



ISSUE 2
DECEMBER 22, 2021

LEMON BAY HS
2201 Placida Road
Englewood, FL 34224
(941) 474-7702

Principal's Message

Hello Parents, January marks the beginning of our second semester. Each year, during the second semester all schools experience an increase in absences and late arrivals, and a gradual decline in academic performance. So prevalent is this trend, it has been referred to as the "Second Semester Slide". Lemon Bay is determined to improve this trend and **you the parents** can play a major role. Absences and tardiness are two of the reasons that grades decline. **Please be vigilant in making sure your student attends school every day and arrives on time.** Your attention to this issue will have a positive effect on your student, reinforcing the importance you place on attendance.

To assure continued academic success, **re-establish your student's homework and study routine. Help him/her to reclaim the space and time meant for this important purpose.** Determine if any supplies

or devices are needed. They can make great holiday gifts. Also, **monitor your student's grades, attendance, and classwork by accessing FOCUS.** If your student starts to struggle, Lemon Bay offers tutoring after school Monday through Thursday each week in the media center. Again, your attention to your student's school work will have a tremendous positive effect. When students are prepared for class each day, they will attend each day, arrive on time, and perform with confidence.

These efforts; **staying informed about your student's progress, re-establishing a solid home-study routine, and making certain that your student attends every day and arrives on time** will have an enormous positive result and help us all overcome "Second Semester Slide".

Thank you and Go Mantas!!!

MANTITA MESSENGER

<http://lbhs.yourcharlotteschools.net>



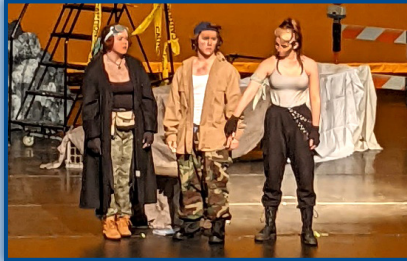


Manta Market

Come join us for the 4th season of the Manta Market! Located in our front parking lot, we have up to 80 vendors selling Fine Arts and Crafts, Artisanal Foods and More!

Thespian Troupe 0257

Congratulations to LBHS's Thespian Troupe 0257 for receiving a SUPERIOR rating at their District One-Act Festival. We also were given the award- "Outstanding Technical Achievement in Set and Lighting Design" out of 22 troupes.



News from the Media Center

Did you know? Lemon Bay High School is committed to bringing unique learning opportunities to our students and we are pleased to offer a free reading service which offers a wide variety of digital eBooks and audiobooks through the Sora app.

Why Sora? The Sora collection is an extension of Lemon Bay High School's library, only it's online with 24/7 instant access to eBooks and audiobooks. Students & staff can read on smartphones, PCs, tablet and more right from the convenience of the Sora app. Benefits of accessing eBooks and audiobooks from Sora include:

- Books return automatically after the lending period ends.
- Students may check out up to 3 books at a time.
- Books may be read in the app, online, or downloaded to a device for offline reading.
- Instant access to over 1000 books. How does it work?

To use Sora, students download the Sora app on their smartphone or digital device. Students/staff may also use Sora through ClassLink.

How can I get help using Sora? Students may stop by the Media Center for help using Sora. However, if we are closed for the weekend, they may visit <https://help.overdrive.com/> for answers to questions about using our Sora digital library. Happy Reading!



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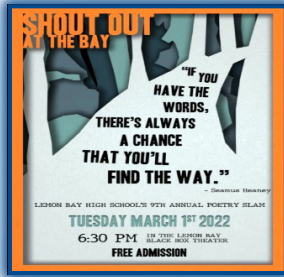
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Schedule online at [GulfCoastMedicalGroup.com](https://www.gulfcoastmedicalgroup.com) or call 844-366-9362.





9th Annual Shout Out at The Bay

It's never too early to prepare for our annual poetry performance/competition.

Shout Out at The Bay started 10 years ago during a summer workshop. Several Lemon Bay teachers were teamed together and were discussing a documentary they had seen about a poetry slam among high schools. Poetry slams, as those on which this project is based, require that participants be judged on all aspects of their understanding of the art form of poetry – it is not simply a reading, but also an emotional expression and presentation of material selected. This art form not only gives educators the opportunity to teach students about expression through writing, it also allows the students the opportunity to express their own feelings. These are important skills to be successful in not only school, but life.

Mark your calendars. This year's event will be on **Tuesday, March 1, 2022 at 6:30**. Registration will open January 10th and close February 18th. You must submit your poem when you register. Pay attention in your classes, on the school message board, on Facebook <https://www.facebook.com/groups/1565562277006065> and on our webpage <https://sites.google.com/yourcharlotteschools.net/shout-out-at-the-bay> that is listed on the Lemon Bay High School home page <http://www.lemonbayhigh.com/>.

We look forward to another year of outstanding performances. Our event wouldn't be possible without the support of the community. A special thanks to the B-Hipp Award, Essential Creations Wellness and Beauty, Ron Smith State Farm Insurance, scaryendings.com, Spread Spencer's Sparkle and the Suncoast Writers Guild for their extra support this year.

Manta Messenger
 DECEMBER 22, 2021
 Published Four Times Per Year
 Charlotte County Public Schools
 1445 Education Way
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 Issue #2

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Amazing Manta Pride (AMP) Award Winners

Congratulations to the October winners of the AMP award!!

- Rose Louder nominated by Mrs. Strickland
- Dakota Hetzer nominated by Mr. Lee
- Ryan Ogle nominated by Ms. Dewolfe

Congratulations to the November winners of the AMP award!!

- Isabel Frias - Steinfath nominated by Mrs Sisson
- Sean Egloff nominated by Mrs. Lee
- Addison Adcock nominated by Ms. Leclerc



Prom Update!

The Junior Class is working hard on this years Prom. We already have a theme picked out that will be announced in January when we return from holiday break. Thank you to all of the Juniors and Seniors that voted on Prom Themes. The winner received a landslide number of votes.

This is where we need you! Prom is expensive. We want to have the best Prom that Lemon Bay has ever seen, especially since it hasn't happened in for the past two years. Therefore, we need sponsors.

If you or someone you know owns a business that would like to help sponsor the Prom with a monetary donation it would help us out tremendously. All money collected from our community will go directly to the costs for Prom, which will in turn drop the price of the Prom tickets that each student has to pay. Along with your sponsorship, your business name and simple logo will appear on our Prom t-shirt.

The Gasparilla Inn Beach Club just underwent a gorgeous renovation, and we cannot wait to be back in the space for this years Prom. The Chef at the Gasparilla Inn is preparing a signature menu, catered to our specific Prom Theme for the evening. The staff of the Gasparilla Inn is excited to have us back this year, and we can't wait to be there either!

If you have any questions please contact Mr. Watkins, the Junior Class Sponsor, at shawn.watkins-yates@yourcharlotte schools.net.

Thank you, Englewood, for helping our students!



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Guidance Team 2021-2022

Mrs. Bedford.....	Grade 9 and Grade 12 A-G
Ms. Patterson.....	Grade 10 and Grade 12 H-N
Mrs. Ragazzone.....	Grade 11 and Grade 12 O-Z
Mrs. Dailey.....	College and Career Counselor
Ms. Robinson.....	School Social Worker
Mrs. Grzechowiak.....	School Social Worker
Mrs. Diaz-Rawlins.....	Guidance Office Administrative Assistant
Mrs. Henry.....	Data Management Technician

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- Bullying
- Crisis Services
- Substance Abuse



Flower Anatomy

Ms. Reid's students dissected flowers to identify the anatomy of the flowers. They learned the function of each part of the flower.



Manta Rays "RIP" into Bullying

Student conflicts occur on any high school campus. Those conflicts typically result in a difference of opinions. Overcoming differences and embracing diversity is what we believe makes Lemon Bay High School a great school for our students. Our students strive to support each other and demonstrate kindness and compassion. Our school district and school take a strong stand to ensure bullying behaviors do not occur. Keep in the mind, the following "RIP" acronym if you are unsure if bullying is occurring and should be reported:

R = Repeated (occurs more than once)

I = Imbalance of Power (is the victim perceived as younger, weaker, less smart, or less socially accepted)

P = Purposeful (it was deliberate or intended, not accidental)

What is Bullying? Bullying, which includes cyberbullying, occurs when a person or group of people repeatedly hurt, embarrass, or frighten another person. Cyberbullying means bullying through the use of technology or any electronic communication regardless of whether the bullying occurs on or off school grounds. Examples of cyberbullying include but are not limited to: text/instant messaging, e-mails, creation of a webpage impersonating another person and/ or other electronic means through the internet.

Bullying is not:

- An altercation between equals
- Good natured playful teasing among equals or peers
- An isolated incident

You can report a bully situation on our school's website using the "Report Bullying" button. You can also talk to an Assistant Principal about a situation you feel needs reported. Remember, we are here to help!

A few spots are left!



We need you!

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Dawn Bedford

dawn.bedford@yourcharlotteschools.net

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De-Stress Your Holidays From Drug Free Charlotte

It's the most wonderful time of the year! There are decorations to put up, cards to mail out, vacations to plan, presents to buy, dinners to make, kids to entertain.... truth be told, it can all be a bit overwhelming and even stressful. All that stress can quickly zap the fun right out of all those merry plans that we've made and send us down a bah humbug spiral. Don't let stress grinch-out your holidays, here are some ways to manage that holly jolly stress:

- 1. Get Enough Sleep** – We have all heard the headlines about the benefits of getting the proper amount of Z's, but where do we even begin? Start by setting a sleep routine. Pick a specific time to go to sleep and wake up each day. This will help train your body to engage in a more fruitful and consistent sleep. Do something to help you relax before bed each night, whether that is lighting a candle, drinking some hot tea, or reading a bit in a good book. The National Sleep Foundation also suggests you avoid using electronics at least 30 minutes prior to bed. Avoid using alcohol. Alcohol is a depressant so it can make you feel sleepy, however the use of alcohol actually disrupts your REM sleep preventing you from feeling rested.
- 2. Don't turn to tobacco or other drugs** - This is a crutch that will let you down every time. Tobacco specifically is a stimulant that restricts your blood vessels, increases your heart rate, and can leave you feeling more stressed rather than relieve it. Like tobacco, other drugs can harm your health and in turn add to your stress.
- 3. Limit caffeine** - I know, I know...this one hurt a little bit to type, but all those mocha frappes and caramel cappuccinos get your heart thumping and causes your body to release extra cortisol which is stress' best friend.

- 4. Let it all out** - It is incredibly important to express your feelings openly and frequently. If you aren't comfortable doing this with the peeps already in your circle, don't be afraid to reach out to a professional and spill all the tea.
- 5. Create your squad** - Surrounding yourself with people who can give you support that you can feel comfortable reaching out to can make it easier for you to choose more positive ways of dealing with stress.
- 6. Eat right and exercise** – believe it or not this isn't just good for your physical health, it is vital to your entire well being and can help reduce stress in big ways. The better you take care of your body, the better it will work for you. Taking these healthy steps can help you avoid fatigue and irritation which are some leading causes of stress.

- 7. Figure out what works for you** – When the tornado of stress begins winding through your day, figure out a de-stressing technique that will work for you. Here are some ideas: Listen to relaxing music, meditate, or practice deep breathing, yoga, spend some time in nature, imagine yourself in a peaceful place, get a massage, write in a journal, start a hobby, give someone a hug, do something kind for someone else, take a bubble bath, go for a walk/run, start a gratitude journal, read a book, plant something, do something that makes you laugh.

Now let the good times roll right into a stress busting new year!



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Boys Soccer

Coach: Mark Hertz

Date	Day	Opponent	Time
1/5	Wed	Booker	6:00/7:30
1/7	Fri	Desoto	6:00/7:30
1/10	Mon	@ Cardinal Mooney	
1/12	Wed	Var@ Island Coast	6:30
1/15	Sat	Jv Tourn @ Chs	Tba
1/17	Mon	@ Charlotte	5:30/7:00
1/19	Wed	Pt Charlotte Sr Nt	6:00
1/26	Wed	Districts	
2/9	Wed	Regionals	



Girls Soccer

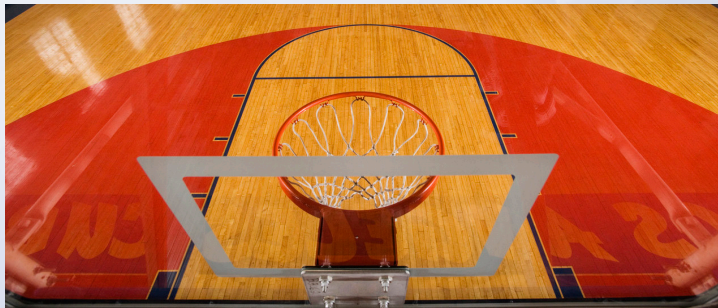
Coach: Katie Cooke

Date	Day	Opponent	Time
1/10	Mon	Port Charlotte (Var)	6:00
1/11	Tues	@ Riverview	6:00/7:30
1/13	Thurs	@ Bonita Springs	6:30/7:30
1/17	Mon	Venice (Jv)	
1/18	Tue	Var Sma	6:00
1/20	Thurs	Estero	5:30/7:00

Boys Basketball

Coach: Sean Huber

Date	Day	Opponent	Time
12/20	Mon	Provo Hd Shootout	7:30
12/21	Tue	Provo Hd Shootout	7:30
12/28	Tue	@ Sarasota Christian Tourn	5:30/6
12/29	Wed	@ Sarasota Christian Tourn	Tba
1/4	Tue	@ Oasis	4:30/7
1/7	Fri	Pt Charlotte	5:30/7
1/11	Tue	@ Ecs	5:30/7
1/14	Fri	Charlotte	4:30/6
1/18	Tue	@ Cardinal Mooney	5:30/7
1/20	Thur	Sma	5:30/7
1/22	Sat	@ Wally Keller Classic	Tba
1/25	Tue	Ccs	7:00
1/27	Thur	North Port	5:30/7
1/29	Sat	@ Imagine	12:30/4
2/1	Tue	Bishop Verot (Sr Nt)	5:30/7
2/3	Thur	@ Desoto	6/7:30



Girls Basketball

Coach: Jason Jones

Date	Day	Opponent	Time
12/20	Mon	Provo Hd Shootout	6:00
12/21	Tue	Provo Hd Shootout	6:00
12/30	Thur	@ Ida Baker (Var)	6:00
1/4	Tue	@ Oasis (Var)	6:00
1/6	Thur	Bonita Springs	6:00
1/7	Fri	@ Port Charlotte	5:30/7
1/11	Tue	@ Bayshore (Var)	6:00
1/13	Thur	@ Sma (Var)	6:00
1/14	Fri	Ida Baker (Var)	6:00
1/18	Tue	@ North Port	5:30/7
1/20	Thurs	@ Oda	6:00
1/21	Fri	Venice	5:30/7
1/24	Mon	Oda (Var)	6:00
1/26	Wed	@ Lakewood Ranch	6/7:30
1/28	Fri	Desoto (Sr Nt)	6:00
2/1	Tue	Districts	Tba



Girls Weightlifting

Coach: Dawn Hall

Date	Day	Opponent	Time
1/8	Sat	Lbh Invt'l	8:00 / 10:00
1/22	Sat	Districts	9:00 / 11:00
1/29	Sat	Regionals	
2/5	Sat	@ States Port St Joe	



Wrestling

Coach: Mike Schyck

Date	Day	Opponent	Time
1/7,8	Fri,Sat	@ Swf Christian Tourn	
1/13	Thur	Regional Duals	
1/14,15	Fri,Sat	@ Clear Water Central Cath	
1/21,22	Fri,Sat	@ State Dual Championships	
1/29	Sat	@ Massung lbt	
2/5	Sat	@ Southeast Duals	
2/12	Sat	Bidwell	9:00
2/19	Sat	District Championship Tbd	

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Career Resource Center (CRC)

Save The Date!

On Friday, March 4th, 2021 our students will participate in the College & Career Fair during the school day! This is a great opportunity for them to check out different types of secondary schooling & military options.

Who can benefit from the CRC? ALL STUDENTS GRADES 9-12

What goes on in the CRC? POST-SECONDARY HELP, INTEREST SURVEYS, COMMUNITY SERVICE OPPORTUNITIES, SCHOLARSHIP OPPORTUNITIES, LUNCH & LEARNS - VISITS FROM TECHNICAL, COLLEGES, UNIVERSITIES, MILITARY & CAREERS, ASVAB, EMPLOYMENT OPPORTUNITIES, KHAN ACADEMY PRACTICE FOR SAT.

When can a student visit the CRC? During their lunch, before and after school or a pass from their teacher - MONDAYS & WEDNESDAYS 7:00am-3:00pm / TUESDAYS, THURSDAYS & FRIDAYS 6:30am-2:30pm

Where is the CRC located? NEXT TO THE CAFETERIA - VERY CONVENIENT TO STOP IN ON THE WAY TO LUNCH.

Why is the CRC a great resource for students? STUDENTS CAN EXPLORE AND PLAN FOR THEIR FUTURE!

Parents & Students – sign-up for the CRC's REMIND Text based on graduation year

Career Resource Center – Class of 2022
 Text to: 81010
 Message: @322k7h

Career Resource Center – Class of 2023
 Text to: 81010
 Message: @696b9g

Career Resource Center – Class of 2024
 Text to: 81010
 Message: @crc2024

Career Resource Center – Class of 2025
 Text to: 81010
 Message: @crc2025



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By accessing FortifyFL, students can provide a description of the threat, share pics and videos and optionally submit their contact information.

<p>Anonymous or Non-Anonymous</p> <p style="font-size: x-small;">You decide whether you want to include your name and contact information.</p>	<p>Convenient</p> <p style="font-size: x-small;">Submitting a tip is quick and easy using our mobile app or website.</p>	<p>Include Photos and Video</p> <p style="font-size: x-small;">You can also include photos or video with your tip report.</p>
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QUICKLY SEND TO AUTHORITIES

FortifyFL automatically routes your tip report to the appropriate law enforcement agencies and school officials.

	<p>Your School Officials</p> <p style="font-size: x-small;">The tip report goes to your local school officials when submitted.</p>
	<p>Local Law Enforcement</p> <p style="font-size: x-small;">Your local police department or sheriff office receive copies of your tips automatically.</p>
<p>State-Level Officials</p> <p style="font-size: x-small;">State level officials also have access to your tips to make sure proper steps are taken.</p>	

FortifyFL is a suspicious activity reporting tool that allows you to instantly relay information to appropriate law enforcement agencies and school officials. FortifyFL was created and funded by the 2018 Florida Legislature as part of the Marjory Stoneman Douglas High School Public Safety Act.

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Reporting Suspicious Activities Or Threats

Students, parents, CCPS employees, and members of the community have a responsibility to report suspicious activities and potential threats to schools. Any suspicious activity or threat shall be promptly reported to one of the following individuals, agencies or reporting tools:

- School Resource Officer or local law enforcement agencies.
- School Administrator or any available staff member.
- The **FortifyFL Reporting APP** or to the Crimestoppers Tipline (1-800780TIPS).
- Contact the Supervisor of District Security & Emergency Management at (941) 255 0808
- Calling 9-1-1.