

## INSIDE this Issue

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### A Message from the Principal

Dear Ram Families,

As 2021 draws to a close, I am reminded of the importance of school and family partnerships in securing the best possible educational experiences for our children. One way to promote a positive school environment is to talk to our children about the actions and behaviors that lead to success and to reinforce consistent messages on both the home and school fronts. This past year, LMHS revised our Mission Statement to read, "*Empowering RamNation to Be Responsible, Be Respectful, Be Engaged, and Be the Change we hope to see in the world.*" To articulate what we mean when we communicate our mission statement, I would like to offer a more detailed description of how our students can take inspiration from these words to secure a successful high school experience.

**Be Respectful:** Teaching positive behaviors is a critical component of a well-rounded education. Everyone wants to be treated with respect, and it goes without saying that to get respect, we must give respect. This year, the faculty and staff at LMHS have a renewed focus on working "with" students, through the use of respectful language and behaviors, to hear their concerns, assist in solving their problems, and support them in reaching their goals. We are committed to providing a system of support for all students, and we are eager to hear from any students or parents who feel we are falling short on this promise. Further, LMHS faculty, staff, and administration are encouraging all students to treat each other with respect, use their words to solve conflicts, and recognize the value of allowing peers to live their truth without criticism or abuse.

**Be Responsible:** Teaching students what it means to be responsible is another hallmark of high school education. For our students, being responsible means behaving appropriately in a school setting, getting to class on time, coming to school dressed appropriately, completing homework on a daily basis, turning in assignments on time, and most importantly, making a positive contribution to our school community. Responsibility also means communicating with teachers and staff members with questions and/or concerns and reporting any concerns to staff members. We appreciate family members supporting school efforts to teach responsibility in an effort to prepare our students for post-secondary education and the world of work.

**Be Engaged:** Students who are engaged in their school community through participation in extra-curricular activities such as sports, clubs, arts, or community service are forced to better manage their time and learn the characteristics of a valuable team member. As a result, involved students report a more fulfilling high school experience. Further, students who are pro-active in engaging with their teachers and peers on a daily basis experience academic success. Being engaged means fully participating in the high school experience. We encourage parents to ensure that your children find a way to engage in both coursework and extra-curricular activities.

**Be the Change:** In response to current social, environmental, and political issues, our children are determined to have their voices heard. We encourage students to use their voices for positive change so that they understand the power and opportunity afforded citizens who live in a democracy. LMHS has created opportunity for student voices to be heard through our monthly Student Forums. If your child is motivated to participate in creating positive change in our school, please encourage him or her to attend our Student Forums.

Thank you to all of our parents and family members for partnering with the faculty and staff at Lake Mary High School to ensure that your children make the most of their high school experience and get the support they need to reach their goals.

Go Rams!

Mrs. Mickey Reynolds, Ed.D.  
Principal



## ADMINISTRATION

**Mickey Reynolds, Ed.D.**  
Principal

### Assistant Principals

Melissa Flory  
Tom Oliver  
Michael Hennessy  
Melisa Ayala-Cruz

### School Administration Managers

Kathy Aslin  
Andrea Fuhrer, Ed. D.  
Steve Longarzo  
Becca Southworth

### Address

655 Longwood Lake Mary Rd.  
Lake Mary, FL 32746

**407.320.9550**

"Tell-A-Ram" developed by  
Andrea Fuhrer

 @LakeMaryHighSchool

 @LMHSRams

NOVEMBER 2021

# Tell-A-Ram

Lake Mary High School

ISSUE 3



### Mission

Empowering RamNation to *Be Responsible, Be Respectful, Be Engaged, and Be the Change* we hope to see in the world.

### Vision

Lake Mary High School will consciously work to establish a community of engaged educators and learners who will thrive in a safe and supportive environment. In the classroom, teachers will invest in and motivate students to help them achieve their personal best. Students will leave Lake Mary High School with a sense of purpose for their lives, equipped with tools and a plan for how to make an impact beyond high school.

### LMHS School Wide Expectations

**BE RESPONSIBLE**  
**BE RESPECTFUL**  
**BE ENGAGED**  
**BE THE CHANGE!**

**IMPORTANT NOTE:**  
**This information is**  
**current as of**  
**November 16th**  
**and is subject to**  
**change based upon**  
**our response and**  
**efforts to COVID 19.**



*everychild.onevoice.*

### PTSA

This is the perfect time of year to reflect on all we have to be thankful for. I am especially grateful to Dr. Reynolds for leading all of us through this pandemic with a level head and always looking out for what is best for the children. It is wonderful to be back on campus, working with such amazing volunteers, families and Lake Mary High School's truly exceptional teachers and staff.

We have had a strong start to our school year with fun events supporting our students, teachers, and staff. The PTSA membership drive is still open to student members through December 2021! Any 12th grade student who wishes to apply for the PTSA Scholarship must be a PTSA member (more information coming this February).

Our school store is thriving and the students have enjoyed using the new Cash App option. Only, we could use a few more volunteers! Our store helps fund all PTSA events throughout the year. Also, our Food Pantry is always in need of donations- in addition to food, there is a need for new or gently-worn sweatshirts (larger sizes preferred) and leggings. To volunteer or donate, please contact me at ramptsa@gmail.com.

Thank you!

Linda Corless, LMHS PTSA President 2021-2022



### LMHS PTSA Membership Form

**Attention STUDENTS, TEACHERS, & FAMILY MEMBERS, by joining the Lake Mary High School PTSA, you become a member of an organization that works year round to improve the health, safety, education, and the welfare of ALL children. Please help us reach our membership goal.**

**Dues are \$7.00 per member**

#### MEMBER NAME(S):

Name \_\_\_\_\_

Circle: Student/Gr: \_\_\_\_\_ LMHS Staff Parent Grandparent

Email\*: \_\_\_\_\_ &/OR phone: \_\_\_\_\_

Name \_\_\_\_\_

Circle: Student/Gr: \_\_\_\_\_ LMHS Staff Parent Grandparent

Email\*: \_\_\_\_\_ &/OR phone: \_\_\_\_\_

Name \_\_\_\_\_

Circle: Student/Gr: \_\_\_\_\_ LMHS Staff Parent Grandparent

Email\*: \_\_\_\_\_ &/OR phone: \_\_\_\_\_

\*Make all Checks Payable to: **LMHS PTSA** Complete and return to the Front Office

\$7.00 x \_\_\_\_\_ = Total \_\_\_\_\_

CIRCLE: Cash, Check (check # \_\_\_\_\_)

or Credit Card - go to <https://lmhsptsa.memberhub.com/store>

If you would like to get involved with Lake Mary High School PTSA, contact: Linda Corless, LMHS PTSA President: ramptsa@gmail.com, 407-466-4654.



Jeffrey Beattie, D.M.D. | Bob Garfinkel, D.M.D. | Charles McNamara, D.M.D.

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# Class of 2022 Graduation Information

**Date:** Wednesday, May 25th, 2022

**Time:** 9:00 am

**Location:** UCF-Addition Financial Arena

**Grad fees for the Class of 2022 will be as follows:**

- Cost for the primary package for all Seniors is \$90 (this includes grad fees). Cost will increase on February 1st to \$120.
- Grad fees pay for diploma covers, rental of the arena for the ceremony, gown rentals for faculty, senior breakfast, senior picnic, January, and April mailing to senior parents, graduation programs, balloons, sign language interpreters for the ceremony, and any other costs incurred for graduation or senior week.
- At this time, we do not know how many tickets will be allotted per student. More information provided in April.
- To order gowns, the Herff-Jones information is on the school website <http://www.lakemaryhs.scps.k12.fl.us/students/seniors.shtml> or you can go directly to <http://www.herffforlando.com>



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## Media Center

### Student IDs

All student IDs will be distributed soon. Seniors must have a notarized Senior Privilege form and all debts paid, meet grade requirements, and then be approved by administration for Senior Lunch release. Senior IDs must be shown to leave campus for lunch. Replacement IDs will be made during lunch for \$5. Please remind your child to keep their ID available at school daily. There is a debt list of all students available in the media center or at bookkeeping. Students can come to find out specifics and amounts being charged. Remember all debts must be cleared for Prom and Graduation.

### New Book Releases

We are keeping up with the times with all the latest and greatest fiction releases. Please stop by the media center to find your favorite author, series, or new release!

*The Florida Teens Read books have arrived!* Fifteen books were chosen by a panel of students, teachers, and Media Specialists to motivate Florida's high school students to read enjoyable, quality literature. Come by the Media Center display to see which ones you'd like to check out. (Remember to bring your ID card)

## HeroK12

This year, LMHS is utilizing a new system for tracking tardies and assigning discipline consequences, as well as for awarding points for positive behavior. These points can be turned in for prizes! On the Hero website (<https://www.herok12.com/>), they describe their software platform this way, "Hero gets students in class and on time, changing negative attendance patterns. And it motivates students to make good choices, more often, through positive behavior reinforcement." Another helpful feature is that parents will receive an email immediately upon your child being assigned a discipline consequence for excessive tardies. Check out the HeroK12 website for more information.



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## Feature Program: Spanish Program

The World Languages program at Lake Mary High School is the premier language program in SCPS! We provide ample opportunities for the student who wishes to become fluent in the language. Students acquire cultural and linguistic skills and apply them in real life scenarios with use of the state-of-the-art Stevens Lab. There are 5 levels of Spanish courses offered at Lake Mary High School, including Spanish 1, 2, 3 (Honors), AP Spanish Language & Culture and AP Spanish Literature & Culture. In addition to the academic curriculum, we also participate in various cultural activities throughout the school year and students demonstrate their love of the language by actively participating in the SCPS World Languages Festival. In particular, the Spanish team filled with highly motivated and talented students, also competes at the Florida State Spanish Competition in Orlando consistently earning top honors in Impromptu speeches, Poetry Declamations, Drama, Singing, Dance, Instrumental Performance, Regional dress and Senior Essays. Students have opportunities to travel abroad with various groups including the Rotary Youth Exchange. During the Spanish 3 Honors and AP Spanish courses, students may be eligible to be inducted into the Spanish Honor Society in recognition of their outstanding performance in the Spanish Language. As a reward for their hard work and perseverance, our most dedicated seniors earn the coveted Seal of Bilingualism upon graduation.



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## Feature Student: Michelle Sarkodee

Michelle Sarkodee, an LMHS Senior, is a dedicated and passionate individual who is always committed to making an impact on those around her, her school and community. Michelle is a vocal and outgoing young lady. Due to her humility, she at times seems to undermine her potential and confidence, yet constantly glows and shines by inspiring others every day. As a tribe leader of YWOE and serving 3 years in the program, she helps to nurture and guide young girls/her fellow sisters into reaching their fullest potentials as a developing young woman, while also keeping herself accountable. She is a part of the National Honors Society and Order of the Golden Fleece. She is also a member of the Be the Change Club, that seeks to brainstorm ideas and strategies in effect to cause gradual effective change towards the betterment of the school community. Also, due to her interest in the Spanish language and culture, during her sophomore year, she tried out and made it to the Annual Florida State Spanish Competition. With determination and courage, she tried out as the only category A (Spanish 1 student) at the time and has made her realize the importance of language and connecting with culture. Her love for the Spanish language motivated her to take two more years of Spanish online over the summer of her sophomore and junior year, she's currently in AP Spanish lang, improving her skills. "Michelle's motivation and determination drives her pursuit of academic achievement. Her enthusiasm for learning reflects a mature attitude and global perspective that super cedes that of her peers." – Señorita Ohl.



Feature Student:  
Michelle Sarkodee

This summer, Michelle took initiative to participate in the creation of the student Ted Talks and lessons for the mental health curriculum for Seminole county Public Schools. The dedication she has for self-development/improvement gave her insight to utilize her voice in spreading awareness about Mental health and its importance. In that same light, she recently joined PALP (Peace Ambassador Leadership Program), a 9-month leadership program that's designed to help students develop leadership, conflict-resolution, enhanced public speaking skills, becoming upstanders, and more importantly, get involved in community give-back with benefits of over 200 service hours and access to numerous scholarship opportunities. PALP empowers youth and young adults to affect local and global change through mentoring, service, experiential education, creating life-changing experiences and impact. By the end of the training period, she would be a certified NVEEE Peace Ambassador.

Michelle would be off to college soon and plans to major in the Psychology field with a minor in Spanish, completing and obtaining a four-year bachelor's degree, further pursuing a two-year Master's degree and pursuing a Ph.D. or PsyD in Clinical Psychology. *"I want to help people heal, recuperate, rehabilitate, and in turn, live better lives. I want to be a support system for others who can barely see it through life and to pump the oxygen of hope into the lungs of their lives. Fostering resilience and perseverance, I would love to turn individuals who have lost hope and struggle in life into better and stronger individuals. It's my passion to help others, encourage, and motivate them to keep pressing on, regardless of any circumstance and with this in mind I would love to make a difference in the world and in others lives."*

Michelle continues to challenge herself with advanced classes, multiple extracurriculars, and roles in her classes and community. She is a mentor and example of kindness and charisma that many look up to. Overall, Michelle is bold, independent, and a fighter for her dreams and goals she manifests and works for every day.



## Feature Teacher: Señorita Ohl

Señorita Ohl is in her 23rd year as a Spanish teacher for Seminole County Public Schools. She is a graduate of Miami University (OH) with degrees in Spanish K-12 and English 6-9. Señorita Ohl began her career at Sanford Middle School by teaching Pre-IB Spanish 1, Intermediate Spanish, Beginning Spanish and 6th grade Reading. In addition to being a National Board-Certified teacher in World Languages, she is the World Languages Curriculum Leader, Beta Club sponsor, SEA representative and a Clinical Educator mentoring new teachers and hosting both junior and senior interns. She has studied at La Universidad de las Américas in Puebla, Mexico, La Universidad de Santiago de Compostela, Spain and is an active member of AATSP and has participated in their annual meetings in Spain and Panama. Señorita Ohl has sponsored the Spanish Honor Society at LMHS while also teaching Spanish 1, 2, 3 Honors, AP Spanish Language and AP Spanish Literature. She played an integral role in the implementation of the Stevens Labs systems that are now present in World Languages classrooms across the county. She has welcomed county officials and School Board members into her classroom to see the lab in action as well as trained other teachers and administrators how to use the system for daily lessons and proctor the AP Spanish, AP German, AP Italian and AP French exams in May. Señorita Ohl's love of the language shines through her dedication to her students during the school day in her classes and after school activities including holding Tertulias at local Hispanic restaurants, tutoring, and sponsoring the Spanish team in the annual SCPS World Languages Festival and Florida State Spanish Competition. During the summers, Señorita Ohl uses her expertise to help guide SCVS students through their Spanish and English 1 high school course work. She is a promoter of the Rotary Youth Exchange and Centro MundoLengua Study Abroad in Spain. "My goal is for each student to be able to not only converse in the Spanish language but to be open to the cultural differences present in an ever-changing world. If I, as a non-native speaker, can learn the Spanish language, love it and respect its culture, then surely any of my students can do the same." Señorita Ohl is grateful for the amazing administration and staff at Lake Mary HS, SCPS and SCVS for supporting her throughout her career. ¡Muchas gracias!



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## Feature Athlete: Gannon Stoner

Friday Night Lights have been the highlight of Gannon Stoner's time at Lake Mary High School. Gannon says he loves the feeling of competing and the purity of the game and that playing at Lake Mary High School is something extra special. "Hearing and seeing your friends and classmates cheering for our team really makes me feel good. I think we have the best student section in the state."

Football has been constant in his life since he first put on pads in the second grade, spanning multiple I-9 flag football victories, a few Pop Warner championships, and, hopefully, a run at the state championship this year with his best friends. Gannon was recently recognized by the Orlando Sentinel when he was chosen in the 2021 Super 60, a list of Central Florida college football prospects. He hopes to have the opportunity to play football at an elite academic school where he plans to major in engineering. He has managed to balance a busy sports schedule with a heavy academic load and maintains a 4.5 GPA and a class rank of 22.

In the spring Gannon has enjoyed playing tennis for the boys tennis team where he earned 2nd team all district in boys singles and boys doubles for the 2021 season. Other school activities in which Gannon participates are the Spanish Honor Society and the National Honor Society.

Gannon is starting to see his time at Lake Mary High School coming to an end. "I know many of my friends will be the lifelong type but our paths will be separating soon. I am looking forward to all the fun spring Senior activities together."

"Gannon is a great person as well as a great player. He is a leader on and off the field and is an integral part of our football team's success over the last few years."

- Coach Perry



## Positive Behavior Supports

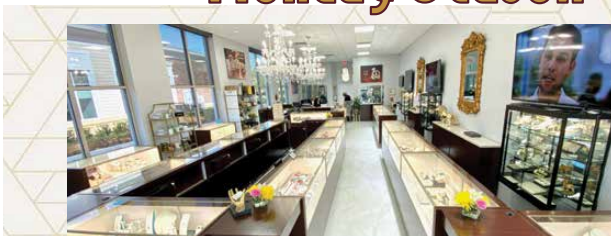
At LMHS we make a concerted effort to focus on positive behaviors. We do this through an initiative known as *Positive Behavior Supports (PBS)*. PBS offers a systematic approach to promoting a school wide culture focused on respect and positive behavior. Because students come from different backgrounds and cultures, they may view behavior in their own unique ways. When a student acts out, LMHS views it as a skill deficit; as a result, students are taught appropriate school behaviors and expectations. Consequences are still given for inappropriate behavior; however, students are also rewarded when they model citizenship.



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Students, please ensure that you are checking your email at least twice a week. Students, email is a primary way for many to communicate. To get to your school email, you will log on to your Clever Portal and select the Office 365 application. From there, you can check and respond to important information and review school announcements that are sent to all students and families. If you are having any trouble accessing your school email, please come to the Student Services Department located by the front entrance of the school for assistance.

## Bright Futures

This application lets the state of Florida know you are graduating this year. On November 3, Counselors will meet with students through their English class to complete this application. It is recommended that you use your Social Security number. This application should take only 15 minutes to complete at the most. **YOU DO NOT NEED ALL THE REQUIREMENTS MET BEFORE YOU APPLY. APPLY TODAY!** All requirements are completed while in high school (GPA, SAT/ACT test scores and volunteer hours). Consider making sure your volunteer hours are turned in before Winter Break.

## FAFSA

This application can be cumbersome. We are here to help! You will need your parents' income information to complete this application. Your family can schedule a time to meet with our TRIO Connections representatives virtually or in person if they want assistance. See attached flyer for FAFSA help sessions.

## ACT/SAT

All colleges, universities, and community colleges require the SAT or ACT for admission or placement. Most colleges/universities will accept both the SAT or ACT. Lake Mary High School's code number is 100883. (Be sure to bubble the high school code on your registration form so that your scores are sent to us.)

## Testing Calendar

Date	Assessment	Who Does It Affect?
November 30 & December 1	Geometry EOC, Biology EOC, US History EOC	Students who want to test for Scholar's Diploma (Sign up at: <a href="http://tinyurl.com/W2021Scholars">tinyurl.com/W2021Scholars</a> )
December 2 & 3	Geometry FSA EOC Retakes	Students who have taken and not yet met the Algebra 1 EOC graduation requirement <i>*Students will test over 2 days – Session 1 &amp; Session 2</i>
December 6 & 7	Algebra 1 FSA EOC Retakes	Students who have taken and not yet met the Algebra 1 EOC graduation requirement (students currently taking Liberal Arts Math 1) <i>*Students will test over 2 days – Session 1 &amp; Session 2</i>
December 8, 9 & 10	All Make-Ups	Algebra 1 EOC & Geometry, EOC
December 14, 15, 16 & 17	2nd Quarter Exams	2nd Quarter Exams (all C9A exams)

\*Once finalized, there will be additional testing dates added for the Spring

## PSAT/SAT Results

Results for the PSAT and SAT that was taken on Wednesday, October 13th should be available online by mid December. Students can create a College Board account at [www.collegeboard.org](http://www.collegeboard.org). If students have any issues in signing up for an account, they can contact College Board for additional help. Students can set up a College Board account at [www.collegeboard.org](http://www.collegeboard.org) and can link their account to Khan Academy where they have access to official SAT practice items.

## ACT Results

Results for the ACT that was taken on Tuesday, October 5th are available online at [www.act.org](http://www.act.org). Students need to create an account to get their ACT scores.

## 2021-2022 SAT/ACT Test Schedule

**SAT** ([www.collegeboard.com](http://www.collegeboard.com))

The SAT will be given to all Juniors on Wednesday, March 2, 2022 (during the school day).

Registration Deadline	Late Registration (fee applies)	Test Date
February 11	March 1	March 12 (LMHS)
April 8	April 26	May 7 (LMHS)
May 5	May 25	June 4 (LMHS)

**ACT** ([www.act.org](http://www.act.org))

The ACT will be given to all Juniors on Tuesday, March 29, 2022 (during the school day).

Registration Deadline	Late Registration (fee applies)	Test Date
January 7	January 21	February 12 (LMHS)
March 25	March 11	April 2 (LMHS)
May 6	May 20	June 11 (LMHS)
June 17	June 24	July 16 (LMHS)



Sue Silberbusch, Esq.,  
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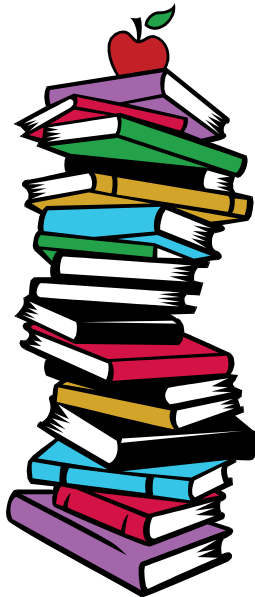
## Essence Literary Magazine Club

The Essence Literary Magazine is now collecting submissions for the Winter-themed edition. While we accept all writings and artwork submitted by student, we are specifically looking for submissions relating to "Winter". Whether it be a holiday celebrated as a family, the changing of seasons (both literally and metaphorically, or an art piece in relation to Winter, we want it. For more information on submitting to Essence, please see Mr. Jordan in room 1-142 or send him an email at jordanjg@scps.k12.fl.us.

## Yearbook

Attention Senior Body and family! It's not too late to purchase a Senior Dedication for the 2022 Chrysomallus Yearbook. This is a once in a lifetime opportunity that won't last forever and will be a keepsake for decades. Whether you're immortalizing a friendship between a group of friends, congratulating your senior for making it to graduation, or want to take the time

to express gratitude, this is your opportunity. Please visit [www.yearbookordercenter.com](http://www.yearbookordercenter.com) and use the job number "21630" to purchase your Senior Dedication. Space is limited, so act now. Please visit room 1-142 or email Mr. Jordan at [jordanjg@scps.k12.fl.us](mailto:jordanjg@scps.k12.fl.us) for more information.



The 40th Anniversary Chrysomallus Yearbook is on sale now! Priced at \$75, this is the cheapest the book will get. Once 2022 arrives, the price will increase, so preorder yours now before it goes up. To purchase your copy of the 2022 Yearbook, please visit [www.yearbookordercenter.com](http://www.yearbookordercenter.com) and use the job number "21630". If you have any questions, see Mr. Jordan in room 1-142 or email him at [jordanjg@scps.k12.fl.us](mailto:jordanjg@scps.k12.fl.us).

## Best Buddies

Best Buddies is a nonprofit 501(c)(3) organization and available club to students at LMHS. This club consists of volunteers that create opportunities for people with intellectual and developmental disabilities (IDD). The program's main purpose is to allow students to be paired up with a buddy who has an intellectual and developmental disability and provide them with a friend or a mentor. Best Buddies is the world's largest organization dedicated to ending the social, physical, and economic isolation of the 200 million people with IDD. It is an international movement that has spread to over 54 countries worldwide. With our first year at Lake Mary, we are working on offering social interactions while improving the quality of life and level of inclusion for a population that is often isolated and excluded. We want to strive to increase inclusion at our beloved school. Our meetings are the last Monday of every month so please stop by to learn more information! If you have any questions about our chapter, please don't hesitate to contact one of our faculty sponsors, Ms. Vallario at [vallarri@scps.k12.fl.us](mailto:vallarri@scps.k12.fl.us).



## Boys Swimming

During the past 11 weeks the boys swim team have been working hard landing them in 3rd place in conference. The team was led this year by Zachary Bishop, Wilson Baker, Joseph Szul, Noah Witham, Jacob McKinney, Keegen Riordan, George Gude, Alp Gelgen and Matthew Rittlinger who all had multiple first place finishes in individual events and relays this season. They have a record of 9-1 during the regular season with a 5th place overall showing at the FSPA Swim Meet. We are looking forward to carrying this momentum into a successful post season.

## Girls Swimming

During the past 11 weeks the girls swim team has been working hard landing them 4th in conference. The team was led by Sydney Stemley, Mallory Baker, Jade Pelloni, Emma Bellars, Bianca Valscechi, Reagan Mallory, and Ryann Kitchener who all had multiple first place finishes in individual events and relays this season. They have a record of 8-2 during the regular season with a 4th place overall showing at the FSPA Swim Meet. This season there were three records broken. One was by Sydney Stemley who now holds the junior 100 Butterfly record and another two records were broken by Malory Baker in both the freshman and overall school 100 yard breaststroke. We are looking forward to carrying this momentum into a successful post season.

## Boys and Girls Water Polo

The Boys and Girls Water Polo team will have tryouts January 10, 2022. Please email Coach Baker for more information at [dernerpa@myscps.us](mailto:dernerpa@myscps.us).



## Lake Mary Athletics

### Boys Cross Country

This season has been a learning experience for the team since there is only 2 seniors on the varsity team. However, the boys have been training hard and are committed to getting better with each week. At the SAC Championship race, 8 of the 10 varsity boys ran a personal best time with **Brendan Hamilton** earning 1st team All-Conference and **Jacob Bormet** earning 2nd team All-Conference. The team will look to build on their success at the District Championship on October 29.

### Football

- Our freshman team went undefeated and won the Seminole Athletic Conference championship.
- Our JV team finished a respectable 3-2.
- Our varsity team is currently 7-1 getting ready to face Oviedo for our homecoming game and finish up the season against Deltona for Senior night.

### Girls Golf

The 2021 season is moving into the final stages and the Rams have been playing some Outstanding Golf this fall. Led by Senior Captain, Izzy Pellot, the Team has already captured the Seminole Athletic Conference Championship as well as the FHSAA 3A District 4 Championship. In addition to winning those Titles, the Team tied a Tournament scoring record at the Qdoba Championship and finished 2nd in the Central Florida Tournament of Champions and the Honda Classic High School Invitational. Freshman Ryleigh Knaub has had an Outstanding fall. Ryleigh took the Individual Medalist Honors at the Central Florida Tournament of Champions, the Honda Classic, the Seminole Athletic Conference Championship, and the 3A District 4 Championship. Senior, Izzy Pellot has had top 3 finishes in all 5 Tournaments the Team has played in to date. Earlier in the season, she set a Lake Mary Girls Golf Individual scoring RECORD with a 64 at Lone Palm GC in Lakeland. Izzy has had a phenomenal career at Lake Mary winning 8 Individual Titles as well as being a 2-time 1st Team All-State golfer. She has been Player of the Year in Seminole County twice and will be signing an LOI to play for Mississippi State University after graduation. Besides Izzy and Ryleigh, Lake Mary has four other strong golfers to count on. Sophomore, Arenui Faana has been at #3 all season with scores consistently in the 70s. Senior, Angela An has been a welcome addition this fall and has been a reliable scorer at #4. Freshman, Delaney Sillaway has been making great strides as the season progresses and has competed for the #5 spot with another Freshman, Mara King. Mara showed her potential with a 71 at the Qdoba Tournament. The Team is looking forward to the final two Tournaments. The 3A Region 1 Championship on November 1st. and the FHSAA State Finals, November 16th & 17th at Mission Inn. Good Luck to the players and Go Rams!

### Boys Golf

The Boy's Golf Team has had a spectacular regular season playing 16 events. The team began the post season ranked #2 in Class 3A, All Regions, All Districts. The Boys have already clinched 1st place at the Seminole Athletic Conference Championship and the FHSAA Class 3A District 4 Championship. Jackson Snedaker led the team in both events capturing individual medalist honors. Jackson Snedaker, Arihau Faana, Alex Hall and Sean Majewski were 1st Team All-Conference and 1st Team All-District. Two special highlights of the season were when the team broke their tournament scoring record shooting 279 at the Titan Invitational at the Hammock Beach Resort and for Arihau Faana's "hole-in-one" at the Winter Springs Invitational at Tusawilla Country Club. Special recognition goes out to Garret Ebbert who has committed to the University of Central Florida upon graduation. We complete our "Major" run with the FHSAA Class 3A Region 1 Championship on November 1st followed by the FHSAA Class 3A State Championship on November 16th and 17th at Mission Inn Resort. Best of luck to the players. GO RAMS!

### Girls and Boys Bowling

The 2021 Season for LMHS Bowling was one to remember! Our Lady Rams Bowling Team went undefeated with a 16-0 win streak with a 25,406 pin count, ultimately placing 3rd in the District Tournament. This is the first time in the school's history where one of our bowling teams moped up the competition consistently throughout the season. Our Boys went 5-11 with a total pin count of 30,106.

Richard Baksa and Frances "Foof" Baksa both qualified for the FHSAA State Tournament that is held on November 3rd at Boardwalk Bowling Alley in Orlando, Florida. Join all Lake Mary in congratulating our Bowling Teams on another great season and help us wish the individuals good luck at States!

### Baseball - Save the Date!

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February 21st  
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## Business Partners

A special thank you to those businesses who have supported Lake Mary High School students through Business Partnerships. Your contributions have helped us acknowledge hard working students and staff. If you would like to be a business partner, please contact Dr. Andrea Fuhrer at (407) 320-9511.

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## COVID-19 Rapid Testing





## Bully Prevention Awareness & Reporting

Bullying means systematically and chronically inflicting physical hurt or psychological distress on another person that includes: unwanted and repeated written, verbal, or physical behavior that is severe or pervasive enough to:

- create an intimidating, hostile, or offensive educational environment;
- cause discomfort or humiliation;
- unreasonably interfere with the individual's school performance or participation.

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If your child feels as if he or she is being bullied, please direct him or her to do the following:

1. Report the situation:
  - a. To any adult on campus
  - b. Speak Out Hotline (1-800-423-8477)
  - c. Report through the P3 Campus App

SEE SOMETHING! SAY SOMETHING! DO SOMETHING!



2. Be sure to fill out a witness statement in the discipline office explaining the situation in detail.
3. The situation will be investigated by an administrator.

If you have any questions about bullying procedures, please feel free to contact the discipline office (407-320-9532). For more information about Seminole County Public Schools Bully Prevention Awareness please visit the follow website.

<https://www.scps.k12.fl.us/district/departments/student-support-school-safety/bullying-prevention.shtml>

WELCOME TO THE RAM STUDENT LOUNGE



Thanks to a generous donation from the Bernstein Family, the lounge is Staffed daily by a Licensed Clinical Social Worker.

### Hours

MONDAY - FRIDAY FROM 7AM - 2:30PM

\*CLOSED FROM 12-12:30PM DAILY FOR LUNCH\*

Students are strongly encouraged to utilize the Ram Student Lounge before and after classes, as well as during lunch and break for socialization.

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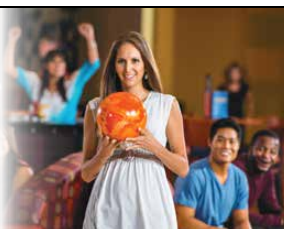
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## Multicultural Show

**November 19th**

The Multicultural Show takes place during the school day and includes performances in different clubs and activities celebrating and embracing the many cultures on campus and around the world.

## Food Pantry

With the holidays quickly approaching, our food pantry could use some donations to help our LMHS families. If you would like to make a monetary donation, please make your tax deductible donation through our myschoolbucks link <https://bit.ly/3bkJaoQ>. Below is a list of items that we can always use: Canned veggies (corn, green beans, peas), pasta and pasta sauces, Barilla ready pasta pouches, soups, macaroni and cheese cups or boxes, yellow or white rice, cereal fun/variety pack or cups, pop tarts, Spaghetti Os or Chef Boyardee, canned chicken, tuna and Vienna sausages.

## LMHS Club Sponsors Information

American Sign Language- Jacqueline Clegg  
ASL Honor Society- William Hobby  
Art Appreciation- Michele Dershimer  
Association for Computing Machinery- Janie Slentz  
Be the Change- Gisela Garcia  
Belief in Relief- Shawn Crisp  
Best Buddies- Amanda Gaughan  
Beta Club- Laura Ohl  
Biology and Medicine Club- Alexandra Troia  
Brain Bowl- Steve Desanto  
Chess Club- Joel Ortiz  
Drama Club- Trevor Southworth  
Essence Literary Magazine- Jason Jordan  
Fellowship of Christian Athletes- Patrick Barrett  
Florida Mock Trial- Lucy Duffey  
French Honor Society- Mary Jerry  
Global Community Club- Deborah Casillo  
Gospel Choir- Dominique Baeta  
Impact Club- Jose Rivera  
International Thespian Society- Trevor Southworth  
Investment Club- Shawn Crisp  
Jewish Student Union- Amanda Hoffman  
Key Club- Amanda Hoffman  
Latinos in Action- Gilda Grau Carazo  
Law Club- Lucy Duffey

Mu Alpha Theta- Rebecca Devor  
Mural Painting Club- Lucy Duffey  
National Forensics League- Shawn Crisp  
National Honor Society- Dayle Peabody  
Navy Junior ROTC- Francis Barth III, Craig Daniels  
Ocean Club- Kelly Lerza  
Peer Connectors- Kym Gaudreau  
Photography Club- Kathy Tubbs  
Quill and Scroll- Shawn Crisp  
Red Cross Club- Evelyn Martinez  
Rams Against Drunk Driving (RADD)- Lucy Duffey  
Senior Class- Janice Knowles and Stephanie Jordan  
Spanish Honor Society- Rosario Melara and Laura Ohl  
Speech and Debate Team- Shawn Crisp  
Step Team- Kelly Lupis  
Student Government- Kristin Sullivan  
Tri-M Music International Society- Dominique Baeta  
Yearbook- Jason Jordan  
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