



HAWK TALK

SEPTEMBER 2021

Issue 1

From the Principal's Desk

Dear Parents and Students:

Welcome to Lake Howell High School, home of the **Silverhawks**! We want to extend a very warm *Silverhawk* welcome back to our virtual learners returning to campus this school year as well.

The 2021-2022 school year will most likely continue to present us with some challenges, but through the combined positive efforts of our faculty, staff, students and parents, we will continue to do our very best to keep everyone safe while providing a quality education for our students. We are all united in our efforts to make this a most successful school year, and we truly appreciate your patience and understanding. Our theme for this year, *"Creating a Blueprint for Success"*, is most appropriate, as we begin the planning stages of our upcoming campus renovations. More information about this will be shared throughout the school year.

One of our goals this year is to be an "A" school. The Lake Howell High School community has established a tradition of academic, athletic, and arts excellence. This is the result of an outstanding faculty and staff, combined with the dedication of our students, parents and guardians, and our supportive business partners. We are happy to welcome **11 new teachers and 9 new non-instructional staff** joining our Silverhawk family this school year.

There has been a lot going on over the past summer. Many thanks to our administrative team, school counselors, faculty and staff for their hard work in preparation for a successful

start of the school year – distributing and collecting laptops, changing class selections, and transitioning back to face-to-face learning. Many thanks to our PTSA for the continued support for our faculty, staff and students. PTSA helps our school in many ways (sponsoring our welcome back breakfast, purchasing our faculty school shirts, fundraising for water filtration fountains on campus). Many thanks to our School Advisory Council for their continued support. Parents interested in getting involved with our PTSA should email arika_sutton@scps.k12.fl.us; parents interested in SAC email tonya_thompson@scps.k12.fl.us.

We invite your active involvement to help us become the best that we can be – with your support, we can look forward to continuing our rich tradition of excellence!

Lake Howell High School... Creating a Blueprint for Success!

GO SILVERHAWKS, AND STAY HAWK STRONG!

Sincerely,

Michael D. Howard
Principal

Lake Howell High School...Together We Rise!



Lake Howell High School

Student Services News

Hawk Talk
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Lake Howell High School
4200 Dike Road
Winter Park, FL 32792

Fall 2021

News –

Counselors have been very busy this first nine weeks getting to know their students as well as continuing to enroll new ones almost daily. Senior credit checks will be conducted the first week in September to discuss graduation requirements and post high school plans.

Student Services will be utilizing Skyward, cCampus, and Instagram to send out notifications and information. Follow us on Instagram: @LHHS_StudentServices. All students are enrolled in the Student Services cCampus course. Visit the course for valuable information from community service documents to virtual college visits.

The PSAT will be given on October 13th. The PSAT is administered each year, and its results are used for graduation requirements, scholarship opportunities, and student course placement. All 9th, 10th, and 11th graders will test. This is the only chance for juniors to compete in the National Merit Scholarship Competition. 12th graders will take the SAT this day.

Seniors –

Seniors should be completing college applications and sending transcripts if they have not already done so. To send a transcript, complete a request here <https://tinyurl.com/LHHSTranscriptRequest>. Please keep in mind that though you may request an electronic copy to be sent that day, the county only sends these records Tuesdays & Thursdays. Hard-copies of transcripts will be sealed in an envelope for the student to pick-up and mail themselves. Be sure to apply early (at least one school by Thanksgiving!). Florida colleges fill up quickly as supply is less than the demand. Pay attention to each college's application deadline as they don't all have the same one.

Tips for Seniors & Parents from College Financial Services

- Find out about grants & scholarships that are available in your state; make sure you understand the requirements (www.floridastudentfinancialaid.org)
- Find out if the schools of your choice have their own financial aid applications that need to be filled out. Be sure to request one now if you have not done so.
- Don't assume you won't qualify for need-based financial assistance. Apply even if you think you won't qualify. Students who receive financial assistance come from a wide variety of family income levels since many factors affect eligibility.
- Make sure you know about all the deadlines. Deadlines vary from school to

school and program to program, and are very rarely extended!

- Make copies or notes about all documents you send; record when and to whom you sent them.
- The FAFSA for 2022-2023 can be submitted any time after October 1, 2021. Go to www.fafsa.ed.gov, the official website for the free financial aid form. Seminole County Public Schools will be offering FAFSA application support this fall. Please keep an eye out for announcements.

Scholarship Information- Scholarship information is beginning to arrive. As this is received, the information is placed on the announcements, as well as being posted in classrooms, and listed on the website (www.lakehowell.scps.k12.fl.us/Student-Services). Seniors should be checking weekly for this information. Computers with internet access are available for students to use in the Media Center and in the Student Services area for scholarship searches.

Florida State Grants & Scholarships Application (this includes Bright Futures.) Any student who applies for the Bright Futures Scholarship **MUST complete an online application at** <http://www.floridastudentfinancialaid.org/SSFAD/bf/>. Once the application is completed, each student will receive a PIN number for future access. It is important that you don't lose this information as you will need to access your scholarship for the next four years with this login and pin. Senior parents, please make sure your student completes the online application. We encourage all seniors to apply once the application opens as it also evaluates them for other state grants and scholarships they may be eligible for. **This application process should open for this year's seniors October 1, 2021.**

Test Dates -

Registration information and practice booklets are available in the guidance lobby. You can also register and access practice materials online at: www.collegeboard.org and <https://www.khanacademy.org/test-prep/sat> for the SAT and at www.actstudent.org for the ACT. Please note the registration deadlines are usually one month before each test date.

ASL News and Happenings

- Deaf Lunch - Mondays & Thursdays in 01-157!
- ASL Club & Honor Society- First meeting will happen after school in 01-157. The date is TBD.
- ASL 3/4 will be interpreting the National Anthem at ALL Home football games!

Leadership News

The Leadership sponsors for this school year are as follows:

- Freshman & Sophomore Class: Mrs. Hockenjos
- Juniors: Mrs. Rivas-Cole
- Seniors: Mrs. Judge
- SGA: Ms. Dopson

Please contact the sponsor of each specific class with questions.

Best Buddies News



The Lake Howell Best Buddies club is getting ready to start again! We are looking for anyone interested in becoming a member! We have a lot of fun and do great activities! Best Buddies is a nonprofit organization dedicated to establishing a global volunteer movement that creates opportunities for one-to-one friendships, integrated employment, leadership development and inclusive living for people with intellectual and developmental disabilities. Best Buddies High Schools fosters one-to-one friendship between students with and without IDD.

For questions about the group or if you want to sign up, please see Ms. Turja in room 03-209 for more information.

Culinary

Welcome Back Silver Hawks! The Culinary program is so happy to start the new year...and get to welcome students in our classes (especially those who may have not been able to be on campus since March of 2020). We are also happy to have three full-time teachers back on campus: Ms. Glass, Mrs. Lacerenza, and Ms. Negron. We are excited to get to know our students and teach them some delicious recipes in the kitchen!

The beginning of the year is always a hectic start here in Culinary. The underclassmen are busy learning about food safety, and the seniors are helping to open the main lab and learn our faculty menu. If your student is in one of the Culinary classes, here are some events and activities we are looking forward to this semester:

- **Industry Certification Testing:** We offer free industry certification testing during the third course year here at LHHS (it is listed as Culinary 2 in Skyward). Students start working on that certification the first week in August and should be able to begin testing in mid to late October. The food safety certifications are both manager-level and serve as part of students' entry to our senior honors course. Both certifications are valid for 5 years. We also try to help students who may be looking for employment within the industry. Our business community partners know those students with single or dual certifications are knowledgeable and are highly valued potential employees.
- **Culinary Goes Worldwide:** This year, we are launching a web page just for Lake Howell Culinary. It is a central location where faculty and staff can find our lunch order forms, request account balance, and make payments on their house accounts. In addition, it is another location where we can post current pictures of what students are creating in class, that you otherwise might not get to see.
- **Catering events:** Many clubs and groups have inquired about having Culinary cater some of their events, and we are happy to help make that happen. If you are involved, contact us and we would be happy to give a quote and schedule your event, or have orders for foods, cookies or cakes ready to pick up.
- **Social Media:** Last year, Culinary really started to focus on utilizing social media. We began posting regularly on our social media platforms to help get students involved, show off some of the amazing food our students create, as well as learn new skills in the classroom and the kitchen. It is amazing how our students have improved in creating content, managing lighting and food photography. Please follow us and check out the amazing work these students are doing.

WARNING: These pictures may cause hunger pains!



NJROTC

Lake Howell High School NJROTC Battalion

The acronym "NJROTC" stands for Naval Junior Reserve Officers Training Corps. The most frequently asked question is if it is required to join the military after graduating from school? The answer is NO. JROTC is not a recruiting tool. Instead, NJROTC is best described as a helping hand. The program aids cadets in developing a sense of discipline, character, and the ability to follow as well as to lead! This program teaches young people countless new things which unlocks talents many individuals never knew they had. The advantages Cadets gain from NJROTC are tremendous. Cadets gain necessary life skills which prepares them for the future.

This program consists of a combination of academics and physical fitness. It is inclusive of several different areas from the U. S. Navy which includes leadership, followership, oceanography, and naval history. Cadets participate in teams such as color guard, aviation, marksmanship, academics and unarmed/armed drill.

Here's a brief description of the three pillars of Silverhawk Battalion:

Color Guard

Ceremonial Flags are a significant part of the NJROTC program. Cadets carry ceremonial rifles, and the Navy service flag in tradition while protecting the National flag. Before all major events,

The Color Guard presents the National flag in unison with the playing of the National Anthem. This tradition is

rich in history and national pride. In addition, the Color Guard participates in all major JROTC competitions. Silverhawk Battalion is recognized as having one of the best Color Guards in Florida's Area 7.

Aviation

Lake Howell High School is partnered with Embry-Riddle Aeronautical University. As such, under the JROTC umbrella, various aviation courses are offered. Cadets have the opportunity for dual enrollment in classes including aerospace technologies, principles of aerospace, and unmanned technology. Upon completion of these courses, Cadets will earn industry certification through the Unmanned Safety Institute, and they'll have the opportunity to attain the FAA Part 107 certificate.

Marksmanship

This can be described as a sport skill where an air rifle is aimed, controlled, and fired to consistently hit a target as well as a sport that has a huge military heritage. Cadets learn gun safety and basic marksmanship in range firing activities inclusive of competition firing in a series of positions. There are exceptional qualities of this sport, one being it's open to all Cadets. It is an exciting and uniquely challenging sport that teaches safety through rules and responsibility as well as concentration, goal setting and teamwork.

ROTC presents a variety of activities aimed at revealing a cadet's better version of themselves.

Semper Fidelis,
Master Sergeant J. I. Ulloa



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Lake Howell Football Theme Games

LAKE HOWELL FOOTBALL



FANS WEAR 2021

AUG. 20 **BLUE**
 AUG. 27 **NEON NIGHT**
 SEPT. 3 **WHITE**
 SEPT. 17 **PINK**
 OCT. 22 **SCHOOL SPIRIT**

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Senior Extended Off-Campus Breakfast/Lunch

Off-Campus Lunch / Breakfast

- August 27, 2021 - 7th period
- November 15, 2021 - 6th period
- February 22, 2021 - 1st period
- April 8, 2021 - 6th period



PINK OUT Shirt Sales

PINK OUT Shirt will go on sale **September 6 – 17** for **\$10** through MySchoolBucks and Cash in front of the gym during both lunches. The PINK OUT game is Friday, September 17.

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LHHS PTSA News

Another year is about to kick off and your PTSA is hard at work making it the best one yet.

Join using the following link: <https://linktr.ee/lhhs.ptsa>.

Clubs

Ultimate Frisbee Club and Fellowship of Christian Athletes (F.C.A.) have returned this school year. No experience of any kind is needed. Food is provided and both clubs are open to everyone. Meetings are held after school on Fridays in room 01-150. For more information contact Mr. Yusk (chad_yusk@scps.k12.fl.us).



Lake Howell High School Silverhawk Athletics

Welcome Back Silverhawk Athletes,

Fall sports are off and running! Volleyball, Swimming, Cross Country, Bowling, Golf and Slow-Pitch Softball have kicked off their seasons. Please check the Lake Howell website for schedules and other athletic information. You can also follow us on twitter, Facebook, and Instagram.

Students still have time to purchase an All-Sports pass at Gofan.co. We have plenty of home events that you don't want to miss. Parent passes will be available for each individual sport as the new sports season get underway. Check Gofan.co or with your coaches for more information.

Winter Sports will be starting before you know it. Please make sure your athletes are watching the announcements to find out more information. For more information, please call the athletic office at 407-746-9011 and remember the eligibility rules listed below.

To be eligible to participate in athletics:

- A student must be promoted to attend Lake Howell High School and have a cumulative 2.0 GPA.
- All athletes MUST be registered and cleared via www.athleticclearance.com before any student will be permitted to participate in preseason conditioning, tryouts, or competition. Physical paperwork and steps to follow for Athletic Clearance can be found in the athletic office or on the school website. Please stop by the athletic office to see Mrs. Hernandez or call with any questions you might have at 407-746-9011.

We continue to look forward to a great athletic season! Go Silverhawks!



Adrian Burrowes, M.D.
Venkatesh Nagalapadi, M.D.
Akila Balasubramanian, M.D.
Steven H. Selznick, D.O.
Hugh W. Thomas, D.O.
Sylvia Orandi, A.P.R.N.
Ugo Adigweme, D.P.M.

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- Care Spot (Oviedo)
- Car Wash Palace
- Chick-fil-A (Tuskawilla Rd.)
- Clippers Barber Shop
- Coach Kelly LIVE
- Coffee Factory & Cafe
- Collins Dental
- Dairy Queen
- Dentists of Winter Springs
- Dunkin' Donuts (Howell Branch location)
- Elks Lodge of Winter Park
- Evelyn Alicea Realtor
- Firehouse Subs
- Fresh Market
- Hand & Stone Massage and Facial Spa (Winter Springs)
- Hokkaido Restaurant
- Island Fin Poke
- Jeremiah's of Winter Park
- Jersey Mike's
- Mission BBQ
- North End Pizza
- Nothing Bundt Cake
- Outback Steakhouse
- Papa John's Pizza
- Romano's Macaroni Grill
- Sleep Number
- Smoothie King
- South Beach Tanning Salon
- Sports Clips Haircuts
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- Subway
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Experience the difference in our school restaurant! For more information, visit: redappledining.com for monthly menus. Follow us on Facebook @redappledining.

Breakfast and lunch meals are available at no charge for students for the 2021-2022 school year.

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<http://www.lakehowell.scps.k12.fl.us>

Current Resident or

8



Yearbooks

- Yearbooks are for sale at www.yearbookforever.com for \$65.
- Yearbook prices will increase to \$75 on December 2.

Underclassmen Picture Day

Underclassmen picture days are Thursday, 9/2 and Friday 9/3 in the auditorium.

Pictures will be taken through English classes. If you do not take English on campus, come during your lunch.

- Retakes are on October 18.
- Yearbook pictures can be purchased at www.leonards.com

Seniors

Purchase Senior Dedication Pages at www.yearbookforever.com
The deadline to purchase dedication pages is December 17.

- Schedule your Senior Portrait at Leonard's Studio.
- The Deadline for Senior Portraits is October 16.
- Students may take their Senior Portrait on campus on October 14.

Contact the yearbook adviser, Ms. Jackson at jacksosz1@myscps.us with any questions.



Visit the
Lake Howell High School Website
www.lakehowell.scps.k12.fl.us



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