwards Financial
Services**

Contact us for a complementary analysis.

407-678-9400 | EFS-Advisors.com



Chorus & Orchestra

Lake Howell High School Chorus and Orchestra have the honor of being represented in the 2021 All-State Convention. We have one student, Kerri Martin, who is a senior, make All-State Chorus and Rubina Torkzadeh, who is a freshman, make All-State Concert Orchestra. This year we are looking forward to spreading holiday cheer by recording wonderful performances from each Choir and the Orchestra. This year, Chorus also will be collaborating with dance in one of the pieces entitled "Imagine" from the one and only John Lennon.

Dance



The Lake Howell Dynasty Dancers were selected to perform for Arts Alive!

In addition, they won 1st place in October's Howie's Horror Night!

November Car Wash - over 500 dollars- thank you for all who supported!

Upcoming Performances

March 6 - MA competition at Seminole High School.

April 29-30 - Spring dance concert in LHHS auditorium.

Culinary Arts

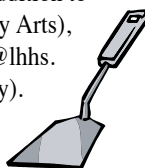


It's been a busy school year so far in Culinary.

In August we welcomed our newest teacher, Ms. Michelle Negron-Marrero to the Lake Howell family. Ms. Negron previously had been working in the industry as a pastry chef in the Miami metro area. She is a graduate of Johnson & Wales University with a bachelor's degree in Culinary Arts and an associate degree in Baking & Pastry. Ms. Negron is currently teaching the Principles of Food Preparation classes as well as two classes of Culinary 1 (our first and second level courses here at Lake Howell).

The Culinary 3 students are finishing up their industry certification testing. So far, we have twenty-five students who have now achieved their industry certification through National Registry of Food Safety Professionals (at a Manager level). Six students have also earned their dual certificate (ServSafe Manager Food Protection Manager). Certification is not only highly desirable in the industry (helping students secure jobs) but is also one of the requirements to take the Culinary 4 honors course Senior Year.

Speaking of Culinary 4, the seniors this year are proving they are the true "CREAM OF THE CROP". The Culinary 4 class has traditionally operated our lunch program, both for the student window and the faculty restaurant, the Back-Corner Café. But the seniors in this year's class are taking that one step further and working on building a BRAND. They have been essential in revamping our faculty menu, offering new salads, sandwiches, and panini's. In response to COVID-19, we now have an online ordering system for faculty meals, a delivery service and even contact-less payment. In addition to our Facebook Group (Lake Howell Culinary Arts), we also have new Instagram, Twitter (@lhhs.culinary) and Tik Tok pages (@lhhs.culinary). Please join or follow us to see more news, celebrations, recipe features and more.



Dr. Robert Burks
DDS, PA

Smile with Confidence

Winter Springs Town Center
1142 East State Road 434
Winter Springs

407-327-2030
www.DrRobertBurks.com

Quality Dentistry with a Gentle Touch

Santino's
PIZZA • WINGS

Bring in your Student ID for 10% OFF your order!

321-316-4210
5420 Deep Lake Rd
OVIEDO

Buy a **LARGE PIZZA**
Get a **MEDIUM CHEESE PIZZA FREE**

Coupon can NOT be combined with other offers.

Dancer's Edge

7351 Aloma Ave. • Winter Park, FL 32792
407.679.8118

- Classical Ballet/Pointe
- Tap
- Flamenco
- Lyrical
- Hip Hop
- Pre Ballet
- Contemporary/Modern
- Jazz

Classes for ages 3-adults
Unique Performing Opportunities
www.DancersEdgeInc.com

THE TRICITY COUNCIL OF AMERICA

PEDIATRIC DENTAL GROUP

407-512-5090
Schedule your appointment today!

WINTER PARK OFFICE
5518 Lake Howell Rd.
Winter Park, FL 32792

www.PDGOrlando.com

A HEALTHY Smile LASTS A LIFETIME

DAVE SCHOOL
Located @ Universal Studios, Florida.

TRAINING THE NEXT GENERATION OF **GAME AND VFX ARTISTS**

Visit DAVESchool.com/highschool For More Information

Encompass Health
Rehabilitation Hospital of Altamonte Springs

831 South State Rd 434 • Altamonte Springs, FL 32714
www.encompasshealth.com/altamontespringsrehab

GATOR'S DOCKSIDE FLORIDA

5275 Red Bug Lake Rd.
Winter Springs, FL 32708
407.695.6622

\$5 OFF \$30 Purchase with Coupon

Not Valid with other Specials or Rewards

WINGS, RIBS, SEAFOOD & SPORTS

www.GATORSDOCKSIDE.com



HAWK TALK

Seminole County Board of Education
Lake Howell High School
4200 Dike Road
Winter Park, FL 32792

Non Profit Organization
U. S. Postage PAID
Orlando, FL
Permit # 2346



<http://www.lakehowell.scps.k12.fl.us>

Current Resident or

8



FOLLOW US: Twitter & Instagram



Freshman: @2024LHHS

Sophomore: @2023LHHS

Junior: @2022LHHS

Senior: @2021LHHS

SGA: @LHHSSGA