

It is hard to believe we are entering the final quarter of the 2019-2020 school year. As we enter the fourth quarter, it is important that students remain focused on school. Whether it is school grades, attendance, discipline or testing, finishing strong in the last nine weeks is crucial for a successful year.

School testing plays a major role in the life of a high school student during the fourth guarter. We will test on the Florida Standards Assessment (FSA) Writing and Reading (9th and 10th grade), Algebra One End of Course Exam (Algebra 1 students), Geometry End of Course Exam (Geometry and Geometry Honors students), Biology End of Course Exam (Biology and Biology Honors students), and the U.S. History End of Course Exam (U.S. History and U.S. History Honors students). College bound juniors and seniors will be taking the ACT and/or SAT test(s). As well, all students will be taking final exams for each of their classes.

During the 4th quarter, it is important for students to have a strong finish to their school year. Below are some tips related to finishing strong. Your attention and involvement in this effort will reinforce the importance you place on your child's school experience and have a tremendous positive effect on his/her school life.

- Talk to your student about his/her social, extracurricular, and academic realities. High school can be stressful, and these conversations will help you both by providing insight and new perspectives. Academics are important, but few of us have memories of those challenges. Instead, we tend to remember high school relationships and social experiences, but life was better during this time if we were confident about grades.
- 2. Reinforce positive and successful school habits. Attention in class, homework, test preparation, and attendance are key factors.

... continues on page 2





http://lbhs.yourcharlotteschools.net



# Principal's Message

continues...

- 3. Assess and review your student's class progress, attendance, and testing schedules on FOCUS and the school web site.
- 4. **Talk to your student** about ways to improve school life. You've 'been there/done that', and probably know how you might have improved your experience.
- 5. **Identify and encourage tutoring and study assistanc**e classes available at the school. Lemon Bay offers tutoring and classroom assistance Monday through Thursday after school for one hour.
- 6. **Help your student to increase focus and effort.** 'Coasting' is a natural tendency at times, but too much can be an unproductive, especially at the conclusion of the school year.

Your involvement is a tremendous positive factor for a successful high school experience. Your interest, willingness, and dedication to helping your child succeed provides an unmistakable message.

Your child will thank you for it - someday.

If you have any questions or concerns about the progress of your child, please contact the high school at (941)-474-7702 and we would be happy to answer your questions.

I am looking forward to a great fourth quarter.

Go Mantas!!! Bob Bedford, Principal LBHS

# **Guidance Going-Ons**

Class registration for the 2020-21 school year is wrapping up. Hopefully, you had an opportunity to discuss with your son or daughter his/her class choices for next year. If you did not and would like to know for what he/she registered, please do not hesitate to contact the appropriate guidance counselor.

Students will be receiving a "Class Request Verification" form in May. This form will allow them an opportunity to see their class choices one more time and make any changes. The reasons for schedule changes in August are very limited. We will change a class if a student is placed in the wrong level of instruction or if the student does not have the prerequisite.

Testing season is upon us. There is a very good chance that your son or daughter will be required to take an End of Course (EOC) exam- given for Algebra 1,Geometry, United States History and/or Biology. If your son or daughter is in 9th or 10th grade, they will be required to take the Florida Standards Assessment (FSA) in Writing and Reading. Eleventh and 12th grade students who have not yet passed the FSA writing and reading will be retaking this test. In addition, students enrolled in an Advanced Placement OR AICE class will be taking these tests in late April and May.

Dates for these tests can be found on our high school website at <a href="www.lemonbayhigh.com">www.lemonbayhigh.com</a>. Often this information is written on the homepage. Students and teachers have been preparing diligently for these tests. Please encourage your son or daughter to get a good night's sleep the evening before and come to school fueled and ready to "show what they know".

FINISH THE YEAR STRONG- We have nine weeks of school left. Parents and students are reminded to check and monitor grades on FOCUS at least a couple of times a week. If a parent or student is not sure of log-in, please contact the guidance office. Students and Parents should communicate with the student's teacher and guidance counselor if there are concerns.





### Walk in. Feel Better.

Skip the wait and check in online at VeniceRegionalUrgentCare.com

**Gulf Coast Medical Group Urgent Care:** 

East Venice E. Venice Avenue 941/220-0214 Venice - Jacaranda 8431 Pointe Loop Drive 941/220-0341





## Guidance Team 2019-2020

Mrs. Bedford ...... Grade 10 A-G and Grade 11 Ms. Patterson ...... Grade 10 H-N and Grade 12

Mrs. Ragazzone ...... Grade 10 O-Z and Grade 9

Ms. Robinson..... School Social Worker

Mrs. Dailey...... College and Career Counselor

Mrs. Diaz- Rawlins.... Guidance Office Administrative Assistant

# **Stress Management**

When you are stressed your body often responds as though you are in danger. Hormones speed up your heart, affect your breathing, and give you a burst of energy. This is also known as the fight-or-flight stress response. Although some stress is normal and even useful, for example to help you finish a race or complete an important job on time, if it happens too often or lasts too long, it will have negative effects on you and your life. Side effects such as a headache, an upset stomach, back pain, sleeplessness, and loss of appetite, are all linked to stress. Stress can also affect your mood by making you upset or depressed which can further affect your relationships and grades. The question often asked, "what can you do about stress?", has multiple solutions to help you

manage and possibly get rid of stress. The first thing to do is to find the root of your stress, whether it is physical or environmental, there is always a root cause. After finding the cause, it is important to learn healthy ways of coping to reduce or relieve stress. Some ways to relieve stress include exercising, writing, focusing on the present, and even laughing or crying. It is important to keep in mind that everyone is not the same and may cope in different ways, so it is best to find what works for YOU when it comes to stress.

### Manta Messenger

March 25, 2020 Published Four Times Per Year Charlotte County Public Schools 1445 Education Way Port Charlotte, FL 33948-1042 Issue #3



Buy One Pizza at Regular Menu Price and Get a 2nd of Equal or Lesser Value FREE Order Online at papajohns.com! Promo Code: EJVBOGO

2828 S. McCall Rd. #101 **941-473-0100** Englewood, FL 34224



Air Conditioning, Inc.



Service, Sales, Installation 941-475-0680

> Mention this ad to receive \$25 off any

> > service repair!

ann@islandairflorida.com



TUITION IS 50% LESS THAN THE COST OF UNIVERSITY

> **APPLY TODAY!** SCF.edu

BRADENTON • VENICE • LAKEWOOD RANCH • ONLINE

EARLY **COLLEGE** 

**DUAL ENROLLMENT** 

Earn tuition-free college credit while in high school.

SCF.edu/EarlyCollege

State College of Florida, Manatee-Sarasota is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award associate and baccalaureate degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, GA 30033-4097 or call 404-679-4500 for questions about the accreditation of State College of Florida, Manatee-Sarasota. State College of Florida, Manatee-Sarasota does not discriminate on the basis of sex, pregnancy, race, religion, age, national origin/ethnicity, color, marital status, disability, genetic information or sexual orientation in any of its educational programs, services and activities, including admission and employment. Direct inquiries regarding nondiscrimination policies to: Equity Officer, 941-752-5323, 5840



# Coffee for Sale!

By Christine Kelly

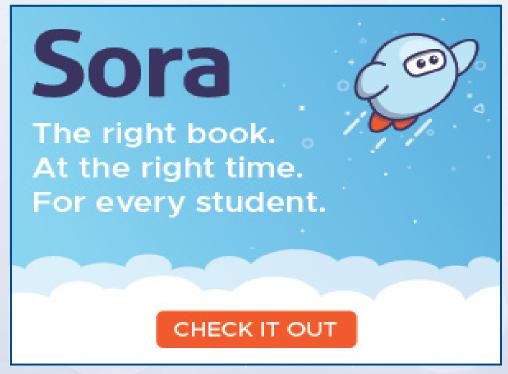
Miss Kelly's Class has been on an entrepreneurial adventure so far this year! The students ran their first coffee cart in August and have had consistent business ever since. Students are responsible for making the coffee, delivering the coffee, and cleaning up. The students have also worked on calculating their costs and profits on each individual cup. The class currently only sells coffee, however, they plan on expanding their business to hot chocolate and tea.





### **Media Center News**

Did you know? Lemon Bay High School is committed to bringing unique learning opportunities to our students and we are pleased to offer a free reading service which offers a wide variety of digital eBooks and audiobooks through the Sora app.



Why Sora? The Sora collection is an extension of Lemon Bay High's physical library, only it's online with 24/7 instant access to eBooks and audiobooks. Students can read on smartphones, PCs, tablets, Chromebooks and more right from the convenience of the Sora app. Benefits of accessing eBooks and audiobooks from Sora include:

- Books return automatically after the lending period ends.
- Students may check out up to 3 books at a time.
- Books may be read in the app, online, or downloaded to a device for offline reading.
- Instant access to over 1000 books. How does it work?

To use Sora, students download the Sora app on their smartphone or digital device, find Lemon Bay High School, and enter their student ID number.

How can I get help using Sora? Students may stop by the Media Center for help using Sora. However, if we are closed for the weekend, they may visit <a href="https://help.overdrive.com">https://help.overdrive.com</a> for answers to questions about using our Sora digital library. Happy Reading!





# 7th Annual Shout Out at The Bay

7th Annual Shout Out at The Bay took place on 3/3/2020 in the Black Box Theatre.

This Year's Winners are...

**First Place:** Luke Tinsley- "The Feeling of Motion" **Second Place:** Karoline Bellamy- "DO NOT SAY"

### Please congratulate all of this year's participants:

- Hailey Styles
- Angela Delucca
- Jason Hac
- Cassandra Knutowicz
- Julia Lehman
- Jax Mendelsohn
- Ruby Pina
- Elexis Lamparello
- Carly Brzostek
- Justin Rotolo



- Alycea Freeman
- Lorenzo Hill
- Laura Hedderman
- Lauralyn Brashear



Advertise in the Manta Messenger! This is a wonderful way for your company to get community recognition and exposure, and at the same time help support your local schools!

Denise Young • denise.young@yourcharlotteschools.net Lemon Bay High School



Thank you also to our 2020 Sponsors; you keep our event free and unique.

- B-Hipp for Education Grant
- Gulf Coast Auto Salvage
- Mama's Italian Restaurant
- keep our event nee and unique.
- Suncoast Writers Guild, Inc.

**Suncoast Credit Union Foundation** 

Scaryendings.com

Stay tuned for more information about our upcoming Poetry Slam 2021 on March 2, 2021.

Please join us on Facebook or follow us at

 $\frac{https://sites.google.com/s/0B3B3AQws177YN2UtZ0taV3UtejQp/0B3B3AQws177YSEFWMG}{IXRi1Sc3M/edit?scrlybrkr=416d74be}$ 







140 Indian Ave **941-485-7006** 

**ENGLEWOOD** 900 Pine St Suite 121

900 Pine St. Suite 121 941-475-6860

www.crossbite.com





## **Career Resource Center (CRC)**

### **COMMUNITY SERVICE HOURS**

Semester 2 hours need to be turned in by the last day of school, Thursday May 28th. New forms for the Summer/Fall will be available during the last week of school.

#### **SENIORS**

Community Service hours need to be submitted by Friday, March 27th for the silver/ gold cords at graduation. You will continue to submit hours for Florida Bright Futures.

### **PARENTS & STUDENTS**

sign-up for the CRC's REMIND Text based on graduation year

Career Resource Center – Class of 2020 Text to: 81010 Message: @kc6d433

Career Resource Center - Class of 2021 Text to: **81010** Message: @8892ef

Career Resource Center - Class of 2022 Text to: 81010 Message: @322k7h Career Resource Center - Class of 2023 Text to: 81010 Message: @696b9g

# **Reporting Suspicious Activities Or Threats**

Students, parents, CCPS employees, and members of the community have a responsibility to report suspicious activities and potential threats to schools. Any suspicious activity or threat shall be promptly reported to one of the following individuals, agencies or reporting tools:

- School Resource Officer or local law enforcement agencies.
- School Administrator or any available staff member.
- The FortifyFL Reporting APP or to the Crimestoppers Tipline (1-800-780-
- Contacting the Supervisor of District Security and Emergency Management at (941) 255-0808
- Calling 9-1-1.



# QUICKLY AND EASILY SUBMIT A TIP

By accessing FortifyFL, students can provide a description of the threat, share pics and videos and optionally submit their contact information.

#### Anonymous or Non-Anonymous

You decide whether vou want to include your name and contact information.

#### Convenient

Submitting a tip is quick and easy using our mobile app or website.

#### Include Photos and Video

You can also include photos or video with your tip report.

# QUICKLY SEND TO AUTHORITIES

FortifyFL automatically routes your tip report to the appropriate law enforcement agencies and school officials



#### Your School Officials

The tip report goes to your local school officials

#### **Local Law Enforcement**

Your local police department or sheriff office receive copies of your tips automatically.

#### State-Level Officials

State-level officials also have access to your tips to make sure proper steps are taken.

FortifyFL is a suspicious activity reporting tool that allows you to instantly relay information to appropriate law enforcement agencies and school officials. FortifyFL was created and funded by the 2018 Florida Legislature as part of the Marjory Stoneman Douglas High School Public Safety Act.

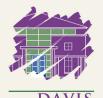
# #FORTIFYFL **GETFORTIFYFL.COM**











### **DEDICATED** TO YOUR SMILE

New Patients Welcome Implants • Veneers **Crowns • Bridges** Whitening • Invisalign® **Emergencies** Flexible Hours

# NORTHSIDE

**Psychiatric Services** 

### SPECIALIZED PROGRAMS for children, teens, & adults:

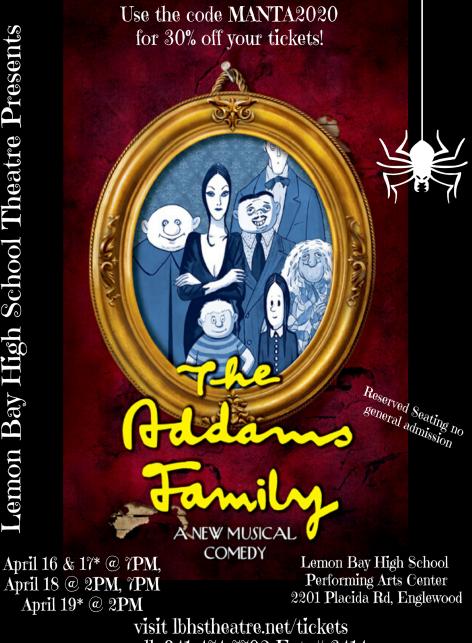
- Individual & Group Therapy
- Psychiatric Services
- Parent/Child Conflict
- Substance Accessments & Counseling
- Home & School Based Therapy Programs
- Bullying
- Teleservices
- Trauma Therapy

941-575-0222



941-474-6466 • englewoodfloridadentist.com







April 18 @ 2PM, 7PM April 19\* @ 2PM

or call: 941-474-7702 Ext. # 3414

\*these performances will have an interpreter for the hearing impaired



Gabriele.extejt@yahoo.com

www.FindYourFloridaHome.net

### Suncoast

Orthopaedic Surgery & Sports Medicine

The anatomy of leading-edge orthopaedics and sports medical care

# Joseph Noah, MD

836 Sunset Lake Blvd. | 779 Medical Dr., Ste. 8 Venice, FL 34292 Englewood, FL 34223

ph: 941-485-1505 | fx: 941-485-7495 www.SuncoastOrthopaedic.com



Advertisers



**Charlotte County Public Schools** 

# Lemon Bay High School

2201 Placida Road Englewood, FL 34224 Non Profit Organization U.S. Postage Paid Orlando, FL Permit #2346

