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A Message from the Principal

Dear Ram Families,

The school year is off to a great start, and all teachers and staff members are excited and prepared to offer your children a quality educational experience and a positive learning environment at Lake Mary High School. Beyond the classroom, we have many programs of support in place to meet the diverse needs of our student population. You will find detailed information about those programs inside this newsletter. Further, we look forward to partnering with families throughout the school year in hopes of ensuring that your child reaches his or her full academic potential. Following is a list of recommendations for how families can make sure your children are successful in school.

1. **GET AND STAY CONNECTED.** Access Skyward regularly to monitor your child's progress, and communicate with your child's teachers if you have questions, concerns, or if you'd like to request additional information regarding resources that may help your child master course standards. Be aware of what's happening in your student's school life and *TALK ABOUT IT*. Your interest and involvement has a tremendous effect on your student's performance and attitude at school.
2. **ESTABLISH A SOLID HOME STUDY ROUTINE.** Encouraging and supporting this vital activity will improve your child's attitude and performance at school and instill a work ethic that endures for a lifetime. **SET A SCHEDULE.** Establish a regular time slot for this important daily activity. Seek your child's agreement and commitment to reserve this time each day for homework and study. Encourage this discipline. **CREATE THE ENVIRONMENT.** Students can be easily distracted. Teach them to create an atmosphere conducive for concentration. Minimizing social media access, loud music, and other distractors will improve effectiveness and retention. Having a defined study area works with some students but not all. The most important factor is the discipline of doing it every day. **OBSERVE AND ENGAGE.** Psychologists suggest that it takes three weeks to break or establish a habit. Commit three weeks to assisting with your student's daily routine. Make good homework practices a habit for both of you.
3. **MAKE DAILY ATTENDANCE THE EXPECTATION:** Very few things have as much negative effect on academic performance as poor attendance. Be clear in your attitude towards attending school every day. In the working world, attendance is equated with dependability.

...continues on next page



ADMINISTRATION

Mickey Reynolds, Ed.D.
Principal

Assistant Principals

Melissa Flory

Tom Oliver

Michael Hennessy

Melisa Ayala-Cruz

School Administration Managers

Andrea Fuhrer, Ed. D.

Steve Longarzo

Reginald Miller

Address

655 Longwood Lake Mary Rd.
Lake Mary, FL 32746

407.320.9550

"Tell-A-Ram" developed by
Andrea Fuhrer

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 @LMHSRams

OCTOBER 2019

Tell-A-Ram

Lake Mary High School

ISSUE 2

"Lake Mary High School... We are RAMNATION!"



Mission

Lake Mary High School students are prepared to enter an ever-changing, complex society equipped with a comprehensive academic foundation, a depth of knowledge, and a respect for self and others as productive citizens of the 21st Century.

Vision

Lake Mary High School is committed to the development of the 21st Century student by providing rigorous courses that foster intellectual curiosity. Students will build expertise through integrated technology within a blended curriculum in which they will utilize creative and critical thinking skills. Students will be provided with opportunities to engage in diverse content areas that encourage entrepreneurship and leadership. Lake Mary High School is committed to the students' personal development by utilizing curriculum that will focus on individual character and needs. Each course will provide strategies for students to learn the importance of collaboration and learning. Students will have the opportunity to explore future career interests through a diverse selection of electives that are relevant and valuable for an ever-changing society. Individuals will demonstrate personal integrity, the highest standards of behavior, and initiative in their education.

"Principal's Message" continues...

- ENCOURAGE EXTRA-CURRICULAR ACTIVITY:** Involvement in any of our many clubs, sports, and arts programs improves academic performance, attendance, and discipline issues. We have something for everyone! Participation in these activities enhances school life and looks good on career and college applications. Also, help your child plan and execute community service, which is a requirement for earning *Bright Futures* scholarship money.
- HELP YOUR STUDENT PLAN FOR POST-GRADUATION:** Talk to your student about career interests and passions. We have information about free career inventory resources on eCampus, and you will find more information about this site inside this newsletter. No matter what your child dreams of doing after graduation, planning for the next step is a wise choice. Post high school education contributes to a better quality of life. But whether or not your child goes on to a college, university, career or technical school, the information and skills they learn in high school will always be important in the working world. Everyone, in every kind of job, needs to be able to write and speak clearly, listen carefully, understand what is written and spoken, and use math effectively.

In order to ensure a successful school year, our staff members want to partner with students and families to provide a quality education, address social-emotional needs, and prepare students for post-secondary education and the world of work. Let's work together to make sure your children get the most out of their high school experience!

Go Rams!

Mrs. Mickey Reynolds, Ed.D.

Principal, Lake Mary High School

Follow us on Facebook and Instagram!

LMHS College & Career Center is on social media! Find us on Facebook at www.facebook.com/lmhscce or on Instagram @lmhs_college_and_career!

Shop at Winn Dixie in Lake Mary (120 International Parkway) to Support Lake Mary High School!

Each time one of the Winn Dixie Community Bags is sold at that location this month, LMHS will receive a \$1 donation which will go back to supporting positive behavior initiatives!



Whether you're looking to buy, sell, rent or invest, now's a GREAT time!

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At this time of year when giving thanks I think of all the wonderful opportunities our LMHS PTSA organization and families have here at LMHS. For me, I am so grateful to be working with amazing volunteers, families and Lake Mary High School's phenomenal staff. Some I have worked with for many years and some are new friends I have found through our common mission of supporting our students, staff and community. We all share the vision of "ALL children are OUR Children!"

We have had a wonderful outpouring of support. What a fantastic start and we are definitely gaining momentum as the year progresses. Thanks to all of you who have already joined and if you haven't had the opportunity please complete the form below and send it in to the LMHS front office. LMHS PTSA has already played an instrumental part in our students/families high school experience by sponsoring the following activities:

- Back to School Breakfast
- New LMHS Teacher Lunch
- Positive Behavior Student Recognition Program
- Student/Teacher/Staff of the Month Recognition
- Grants for Several Teacher/Staff Initiative on Campus
- Dividend/Mentor Training
- Respectful Rams Student Recognition Program
- Apples for Staff Appreciation Day

And that's just to name a few. With the help of your membership we are able to support so many programs/projects/activities on campus and are so grateful for the opportunity. We can't wait to see what the second part of the year brings for us but I'm certain it will be just as exciting!!

Thank you so much and see you real soon!
Beth Dostal
LMHS PTSA President

LMHS PTSA Membership Form

By joining the Lake Mary High School PTSA, you become a member of an organization that works year round to improve the health, safety, education, and the welfare of ALL children. Please help us reach our membership goal.

Dues are \$7.00 per member

MEMBER NAME(S):

Name _____

Circle: Student LMHS Staff Parent Grandparent

Name _____

Circle: Student LMHS Staff Parent Grandparent

*Make all Checks Payable to: **LMHS PTSA** Complete and return to the Front Office
Please list your student(s) information below:

Name _____

Grade: _____ 1st period teacher: _____

Remember by joining you are not obligated to volunteer, however, if you would like to get involved with YOUR LMHS PTSA contact: Beth Dostal @ bethdostal@yahoo.com

Thank you for "Joining In"!



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Feature Teacher: Ms. Sanders

Ms. Sanders is a coach, curriculum leader, and intensive reading teacher at Lake Mary High who also heads up our Be the Change RAMS initiative. Through her instruction, she teaches her students how to embody Ghandi's words "Be the change you wish to see in the world." In an effort to make Lake Mary High a stronger community, she helps lead the "Be the Change" initiative and serves as the Rams period teacher to continue the great action planning that students are carrying out. She started teaching at the elementary level but found her true passion teaching high school students. Ms. Sanders would tell you that she is most proud of getting all of her seniors to graduation every year. She can often be found at Panera Bread helping students outside of school with projects or tutoring them for the SAT. She says that "being a mom of three daughters has made me an effective teacher. Learning patience and understanding from them gives me the skills I need to make important connections with my students." Her students know they can trust her with their hearts and souls. She lives by the saying that "if no one ever trusts you, how can you become trustworthy?" Ms. Sanders says, "I love working with students, many of whom are facing struggles that would crush many adults. I believe that it is important to show students how to cope with challenges in a positive, productive way, and I encourage students to help one another and pick each other up with kind words and actions."

If you want to understand how Ms. Sanders is helping promote "Be the Change", just take a walk through her classroom. The walls are filled with inspirational quotes, and her students treat each other with kindness, love, and understanding. It is truly a family!

Feature Athlete: Ethan Shannon

Ethan is a student-athlete who works tremendously hard in all aspects of high school life. As a student, he has achieved a 4.54 GPA over the course of high school, and has also received the AP Scholar with Honors Award during his sophomore and junior years. As an athlete, he is captain of the Varsity Football team and received the Coaches Award as a sophomore for 'Putting the Team First'. He is also a three year letterman on the Varsity Lacrosse team. Ethan is extremely active in the local community as well. He is an ambassador for St. Jude Children's Research Hospital and attends local fundraising events to speak on behalf of the hospital, and also to tell the story of how he became a patient there.



Feature Student: Sydney Mullin



Sydney, our feature student, is an active participant and leader in the Be the Change student initiative. She participates in several different clubs on campus, volunteers, and helps to carry out the goals of Be the Change. In addition to Be the Change, she is in the Young Women of Excellence Club, Beta Club, and Spanish Honors Society. Not only does she excel academically, but her positive spirit is truly contagious and reflected in the many awards and recognitions she has received. She earned first place in Sobresaliente in the Spanish State Conference, was Student of the Month her Sophomore Year, earned the LMHS Citizenship Award in 2018-19, and earned Citizenship Awards from Young Women of Excellence for two consecutive years in 2017-18 and 2018-19. Sydney is also very active in the LMHS community and is found at most every major event, many times volunteering.

Parents, Make Sure We Have Your Updated Contact Information!

Friendly Reminder – Please make sure we have an emergency card on file for your child. It was sent home with your child the first week of school.

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Feature Program: Be the Change

Be the Change is an initiative at Lake Mary High School that is focused on empowering students to ensure a positive school culture where all students feel safe, not only physically, but also emotionally. Be the Change Student Open Forums are held each month where students are able to bring up concerns in the school and be a part of creating solutions. Topics have been selected by students and include the following: inclusion of students with disabilities, ensuring a sense of belonging, anti-bullying, anti-racism, cultural sensitivity, conflict resolution, and LGBTQ acceptance. What makes this initiative so impactful is the representation that comes to each meeting from our school's clubs (SGA, Peer Connectors, Impact, Young Men & Young Women of Excellence, JROTC, and Beta Club). These clubs work together in with the same vision, yet different responsibilities, to carry out the goals of creating a positive culture on campus. To provide one example, our Young Men & Women of Excellence have started a No One Eats Lunch Alone Initiative where students organize 'safe places' in the school where students can go to make new friends. Not only are students our key player, but several staff and administrators attend each Open Forum on a voluntary basis for the sole purpose of listening to what students have to say. Even Principal Dr. Reynolds herself attends every meeting to hear the concerns of students. Student concerns and ideas are then taken back to school leadership and ideas are incorporated into our School Improvement Plan. We encourage students to keep attending the Be the Change Student Open Forums, and remember to Be Responsible, Be Respectful, Be Engaged, and **Be the Change!**



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Student Open Forum Voice of RamNation



Questions?
See Dr. Fuhrer

When: Tuesdays @ 2:30pm (see dates below)

Where: Group Projects Room

Topics & Dates:

- Anti-bullying (9/17)
- Anti-Racism & Cultural sensitivity (10/15)
- Conflict Resolution (11/19)
- Inclusion & Building a sense of belonging (12/10)

change
be the

Ramnation Alumni Upcoming Event

Attention all alumni, community and business partners, we would like to invite you to our Ramnation Alumni event! We will be hosting a Homecoming Tailgate on October 11th starting at 6pm in the end zone on the football field. Join students, current and past faculty, and special guest appearances from past administrators as we reconnect and enjoy concession favorites. We hope you can join us!

Travel Abroad

If art-minded people are interested in going to England (London and Wiltshire to see Stonehenge) and France (Normandy, Caen, and Paris) over Spring break, contact michele_dershimer@scps.k12.fl.us as soon as possible!



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Join Emmily in Supporting CMT Awareness Week!

This year, LMHS will be participating in a CMT Awareness/Fundraiser week! Charcot Marie Tooth is a neuropathy and type of muscular dystrophy that affects the nerves in one's hands and legs, causing great muscle weakness. 1 in 2500 people are affected by CMT worldwide—including me, Emmily Stuffed. My hope is to raise money for CMT research and spread awareness throughout the community. If you are interested in donating and making a difference, please click the link below!

<http://ww5.cmtusa.org>



Interested in Giving Back to LMHS?

Contact: Dr. Andrea Fuhrer, School Administration Manager



Opportunities to Volunteer & Give Back

Date	Opportunity	Frequency/Time	Requirements
October-May	Mentor a student in need	Once per week for 45 minutes	Mentor training, finger prints at Educational Support Center
11/12/19	Teach a class for day based upon an area of expertise that will assist in preparing students for 21st century needs.	One time commitment from 7am-2:30pm Or Select periods throughout the day based on your schedule	Email Andrea Fuhrer a proof of concept of what you plan to share and bring license for proof of identification

Monetary donations from businesses are also encouraged and 100% of donations go directly to supporting positive behavior support initiatives for students

SGA by Hanna Otero (Student Body President)

Lake Mary High School's student government has hit the ground running. The first week of school was focused on filling the class with its new members, hosting interest meetings, elections, and interviews. As we are acclimating our new Freshmen and Senior class representatives to the class, we have begun homecoming week preparation. Our committees include dance, parade, powderpuff, spirit, and halftime. As a class we have decided on the theme of "Concrete Jungle", a city-scape including the bright lights of city life as well as a punk, rock and roll aspect. The dance committee plans to create a city like atmosphere that progresses as you move through the school. The spirit committee has begun choosing spirit week ideas as well as planning pep rallies to encourage school spirit. Parade and halftime have begun coordinating with their sponsors to spotlight the spirit of Lake Mary and the surrounding community. Amidst the homecoming planning, our senior class and spirit committee have been focused on selling t-shirt to raise money for Senior week and homecoming. We also have a district-wide meeting planned where we will be taking 15 of our officers to learn of and spread the word about mental health. We are more excited than ever to make this year as memorable as possible, go rams!

SAC (School Advisory Council)

The School Advisory Council (SAC) will meet on the following dates during the 2019-20 school year. Meetings will be held at 6 pm in the Group Projects Room. Anyone is welcome to attend.

- October 15
- November 19
- December 17
- January 21
- February 18
- April 21
- May 19

Reserve Your 2020 Chrysomallus Now!

Welcome back Ramnation! Reserve your copy of the 2020 *Chrysomallus*, the Lake Mary High School Yearbook, online at the lowest price possible right now! Go to Jostens.com and reserve your copy of the *Chrysomallus* for only \$75 now through September 28, 2019. Don't wait because the 2019 *Chrysomallus* sold out! Make sure you reserve your 2020 *Chrysomallus* today!

Art Appreciation Club

Lake Mary High's Art Appreciation Club is a chance to meet new friends, make crafts, and learn more about art! It meets twice a month in Mrs. Dershimer's room, 1-205. The activities planned for this year include a Bob Ross painting party, a drum circle, tie-dying club t-shirts, decorating our homecoming float, and much more! Dues are \$20.00 which includes your shirt and supplies for the activities we do throughout the year.



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Class of 2019 Graduation Information

Date: TBD (Will not know until Oct/Nov) **Time:** TBD (Will not know until Oct/Nov)
Location: CFE Arena @ UCF

Grad fees for the Class of 2019 will be as follows:

- **\$90 but will increase on January 1, 2020 to \$120**
- Grad fees pay for diploma covers, rental of the arena for the ceremony, student caps and gowns, senior breakfast, senior picnic, October, January, and April mailing to senior parents, printing of tickets and graduation programs, balloons, sign language interpreters for the ceremony, and any other costs incurred for graduation or senior week.
- Herff Jones will be on campus on **October 28** to go over the graduation announcement options for senior class.
- Herff Jones will be on campus for further questions on **Friday, November 1** and **Friday, November 8** in the hallway between the reff room and the cafeteria. **Saturdays—November 2** and **November 9 from 10:00-12:00** in the front of the main office. In the **evenings on Wednesday, October 30, Tuesday, November 5** and **Wednesday, November 6** from **5:30-7:30** in the lobby of the main office.
- Graduation fees will only be collected online at www.herfforlando.com beginning **Oct. 28**.

Other estimated miscellaneous costs: Panoramic Picture of entire class - \$20-\$40; Senior Prom ticket - \$80-\$90; Grad Bash at Universal Studios - \$70-\$80; and Senior Pictures \$75-\$250.

Students will have a limited amount of tickets for Graduation. There may be additional tickets available for sale as we get closer to Graduation day. Please be sure to visit the Graduation page on the LMHS webpage for updated information throughout the school year.

Note: The assembly for Juniors and Seniors is on **Monday, October 28th during 2nd and 3rd periods**. The Panoramic picture will be in the **stadium** and may transition into 4th period.

Senior Dedications Now Available Online!

Mark this historical year for the Class of 2020 and reserve your Senior Dedication before it's too late! Pick up to eight pictures and a heartfelt message to commemorate your child's journey to this landmark year and preserve them forever in the *2020 Chrysomallus*. Go to Jostens.com and purchase your special message for your senior before it's too late. Sales end **Saturday, September 28**. Space is limited. (To insure your opportunity to proof your dedication for approval, all photos and messages must be submitted by **Friday October 11, 2019**.)

Tutoring

Lake Mary High is pleased to announce that we will be offering after school tutoring on Tuesdays and Thursdays from 2:45 pm -4:15 pm. This program is dedicated to providing students a place to receive extra help in order to achieve their graduation requirements. If interested, please complete the registration form and return it to the guidance office. All students that participate in this Tuesday/Thursday tutoring will need to report to the Media Center for help. If you need additional assistance, please contact your child's School Counselor.

LMHS College & Career Center eCampus Page

Students can now find the College & Career Center page in eCampus. We have college visits, valuable resources for help with the FAFSA and essay writing, as well as senior-specific forms such as our Senior Autobiography for recommendation letters and a resume template.

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LMHS School Wide Expectations

- BE RESPONSIBLE
- BE RESPECTFUL
- BE ENGAGED
- BE THE CHANGE!

Jewish Holidays

As the Jewish holidays of Rosh Hashanah (begins the evening of Sunday, September 29 and ends in the evening of Tuesday, October 1) and Yom Kippur (begins the evening of Tuesday, October 8 and ends in the evening of Wednesday, October 9) approach we want to remind you of our district's practices regarding these important religious holidays. The district respects all faiths and beliefs equally and makes it a point to excuse the absences of students and staff that may arise throughout the school year for religious reasons. To be sensitive to many SCPS families we wanted to communicate that there will be no evening activities or assessments on September 30 in recognition of Rosh Hashanah. For Yom Kippur there will be no evening activities on October 8 and no assessments on October 9.

Positive Behavior Supports

Congratulations Lake Mary High School students and staff for being recognized as a Silver Level Model PBS School for the 2018-19 school year!



At LMHS we make a concerted effort to focus on positive behaviors. We do this through an initiative known as *Positive Behavior Supports (PBS)*. PBS offers a systematic approach to promoting a school wide culture focused on respect and positive behavior. Because students come from different backgrounds and cultures, they may view behavior in their own unique ways. When a student acts out, LMHS views it as a skill deficit; as a result, students are taught appropriate school behaviors and expectations. Consequences are still given for inappropriate behavior; however, students are also rewarded when they model citizenship.

When students go above and beyond in demonstrating excellence, they earn RAM bucks from teachers and staff. During lunch time, students can redeem hot ticket items in exchange for their RAM bucks (gift cards, free entries to events, prom tickets, etc.).

If you or your business is interested in donating to this cause, please contact Andrea Fuhrer at (407)320-9511.

Bully Prevention Awareness and Reporting

Bullying means systematically and chronically inflicting physical hurt or psychological distress on another person that includes: unwanted and repeated written, verbal, or physical behavior that is severe or pervasive enough to:

- create an intimidating, hostile, or offensive educational environment;
- cause discomfort or humiliation;
- unreasonably interfere with the individual's school performance or participation.



800-423-8477

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SEE SOMETHING! SAY SOMETHING! DO SOMETHING!



If your child feels as if he or she is being bullied, please direct him or her to do the following:

1. Report the situation:
 - a. To any adult on campus
 - b. Speak Out Hotline (1-800-423-8477)
 - c. Report through the P3 Campus App
2. Be sure to fill out a witness statement in the discipline office explaining the situation in detail.
3. The situation will be investigated by an administrator.

If you have any questions about bullying procedures, please feel free to contact the discipline office (407-320-9532 or 407-320-9533). For more information about Seminole County Public Schools Bully Prevention Awareness please visit the follow website. www.scps.k12.fl.us/district/departments/student-support-school-safety/bullying-prevention.stml

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Testing Calendar (First Semester)

Date	Assessment	Who Does It Affect?
October 15, 17, 18	1st Nine Weeks Exams	9 Weeks Exams
October 16	PSAT & SAT School Day	9th-11th Grade (PSAT NMSQT) & 12th Grade (SAT)
October 21	SAT School Day SSD (Day #2)	Students Approved for SSD Accommodations
November 18	PERT Math	Students who have taken Algebra 1 and not passed the EOC
November 19 & 20	Make Ups: PERT Math	Make-Ups and Re-Testing (Score of 93-96)
December 2 & 3	Algebra 1 & Geometry FSA Retakes (2 day test)	Students who have not yet met the Algebra 1 EOC graduation requirement and students who were absent/invalidated in Spring 2018 (geometry)
December 4	Biology & US History EOC Retakes (1 day test)	Students who were absent/invalidated for EOC in Spring 2018; Students who missed fall retakes
December 4-10	Make Ups: Algebra 1 FSA EOC, Geometry FSA EOC, Biology NGSS EOC, US History NGSS EOC	<i>Students absent for any portion of the EOC Retakes</i>
December 16-19	2nd Nine Weeks Exams	9 Weeks Exams

Student Services

Did you know that your child can schedule a meeting with his or her school counselor through youcanbookme.com? At Lake Mary High school, we strive to ensure students develop self-advocacy skills so they can function independently in an ever-changing society. Students can schedule individual appointments with their counselors when it works best for the student. In the beginning of the year, counselors will be working hard to enroll new students, adjust schedules, and conduct senior credit checks. While this is a busy time for counselors, please know that your child is a priority, and our counselors are here to help!

Bright Futures Scholarships: All seniors will complete the online Bright Futures Scholarship Application (Florida Financial Aid Form) in the beginning of December through their Social Studies class. Completion of the Florida Financial Aid Form assures that each senior's transcript will be evaluated for the Bright Futures Scholarship Program and other scholarships awarded by the state for which a student may qualify. After completing the FFAF, students will receive an email from the Florida Office of Student Financial Assistance.

This email contains the students' PIN that will enable them to access their Bright Futures evaluation and contains a listing of the scholarships that the student is being evaluated for. Please note this is not the FAFSA, which students and parents need to complete to be eligible for any need based financial assistance. Transcripts will be sent to the Office of Student Financial Assistance in Tallahassee in February for the Bright Futures Scholarship initial 7th semester evaluation. Seniors' transcripts will be sent after graduation for a final evaluation for a Bright Futures Scholarship award.

Community Service: At Seminole County Public Schools (SCPS), we encourage students to develop a sense of responsibility for others within their community. Beginning with the 2016-17 school year, Seminole County Public Schools has revised its process for students to identify, document, and submit volunteer service hours. This process has been designed to comply with recent changes to Florida law regarding the type of service eligible for the award of Bright Futures scholarships. Please note the following information:

Students can obtain a *SCPS Volunteer Service Program Guidelines & Service Plan* form in the student services office. The new process gives students more flexibility with regards to the types of experiences and organizations where students can earn service hours. The student must identify a social or civic issue or a professional area that interests him or her and then complete hours related to this issue in a business or government internship, work for a nonprofit community service organization, activities on behalf of a candidate for public office, or similar work. All service must be

unpaid, must not earn other academic credit, and meet other requirements explained on the volunteer service program form. All questions regarding the process should be directed to the student's school counselor.

Because there are more service options under the new procedure, there is no longer a centralized list of pre-approved service organizations. Students are strongly encouraged to get their service plan approved in advance to ensure that hours will be accepted and approved by the principal/designee. Organizations interested in student volunteers may send an email to ePathways@scps.us or contact school counselors directly at a high school of interest.

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A special thank you to those businesses who have supported Lake Mary High School students through Business Partnerships. Your contributions have helped us acknowledge hard working students and staff. If you would like to be a business partner, please contact Dr. Andrea Fuhrer at (407) 320-9511.

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Thank You Corporate Sponsors!

Thank you to all of our Corporate Sponsors who have supported LMHS athletes and programs. If you would like to promote your business and support LMHS Athletics, contact Doug Peters (Director of Corporate Sponsorships) at doug_peters@scps.k12.fl.us.

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2019-2020 SAT/ACT Test Schedule

PSAT: The Preliminary Scholastic Aptitude Test (PSAT NMSQT) will be given at Lake Mary High School on **Wednesday, October 16th** to all students from 9th-11th grades. For juniors, the PSAT is the only avenue to the National Merit Scholarship Program. For sophomores and freshmen, PSAT scores are used to identify appropriate Advanced Placement courses. All students will take the PSAT free of charge and there will not be any make-ups.

SAT: The SAT will be given at Lake Mary High School on **Wednesday, October 16th to all 12th grade students.** All students will take the SAT free of charge and there will not be any make-ups.

ACT/SAT: All colleges, universities, and community colleges require the SAT or ACT for admission or placement. Most colleges/universities will accept either SAT or ACT. Lake Mary High School's code number is 100883. (Be sure to bubble the high school code on your registration form so that your scores are sent to us.)

SAT (www.collegeboard.com)

Registration Deadline	Late Registration (fee applies)	Test Date
October 3	October 22	November 2 (LMHS)
November 8	November 26	December 7 (LMHS)
February 14	March 3	March 14 (LMHS)
April 3	April 21	May 2 (LMHS)
May 8	May 27	June 6 (LMHS)

ACT (www.act.org)

Registration Deadline	Late Registration (fee applies)	Test Date
September 20	Sept. 21-Oct. 4	October 26 (LMHS)
November 8	November 9-22	December 14 (LMHS)
January 10	January 11-17	February 8 (LMHS)
February 28	Feb. 29-Mar. 13	April 4 (LMHS)
May 8	May 9-22	June 13 (LMHS)
June 19	June 20-26	July 18 (LMHS)

College & Career Center is Open for Business

Students are welcome to visit the College & Career Cafe during their lunch times — Enter through the bookkeeping hallway. We have college and career literature and resources as well as laptops for student use and scholarship information. Contact College & Career Prep Director Mrs. Tate at tateas@scps.k12.fl.us with questions. To book an appointment one on one with Mrs. Tate, go to "Schedule an Appointment" under the Student Services tab on the LMHS school website.

Upcoming College Visits:

This fall, we have over 30 college representatives visiting LMHS. Encourage students to sign up for college visits in the Student Services office, where they can obtain a pass to leave class and find out more about their options for higher education! There is something for everybody:

- 10/1 Ringling College of Art & Design, Merrimack College
- 10/2 State University of New York – Binghamton, University of South Alabama
- 10/3 University of Maine
- 10/7 NJ Institute of Technology, Furman University, Florida Atlantic University, Hofstra University
- 10/8 Providence College, Duke University, Mercer University
- 10/10 Florida State University, Nova Southeastern University
- 10/11 Eastern Kentucky University, Florida Institute of Technology, Polytechnic University of Puerto Rico, City University of New York — John Jay College of Criminal Justice

FAFSA Lab!

LMHS will be hosting a FAFSA Lab with financial aid experts who can walk parents of seniors and their students through the Free Application for Federal Student Aid on the evening of October 7.

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SCOIR and FloridaShines

LMHS now has two resources to help guide students toward their college and career goals. My FloridaShines is geared specifically toward Florida colleges and career opportunities; SCOIR helps students organize their college search and applications. Both have career and personality surveys as well! Students can activate their SCOIR accounts by accepting the invitation in their email account on eCampus and they may invite a parent to their account as well. Links to both pages are on the College & Career eCampus page now.

Athletics

Boys Basketball

Boys Basketball Tryouts will be November 4th-6th. The players have dedicated countless hours in the gym this off-season and over the summer. We would like to invite each of you to our games to support their dedication. Please contact Coach Wilbert (wilberwz@scps.k12.fl.us) if you have any questions pertaining to Lake Mary Boys Basketball program.



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