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A Message from the Principal

Dear Ram Families,

The Lake Mary High School faculty, staff, and administration are excited to have our students back on campus for in-person learning and are working to offer your children a quality educational experience in a safe and supportive learning environment. We have many programs of support in place to meet the diverse needs of our student population, including a focus on building relationships through Restorative Practices. Further, we look forward to partnering with families throughout the school year in hopes of ensuring that your child reaches his or her full academic potential. Following is a list of recommendations for how families can make sure your children are successful in school.

- Get and Stay Connected: Access Skyward regularly to monitor your child's progress, and communicate with your child's teachers if you have questions, concerns, or if you'd like to request additional information regarding resources that may help your child master course standards. Be aware of what's happening in your student's school life and TALK ABOUT IT. Your interest and involvement has a tremendous effect on your child's performance and attitude at school.
- Establish a Solid Home Study Routine: Encouraging and supporting this vital activity will improve your child's attitude and performance at school and instill a work ethic that endures for a lifetime. SET A SCHEDULE. Establish a regular timeslot for this important daily activity. Seek your child's agreement and commitment to reserve this time each day for homework and study. CREATE THE ENVIRONMENT. Students can be easily distracted. Teach them to create an atmosphere conducive for concentration. Minimizing social media access, loud music, and other detractors will improve effectiveness and retention. Having a defined study area works with some students but not all. The most important factor is the discipline of doing it every day. OBSERVE AND ENGAGE. Psychologists suggest that it takes three weeks to break or establish a habit. Commit three weeks to assisting with your student's daily routine. Make good homework practices a habit for both of you.
- Make Daily Attendance the Expectation: Very few things have as much negative effect on academic performance as poor attendance. Be clear in your attitude towards attending school every day. In the event of your child missing school due to COVID or guarantine, make sure you and your child are communicating with teachers and accessing eCampus to keep up with missed work to the best extent possible. And remember, students have one day for every day absent, plus one day, to make up work upon their return to school.
- Encourage Extra-Curricular Activity: Involvement in any of our clubs, sports, and arts programs improves academic performance, attendance, and discipline issues. We have something for everyone! Participation in these activities enhances school life and looks good on college and job applications. Also, help your child plan and execute community service, which is a requirement for earning Bright Futures scholarship money.
- Help Your Child Plan for Post-Secondary: Talk to your child about career interests and passions. We have information about college and career resources in the Student Services tab on our website. No matter what your child dreams of doing after graduation, planning for the next step is a wise choice. Post high school education contributes to a better quality of life. But whether or not your child goes on to a college, university, technical school, or the world of work, the information and skills they learn in high school will always be important. Everyone, in every kind of job, needs to be able to write and speak clearly, listen carefully, understand what is written and spoken, and use math effectively.

ADMINISTRATION

Mickey Reynolds, Ed.D. **Principal**

Assistant Principals

Melissa Flory Tom Oliver Michael Hennessy Melisa Ayala-Cruz

School Administration Managers

Kathy Aslin Andrea Fuhrer, Ed. D. Steve Longarzo Reginald Miller

Address

655 Longwood Lake Mary Rd. Lake Mary, FL 32746

407.320.9550

"Tell-A-Ram" developed by Andrea Fuhrer

@LakeMaryHighSchool

ISSUE 2

@LMHSRams

...continues on next page Lake Mary High School OCTOBER 2021





Mission-

Empowering RamNation to Be Responsible, Be Respectful, Be Engaged, and Be the Change we hope to see in the world.

Vision

Lake Mary High School will consciously work to establish a community of engaged educators and learners who will thrive in a safe and supportive environment. In the classroom, teachers will invest in and motivate students to help them achieve their personal best. Students will leave Lake Mary High School with a sense of purpose for their lives, equipped with tools and a plan for how to make an impact beyond high school.

LMHS School Wide Expectations

BE RESPONSIBLE
BE RESPECTFUL
BE ENGAGED
BE THE CHANGE!

IMPORTANT NOTE:
This information is
current as of
October 1st
and is subject to
change based upon
our response and
efforts to COVID 19.

"Principal's Message" continues...

To ensure a successful school year, our staff members want to partner with students and families to provide a quality education, address social-emotional needs, and prepare students for post-secondary education and the world of work. Let's work together to make sure your children get the most out of their high school experience!

Go Rams!

Mrs. Mickey Reynolds, Ed.D.

Principal

Student Services

Student Services

School Counselors are excited to have students back on campus. We realize that many of our students are facing challenges adjusting to full time campus life. So much is different from last year, and for some that is a lot to handle. This semester school counselors will facilitate grade level orientations to equip our students with tools that will help them adjust to LMHS. And please remember, if students need to speak to their School Counselor, they should not hesitate to come to the Student Services Office for assistance.

Senior credit check information has been mailed to all students in the graduating class of 2022. The information packets included a credit summary, self-credit check form and senior resource guide. Senior meetings with school counselors were held September 7-10. All meetings took place through English classes. If you are a senior and you have not yet had your senior credit check, it is imperative you contact your counselor right away to set this up.

After school tutoring has started! Face-to-Face tutoring is offered every Tuesday and Thursday in the

Media Center from 2:45-4:15. Help is available for most subjects including PLATO (for those students already enrolled on a PLATO/ credit recovery class). If you would like tutoring for Algebra 1 or Liberal Arts Math, you will report to Portable 2.

College and Career Week: Students, have you started planning for your future after high school graduation? Do you know what career you want to pursue? Get ready for College and Career Week at Lake Mary High, October 18-22. More information coming soon!

Students: Want to meet/speak to your counselor? This is how to make an appointment with your counselor, please select student services> Counselor and appointments. From there, you will see the student booking appointment link as well as the phone number.

October 11-12: Sophomore Student Services Orientation

October 18 - 22: College/Career Week 2021

Sign up for Tuesday/Thursday Tutoring!





Jeffrey Beattie, D.M.D. | Bob Garfinkel, D.M.D. | Charles McNamara, D.M.D.

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GO RAMS!

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Congratulations!

National Merit Semi-Finalists - Class of 2022

Sydney Engrom

Yash Singhvi





'Tell A Ram'
October 2021
Published Five Times Per Year
Lake Mary High School
655 Longwood Lake Mary Rd.
Lake Mary, FL 32746
Issue #2

SAC (School Advisory Committee)

The purpose of the School Advisory Council (SAC) is to serve in an advisory capacity to the principal and to assist in the development of the educational program and in the preparation and evaluation of the School Improvement Plan. Even if you are not a voting member, any member from the community is welcome to attend!

SAC Meeting Dates (6pm) in Group Projects Room

- August 31
- November 16
- March 22

- September 21October 19
- January 18 February 15
- April 26

Class of 2022 Graduation Information

Date: TBD (Will not know until Oct/Nov)
Time: TBD (Will not know until Oct/Nov)

Location: TBD

Grad fees for the Class of 2022 will be as follows:

- \$90 but will increase on February 1st to \$120
- Graduation fees will <u>only</u> be collected online at <u>http://www.herfforlando.com</u>.

Please be sure to visit the Senior page (http://www.lakemaryhs.scps. k12.fl.us/students/seniors.stml) on the LMHS webpage for updated information throughout the school year.







Sophia Parpia, DDS Andreina Alarcon, DDS

407-862-8301

sophiaparpia.com

777 Douglas Ave. Altamonte Springs, FL 32714







Underclassmen Photo Make Ups

Underclass students who missed the opportunity to take their **portraits** a few weeks back still can get them taken and ordered! Leonard's Photography Studio will be on campus in the **Auditorium Lobby** on **October 4th, 2021**. Leonard's will not be returning to take portraits again, so make sure you show up any time during the school day!

HeroK12

This year, LMHS will be utilizing a new system for tracking tardies and assigning discipline consequences, as well as for awarding points for positive behavior. These points can be turned in for prizes! On the Hero website (https://www.herok12.com/), they describe their software platform this way, "Hero gets students in class and on time, changing negative attendance patterns. And it motivates students to make good choices, more often, through positive behavior reinforcement." Another helpful feature is that parents will receive an email immediately upon your child being assigned a discipline consequence for excessive tardies. Check out the HeroK12 website for more information.

Have You Talked with Your Child About Cyber Responsibility?





Features





Feature Program: TV Productions

The TV Production program at LMHS is a Digital Video program that teaches students how to record and edit video for a variety of digital media platforms. The program is also the home of WRAM News. This daily news broadcast is produced and recorded by students in our professional TV Recording Studio. The goal of this program is to teach students the power of digital video in both an informative and entertaining way. This program offers its students an opportunity to earn an industry certification in CIW: Social Media Strategist. Students will leave this program with the tools to impact an ever-evolving digital world and have the confidence to create and lead projects of their own.





Feature Teacher: Logan Malmberg

Logan Malmberg is in his 2nd year of teaching TV Production at Lake Mary High School. He is also the new Head Coach for the historic Girls Basketball Program at LMHS. Before becoming a teacher in 2020, Logan worked in Sports Broadcast Television for 15 years. He's had the opportunity to work with ESPN, CBS Sports, Golf Channel, MLB Network, ABC and NBC. He has been able to bring that real world experience into the classroom and beyond. Logan is also part of the Lake Mary Football livestream team of Steve DeSanto and Luther Davis. This live stream launched as a service to the Lake Mary Community to share all Lake Mary Football home games with those who were unable to attend in person due to COVID-19. Logan also hopes to make an impact with the Girls Basketball program. He takes over the historic program after coaching basketball for over 11 years in Seminole and Orange Counties. He is a graduate of Oviedo High School and played for the Hall of Fame Coach Ed Kershner. Logan is happy to call Lake Mary home and is looking forward to what the future holds for RamNation!

Feature Student: Anika Kinnear

"You might recognize Anika Kinnear, an LMHS Junior, as a familiar face from our own WRAM news, where she has frequently served as anchor since her freshman year. She is also a member of the Varsity Girls Basketball Program, where she is known for her leadership and encouragement. Anika plays French Horn in Wind Ensemble and Mellophone in Marching Band. This year she serves as co-Drum Major, along with Abby Murray, for the Marching Rams. In addition, she is a co-president of the Tri-M Music honor society.

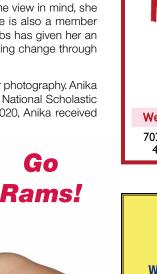
Anika loves staying active, learning new things, and meeting new people. For this reason, she took classes online so she would have room in her schedule to be a Peer Connector. She wants all students at LMHS to know that they matter and that there is a place for them. With that same view in mind, she joined the Global Communities Club, serving as their Vice President last year. She is also a member of Mu Alpha Theta, Beta Club, and Be the Change Club. Each of these various clubs has given her an opportunity to enter a new circle of students and allowed her to be a part of effecting change through each club's unique role in our school and community.

One passion that links many of these diverse areas of involvement is her passion for photography. Anika has taken Photography at LMHS, in 4-H, and has entered her photographs in the National Scholastic Arts competition where a quarter million works of art are entered each year. In 2020, Anika received a National Gold Medal for one of her photographs and this year she received a Silver Medal for another photo, which puts

her at the top 1% of students in the country. Anika says, "Photography allows me to connect people and cultures, and to find Truth and Beauty in places people might not know to look. Photography can cross language and cultural barriers and help people see the beauty in their own backyard as well as the beauty of people and places across the globe."

Whether she's reporting on the WRAM news, shooting a clutch free throw for the Lady Rams, capturing a fleeting moment on her camera, meeting with her Freshman Peer Connecters, or conducting the band, Anika's goal is to bring people together, to build people up, to create community and safe spaces, and to let people know

they are enough and that they matter. "



Go



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"Lake Mary High School...We are RAMNATION!"









Media Center

The Media Center is keeping up with the times with all the latest and greatest fiction releases. Please stop by the media center to find your favorite author, series, or new release!

The Florida Teens Read

Books will be arriving soon! Fifteen books were chosen by a panel of students, teachers, and Media Specialists to motivate Florida's high school students to read enjoyable, quality literature. Come by the Media Center to see which ones you would like to check out.

Student IDs

Please remember to always bring your ID card when checking out a book. Student IDs will be issued after they have their yearbook photo taken and the photography company makes the ID. Replacement IDs will be made during lunch or before/after school for \$5. Students new to LMHS may visit the Media Center after the yearbook photos are taken and we will happily make an official LMHS ID card.

Art Appreciation Club

The Art Appreciation Club is in full swing with 65 members! Shirts have been ordered, HOCO float is in the planning, we've been to The Morse art museum, and a lot more activities are planned for the year. Listen for announcements for an exciting fundraiser that we are planning. If any local artist, actor, musician, craftsman, dancer, etc. is interested in speaking, demonstrating, or performing, we'd LOVE to have you come to a meeting. Please contact the club sponsor, Michele Dershimer, at Michele_ Dershimer@scps.k12.fl.us

Also, if anyone (adults included) is interested in the art and culture trip to Florence and Rome during Spring Break, please contact Michele_Dershimer@scps.k12.fl.us.

Bell Schedule 2021-22

There are a few revisions this year to the bell schedule. This year, we will stay primarily with block, but we do meet all 7 periods on Wednesday to make sure that students see their teachers three times per week every week. If we have a Monday off, we will run a straight 7 schedule on Tuesday and Wednesday, thus ensuring students see their teachers three times that week. The same holds true for when we have a Friday off – we will run a straight 7 on Wednesday and Thursday.

Also, we are keeping the 15 minute break between the first two blocks on Monday, Tuesday, Thursday, and Friday to allow time for a brain break.

RED (Mondays & Thursdays) Periods 1, 3, 5, 7

| | Start | End | Total Minutes (hour:min) |
|-------------------------|----------|----------|-----------------------------|
| 1st Period* | 7:20 AM | 9:04 AM | 1:44 |
| Break | | | |
| 3rd Period*** | 9:19 AM | 11:06 AM | 1:47 |
| STUDENTS WITH 1st LUNCH | | | |
| 1st Lunch | 11:06 AM | 11:36 AM | 0:30 |
| 5th Period | 11:42 AM | 1:21 PM | 1:39 |
| STUDENTS WITH 2nd LUNCH | | | |
| 5th Period | 11:12 AM | 12:51 PM | 1:39 |
| 2nd Lunch | 12:51 PM | 1:21 PM | 0:30 |
| 7th Period* | 1:27 PM | 2:20 PM | 0:53 |

GRAY (Tuesdays & Fridays) Periods 2, 4, 6, 7

| | Start | End | Total Minutes (hour:min) |
|-------------------------|----------|----------|-----------------------------|
| 2nd Period* | 7:20 AM | 9:04 AM | 1:44 |
| Break | | | |
| 4th Period*** | 9:19 AM | 11:06 AM | 1:47 |
| STUDENTS WITH 1st LUNCH | | | |
| 1st Lunch | 11:06 AM | 11:36 AM | 0:30 |
| 6th Period | 11:42 AM | 1:21 PM | 1:39 |
| STUDENTS WITH 2nd LUNCH | | | |
| 6th Period | 11:12 AM | 12:51 PM | 1:39 |
| 2nd Lunch | 12:51 PM | 1:21 PM | 0:30 |
| 7th Period* | 1:27 PM | 2:20 PM | 0:53 |

Morning Announcements* WRAM news ***

WEDNESDAY STRAIGHT 7 Periods 1-7

| | Start | End | Total Minutes (hr:min) |
|-------------------------|----------|----------|------------------------|
| 1st Period | 720 AM | 8:02 AM | 0:42 |
| 2nd Period | 8:08 AM | 8:50 AM | 0:42 |
| 3rd Period | 8:56 AM | 938 AM | 0:42 |
| 4th Period | 9:44 AM | 10:26 AM | 0:42 |
| STUDENTS WITH 1st LUNCH | | | |
| lst Lunch | 10:26 AM | 10:56 AM | 0:30 |
| 5th Period | 11:02 AM | 11:44 AM | 0:42 |
| STUDENTS WITH 2nd LUNCH | | | |
| 5th Period | 10:32 AM | 11:14 AM | 0:42 |
| Second Lunch | 11:14 AM | 11:44 AM | 0:30 |
| 6th Period | 11:50 AM | 12:32 PM | 0:42 |
| 7th Period | 12:38 PM | 1:20 PM | 0:42 |
| | | | |



Positive Behavior **Supports**

At LMHS we make a concerted effort to focus on positive behaviors. We do this through an initiative known as Positive Behavior Supports (PBS). PBS offers a systematic approach to promoting school wide culture focused on respect and positive behavior. Because students come from different backgrounds and cultures, they may view behavior in their own unique ways. When a student acts out, LMHS views it as a skill deficit; as a result, students are taught appropriate school behaviors and expectations. Consequences are still given for inappropriate behavior: however, students are also rewarded when they model citizenship.

Boys Basketball

(Coach Densberger)

Boys Basketball is currently conducting strength training workouts and open gyms on Tuesdays and Thursdays from 3-6pm and on Saturdays from 9am-12pm. Meet at the weight room after school. You

must have a current physical and be cleared though athletics to participate. We will continue through the fall until the first day of tryouts. Tryouts will be held on November 1 & 2nd. We hope to see you there! If you have any questions, please contact coach Densberger at Zack_Densberger@scps.k12.fl.us. Go Rams!







Bully Prevention Awareness and Reporting

Bullying means systematically and chronically inflicting physical hurt or psychological distress on another person that includes: unwanted and repeated

written, verbal, or physical behavior that is severe or pervasive enough to:

- create an intimidating, hostile, or offensive educational environment;
- cause discomfort or humiliation;
- unreasonably interfere with the individual's school performance or participation.

800-423-8477

If your child feels as if he or she is being bullied, please direct him or her to do the following:

- Report the situation:
 - To any adult on campus
 - b. Speak Out Hotline (1-800-423-8477)
 - Report through the P3 Campus App
- Be sure to fill out a witness statement in the discipline office explaining the situation in detail.
- The situation will be investigated by an administrator.

SPEAKOUTHOTLINE.ORG

If you have any questions about bullying procedures, please feel free to contact discipline office (407-320-9532). For more information about Seminole County Public Schools Bully Prevention Awareness please visit the follow website. https://www.scps.k12.fl.us/district/ departments/student-support-schoolsafety/bullying-prevention.stml.

SEE SOMETHING! SAY SOMETHING! DO SOMETHING!

Mental Health Lessons

Florida Statute requires all students undergo five hours of mental health curriculum annually. To meet this requirement, students will engage in 30 mini lessons (approximately 10 minutes per lesson) embedded into instructional time.

Educating students and ensuring support for mental wellness are important priorities at LMHS. In order to make this requirement as meaningful as possible, we have grouped the lessons students are required to complete into themes that go with other important initiatives. If you have questions about the mental health lessons, please contact administrator Dr. Andrea Fuhrer at andrea_fuhrer@scps.us.

National Anti-Bullying Month Theme 1:

(October)-Bullying, Social Media,

Self-Care (10/11-10/19)

Theme 2: Red Ribbon Week-Substance Abuse

(10/25-10/28)

A Deeper Dive into Mental Health Theme 3:

(11/1-11/9)



We are RAMNation!









Testing









Testing

ACT: The ACT will be given at Lake Mary High School on Tuesday, October 5th to all 11th grade students. All students will take the ACT free of charge and there will not be any make-ups.

PSAT: The Preliminary Scholastic Aptitude Test (PSAT NMSQT) will be given at Lake Mary High School on Wednesday, October 13th to all 9th, 10th and 11th grade students. For juniors, the PSAT is the only avenue to the National Merit Scholarship Program. For sophomores and freshmen, PSAT scores are used to qualify for registration in some Advanced Placement courses. All students will take the PSAT free of charge and there will not be any make-ups.

SAT: The SAT will be given at Lake Mary High School on Wednesday, October 13th to all 12th grade students. All students will take the SAT free of charge and there will not be any make-ups.

National SAT / ACT Testing Dates

Students can register through College Board (www.collegeboard.com) and ACT (www.act.org) to take these tests on a Saturday National Testing Date.

- SAT October 2, November 6, December 4, March 12, May 7, and June 4
- ACT October 23, December 11, February 12, April 2, June 11, July 16

Testing Calendar (First Semester)

| Date | Assessment | Who Does It Affect? |
|-----------------------------|--|--|
| | | All 11th grade students |
| October 5 | ACT School Day | 12th grade students that have not yet met their math and/or FSA ELA graduation requirement |
| October 4, 6 & 7 | 1st Quarter Exams | 1st Quarter Exams(all C9A exams) |
| | PSAT/SAT School Day | All 9th – 11th grade students will participate in the PSAT |
| | | All 12th grade students will participate in the SAT |
| November 30 & December 1 | Geometry EOC, Biology EOC, US History EOC | Students who want to test for Scholar's Diploma |
| December 2 & 3 | Geometry FSA EOC Retakes | Students who have taken and not yet met the Algebra 1 EOC graduation requirement |
| | Helakes | *Students will test over 2 days – Session 1 & Session 2 |
| December 6 & 7 | Algebra 1 FSA EOC Retakes | Students who have taken and not yet met the Algebra 1 EOC graduation requirement (students currently taking Liberal Arts Math 1) |
| | | *Students will test over 2 days – Session 1 & Session 2 |
| December 8, 9 & 10 | All Make-Ups | Algebra 1 EOC & Geometry, EOC |
| December 15, 16 & 17 | 2nd Quarter Exams | 2nd Quarter Exams (all C9A exams) |

^{*}Dates are subject to change

MySchoolBucks

To help ensure the health and safety of all our students and staff, we ask that parents please consider paying for students' fees online through MySchoolBucks. We are also using MSB to sell shirts, Parking Decals, take donations, and handle student debt! This will help minimize the amount of cash and checks that need to be handled throughout the day, which allows us to focus on keeping your student safe.

Create your free MySchoolBucks account today to easily pay for your student's fees online or on-the-go with the mobile app.

Get Started Today:

- . Go to myschoolbucks.com or download the mobile app
- 2. Create your free account and add your students using their school name / student ID
- 3. Add school items or invoices to your cart
- 4. Check out using your credit / debit card or electronic check



PTSA

Support us by choosing Lake Mary High School PTSA in Amazon Smiles, a program that donates 0.5% of eligible purchases at no cost to you!



DID YOU KNOW?

Your \$7 membership goes towards many student programs including tutoring, PBS (Positive Behavior Support) for kids, Respectful Rams, STS of the Month, a scholarship program for graduating PTSA members, mini-grants for student support in teacher's classrooms, the food pantry, and teacher appreciation events. To join, simply fill out the PTSA Membership form and return to front office or use the QR code.

LMHS PTSA Membership Form Attention STUDENTS, TEACHERS, & FAMILY MEMBERS, by joining the Lake Mary High School PTSA, you become a member of an organization that works year round to improve the health, safety, education, and the welfare of ALL children. Please help us reach our membership goal. Dues are \$7.00 per member MEMBER NAME(S): Name Circle: Student/Gr:___ LMHS Staff Parent Grandparent Name . LMHS Staff Student/Gr: Parent Grandparent Name LMHS Staff Circle: Parent Student/Gr:_ Grandparent *Make all Checks Payable to: LMHS PTSA Complete and return to the Front Office Please list your student(s) information below: Name Grade: _____ Email: __ Thank you for "Joining In"! \$7.00 x = Total _) or CREDIT CARD - go to CIRCLE: CASH CHECK (check# https://lmhsptsa.memberhub.com/store



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Thank You Corporate Sponsors!

Thank you to all of our Corporate Sponsors who have supported LMHS athletes and programs. If you would like to promote your business and support LMHS Athletics, contact Doug Peters (Director of Corporate Sponsorships) at doug_ peters@scps.k12.fl.us.

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Business Partners

A special thank you to those businesses who have supported Lake Mary High School students through Business Partnerships. Your contributions have helped us acknowledge hard working students and staff. If you would like to be a business partner, please contact Dr. Andrea Fuhrer at (407) 320-9511.

Noodles & Company

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Orlando Health

Bagel King

4th Street Bar & Grill

Gator's Dockside

Jeremiah's Italian Ice

Jason's Deli

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RDV Sportsplex

CareSpot of Lake Mary

Texas Roadhouse Grill

Orange Theory Fitness of Lake Mary

Burn Boot Camp

On the Mark Apparel

Smoothie King

Firehouse Subs

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Andy's Frozen Custard

Rotary Club of Lake Mary

Chick-fil-A

Advent Health

Cohen Law Group

Winn Dixie of Lake Mary







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Athletic Eligibility Requirements

All student athletes entering the ninth grade must have been promoted from the 8th grade and maintain a 2.0 grade point average.

Each athlete must complete and pass a physical prior to trying out in any sport; this includes any pre-season conditioning practice. All physicals must be signed by a parent/guardian. Physical forms are available below, in the front office, guidance and the athletic office; however, the process is now electronic. Go to athleticclearance.com to submit the required documents.

All student athletes are subject to and must adhere to the SCPS Citizenship Policy. Athletic participation is a privilege, and all athletes must represent their school and sport in a positive light on and off campus or risk the chance of losing this privilege.

All requirements listed above must be met prior to tryouts/ participation.

Lake Mary Athletics - Online Sports Physical Submission Information

All sports physicals in Seminole County will be submitted online for clearance to participate in athletics. As a parent, this process eliminates the need to "DROP" your paperwork at the school or "SEND" it with your student-athlete. We look forward to the numerous benefits that this system will provide for you, your student-athlete, our coaches and the LMHS Athletic Department.

ALL athletes interested in participating in athletics at Lake Mary MUST COMPLETE the below process.

Documents to have on hand: Physical, Insurance Card, Parent Dr. License and Birth Certificate.

- Visit <u>www.AthleticClearance.com</u> and choose your state.

 Register and complete the 7 fields including a security question. Parents MUST register with a valid email username and password.
- You will be asked to submit an activation code that will be displayed on the screen. Enter the code and click submit.

- code and click submit.

 Login using your email address and password that you registered with.

 Select "Start Clearance Here" to start the process.

 Select "School Year", select "School", Select "Sport" in which the student plans to participate in first (you can select other sports later)

 a. Example 2020-2021, Lake Mary, Football
- Complete all required fields for
 a. Student Information-Pleas
 - Student Información
 Student Uploads-

 - tudent Uploadsi. If you have a current physical on file in the athletic office we can upload it.
 Remember a physical dated from your doctor lasts 365 days.
 ii. If you have played a sport at Lake Mary we can verify your birth certificate. 9th
 graders and transfers need to provide this upload.
 iii. Please upload a picture of your insurance card. If you have school insurance we
 will verify coverage in the athletic office.
 - Medical History- Answer all questions and provide necessary infor Signature Forms- Parents and Students sign each form.

- Optional Donation to your athletic program.
 Optional Donation to your athletic program.
 Optional Donation to your athletic program.
 Once you reach the Confirmation Message you have completed the process.
 In If you would like to register for additional sports you may check off those sports below the Confirmation Message. Electronic signatures will be applied to the additional sports/activities.
 In All of this data will be electronically filed with your school's athletic department for review. When the student has been cleared for participation, an email notification will be sent.

Note: Participation in a program for conditioning, open facilities, tryouts, or practice can not occur until you have been notified by the athletic department of your clearance status.

If you have any questions or concerns please contact the Athletic Department at 407-320-9557 or email griselle_quinones@scps.k12.fl.us









Parking Information 2021-22

Attention Juniors and Seniors

Parking spaces will be sold Online Only at https://bit.ly/3bogY5b for rising Juniors and Seniors only, who hold a valid driver's license, and who are free of school debt, until spaces are sold out

Seniors beginning July 19, 2021 until July 23, 2021

Seniors/Juniors beginning July 26, 2021 until July 30, 2021



Guidelines are as follows

- 1. Purchase your space online (during timeline).
- Download and print application. Lake Mary High School Website
- 3. Have application notarized.
- Make copies of all documents listed on application.
- 5. Bring all copies, with application, on the following date to pick up your decal: Seniors/Juniors: August 2 between the hours of 8:00 a.m.-12:00 p.m. in the auditorium lobby.

If all required documents are not presented and debt is not cleared, you will not be approved for the decal.

After August 10, if required documents have not been submitted, those spaces will be refunded and made available for others to purchase. All parking spaces are \$70.00.

Remember All Debts Must be Cleared in order to purchase a parking permit.

Please contact Stephen Longarzo with any questions at stephen_longarzo@scps.k12.fl.us



AFTER SCHOOL COUPONS

BUY ANY 6" MEAL FOR \$6

Includes: 6" Sub, chips and a 21oz. drink

Coupon good only at

Store #630 156 S HWY 17-92, Longwood 32750 Store #54221

1830-1834 Longwood Lake Mary Rd.

Longwood, 32750 Not valid with any other offers or discounts.

SUBWAY Offer Expires 5/31/2022

BUY ONE GET ONE FOOTLONG WITH A DRINK PURCHASE

Coupon good only at

Store #630

156 S HWY 17-92, Longwood 32750

Store #54221

1830-1834 Longwood Lake Mary Rd. Longwood, 32750

Not valid with any other offers or discounts.

SUBWAY Offer Expires 5/31/2022





190 E. Airport Blvd. Sanford



Winter Park



10749 E. Colonial Dr. Orlando

To Make Reservations at One of Our Locations Contact our Sales & Events Office at 407-384-0003 Prompt 1 or email events@alomabowlingcenters.com alomabowlingcenters.com clipper ship pet grooming & boarding

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Lake Mary High School

655 Longwood Lake Mary Road Lake Mary, FL 32746 Non-Profit Organization US Postage Paid Orlando, FL Permit # 2346



Senior Dedications

You still have time to purchase your Senior Dedication for the 2021-2022 LMHS Chrysomallus yearbook through Yearbookordercenter.com.

How to Submit Your Photos

Once you choose the pictures you want to use, up to the maximum number permitted for your ad size (see above) you will need to submit digital copies of the photos in JPG, PNG, or TIF format. For help converting a print photo to a digital file, visit a local store (such as Target or Walgreens) that offers photo-scanning services. Photos should be high quality, school appropriate and not copyright-protected. Captions will not be used. Please indicate which photo should be the dominant (largest) on the page as a special instruction submitted along with your dedication message in a word document and the photos. Upload your photos and message document at HjeShare.com; use the access code 21 RAMS (all caps). We are unable to include collages with multiple photos, "naked baby" pictures, or photos with hand symbols. We reserve the right to refuse any photos that do not meet editorial standards.

Writing Your Message

Prepare the message you want to appear on the page. Be sure to include the first and last name of your senior as a title for the message. The total word count is determined by the size of your ad (see above). Upload your photos and message document at HjeShare.com; use the access code 21RAMS (all caps). Any "hashtag" statements, special characters/languages or non-age-appropriate references will be removed. We reserve the right to edit text for spelling/grammar and to meet stylistic standards.

Deadlines

The deadline to purchase and upload your dedication is October 13, 2021. After that date, any remaining space will be sold on an asavailable basis. Dedication purchases are nonrefundable. For more information email the Chrysomallus advisor at jordanjg@myscps. us or call 407-320-9536.

All Students!

If you have any great photos that you would like to have featured in the 2022 Yearbook, feel free to share them with us! **Log onto hjeshare.com and use the code "21RAMS".** Please include names of everyone pictured and a little bit of information about the photo and what is taking place.



Senior Portraits

If you missed your chance to get your **Senior Portrait** photo taken, it's not too late! Leonard's Photography Studio will be on campus in the **Auditorium Lobby** on **October 13th, 2021**. Please bring the \$10 sitting fee (cash preferred) with you anytime during the school day. If you miss this opportunity, you will miss the opportunity to take your Senior Portrait for the 2022 Chrysomallus Yearbook.