

## INSIDE this Issue

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### A Message from the Principal

Dear Ram Families,

I hope this newsletter finds you healthy and looking forward to the new school year, no matter which learning option you have chosen for your children. I must admit that this is the most challenging *Welcome Back* letter I have written, because every family is in a unique situation, and students are being scheduled into a wide variety of classes, including face-to-face, Seminole Connect, SSC Dual Enrollment, and Seminole County Virtual School. Even so, there are several factors that are consistent for all LMHS students, and these are the factors that I will highlight in this letter.

- **Safety Protocols:** Students who report to campus for face-to-face classes will be required to follow safety protocols. Face coverings must be worn upon arrival and departure from campus, between classes, during lunch (except when students are seated and eating), and upon entering and exiting all classes. Further, face coverings must be worn in classes where students cannot be appropriately distanced by at least six feet.
- **Student Support:** Accommodations that are outlined through an IEP, 504 Plan, and/or ESOL services will be provided to students by LMHS personnel no matter what learning option they choose.
- **Extra-Curricular Activities:** All students, no matter what learning option they choose, will have the opportunity to participate in extra-curricular activities.
- **Student Wellness:** Parents/guardians are asked to assess their child's wellness on a daily basis and to keep their child home from school if he or she is exhibiting any symptoms of COVID.
- **COVID Procedures:** LMHS will staff a COVID clinic for any students exhibiting COVID symptoms during the school day. The parents or guardians of students who enter this clinic will be called immediately to pick up their children.
- **Athletic Participation:** Tryouts and/or practices for fall sports will begin on August 31st. Fall sports teams may continue team workouts up until that date. All students participating in athletic workouts and/or tryouts must have a physical on file with our athletic department.
- **Transportation:** School buses will continue to transport students to campus at the start of the school day and from campus at the end of the school day. Further, students will be expected to follow safety protocols while riding school buses. Families who choose a hybrid schedule will be responsible for transporting students who enter or leave campus at times other than the beginning or conclusion of the school day.
- **Assessments:** At this point, high stakes testing such as FSA, EOC, SAT, and ACT testing will continue to take place on the campus of Lake Mary High School.
- **Mental Health Support:** We recognize that many of our students may need mental health support from school staff. We will have a mental health counselor available four days a week to address the needs of individual students, as well as a counselor provided through New Horizons who will focus on students with personal or family addiction issues. Support from these counselors will also be provided to students learning from home. Further, we will staff a Social Worker who will connect families with resources in times of need. Finally, families should anticipate that all students will engage in lessons for social-emotional health throughout the school year.

During these uncertain times, I ask that all families remain patient, flexible, and committed to working with the staff at Lake Mary High School to ensure that all members of our Ram Family stay safe and all students make progress towards meeting their educational goals. Communication will be paramount to our success in offering a quality educational experience to students, no matter what format they utilize to access instruction.

*...continues on next page*



## ADMINISTRATION

**Mickey Reynolds, Ed.D.**  
Principal

### Assistant Principals

Melissa Flory

Tom Oliver

Michael Hennessy

Melisa Ayala-Cruz

### School Administration Managers

Kathy Aslin

Andrea Fuhrer, Ed. D.

Steve Longarzo

Reginald Miller

### Address

655 Longwood Lake Mary Rd.  
Lake Mary, FL 32746

**407.320.9550**

"Tell-A-Ram" developed by  
Andrea Fuhrer



@LakeMaryHighSchool



@LMHSRams

AUGUST 2020

# Tell-A-Ram

Lake Mary High School

ISSUE 1

# "Lake Mary High School...We are RAMNATION!"



## Mission

Lake Mary High School students are prepared to enter an ever-changing, complex society equipped with a comprehensive academic foundation, a depth of knowledge, and a respect for self and others as productive citizens of the 21st Century.

## Vision

Lake Mary High School is committed to the development of the 21st Century student by providing rigorous courses that foster intellectual curiosity. Students will build expertise through integrated technology within a blended curriculum in which they will utilize creative and critical thinking skills. Students will be provided with opportunities to engage in diverse content areas that encourage entrepreneurship and leadership. Lake Mary High School is committed to the students' personal development by utilizing curriculum that will focus on individual character and needs. Each course will provide strategies for students to learn the importance of collaboration and learning. Students will have the opportunity to explore future career interests through a diverse selection of electives that are relevant and valuable for an ever-changing society. Individuals will demonstrate personal integrity, the highest standards of behavior, and initiative in their education.

**IMPORTANT NOTE:**  
This information is  
current as of July 30th  
and is subject to  
change based upon  
our response and  
efforts to COVID 19.

## "Principal's Message" continues...

Parents and guardians, please also remain vigilant in tracking the progress of your children through Skyward and reaching out to teachers and administrators when you have questions or concerns. We are here to support the academic and social/emotional development of your children, and we are committed to partnering with families to secure the best educational outcome for all students.

Regards, and as always, Go Rams!

Mrs. Mickey Reynolds, Ed.D.

Principal



## IMPORTANT DATE CHANGE:

**The first day of school has been moved back to August 17!**

## Parking Decal Pickup Change

Due to the impact of the COVID-19 pandemic, we have to make some adjustments to our parking decal pickup date. We will no longer have parking decal pickup for Juniors on July 30 in the bookkeeping office; **INSTEAD** we will only have parking decal pickup on July 30 between the hours of 8:00am-12:00pm. This will be a **drive-through pickup only**. If you have already purchased your decal, all you will need to do is bring in your signed and notarized parking application (available online) along with copies of the required documentation (valid driver's license, current vehicle registration) and any items you need to return to clear your debt (if you have one). Please note that we will **NOT** be able to make copies of your original driver's license or registration information.

There are still parking spots available for those of you wishing to purchase a decal. Please visit the **Lake Mary High School Website** (<http://www.lakemaryhs.scps.k12.fl.us/>) for further information. Please hurry while supplies last.

\*\*\*If you have purchased a parking decal within the online sale dates window, your decal is already secured provided that you submit all of the required documentation and you do not have any debts owed to Lake Mary High School. \*\*\*

Please contact Stephen Longarzo with any questions at [Stephen\\_Longarzo@scps.k12.fl.us](mailto:Stephen_Longarzo@scps.k12.fl.us).

## Attendance Note

Parent notes will be accepted to excuse absences this year. Parents are expected to monitor their child's health and if they exhibit symptoms related to COVID 19, they should not be sent to school.



Jeffrey Beattie, D.M.D. | Bob Garfinkel, D.M.D. | Charles McNamara, D.M.D.

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A Big Welcome  
to our

New Faculty and Staff to Lake Mary High!

'Tell A Ram'  
August 2020  
Published Five Times Per Year  
Lake Mary High School  
655 Longwood Lake Mary Rd.  
Lake Mary, FL 32746  
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page 3

STAFF MEMBER	DEPARTMENT	BIOGRAPHY
Colin Bell	ELA	Colin Bell is coming to LMHS to teach 10th grade English after teaching 8th grade for four years at Greenwood Lakes. He had his first child last March, a daughter named June.
Priya Jerry	World Languages	Dr. Priya Jerry holds a doctorate in sociology and master's in French Literature. She will be joining our World Languages Department teaching all level of French. She previously has taught at Lake Mary Prep and is excited to join Lake Mary High School.
Tina Johnson	Math	Tina Johnson has taught at two private schools, Teague MS, Crooms HS, Chiles MS and Seminole HS. She is going into her 26th year of teaching and will be teaching Algebra 2. She would love to spend her retirement years traveling on a cruise ship.
Michael McClenton	In-School Suspension	Mr. McClenton is known to most as Coach Mike. He's a native of Tallahassee, Florida and has been in the educational field for more than 20 years. Most of his career has been with Leon County School. In 2010 and he and his family moved to Central Florida. Outside of school he is a husband and a very proud father of seven children, four girls and three boys.
Logan Malmberg	TV Productions	After working in Sports Broadcast Television for the last 15 years he is happily switching careers and will be teaching Television Production. He has also been working the last 10 years as a High School Boys Basketball Coach and Substitute Teacher in Orange and Seminole County. "I look forward to working at Lake Mary High School. Go Rams!"
Matthew Myers	Science	"I am going into my 8th year of teaching, I'm coming from Millennium Middle where I was a Science and Stagecraft teacher. I absolutely love building and tinkering!"
Allen Reeves	CTE	Mr. Reeves will be teaching Building Trades and Construction and comes to Lake Mary from Winter Springs High School where he taught Renewable Energies and Physical Science.
Megan Rubi	Fleece/Athletic Trainer	Megan has been an Athletic Trainer in the high school setting before, but this will be her first time in a formal classroom. She is excited to join Ramnation!
James Westley	Science	Mr. Westley will be teaching Physical Science and Physics. He just finished his PhD at UCF where he did research on how to better design college level physics courses to support students with disabilities. During his time at UCF he was able to teach physics courses, and this will be his first year teaching high school. He was very blessed to have an amazing physics high school teacher when he was in high school and hopes to emulate the care and great teaching he was able to experience then!
Courtney Montag	Speech Pathologist	Courtney Montag just graduated from the University of Florida in May and is very excited to start working with the students and faculty of Lake Mary. This will be her first year as a Speech-Language Pathologist.

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## Face Coverings

COVID-19 spreads mainly from person to person through respiratory droplets produced when an infected person coughs, sneezes, or talks. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. Studies and evidence on infection control report that these droplets usually travel around 6 feet (about two arms lengths). Face coverings may slow the spread of the virus and help people who may have the virus and do not know it from transmitting it to others. Face coverings, as used in this plan, mean a uniform piece of material that securely covers a person's nose and mouth and remains affixed in place without the use of one's hands, whether store bought or homemade, concurrent with Seminole County Health Department guidelines.

Students are required to wear face coverings when they are not able to be 6 feet from others, are in hallway transitions/class changes, in large common areas, are riding SCPS bus transportation, and are in line in the dining room area. Face coverings may be removed for high intensity outdoor activities and when seated at the dining tables for eating. Accommodations for face covering protocols will be made for students/staff based on their individual health needs. A face covering shall not be required for the following individuals: (a) persons under the age of 2 years; (b) persons for whom a face covering would cause impairment due to an existing health condition or disability and a determination is made that an accommodation is not reasonably available; (c) persons engaging in high intensity physical exertion (e.g. exercising during PE, recess, etc.); (d) persons eating or drinking; (e) public safety, fire, and other life safety and health personnel who are on SCPS' campuses, as their personal protective equipment requirements will be governed by their respective agencies; and (f) persons communicating with someone who is hearing-impaired and must see the mouth of someone wearing a face covering in order to communicate and a determination is made that an accommodation is not reasonably available.

All SCPS staff members and adults visiting SCPS buildings will be required to wear face coverings in alignment with current state and local guidance, including, when they are unable to be 6 feet away from others.

## Safeguards for Classrooms

- After-hours High Touch Surface disinfection with hand-held, hospital grade misting machine for High Touch Surface disinfection conducted by school custodial staff.
- Routine cleaning and disinfection of school facilities will be scheduled (e.g., tables, desks, chairs, door handles, light switches, railings, faucet/toilet handles, drinking fountains, playground equipment, gym equipment, cafeteria tables/carts/trays, countertops) throughout the school day in accordance with the SCPS Custodial Handbook.
- Placement of physical barriers such as plexiglass at reception desks in front lobbies, guidance, and discipline offices, and in other high traffic/contact areas as noted by building administrators.
- Social distancing floor/seating markings installed in waiting and reception areas. Signage displayed in restrooms and locker rooms to remind for proper social distancing, to include frequent reminders to staff and students to stay at least 6 feet apart where possible.
- Directional reminders will be posted on the floor and/or walls to manage traffic flow during transitions.
- Furniture removed in common areas to avoid crowding.
- Arrival/dismissal will be monitored to discourage congregating and ensure that students go straight from vehicle/buses to classrooms or designated waiting areas. Students who drive to school and arrive early are asked to wait in their cars until it's time for the bell to ring.
- Non-essential visitors and activities involving external groups or organizations will be limited.
- There are some support services for education and mental health that will require students to leave or join other cohort groups during the school day. These student groupings will be tracked, and attendance will be kept.
- The number of student transitions during the school day will be minimized. Desks or seating will be arranged so that students are as physically distanced as possible.
- Sharing of personal items and supplies will be limited.
- Classroom materials will be limited to small groups and disinfected between uses.
- The use of soft/plush items will be minimized, and area rugs, and other personal items will be removed from classroom.
- Use of water fountains that are not fill stations will be limited: students and staff will be strongly encouraged to bring water from home or use individual disposable water bottles.
- Students will have access to soap, hand sanitizer with at least 60% alcohol, cleaning and disinfection supplies for staff, paper towels, and tissue. Hand washing with soap for 20 seconds will be reinforced and/or hand sanitizer use.
- Staff and students will be encouraged to cough and sneeze in elbows, or to cover with a tissue. Used tissues must be thrown in the trash and hands must be washed immediately.

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## Screening for Illness

SCPS will employ a combination of self-screening and observational screening protocols for universal screening of illness of staff and students. We will continue to communicate information to parents and employees about the symptoms of COVID-19 and require them to self-screen before coming to school. Students and employees exhibiting symptoms of COVID-19 without being otherwise explained, are prohibited from coming to school, and if they do come to school, they should be sent home immediately. According to current Florida Department of Health guidance, symptoms may appear 2-14 days after exposure to the virus. Employees and students will be trained to recognize the following COVID-19-related symptoms:

- Fever (100 degrees or greater) or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

*(This list does not include all possible symptoms. Seminole County Health Department will continue to update the list as they learn more about COVID-19.)*

In addition, the district/school may take the temperature of students and employees on a random basis or in situations where there is reason to believe that the person may be ill. Touch-free thermometers will be utilized and will be provided for use in clinics, at front desks, to dining service staff, and any other school/district area where a team has determined a specific need.

There will be a separate room/clinic for any students to be assessed who may be exhibiting COVID 19 symptoms. Parents of students exhibiting symptoms will be called immediately to pick up their child from school.

## Isolation from School and Protocols to Return to

### School After Home Isolation

Students and employees should be isolated from school if they test positive for COVID-19. Determinations about the need for home isolation and the length of the isolation period will be made in collaboration with families, the school-based administrator, the health services team, and the Seminole County Health Department. Once a student or employee is isolated from the school environment, he/she may return if he/she satisfies the recommendations of the Seminole County Health Department. The district and the Seminole County Health Department will continue to collaborate to refine and implement COVID-19 protocols to assess risk and respond to school-specific matters based on all relevant factors and current information.

## Counseling Support through New Horizons

The New Horizons Program is continuing to serve students through telehealth! We are continuing telehealth support and counseling services through Zoom Pro which is HIPAA compliant for privacy.

The New Horizons Program serves students having issues such as poor coping skills, anger management and anxiety.

Students who are interested in joining New Horizons for group or individual support counseling can have their parents reach out to Laura Wheeler, the New Horizons counselor at Lake Mary High School. Laura can be reached at 407-603-6056 or through email at Laura.Wheeler@aspirehp.org. She is available to meet with students Monday through Friday. Individual, group and family sessions are available.

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Stufflet..... Morales - Sci  
Carter..... Sco - Z  
Duffey..... ESE

The Student Services department at Lake Mary High school is eager to connect with our students. We strive to ensure all students develop self-advocacy skills; therefore, we encourage our students to visit our LMHS webpage, go to the student services tab in order to be able to book an appointment with their counselor. In the beginning of the year, counselors will be working hard to enroll new students, adjust schedules, and conduct senior credit checks. While this is a busy time for counselors, please know that your child is a priority, and our counselors are here to help!

## Schedule Changes

In order to efficiently serve all our students Lake Mary High School, once schedules are available in Skyward the week before school starts, we will ONLY make schedule changes for the following reasons:

- If your child is a Senior in need of a specific class required for graduation.
- If the student has already earned credit for the class.
- If the student has been placed in the wrong level class.

If any of the above criteria applies to your child schedule change requests can be submitted during the first week of school.

## Steps for Fall 2020 Dual Enrollment Applicants New Process Due to COVID-19 Pandemic

Students should consult with school counselor regarding criteria for enrollment.

### \*Students that are returning Dual Enrollment students will begin at step 2.

1. Students seeking to start Dual Enrollment with Seminole State FALL 2020 or later must complete the Dual Enrollment Application (leave the counselor consent section blank) and email it to [dualenrollment@seminolestate.edu](mailto:dualenrollment@seminolestate.edu). **The deadline for new fall applications was July 31, 2020.**

Application: [http://www.lakemaryhs.scps.k12.fl.us/Portals/176/assets/doc/2019-2020/Dual Enrollment/Applicaton.pdf?ver=2020-04-27-111002-617](http://www.lakemaryhs.scps.k12.fl.us/Portals/176/assets/doc/2019-2020/Dual%20Enrollment/Applicaton.pdf?ver=2020-04-27-111002-617)

**\*\*This part only enrolls you as an SSC Dual Enrollment student. It does not actually register you for classes.**

2. Go to [www.seminolestate.edu](http://www.seminolestate.edu), hover your mouse over Academics, then "Search Courses". A helpful resource is the Dual Enrollment High School Subject Area Equivalency List: <http://www.fldoe.org/core/fileparse.php/5421/urlt/AcademicList1920.pdf>
3. Student then emails LMHS counselor with their specific courses of interest to determine eligibility. At this time test scores are not required. However, alternate placement methods are being used to determine eligibility.
4. Registration for the Fall **opened on July 1, 2020. After this date** student must complete the SSC Dual Enrollment Registration Form ([http://www.lakemaryhs.scps.k12.fl.us/Portals/176/assets/doc/2019-2020/Dual Enrollment/EnrollmentServicesandRegistrar\\_RegistrationForm\\_Fillable\\_NoE-Signatures\\_1019.pdf?ver=2020-04-27-111002-617](http://www.lakemaryhs.scps.k12.fl.us/Portals/176/assets/doc/2019-2020/Dual%20Enrollment/EnrollmentServicesandRegistrar_RegistrationForm_Fillable_NoE-Signatures_1019.pdf?ver=2020-04-27-111002-617)) and email it to [dualenrollment@seminolestate.edu](mailto:dualenrollment@seminolestate.edu) Copy your LMHS counselor on this email.
5. Once student is enrolled in classes he/she will receive a copy of their schedule in their SSC email account. Send your LMHS counselor copy of your SSC dual enrollment schedule. It is important that your LMHS counselor knows exactly what you have registered for so that she can be sure that your LMHS schedule reflects DE and is correct.
6. Once students return to LMHS in August each Dual Enrollment student will need to have an 868 Book Form (<https://dualenroll.scps.k12.fl.us/Registration>) completed and signed by the principal/counselor to obtain books from SSC for their Dual Enrollment course(s).
7. SSC fall classes begin August 24, 2020.

## Open House Save the Date!

We will be offering a *virtual* Open House this year on **Tuesday, August 25th**. The benefit of this is there will be more flexibility for you to learn about each teacher's classroom procedures when it is convenient for you. We suggest you plan to sit with your child, login to their eCampus, where you will be able to hear from each one of your child's teachers. More information to come soon!

## Attention Parents: An Efficient Way of Keeping Track of Your Child's Grades is Here!

Did you know you can set automatic email alerts in order to stay current on your child's grades? For example, you can get an email notification if your child is missing any assignments or if his or her grade falls below a certain percentage. You must have a Skyward account, and directions are below:

- Parent Login to Skyward Account – Family Access
- Click on my Account (upper right corner)
- Email Notifications
  - ▢ Check box:
    - » Receive Daily Attendance Notifications for my student(s): Email
    - » Receive Grading Emails for my student(s): Type in Percentage grade acceptable
    - » Receive Progress Report Emails for my student(s): check daily/weekly/monthly
    - » Save

## Testing

**PSAT:** The Preliminary Scholastic Aptitude Test (PSAT NMSQT) will be given at Lake Mary High School on Wednesday, October 14th to all 9th, 10th and 11th grade students. For juniors, the PSAT is the only avenue to the National Merit Scholarship Program. All students will take the PSAT free of charge and do not need to register for this.

**SAT:** The SAT will be given at Lake Mary High School on Wednesday, October 14th to all 12th grade students. All students will take the SAT free of charge and do not need to register for this.

**ACT/SAT:** All colleges, universities, and community colleges require the SAT or ACT for admission or placement. Most colleges/universities will accept both the SAT or ACT. Lake Mary High School's code number is 100883. (Be sure to bubble the high school code on your registration form so that your scores are sent to us.)

## 2020-2021 SAT/ACT Test Schedule

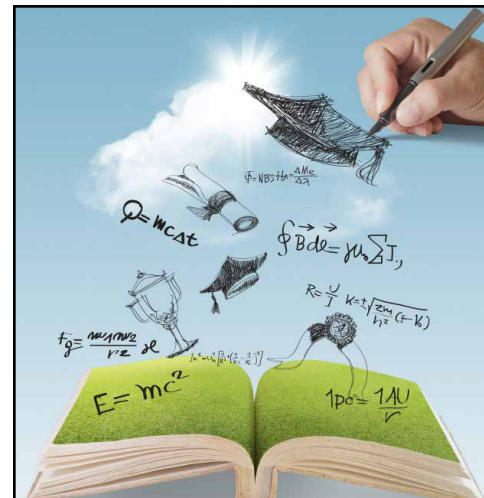


**SAT** (www.collegeboard.com)

Registration Deadline	Late Registration (fee applies)	Test Date
July 31	August 18	August 29 (LMHS)
August 26	September 15	September 26 (LMHS -added)
September 4	September 22	October 3 (LMHS)
October 7	October 27	November 7 (LMHS)
November 5	November 24	December 5 (LMHS)
February 12	March 2	March 13 (LMHS)
April 8	April 27	May 8 (LMHS)
May 6	May 26	June 5 (LMHS)

**ACT** (www.act.org)

Registration Deadline	Late Registration (fee applies)	Test Date
August 14	August 15-28	September 12 (LMHS)
September 18	September 19 – October 2	October 24 (LMHS)
November 6	November 7-20	December 12 (LMHS)
January 8	January 9-15	February 6 (LMHS)
March 12	March 13-26	April 17 (LMHS)
May 7	May 8-21	June 12 (LMHS)
June 18	June 19-25	July 17 (LMHS)



## Family & Cosmetic Dentistry

Sophia Parpia, DDS  
Andreina Alarcon, DDS

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Lake Mary, FL 32746  
407-720-9811  
Veronica.Woodard@EdwardJones.com

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## Lake Mary Softball Apparel Sale

Please support your Lady Rams Softball program by purchasing face mask, neck gaiters/buffs, hats, bags, shirts and more.

Orders can be placed online at:

[http://www.lmhssoftball.deco-apparel.com/shop/  
category/LMHS-Softball?c=2458013](http://www.lmhssoftball.deco-apparel.com/shop/category/LMHS-Softball?c=2458013)

**Deadline for orders is August 2nd.**

Order pick up will be at LMHS on August 13th between 11am and 1pm. Questions please contact Shannon Provenzano at [LMRamsSoftball@gmail.com](mailto:LMRamsSoftball@gmail.com).

## SGA (Mrs. Kristin Sullivan)

Any student who is interested in joining Student Government for the 2020-2021 school year should note these upcoming MANDATORY dates:

- August 18th - Mandatory Interest Meeting after school in the Media Center
- August 21st - Applications due by 2:20pm
- August 27th - Election during lunch in GPR

If you have any questions, please feel free to reach out to Ms. Sullivan at [Kristin\\_sullivan@scps.k12.fl.us](mailto:Kristin_sullivan@scps.k12.fl.us). You can also follow us on Instagram and Twitter.

## SAC

The first School Advisory Council (SAC) meeting will be August 28th at 6pm in the Media Center at Lake Mary High School. Join Principal, Dr. Mickey Reynolds, other administrators, teachers, and parents to learn about school priorities for the 2020-21 school year. Additional meeting dates are below.

- August 18
- September 15
- October 20
- November 17
- January 19
- February 16
- March 9
- April 20

In lieu of **Student Orientation/Schedule Pick Up**, we will be sending a video to freshmen to help them get acclimated to campus. Students can anticipate schedules will be available on Skyward the week prior to school starting (note, the school start dates has been pushed back to August 17th). Textbook distribution will be handled during the school day once school begins.



# CHOOSE

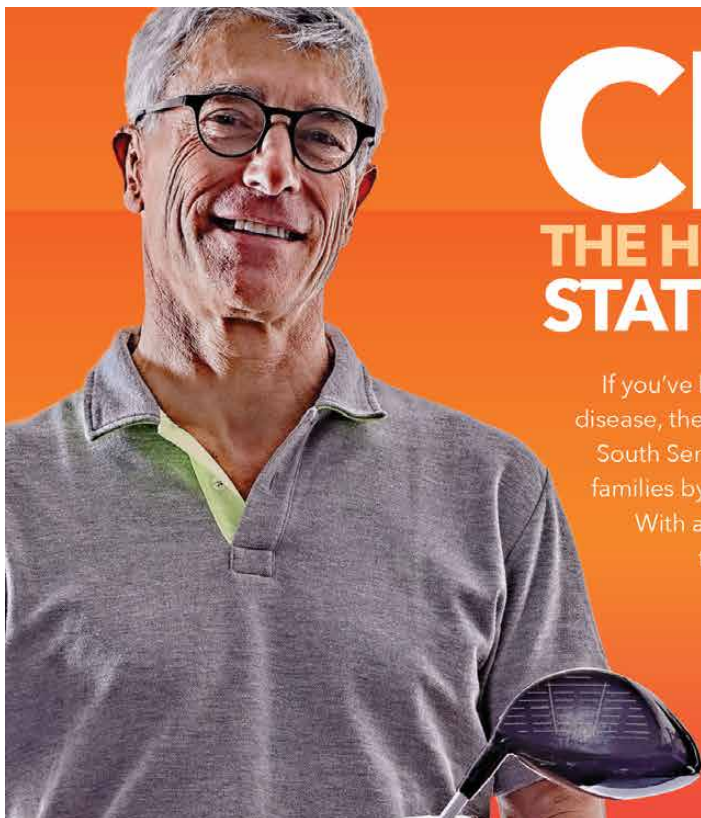
## THE HEART HEALTH EXPERTS FOR STATE-OF-THE-HEART CARE.

If you've been diagnosed with a heart condition or have a history of heart disease, then you want to know you're in the hands of experts. Orlando Health South Seminole Hospital is dedicated to serving the needs of patients and families by delivering the highest quality of cardiovascular services available. With a top cardiovascular team, state-of-the-art facilities and the latest technology, we give you the care you need, close to home.

For more information, visit  
[ChooseOrlandoHealth.com/Seminole](http://ChooseOrlandoHealth.com/Seminole)

**ORLANDO  
HEALTH®**

South Seminole  
Hospital





## Latinos in Action (Ms. Grau Carazo)

Latinos In Action (LIA) offers an asset-based approach to bridging the graduation and opportunity gap for Latino students, working from within the educational system to create positive change. This year we will be offering a year-long elective course with the goal of empowering Latino youth to lead and strengthen their communities and school. We accomplish this by focusing on four pillars: leveraging personal and cultural assets, excelling in education, serving the community, and developing leadership skills. If you are interested in joining this class, email your designated counselor.

## Senior Pictures

Leonards Studios are ready to begin photographing your 2021 seniors!

*Class of*  
**2021**

## Student Planners

School planners will be given to all face-to-face students at no charge the first week of school. Seminole Connect and SCVS students may receive one if they drop by school between the hours of 8:00 am – 2:00 pm and request a planner at the front desk.

**This year we will be using the data you have provided to send each upcoming senior an email with their personalized access code and instructions on how to book. As soon as students have an access code, our scheduling website is open and ready to go!**

For students who haven't received an email, you can also contact our customer service department at 1 (888) 224-5045 or customerservice@leonards.com to get their access code.

## Media Center Update (Ms. Kaitlyn Grullon)

**Congratulations to Janie Paone, now in the Bookkeeping Office and Kaitlyn Grullon, now Media Assistant!**

What a different year it has been for all of us! Due to the pandemic we were not able to collect all our overdue **library books**. If you have a library book from Lake Mary OR from your former school, please drop it off on the cart inside the front doors beginning July 23rd. We will happily get the book back to its correct location. Remember, we do not charge late fees!

**Textbooks** can be dropped off before school begins. There is a designated cart near the front doors under the overhang. Remember to take a photo of the spine labels as proof of return. This cart is available beginning July 23rd, and the books may be dropped off every day 9am - 2pm. If you need to know what books are owed, please contact our new Media Secretary, Kaitlyn Grullon at Grulloz@myscps.us.

The new Teen Read books are on order and we expect them as soon as school begins. Check out the list of Florida Teen Reads at <https://www.floridamediaed.org/florida-teens-read.html>. The list includes some great books chosen by a panel of students, teachers and Media Specialists!

## Bully Prevention Awareness and Reporting

Bullying means systematically and chronically inflicting physical hurt or psychological distress on another person that includes: unwanted and repeated written, verbal, or physical behavior that is severe or pervasive enough to:

- create an intimidating, hostile, or offensive educational environment;
- cause discomfort or humiliation;
- unreasonably interfere with the individual's school performance or participation.

If your child feels as if he or she is being bullied, please direct him or her to do the following:

1. Report the situation:
  - a. To any adult on campus
  - b. Speak Out Hotline (1-800-423-8477)
  - c. Report through the P3 Campus App
2. Be sure to fill out a witness statement in the discipline office explaining the situation in detail.
3. The situation will be investigated by an administrator.

If you have any questions about bullying procedures, please feel free to contact the discipline office (407-320-9532 or 407-320-9533). For more information about Seminole County Public Schools Bully Prevention Awareness please visit the follow website:

<https://www.scps.k12.fl.us/district/departments/student-support-school-safety/bullying-prevention.shtml>



**800-423-8477  
SPEAKOUTHOTLINE.ORG**

## Essence (Mr. Jason Jordan)

This year, the Essence Literary Magazine will be trying something new. We will be 100% digital! Come check out our new website at [www.essenceliterarymagazine.com](http://www.essenceliterarymagazine.com). Read submissions from last year and submit your own writing, art piece, or other form of art on the website for the 2020-2021 school year.

## LMHS School Wide Expectations

- **BE RESPONSIBLE**
- **BE RESPECTFUL**
- **BE ENGAGED**
- **BE THE CHANGE!**

## Summer Assignments

Summer assignments are posted under SUMMER READING under the STUDENTS tab on the Lake Mary High School website. Please choose your class from the menu to view assignments. Summer reading is required for all honors level and above English students.

## Positive Behavior Supports

At LMHS we make a concerted effort to focus on positive behaviors. We do this through an initiative known as *Positive Behavior Supports (PBS)*. PBS offers a systematic approach to promoting a school wide culture focused on respect and positive behavior. Because students come from different backgrounds and cultures, they may view behavior in their own unique ways. When a student acts out, LMHS views it as a skill deficit; as a result, students are taught appropriate school behaviors and expectations. Consequences are still given for inappropriate behavior; however, students are also rewarded when they model citizenship.

When students go above and beyond in demonstrating excellence, they earn RAM bucks from teachers and staff. During lunch time, students can redeem hot ticket items in exchange for their RAM bucks (gift cards, free entries to events, prom tickets, etc.).

If you or your business is interested in donating to this cause, please contact Andrea Fuhrer at (407)320-9511.





2020 - 2021

A special thank you to those businesses who have supported Lake Mary High School students through Business Partnerships. Your contributions have helped us acknowledge hard working students and staff. If you would like to be a business partner, please contact Dr. Andrea Fuhrer at (407) 320-9511.

Zaza New Cuban Diner  
Orlando Health  
Bagel King  
4th Street Bar & Grill  
Gator's Dockside  
Jeremiah's Italian Ice  
Jason's Deli  
Lake Mary Church  
Menchies of Lake Mary  
RDV Sportsplex  
CareSpot of Lake Mary  
Texas Roadhouse Grill  
Orange Theory Fitness of Lake Mary  
Burn Boot Camp  
On the Mark Apparel  
Smoothie King  
Firehouse Subs  
First Watch  
Andy's Frozen Custard  
Rotary Club of Lake Mary  
Chick-fil-A  
Advent Health  
Cohen Law Group  
Winn Dixie of Lake Mary

### Thank You Corporate Sponsors!

Thank you to all of our Corporate Sponsors who have supported LMHS athletes and programs. If you would like to promote your business and support LMHS Athletics, contact Doug Peters (Director of Corporate Sponsorships) at [doug\\_peters@scps.k12.fl.us](mailto:doug_peters@scps.k12.fl.us).

### DIAMOND RAM CORPORATE SPONSORS

4th Street Bar and Grill  
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Advent Health  
Advent Health – Centra Care  
Beth's Burger Bar  
Bryan Builders  
Century Financial Group  
Chiro-Fit  
D1 Sports Training  
Dapore Realty

Dave Brewer Homes  
Exum & Exum Accounting  
FastSigns of Casselberry  
FBC Mortgage  
Home Makeover Systems  
Huey Magoo's  
Ireland and Associates Surveying  
Jewett Orthopedic  
L3 Commercial Aviation  
Law Office of Mary Beth Kelly

Merrill Lynch  
NAPA Auto Parts  
Nidy Company Sports  
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Parks Lincoln of Longwood  
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Seminole Powersports  
Russ Noyes Roofing  
Walk on Water

### PLATINUM RAM CORPORATE SPONSORS

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Kathy Stoner – Premier Realty Partners  
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Rivera Family Chiropractic  
Scott's Heating and Air Conditioning  
United Real Estate Preferred  
Waterstone Church

### GOLD RAM CORPORATE SPONSORS

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HD Realty  
Herff Jones  
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Rawle Orthodontics  
Venture Title

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Pontell Insurance  
Salata  
Sylvan Learning of Lake  
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### SCOREBOARD SPONSORS

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Collins Dental  
Dapore Realty  
Gators Dockside  
Flippers  
Insight Credit Union  
Living Legacies with LaVeta

Logan Eye Care  
Rhino Roofing  
Steffanie Rigetta with  
Farmers Insurance  
tutor doctor

### SIDE EFFECTS A - FRAME SPONSORS

Merrill Lynch – Brendan Burke  
Law Office of Mary Beth Kelly  
Centra Care – David Helseth  
D1 Sports Training – James Brown  
Dr. Dana Schoonmaker  
Russ Noyes Roofing – Russ Noyes /  
Bonnie Burkett

## PTSA<sup>®</sup> LMHS PTSA (President: Beth Dostal)

Hello and Welcome Back to School...almost!!

LMHS PTSA is looking forward to a new school year full of possibilities, milestones and making some amazing memories. We are in full swing planning for this year's activities and events. Don't forget to do your part and "join in" the fun of PTA. Detach the form below and send it in with your student to the front office or mail it to: LMHS PTSA, 655 Longwood Lake Mary Road, Lake Mary, FL 32746. When you join PTA you help support so many of our clubs, teams, teachers, staff, programs and initiatives throughout our campus. We are so grateful to those of you who have supported PTA in the past and look forward to meeting/reconnecting with many of you as the new school year begins.

If volunteering is what you're looking for we are in need of Committee Chair People. If you are interested please email or give me a call.

Wishing you a phenomenal year full of fun, festivities and focus!

Beth Dostal, LMHS PTSA President 2016-2021  
[bethdostal@yahoo.com](mailto:bethdostal@yahoo.com) or 407-341-73963

### Lake Mary High School – PTSA Membership Form

By joining the Lake Mary High School PTSA, you become a member of an organization that works year round to improve the health, safety, education, and the welfare of ALL children. Please help us reach our membership goal. **Dues are \$7.00 per member**

#### MEMBER NAME(S):

Name \_\_\_\_\_ Circle: Student, LMHS Staff, Parent, Grandparent

Name \_\_\_\_\_ Circle: Student, LMHS Staff, Parent, Grandparent

\*Make all Checks Payable to: **LMHS PTSA** Complete and return to the Front Office

#### Please list your student(s) information below:

Name \_\_\_\_\_ Grade \_\_\_\_\_

1st period teacher \_\_\_\_\_

Email Address \_\_\_\_\_

Phone Number \_\_\_\_\_

Cash/Check# \_\_\_\_\_

**Remember** by joining you are not obligated to volunteer, however, if you would like to get involved with YOUR LMHS PTSA contact: Beth Dostal @ [bethdostal@yahoo.com](mailto:bethdostal@yahoo.com) 407-341-7393. Thank you for "Joining In"!

## Athletics Boosters Information (Doug Peters)

All of us at Lake Mary High School and the Lake Mary Athletic Booster Club hope you and your families have been safe during this unprecedented time. I know that there are many questions as we move into the new school year, but rest assured our administrative team has been meeting frequently to plan activities for next year with safety as our top priority. Our school motto for 2020-2021 will be:

### RAMNATION...We Stand Together!

If you are interested in joining all the excitement and supporting Lake Mary High School and the Lake Mary Athletic Booster Club by being a **RAMNATION** corporate sponsor and Business Partner for the upcoming school year, please see the information below:

**2020 Lake Mary Varsity Football Media Guide – Deadline is July 30th** for receiving artwork for all Media Guide advertisements. Please e-mail your artwork to Scott Perry at: Scott\_Perry@scps.k12.fl.us.

**Special Feature increases traffic to your website!** - All corporate sponsor logos will be recognized on the following school websites. Each logo will have a Direct Connect link to your business website:

- [www.thelakemary5k.com](http://www.thelakemary5k.com)
- [www.RAMNATIONATHLETICS.COM](http://www.RAMNATIONATHLETICS.COM)
- [www.Lakemaryboosters.com](http://www.Lakemaryboosters.com)

**Special Feature** – Corporate sponsors recognized in the **Lake Mary Athletic Booster Club Business Directory**.

**New this year!** – As a new benefit we will be adding to the Lake Mary Facebook page, sliding banner advertisements for all 2020 -2021 DIAMOND RAM Corporate Sponsors.

Thank you for your consideration to support Lake Mary High School's student-athletes and their coaches. *Last year we ran out of advertising space at Don T. Reynolds Stadium. Our renewal sponsors will get first choice then sign space will be on a "first come first serve" basis.*



### Sponsorship Form

- \_\_\_\_\_ Diamond Ram Corporate Sponsor - \$2000
- \_\_\_\_\_ Platinum Ram Corporate Sponsor - \$1,500
- \_\_\_\_\_ Gold Ram Corporate Sponsor - \$1000
- \_\_\_\_\_ 4 x 8 Stadium Banner at Don T Reynolds Stadium - \$500



Please either return this page by e-mail at Doug\_Peters@scps.k12.fl.us, or by Fax at (407) 320-9664. You can also see your sponsorship benefits and/or make payment by going to the following link: <http://lakemaryboosters.com/corporate-sponsorship-opportunities/>

## Be the Change Open Forums

*Be the Change* is an initiative at Lake Mary High School that is focused on empowering students to ensure a positive school culture where all students feel safe, not only physically, but also emotionally. *Be the Change Student Open Forums* are held each month where students are able to bring up concerns in the school and be a part of creating solutions. Topics have been selected by students and include the following: inclusion of students with disabilities, ensuring a sense of belonging, anti-bullying, anti-racism, cultural sensitivity, conflict resolution, LGBTQ acceptance, and more. What makes this initiative so impactful is the representation that comes to each meeting from key clubs in the school (SGA, Peer Connectors, Impact, Young Men & Young Women of Excellence, JROTC, and Beta Club). These clubs work together in cog wheel motion with the same vision, yet different responsibilities to carry out the goals of creating a positive culture on campus. Not only are students our key player, but several staff and administrators attend each Open Forum on a voluntary basis for the sole purpose of listening to what students have to say. Even Principal Dr. Reynolds herself attends every meeting to hear the concerns of students. Student concerns and ideas are then taken back to school leadership and ideas are incorporated into School Improvement Plan. We encourage students to keep attending the *Be the Change Student Open Forums*. Note, this Fall, SVS and Seminole Connect students will also be able to attend via Webex. Remember, Be Responsible, Be Respectful, Be Engaged, and **Be the Change!**

### A NEW AND EXCITING EVENT!

The Lake Mary Athletic Booster Club is proud to announce the partnership with Burn Boot Camp Lake Mary and title sponsors, Orlando Health & Jewett Orthopaedic, to create the first annual **Lake Mary Athletic Booster Club / Burn Boot Camp - Lake Mary Workout Night** on Wednesday, October 28th "On the Turf" at Don T Reynolds Stadium! More information will be forthcoming. Some of the benefits offered will be T-shirts with company logos, participant goody bags, advertising signs, web-page advertising and more!

### 39th Annual Lake Mary Athletic Booster Club Golf Tournament – UPDATE

Due to the current Covid-19 situation, at the time of this e-mail we do not have a date for the 39th Annual Lake Mary Athletic Booster Club Golf Tournament, but we will keep sponsors updated when we have a rescheduled date for this year's Booster Club golf tournament.

## Slow Pitch Softball (Coach Jeannie Fisher)

Fall Slow Pitch tryouts will start on August 31, 2:30-5pm, at the softball field. All physical forms must be completed and submitted online. **If the athlete has a current physical on file, they still need to go through this process. They can skip the step of uploading the EL2 (Physical). They still need to complete all the other steps. This must be done before the August 31st start date.** If you have any questions feel free to contact Coach Fisher at the following email address: [jeannie\\_fisher@scps.k12.fl.us](mailto:jeannie_fisher@scps.k12.fl.us).

## Volleyball Student Highlight (Coach Reyes)

I want to congratulate **Jarrod Weger** for being selected to the SAC 1st Team All Conference. Although our season was cut short, Jarrod was establishing himself as a leader on the court, not only as our setter but as the teams Co-Captain as well and is well deserving of this award. Looking forward to a great upcoming season!

## PE Uniforms

Uniforms are required for all PE courses. The website to order your PE uniform is <https://www.myschoolbucks.com> (information is also available on the Lake Mary High School website). The cost is \$25 per uniform.





# Lake Mary High School

655 Longwood Lake Mary Road  
Lake Mary, FL 32746

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Permit # 2346

12  
page

## Athletics

### Athletic Eligibility Requirements

1. All student athletes entering the ninth grade must have been promoted from the 8th grade and maintain a 2.0 grade point average.
2. Each athlete must complete and pass a physical prior to trying out in any sport; this includes any pre-season conditioning practice. All physicals must be signed by a parent/guardian. Physical forms are available below, in the front office, guidance and the athletic office; however, the process is now electronic. **Go to [athleticclearance.com](http://athleticclearance.com) to submit the required documents.**
3. All student athletes are subject to and must adhere to the SCPS Citizenship Policy. Athletic participation is a privilege and all athletes must represent their school and sport in a positive light on and off campus or risk the chance of losing this privilege.

All requirements listed above must be met **prior** to tryouts/participation.

### Bowling (Coach Jason Jordan)

The Lake Mary High School Boys and Girls Bowling Team will be holding tryouts beginning on August 31. You **MUST** have a physical form submitted through the [athleticclearance.com](http://athleticclearance.com) website in order to practice or tryout. If you are interested in joining the team, please contact Mr. Jordan at [jordanjg@scps.k12.fl.us](mailto:jordanjg@scps.k12.fl.us) for more details.

### Lake Mary Athletics - Online Sports Physical Submission Information

All sports physicals in Seminole County will be submitted online for clearance to participate in athletics. As a parent, this process eliminates the need to "DROP" your paperwork at the school or "SEND" it with your student-athlete. We look forward to the numerous benefits that this system will provide for you, your student-athlete, our coaches and the LMHS Athletic Department.

ALL athletes interested in participating in athletics at Lake Mary **MUST COMPLETE** the below process.

**Documents to have on hand: Physical, Insurance Card, Parent Dr. License and Birth Certificate.**

1. Visit [www.AthleticClearance.com](http://www.AthleticClearance.com) and choose your state.
2. **Register** and complete the 7 fields including a security question. Parents **MUST** register with a valid email username and password.
3. You will be asked to submit an activation code that will be displayed on the screen. Enter the code and click submit.
4. Login using your email address and password that you registered with.
5. Select "**Start Clearance Here**" to start the process.
6. Select "School Year", select "School", Select "Sport" in which the student plans to participate in first. (you can select other sports later)
  - a. **Example 2020-2021, Lake Mary, Football**
7. Complete all required fields for
  - a. Student Information- **Please use legal name as appears in Skyward**
  - b. Student Uploads-
    - i. If you have a current physical on file in the athletic office we can upload it. Remember a physical dated from your doctor lasts 365 days.
    - ii. If you have played a sport at Lake Mary we can verify your birth certificate. 9<sup>th</sup> graders and transfers need to provide this upload.
    - iii. Please upload a picture of your insurance card. If you have school insurance we will verify coverage in the athletic office.
    - iv. **Parent Driver's License- used to confirm parent consent**
  - c. Medical History- Answer all questions and provide necessary information.
  - d. Signature Forms- Parents and Students sign each form.
8. Optional Donation to your athletic program.
9. Once you reach the **Confirmation Message** you have completed the process.
10. If you would like to register for additional sports you may check off those sports below the Confirmation Message. Electronic signatures will be applied to the additional sports/activities.
11. All of this data will be electronically filed with your school's athletic department for **review**. When the student has been **cleared for participation**, an email notification will be sent.

**Note: Participation in a program for conditioning, open facilities, tryouts, or practice can not occur until you have been notified by the athletic department of your clearance status.**

If you have any questions or concerns please contact the Athletic Department at 407-320-9557 or email [griselle\\_quinones@scps.k12.fl.us](mailto:griselle_quinones@scps.k12.fl.us)