



# **OCTOBER 2022**

# lssue 1



# From the Principal's Desk

Dear Parents and Students:

Welcome to Lake Howell High School, home of the *Silverhawks!* We want to extend a very warm Silverhawk welcome back to our virtual learners returning to campus this school year as well.

The 2022-2023 school year will most likely continue to present us with some challenges, but through the combined positive efforts of our faculty, staff, students and parents, we will continue to do our very best to keep everyone safe while providing a quality education for our students. We are all united in our efforts to make this a most successful school year, and we truly appreciate your patience and understanding. Our theme for this year, "*Preparing for Greatness*", is most appropriate, as we begin the planning stages of our upcoming campus renovations. More information about this will be shared throughout the school year.

The Lake Howell High School community has established a tradition of academic, athletic, and arts excellence. This is the result of an outstanding faculty and staff, combined with the dedication of our students, parents and guardians, and our supportive business partners. We are happy to welcome the new teachers and non-instructional staff joining our Silverhawk family this school year.

There has been a lot going on over the past summer. Many thanks to our administrative team, school counselors, faculty and staff for their hard work in preparation for a successful start of the school year – distributing and collecting laptops, changing class selections, and transitioning to the Florida's Benchmarks for Excellent Student Thinking (B.E.S.T.) Standards. Many thanks to our PTSA and School Advisory Council for the continued support for our faculty, staff and students. Parents interested in getting involved with our PTSA should email mia\_keyser@scps.k12.fl.us.

We invite your active involvement to help us become the best that we can be – with your support, we can look forward to continuing our rich tradition of excellence!

Lake Howell High School... Preparing for Greatness! GO SILVERHAWKS, AND STAY HAWK STRONG!

Sincerely,

Michael D. Howard, Principal

Lake Howell High School...Together We Rise!



# **Student Services News**

Hawk Talk October 2022 • Issue 1 Published Four Times Per Year Lake Howell High School 4200 Dike Road Winter Park, FL 32792

News – Counselors have been busy this first nine weeks getting to know their students, as well as continuing to enroll new ones almost daily. Senior credit checks started the first week in September to discuss graduation requirements and post high school plans.

Student Services will be utilizing Skyward, Ecampus, and Instagram to send out notifications and information. Follow us on Instagram: LHHS StudentServices. All students are enrolled in the Student Services Ecampus course. Visit the course for valuable information from community service documents to virtual college visits.

The PSAT will be given on October 12th. The PSAT is given once a year and is good practice for the SAT. All 9th, 10th, and 11th graders will test. This is the only chance for juniors to compete in the National Merit Scholarship Competition. 12th graders will take the SAT this day.

Seniors – Seniors should be completing college applications and sending transcripts. To send a transcript, complete a request here https://tinyurl.com/LHHSTranscriptRequest. Please keep in mind that though you may request an electronic copy to be sent that day, the county only sends these records Tuesdays & Thursdays. Hard-copies of transcripts will be sealed in an envelope for the student to pickup and mail themselves. Be sure to apply early (at least one school by Thanksgiving!). Florida colleges fill up quickly as supply is less than the demand. Pay attention to each college's application deadline as they don't all have the same one.

#### **Tips for Seniors & Parents from College Financial Services**

- Find out about grants & scholarships that are available in your ٠ state; make sure you understand the requirements (www. floridastudentfinancialaid.org)
- Find out if the schools of your choice have their own financial aid applications that need to be filled out. Be sure to request one now if you have not done so.
- Don't assume you won't qualify for need-based financial assistance. Apply even if you think you won't qualify. Students who receive financial assistance come from a wide variety of family income levels since many factors affect eligibility.

Make sure you know about all the deadlines. Deadlines vary

from school to school and program to program, and are very rarely extended!

- Make copies or notes about all documents you send; record when and to whom you sent them.
- The FAFSA for 2023-2024 (the year students will be in college) can be submitted any time after October 1, 2022. Go to www. fafsa.ed.gov, the official website for the free financial aid form. We will have a FAFSA Open Lab on October 18, 2022 from 5:00 to 7:00 pm.

Scholarship Information- Scholarship information is beginning to arrive. As this is received, the information is placed on the announcements, as well as being posted in classrooms, and listed on the website (https://lakehowell.scps.k12.fl.us/student-services). Seniors should be checking weekly for this information.

Florida State Grants & Scholarships Application (this includes Bright Futures.) Any student who applies for the Bright Futures Scholarship MUST complete an online application at http://www. floridastudentfinancialaid.org/SSFAD/bf/. Once the application is completed, each student will receive a PIN number for future access. It is important that you don't lose this information as you will need to access your scholarship for the next four years with this login and pin. Senior parents, please make sure your student completes the online application. We encourage all seniors to apply once the application opens as it also evaluates them for other state grants and scholarships they may be eligible for. This application process should open for this year's seniors October 1, 2022.

Test Dates- You can register and access practice materials online at: www.collegeboard.org and https://www.khanacademy. org/test-prep/sat for the SAT and at www.actstudent.org for the ACT. Please note the registration deadlines are usually one month before each test date.

#### SAT DATES:

10/1/2022, 11/5/2022/12/3/2022, 3/11/2022, 5/6/2023

#### **ACT DATES:**

9/10/2022, 10/22/2022, 12/10/2022, 2/11/2022, 4/15/2022

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# ASL News and Happenings

- Deaf Lunch Mondays & Thursdays in 01-157!
- ASL Club & Honor Society- First meeting will happen after school in 01-157. The date is TBD.
- ASL 3/4 will be interpreting the National Anthem at ALL Home football games!

# Leadership News

The Leadership sponsors for this school year are as follows:

- Freshman & Sophomore Class: Mrs. Hockenjos
- Juniors: Mrs. Rivas-Cole
- Seniors: Ms. Storey
- SGA: Ms. Dopson

Please contact the sponsor of each specific class with questions.





## **Best Buddies News**

The Lake Howell Best Buddies club has started again! We are looking for anyone interested in becoming a member! We have a lot of fun and do great activities! Best Buddies is a nonprofit organization dedicated to establishing a global volunteer movement that creates opportunities for one-to-one friendships, integrated employment, leadership development and inclusive living for people with

intellectual and developmental disabilities. Best Buddies High Schools fosters one-toone friendship between students with and without IDD. For questions about the group or if you want to sign up, please see Ms.Turja in room 03-209 for more information.



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### LHHS PTSA News

Another year is about to kick off and your PTSA is hard at work making it the best one yet. Join us using the following link: lakehowell.scps.k12.fl.us/ resources/ptsa.stml

# Culinary

On Wednesday, September 7th Culinary Sales window officially opened for the year! The classes have been busy taking their Safety and Sanitation exams and are anxious to work in the lab preparing food. Students in the Culinary 2 class (our juniors and seniors) are studying for their industry certification exams, but will be finished soon. If you know a student in those classes, pass along some words of encouragement...these exams are Culinary's version of "Advanced Placement" courses. They involve a LOT of information. While the content we do use in class on a daily basis, there is other content that is more manager-level knowledge and completely new to them. But lab days and amazing food are coming soon!

Culinary also has already been busy with catering and special orders. We recently catered the Hawk Hall of Fame reception as well as the quarterly breakfast for the Principals and Athletic Directors for all of the elementary and middle schools that feed into Lake Howell. The Social Studies team also ordered a TailGate party themed lunch with rave reviews on the potato salad and our BBQ Smoked & Glazed Hot Dogs.

To keep up with all of the amazing food Culinary is making and our students' skills, follow us on social media. On Twitter, Instagram and TikTok you can find us @lhhs.culinary and on Facebook look for Lake Howell Culinary Arts.

Tammy Glass Robin Lacerenza Michelle Negron











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## NJROTC

#### Lake Howell High School NJROTC Battalion

The acronym "NJROTC" stands for Naval Junior Reserve Officers Training Corps. The most frequently asked question is if it is required to join the military after graduating from school? The answer is NO. JROTC is not a recruiting tool. Instead, NJROTC is best described as a helping hand. The program aids cadets in developing a sense of discipline, character, and the ability to follow as well as to lead! This program teaches young people countless new things which unlocks talents many individuals never knew they had. The advantages Cadets gain from NJROTC are tremendous. Cadets gain necessary life skills which prepares them for the future.

This program consists of a combination of aca- demics and physical fitness. It is inclusive of several different areas from the U. S. Navy which includes leadership, followership, oceanography, and naval his- tory. Cadets participate in teams such as color guard, aviation, marksmanship, academics and unarmed/ armed drill. Here's a brief description of the three pillars of Silverhawk Battalion:

#### **Color Guard**

Ceremonial Flags are a significant part of the NJROTC program. Cadets carry ceremonial rifles, and the Navy service flag in tradition while protecting the National flag. Before all major events, The Color Guard presents the National flag in unison with the playing of the National Anthem. This tradition is rich in history and national pride. In addition, the Color Guard participates in all major JROTC competitions. Silverhawk Battalion is recognized as having one of the best Color Guards in Florida's Area 7.

#### Aviation

Lake Howell High School is partnered with Embry- Riddle Aeronautical University. As such, under the JROTC umbrella, various aviation courses are offered. Cadets have the opportunity for dual enrollment in classes including aerospace technologies, principles of aerospace, and unmanned technology. Upon completion of these courses, Cadets will earn industry certification through the Unmanned Safety Institute, and they'll have the opportunity to attain the FAA Part 107 certificate



#### **Marksmanship**

This can be described as a sport skill where an air rifle is aimed, controlled, and fired to consistently hit a target as well as a sport that has a huge military heritage. Cadets learn gun safety and basic marksmanship in range firing activities inclusive of competition firing in a series of positions. There are exceptional qualities of this sport, one being it's open to all Cadets. It is an exciting and uniquely challenging sport that teaches safety through rules and responsibility as well as concentration, goal setting and teamwork.

ROTC presents a variety of activities aimed at revealing a cadet's better version of themselves.

Semper Fidelis, Master Sergeant J. I. Ulloa





# **Spirit Shirts**



# **Senior Shirts**



# SGA Waiver



# Lake Howell Football Theme Games



# Yearbooks:

- Yearbooks are available for pre-order on www.yearbookforever.com
- Yearbook prices are
  - \$65 from 9/1 to 12/1
  - \$75 from 12/2 to 3/21
  - \$85 from 3/22 to the end of the year
- Don't miss out! We sold out in last school year!

#### Senior Portraits:

- The deadline for Senior Portraits is October 15 at Leonard's Studio.
  - This is the deadline for the portrait to be included in the yearbook.
- Leonard's will be on campus to take portraits on October 13
- Sign up at www.leonards.com
- For questions about Senior Portraits, contact: customerservice@leonards.com or 800-215-4852.

Senior Dedications:

- Senior Dedications can be ordered on www.yearbookforever.com
- The deadline to order is December 16.
  - Prices are
    - Full Page: \$325
    - Half Page: \$225
    - Quarter Page: \$125
    - Eighth Page: \$75
- For questions, contact: lhhs\_yearbook@ scps.us

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# **Business Partners**

Lake Howell High School would like to thank the following Business Partners:

Action Church Addition Financial AXA BJ's Restaurant and Brew House Care Spot (Oviedo) Car Wash Palace Chick-fil-A (Tuskawilla Rd.) **Clippers Barber Shop** Coach Kelly LIVE Coffee Factory & Cafe **Collins** Dental Dairy Queen **Dentists of Winter Springs** Dunkin' Donuts (Howell Branch location) Elks Lodge of Winter Park **Evelyn Alicea Realtor Firehouse Subs** Fresh Market Hand & Stone Massage and Facial Spa (Winter Springs) Hokkaido Restaurant Island Fin Poke Jeremiah's of Winter Park

Jersey Mike's Mission BBQ North End Pizza Nothing Bundt Cake **Outback Steakhouse** Papa John's Pizza Romano's Macaroni Grill Sleep Number Smoothie King South Beach Tanning Salon Sports Clips Haircuts Stefano's Trattoria Subway Sweet by Holly The Faceology @ iStudio Tijuana Flats Tires Plus Total Car Care UFC Gym U.S. Army VALIC Financial Trails at Aloma Zoe's Kitchen 9 Rounds Kickbox Fitness



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