## Principal's Message

#### Hello Parents,

January 23rd marked the beginning of our second semester. Each year, during the second semester all schools experience an increase in absences and late arrivals, and a gradual decline in academic performance. So prevalent is this trend, it has been referred to as the "Second Semester Slide". Lemon Bay is determined to improve this trend and you the parents can play a major role. Absences and tardiness are two of the reasons that grades decline. Please be vigilant in making sure your student attends school every day and arrives on time. Your attention to this issue will have a positive effect on your student, reinforcing the importance you place on attendance. To assure continued academic success, re-establish your student's homework and study routine. Help him/her to reclaim the space and time meant for this important purpose. Determine if any supplies or devices are needed. They can make great holiday gifts. Also, monitor your student's grades, attendance, and classwork by accessing FOCUS. If your student starts to struggle, Lemon Bay offers tutoring after school Monday through Thursday each week in the media center. Again, your attention to your student's school work will have a tremendous positive effect. When students are prepared for class each day, they will attend each day, arrive on time, and perform with confidence.

... continues on page 2



## ISSUE 3 FEBRUARY 20, 2023

LEMON BAY HS 2201 Placida Road Englewood, FL 34224 (941) 474-7702

# **Principal's Message**

These efforts; staying informed about your student's progress, re-establishing a solid homestudy routine, and making certain that your student attends every day and arrives on time will have an enormous positive result and help us all overcome "Second Semester Slide".

If you have any questions about your child's attendance or grades, please do not hesitate to contact the high school.

## Thank you and Go Mantas!!!

FACEBOOK PAGE FOR LEMON BAY HIGH SCHOOL FOLLOW US ON FACEBOOK!!! www.facebook.com/lemonbayhigh



## Guidance Team 2022-2023

and Grade 10 Ms. Patterson . Grade 9 H-N and Grade 11 Mrs. Ragazzone . Grade 9 O-Z and Grade 12 Mrs. Dailey . College & Career Counselor Ms. Robinson . School Social Worker Mrs. Grzechowiak . School Social Worker Mrs. Diaz-Rawlins . Guidance Office Administrative Assistant Mrs. Henry . Data Management Technician	Mrs. Bedford	. Grade 9 A-G
and Grade 11Mrs. RagazzoneGrade 9 O-Z and Grade 12Mrs. DaileyCollege & Career CounselorMs. RobinsonSchool Social WorkerMrs. GrzechowiakSchool Social WorkerMrs. Diaz-RawlinsGuidance Office Administrative AssistantMrs. HenryData Management		and Grade 10
Mrs. RagazzoneGrade 9 O-Z and Grade 12Mrs. DaileyCollege & Career CounselorMs. RobinsonSchool Social WorkerMrs. GrzechowiakSchool Social WorkerMrs. Diaz-RawlinsGuidance Office Administrative AssistantMrs. HenryData Management	Ms. Patterson	. Grade 9 H-N
and Grade 12 Mrs. Dailey		and Grade 11
Mrs. Dailey       College & Career Counselor         Ms. Robinson       School Social Worker         Mrs. Grzechowiak       School Social Worker         Mrs. Diaz-Rawlins       Guidance Office Administrative Assistant         Mrs. Henry       Data Management	Mrs. Ragazzone	. Grade 9 O-Z
Counselor Ms. Robinson School Social Worker Mrs. Grzechowiak School Social Worker Mrs. Diaz-Rawlins Guidance Office Administrative Assistant Mrs. Henry Data Management		and Grade 12
Ms. RobinsonSchool Social WorkerMrs. GrzechowiakSchool Social WorkerMrs. Diaz-RawlinsGuidance Office Administrative AssistantMrs. HenryData Management	Mrs. Dailey	. College & Career
Worker Mrs. Grzechowiak School Social Worker Mrs. Diaz-Rawlins Guidance Office Administrative Assistant Mrs. Henry Data Management		Counselor
Mrs. Grzechowiak School Social Worker Mrs. Diaz-Rawlins Guidance Office Administrative Assistant Mrs. Henry Data Management	Ms. Robinson	. School Social
Worker Mrs. Diaz-Rawlins Guidance Office Administrative Assistant Mrs. Henry Data Management		Worker
Mrs. Diaz-Rawlins Guidance Office Administrative Assistant Mrs. Henry Data Management	Mrs. Grzechowiak	. School Social
Administrative Assistant Mrs. Henry Data Management		Worker
Assistant Mrs. Henry Data Management	Mrs. Diaz-Rawlins	. Guidance Office
Mrs. Henry Data Management		Administrative
		Assistant
Technician	Mrs. Henry	. Data Management
		Technician



## **Statement of Non-Discrimination**

continued from front page...

The School Board of Charlotte County does not discriminate (including anti-Semitism [as defined in Bylaw 0100]) on the basis of race, ethnicity, color, national origin, sex (including sexual orientation, gender status, or gender identity), recognized disability, pregnancy, marital status, age (except as authorized by law), religion, military status, ancestry, or genetic information which are classes protected by State and/or Federal law (collectively, "protected classes") in its programs and activities, including employment. The School Board also ensures equal access for Boy Scouts of America and other identified patriotic youth groups, as required by 34 C.F.R. §108 (Boy Scouts Act). (School Board Policy 1122, 3122, 4122, 2260)

## **Reporting Suspicious Activities or Threats**

Students, parents, CCPS employees, and members of the community have a responsibility to report suspicious activities and potential threats to schools. Any suspicious activity or threat shall be promptly reported to one of the following individuals, agencies or reporting tools:

- School Resource Officer or local law enforcement agencies.
- School Administrator or any available staff member.
- The FortifyFL Reporting APP or to the Crimestoppers Tipline (1-800-780-TIPS).
- Contacting the Supervisor of District Security and Emergency Management at (941) 255-0808
- Calling 9-1-1.





SUSPICIOUS ACTIVITY REPORTING APP

## QUICKLY AND EASILY SUBMIT A TIP

By accessing FortifyFL, students can provide a description of the threat, share pics and videos and optionally submit their contact information.

#### Anonymous or Non-Anonymous You decide whether

you want to include

information.

your name and contact

Convenient

Submitting a tip is quick

mobile app or website.

and easy using our

#### Include Photos and Video

You can also include photos or video with your tip report.

## QUICKLY SEND TO AUTHORITIES

FortifyFL automatically routes your tip report to the appropriate law enforcement agencies and school officials.



#### Your School Officials

The tip report goes to your local school officials when submitted.

#### Local Law Enforcement

Your local police department or sheriff office receive copies of your tips automatically.

#### State-Level Officials

State-level officials also have access to your tips to make sure proper steps are taken.

FortifyFL is a suspicious activity reporting tool that allows you to instantly relay information to appropriate law enforcement agencies and school officials. FortifyFL was created and funded by the 2018 Florida Legislature as part of the Marjory Stoneman Douglas High School Public Safety Act.

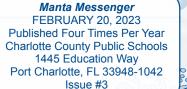
## #FORTIFYFL GETFORTIFYFL.COM











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## **Career Resource Center (CRC)**

#### Who can benefit from the CRC? All Students Grades 9-12

- What goes on in the CRC? Post-Secondary Help, Interest Surveys, Community Service Opportunities, Scholarship Opportunities, Lunch & Learns – Visits from technical colleges, universities, military & careers, ASVAB, Employment Opportunities, Khan Academy Practice for SAT.
- When can a student visit the CRC? During their lunch, before and after school or a pass from their teacher
- Where is the CRC located? Next to the cafeteria Very convenient to stop in on the way to lunch
- Why is the CRC a great resource for students? Students Can Explore and Plan For Their Future!

**PARENTS & STUDENTS** – sign-up for the CRC's REMIND Text based on graduation year

Class of 2023	<u>Class of 2025</u>
Text to: 81010	Text to: 81010
Message: @696b9g	Message: @crc2025
Class of 2024	Class of 2026
Text to: 81010	Text to: 81010
Message: @crc2024	Message: @crc2026

## ASVAB TEST – This will be offered after spring break. Sign-ups will begin March 1st.

ASVAB (Career Exploration Program) – approach to career exploration helps you identify your skills and interests and encourages you to explore all the pathways you can take to reach your career goal. Check out the website for practice and more information: www.asvabprogram.com

10th, 11th & 12th Graders: Sign up in the CRC to take the next ASVAB

## Manta Rays "RIP" into Bullying

Student conflicts occur on any high school campus. Those conflicts typically result in a difference of opinions. Overcoming differences and embracing diversity is what we believe makes Lemon Bay High School a great school for our students. Our students strive to support each other and demonstrate kindness and compassion. Our school district and school take a strong stand to ensure bullying behaviors do not occur. Keep in the mind, the following "RIP" acronym if you are unsure if bullying is occurring and should be reported:

- **R** = Repeated (occurs more than once)
- I = Imbalance of Power (is the victim perceived as younger, weaker, less smart, or less socially accepted)
- **P** = Purposeful (it was deliberate or intended, not accidental)

What is Bullying? Bullying, which includes cyberbullying, occurs when a person or group of people repeatedly hurt, embarrass, or frighten another person. Cyberbullying means bullying through the use of technology or any electronic communication regardless of whether the bullying occurs on or off school grounds. Examples of cyberbullying include but are not limited to: text/instant messaging, e-mails, creation of a webpage impersonating another person and/or other electronic means through the internet.

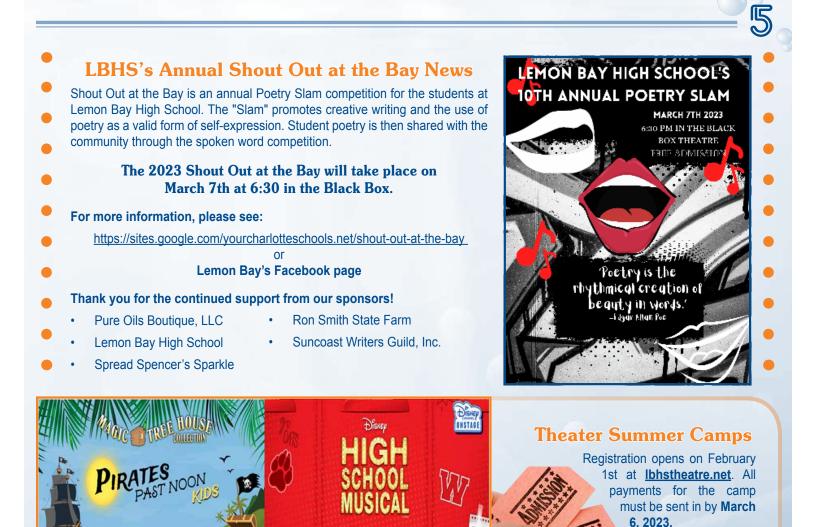
#### Bullying is not:

- An altercation between equals
- Good natured playful teasing among equals or peers
- An isolated incident

You can report a bully situation on our school's website using the "Report Bullying" button. You can also talk to an Assistant Principal about a situation you feel needs reported. Remember, we are here to help!



State College of Florida, Manatee-Sarasota is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award associate and baccalaureate degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, GA 30033-4097 or call 404-679-4500 for questions about the accreditation of State College of Florida, Manatee-Sarasota Ges not discriminate on the basis of sex, pregnancy, race, religion, age, national origin/ethnicity, color, marital status, disability, genetity information or sexual orientation in any of its educational programs, services and activities, including admission and employment. Direct inquiries regarding nondiscies to: Equity Office, 941-752-323, 5840 26th St. Q. Bradenton, FL 34207.



#### Grades 2-6

June 1st - 16th from 8AM - 12 PM \*\*\*June 16th 1 PM – 5 PM Performance: June 16th at 6 PM \$295

Covers the cost of the camp, snack will be provided, and includes 2 tickets to the performance. More tickets can be purchased for \$5/each.

> **ONLY 30 SPACES AVAILABLE**

Grades 7-11

June 5th - 15th from 1 - 5 PM \*\*\*June 16th 8 AM – 12 PM June 19th – 30th from 9AM – 4 PM Performance: June 30th at 7 PM \$395

Covers the cost of the camp, snack will be provided, and includes 2 tickets to the performance. More tickets can be purchased for \$10/each.

\*\*\*For the weeks of June 19th – 30th, students will need to bring their own lunch. **ONLY 25 SPACES AVAILABLE** 



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## **RE/MAX** ALLIANCE GROUP

Kathy Damewood, P.A.
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## LBHS Fellowship of Christian Athletes

Did you know that Lemon Bay High School has a Fellowship of Christian Athletes Huddle that meets weekly on our campus? F.C.A.'s four core values are integrity, service, teamwork, and excellence. We seek to engage, equip, and empower the

students on our campus. Our huddle meets every Wednesday morning at 6:55 am in the HOPE classroom for a devotional and time of prayer together. Once to twice a month, we host community guest speakers who share a special message with the students. This club on campus is open to all students and there are no dues. You do not need to be an athlete to attend our meetings and students may start attending at any time during the year. This past November we sold inspirational stickers during lunches to raise money to send soccer

cleats to the Dominican Republic through Kids Alive International. We also hold annual fellowship events together. This vear we will be having an ice cream social after school on the Friday before spring break. This huddle is a great place for students to come together and encourage one another in their walk of



faith. Please reach out to the club sponsors, Coach Southwell or Coach Heeg, for more information. You can also receive club updates by joining our REMIND. Text @fca4lbhs to 81010 to receive text reminders. New faces are always welcome in our Huddle!



## **GUIDANCE GOING-ON's**

Class registration for the 2023-24 school year is wrapping up. Hopefully, you had an opportunity to discuss with your son or daughter his/her class choices for next year. If you did not and would like to know for what he/she registered, please do not hesitate to contact the appropriate guidance counselor.

Testing season is upon us. There is a very good chance that your son or daughter will be required to take an End of Course (EOC) exam- given for Algebra 1, Geometry, United States History and/or Biology. If your son or daughter is in 9th or 10th grade, they will be required to take the Florida Assessment of Student Thinking (FAST) in Writing and Reading. Eleventh and 12th grade students who have not yet passed the FSA writing and reading will be retaking this test. In addition, students enrolled in an Advanced Placement OR AICE class will be taking these tests in late April and May.

Dates for these tests can be found on our high school website at www.lemonbayhigh. com. Often this information is written on the homepage. Students and teachers have been preparing diligently for these tests. Please encourage your son or daughter to get a good night's sleep the evening before and come to school fueled and ready to "show what they know".

Parents and students are reminded to check and monitor grades on FOCUS at least a couple of times a week. If a parent or student is not sure of log-in, please contact the guidance office. Students and Parents should communicate with the student's teacher and guidance counselor if there are concerns.

or



#### SPECIALIZED PROGRAMS for children, teens, & adults:

- Individual & Group Therapy Bullying Psychiatric Services Crisis Services
- Parent/Child Conflict
- Teen Anger Management

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Substance Use Disorder



## Think Pink Club

Lemon Bay High School Think Pink Club raised over \$1,000 during January for American Cancer Society Fight Against Breast Cancer Campaign.



Pictured (left to right): Charlotte Carley (President), Brittany Ohnemus, Hannah Seckeo, Addison Morey (Vice President), and Chevanne Ohnemus (Secretary).



DR. BENJAMIN HELGEMO DR. WEN LIOU KRISTY CAREY, ARNP KRISTEN VULGAMORE, ARNP KENDRA GERACE, PNP **REGINA PERRY, ARNP** 

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Lemon Bay High School

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Sudden Cardiac Arrest (SCA) is the leading cause of death in student-athletes and in the school system. The real tragedy is most of these deaths can be prevented. Who We Play For (WWPF) was founded to bring electrocardiogram (ECG) heart screenings to studentathletes, and students, across the country.

Together, we are advancing the standard of care. The result will be a generation of students who get to grow up.



### **How It Works**

- Select a screening through our website at whoweplayfor.org.
- 2 The child receives an ECGs at a heart screening event.
- **3** ECGs are interpreted by pediatric cardiologists volunteering with WWPF.
- 4 Results are delivered to the child's' guardians and are connected with appropriate follow-up care.

#### Electrocardiogram (ECG) Screenings Quick, Effective & Affordable

#### 5 minutes Amount of time it takes to screen 1 student-

Interpretation in Athletes.

athlete.

~95% VS ~4% ECGs are more effective in identifying those

at risk than physical evaluation alone.

~2% False positive rate since the implementation of the International Criteria for ECG

#### \$20 vs ~\$150 The cost of an ECG with WWPF, compared to the typical cost. The program is free for students needing financial assistance.

3%

Number of screenings that are flagged as abnormal.

### **Follow Us**

To learn more about WWPF, visit our website and social media channels!





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