

Hello Parents/Guardians,

It is hard to believe we are entering the final quarter of the 2020-2021 school year. As we enter the fourth quarter, it is important that students remain focused on school. Whether it is school grades, attendance, discipline or testing, finishing strong in the last nine weeks is crucial for a successful year.

School testing plays a major role in the life of a high school student during the fourth quarter. We will test on the Florida Standards Assessment (FSA) Writing and Reading (9th and 10th grade), Algebra One End of Course Exam (Algebra 1 students), Geometry End of Course Exam (Geometry and Geometry Honors students), Biology End of Course Exam (Biology and Biology Honors students), and the U.S. History End of Course Exam (U.S. History and U.S. History Honors students). College bound juniors and seniors will be taking the ACT and/or SAT test(s). As well, all students will be taking final exams for each of their classes.

During the 4th quarter, it is important for students to have a strong finish to their school year. Below are some tips related to finishing strong. Your attention and involvement in this effort will reinforce the importance you place on your child's school experience and have a tremendous positive effect on his/her school life.

- 1. Talk to your student about his/her social, extracurricular, and academic realities. High school can
 be stressful, and these conversations will help you
 both by providing insight and new perspectives.
 Academics are important, but few of us have
 memories of those challenges. Instead, we tend
 to remember high school relationships and social
 experiences, but life was better during this time if we
 were confident about grades.
- **2. Reinforce** positive and successful school habits. Attention in class, homework, test preparation, and attendance are key factors.

... continues on page 2





http://lbhs.yourcharlotteschools.net



Principal's Message

continues...

- 3. Access and review your student's class progress, attendance, and testing schedules on FOCUS and the school web site.
- 4. Talk to your student about ways to improve school life. You've 'been there/done that', and probably know how you might have improved your experience.
- 5. **Identify and encourage tutoring** and study assistance classes available at the school. Lemon Bay offers tutoring and classroom assistance Monday through Thursday after school for one hour.
- **6. Help your student to increase focus and effort.** 'Coasting' is a natural tendency at times, but too much can be an unproductive, especially at the conclusion of the school year.

Your involvement is a tremendous positive factor for a successful high school experience. Your interest, willingness, and dedication to helping your child succeed provides an unmistakable message. Your child will thank you for it - someday.

If you have any questions or concerns about the progress of your child, please contact the high school at (941)-474-7702 and we would be happy to answer your questions.

I am looking forward to a great fourth quarter.

Go Mantas!!!

Bob Bedford, Principal LBHS



Guidance Going - Ons

Class registration for the 2020-21 school year is wrapping up. Hopefully, you had an opportunity to discuss with your son or daughter his/her class choices for next year. If you did not and would like to know for what he/she registered, please do not hesitate to contact the appropriate guidance counselor.

Students will be receiving a "Class Request Verification" form in May. This form will allow them an opportunity to see their class choices one more time and make any changes. The reasons for schedule changes in August are very limited. We will change a class if a student is placed in the wrong level of instruction or if the student does not have the prerequisite.

Testing season is upon us. There is a very good chance that your son or daughter will be required to take an End of Course (EOC) exam- given for Algebra 1,Geometry, United States History and/or Biology. If your son or daughter is in 9th or 10th grade, they will be required to take the Florida Standards Assessment (FSA) in Writing and Reading. Eleventh and 12th grade students who have not yet passed the FSA writing and reading will be retaking this test. In addition, students enrolled in an Advanced Placement OR AICE class will be taking these tests in late April and May.

Dates for these tests can be found on our high school website at www.lemonbayhigh.com. Often this information is written on the homepage. Students and teachers have been preparing diligently for these tests. Please encourage your son or daughter to get a good night's sleep the evening before and come to school fueled and ready to "show what they know".

FINISH THE YEAR STRONG - We have eleven weeks of school left. Parents and students are reminded to check and monitor grades on FOCUS at least a couple of times a week. If a parent or student is not sure of log-in, please contact the guidance office. Students and Parents should communicate with the student's teacher and guidance counselor if there are concerns.

New Manta Ray Assistant Principal

Greetings Manta Families. My name is Steve Smith and I am the newest Assistant Principal at LBHS. I am a 1992 LBHS graduate and taught at LBHS from 1997-2004. In the last 17 years, I have been in different leadership positions in Sarasota County and for the past seven and a half years served as the Director of the SKY Academy schools in Venice and Englewood. It has been an awesome journey the last 17 years, but I am so excited to be back home at Lemon Bay High School. The staff at LBHS is truly amazing and passionate about our students' wellbeing and our community! I am truly amazed at the teamwork and camaraderie that takes place on a daily basis at Lemon Bay. It has been fantastic reuniting with former colleagues and getting to know the rest of the Lemon Bay staff. I look forward to seeing all of you at different events and if you ever have a question or concern, please do not hesitate to reach out and contact me. Go MANTAS!!!!

SAC

Parents are invited to join our School Advisory Council (SAC). SAC meets online monthly. All parents are invited to join us for as many meetings as you can make. Our SAC committee is vital to our school's success. These dedicated parents help us make informed decisions that affect our students and families and help us communicate upcoming initiatives and events. To join a virtual SAC meeting, please go to Lemonbayhigh.com and click on LBHS SAC under the quicklinks section.

Dates for Upcoming SAC Meetings/ 7pm/ Virtually:

April 21, 2021

May 19, 2021

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Guidance Team 2020-2021

Mrs. Bedford	Grade 12 and Grade 11 (A-G)
Ms. Patterson	
Mrs. Ragazzone	Grade 10 and Grade 11 (O-Z)
Ms. Robinson	School Social Worker
Mrs. Diaz- Rawlins	Guidance Office Administrative Assistant
Mrs. Henry	

Controlled Open Enrollment Is Right Around The Corner!

This is a friendly reminder from Dr. Desjardins, Assistant Superintendent of School Support Services for Charlotte County Public Schools, alerting parents that the months of February and March are designated as the school district's controlled open enrollment window (school choice). During these months, parents and guardians may select a school in our district other than their child's assigned geographic school for the upcoming 2021-22 school year as long as that school is not closed due to being at capacity enrollment. If a school is "open" to reassignments, it is important to note that your child is not necessarily guaranteed a spot at that location. If there are more reassignment requests for a particular school than available seats, then the district will use a random lottery to determine which students will be allowed to attend that school. If a random lottery is needed, it will be conducted during the first two weeks of April.

Any student <u>who is currently on reassignment</u> to a school other than his or her assigned geographic school is no longer required to renew his or her reassignment every year. Your student will remain on that school's roster until your student has completed the highest grade level offered at that school (5th grade for elementary school and 8th grade for middle school). Out-of-County residents no longer need to renew their reassignment application each year they wish for their student to attend a Charlotte County Public School unless they decide to change the school their student is currently attending.

Reassignment forms are available at any Charlotte County Public School, Charlotte County Public Schools Murdock Center, or on the web at www.yourcharlotteschools.net. A complete listing of schools that are at capacity (closed to reassignments) is also available on the school district's website. If you decide to select a school other than your child's assigned geographic school, be careful to research the special conditions such as athletic eligibility that are attached to reassignment obligations. Transportation is not provided for students who have obtained a reassignment. Out-of-County students no longer need to obtain a signature (release) from their county of residence.

Parents or guardians who have any additional questions may call 941-255-0808, extension 3005.

Manta Messenger

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Charlotte County Public Schools
1445 Education Way
Port Charlotte, FL 33948-1042
Issue #3







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News from Our Theatre Department

All that hard work the theatre students put in really paid off! On Saturday February 20th, the Lemon Bay Theatre Troupe went to a new district festival to compete for superior rankings. The experience was definitely new, since Troupe 0257 usually competes through the International Thespian society hosted districts but overall, it was a great experience. We came away with an excellent rating on our two man one-act, directed by Trace RIchardson, starring Justin Rotolo and earning Luke Tinsley"most impressive performance." We also earned 9 other excellent ratings and 7 superiors on solos, monologues, small and large group musical numbers! Our pantomime with Jessica & Summer Lince and Madison Hanson also won "best in room."



On another interesting note, are you interested in musical theatre and also happen to love Dr. Suess? Well then you should definitely sign up for the Seussical! This summer the Lemon Bay Theatre program is putting on two separate shows of a musical based on Dr. Suess characters, what's not to like? There is one for Elementary students and one for Middle school students, and the High school students are the counselors. If you are interested, please contact Sarah Ballard-Richardson at 941-474-7702 ext. 3426 or director@lbhstheatre.net for further information.





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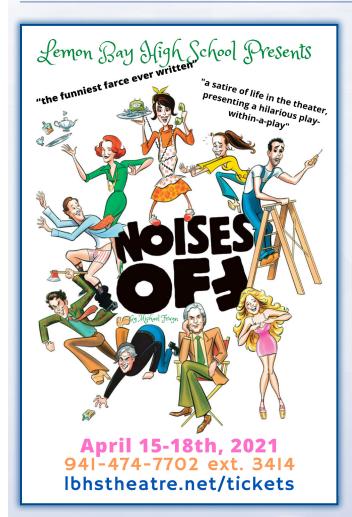


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Sophomore Student, Laura Hedderman, performs at a local restaurant.

Career Resource Center (CRC)

COMMUNITY SERVICE HOURS - Semester 2 hours need to be turned in by the last day of school, Friday June 4th. New forms for the Summer/Fall will be available during the last week of school and will be on Mrs. Dailey's - CRC Virtual Classroom.

SENIORS - Community Service hours need to be submitted by Wednesday March 31st for the silver/gold cords at graduation. You will continue to submit hours for Florida Bright Futures.

PARENTS & STUDENTS - sign-up for the CRC's REMIND Text based on graduation year

Career Resource Center - Class of 2021

Text to: 81010

Message: @8892ef

Career Resource Center - Class of 2022

Text to: 81010 Message: @322k7h Career Resource Center - Class of 2023

Text to: 81010

Message: @696b9g

Career Resource Center - Class of 2024

Text to: 81010

Message: @crc2024



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Lemon Bay High School's Annual Shout Out at the Bay News

Shout Out at the Bay is an annual Poetry Slam competition for the students at Lemon Bay High School. The "Slam" promotes creative writing for students and the use of poetry as a valid form of self-expression. Poetry is shared with the community through the spoken word competition known as the Poetry Slam.

The 2021 Poetry Slam took place virtually at 6:30 on March 3, 2021. The 2021 participants are:

- Laura Hedderman
- Cassandra Knutowicz
- Elexis Lamparello
- Hunter Cobb
- Luke Tinsley
- Brianna Lamb
- Kiley Rydberg
- Sophia Albright
- William Bliss

At the Manta Messenger deadline, winners were not yet available. Please log in to find out who won after Monday, March 8, 2021:

https://sites.google.com/yourcharlotteschools.net/shout-out-at-the-bay

or

https://www.google.com/url?q=https%3A% 2F%2Fwww.facebook.com%2Fgroups%2F 1565562277006065&sa=Dcom%2Fgroups %2F1565562277006065&sa=D

Thank you to the continued support from our sponsors!

- B-Hipp for Education Grant
- Lemon Bay High School
- Gulf Coast Auto Salvage
- Scaryendings.com
- Suncoast Credit Union Foundation
- Suncoast Writers Guild, Inc.

Next year's event is scheduled for the Black Box, open again for live performances, in front of a live audience, so set your calendars for **Tuesday, March 1, 2022.**

A Word From Drug Free Charlotte County

This past year was very difficult for all of us, for some more than others. While we are all hoping for a better year in 2021, there are a few things we can focus on to help make this year a more positive one. It is true we cannot control everything around us, but there are 3 things we can control that will improve our 2021: Our goals, our attitude, and our coping skills. Choosing to take control of these 3 things in our lives can also be a positive model for our children to follow.

First, our goals. Each year, many of us come up with New Year resolutions. Some very popular ones are to be healthier, be more financially responsible, or to in some way become a better person. Unfortunately, less than 8% of people achieve their New Year resolutions according to Forbes.com. The goals themselves are great, admirable ideas. The first problem is that most people either do not include a plan with their goals, or do not include a REALISTIC plan with their goals. The second problem is that even those who do include a realistic plan are still human and may not reach each goal....and then instead of being flexible and evaluating challenges in order to make necessary goal changes, they quit. The third problem is that people do not track their goals to see that they have made progress. The last problem is that people do not reward their progress as they make it. In order to fall into the 8% of successfully achieving your resolutions, 1) set a realistic goal that includes a realistic plan (a vision board of your goals can help keep you reminded of these goals as well), 2) keep track of your progress and review it to remind yourself of how far you have come, 3) remember to forgive yourself if you miss your target, figure out what stood in your way, and make necessary changes to your goals, 4) reward yourself for each mini goal you reach, this will give you motivation that your brain thrives on.

Next, our attitude. Ever heard the saying: "Attitude is everything"? Well there is more to that than we may realize. Success.com says that we have the power to choose an inner dialogue of encouragement or defeat. People who create a positive inner dialogue not only are more successful, they are happier. It is human nature to develop ANTs....or Automatic Negative Thoughts according to the Strengthening Families Program by Dr. Karol Kumpfer....things like "I am terrible at this", "I could never do that", "I'll never be able to...", etc. ANT's are much like ants the insects. When you see one, you know there are many nearby, and they tend to build huge, elaborate nests that can be difficult to get rid of. The good news though is that you can get rid of and control ANTs much easier than the insects. ANTs can be removed and changed by first recognizing when you have one, next decide an opposite positive thought to replace it with (ANT – I could never run a 5k, ya right = More positive replacement - I cannot run a 5k yet, but I'm working on it). The more often you purposefully replace your ANTs with positive thoughts, the more likely your ANTs will turn into automatic positive thoughts instead.

Lastly, our coping skills. Some things we can control, and some things we cannot. We may face difficult things, difficult seasons, unfair situations, loss, and negativity. Unfortunately, these things are a part of all our lives an we cannot always stop them from happening or avoid them. So it is not just important, but vital to be able to cope in a positive way. This includes allowing ourselves to grieve and to understand the grieving process. It also means however that we need to find a method to push forward in times that are difficult to do so as well. Every one of us will have different methods of coping that will work for us. For you maybe it is talking to a close friend, maybe it is focusing on a hobby, or perhaps it is meditation or spirituality. It is not important what you choose that works for you....what does matter is that it is healthy, and that you use it. Practicing healthy coping skills often will help you to avoid unhealthy coping habits like turning to drugs, alcohol, or overeating. Practicing healthy coping skills will also model to your children what they should do when they face difficult times as well.

https://www.forbes.com/sites/ashiraprossack1/2018/12/31/goals-not resolutions/?sh=6e82fcc53879

https://www.success.com/why-your-attitude-is-everything/

https://strengtheningfamiliesprogram.org/ordering/sfp7-17/













Reporting Suspicious Activities Or Threats

Students, parents, CCPS employees, and members of the community have a responsibility to report suspicious activities and potential threats to schools. Any suspicious activity or threat shall be promptly reported to one of the following individuals, agencies or reporting tools:

- School Resource Officer or local law enforcement agencies.
- School Administrator or any available staff member.
- The FortifyFL Reporting APP or to the Crimestoppers Tipline (1-800-780-TIPS)
- Contact the Supervisor of District Security & Emergency Management at (941) 255-0808
- Calling 9-1-1.

Manta Rays "RIP" into Bullying

Student conflicts occur on any high school campus. Those conflicts typically result in a difference of opinions. Overcoming differences and embracing diversity is what we believe makes Lemon Bay High School a great school for our students. Our students strive to support each other and demonstrate kindness and compassion. Our school district and school take a strong stand to ensure bullying behaviors do not occur. Keep in the mind, the following "RIP" acronym if you are unsure if bullying is occurring and should be reported:

R = Repeated (occurs more than once)

I = Imbalance of Power (is the victim perceived as younger, weaker, less smart, or less socially accepted) P = Purposeful (it was deliberate or intended, not accidental)

What is Bullying? Bullying, which includes cyberbullying, occurs when a person or group of people repeatedly hurt, embarrass, or frighten another person. Cyberbullying means bullying through the use of technology or any electronic communication regardless of whether the bullying occurs on or off school grounds. Examples of cyberbullying include but are not limited to: text/ instant messaging, e-mails, creation of a webpage impersonating another person and/or other electronic means through the internet.

Bullying is not:

- An altercation between equals
- Good natured playful teasing among equals or peers
- · An isolated incident

You can report a bully situation on our school's website using the "Report Bullying" button. You can also talk to an Assistant Principal about a situation you feel needs reported. Remember, we are here to help!





SPECIALIZED PROGRAMS for children, teens, & adults:

- Individual & Group Therapy
- Psychiatric Services
- Parent/Child Conflict
- Teen Anger Management
- Bullying
- Crisis Services
- Substance Abuse

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LBHS Spring Sports Schedule

DATE	DAY	VARSITY BASEBALL	TIME
		Coach: Zach Gonzales	
2/9, 11	Tue/Thur	Pre-Season @ N. Port	7:00
2/17	Wed	@ Southeast	6:00
2/19	FRI	BOOKER	7:00
2/24	WED	CLEWISTON w/jv **	7:00
2/26	Fri	@ Parrish w/jv **	7:00
3/1	MON	BAYSHORE	7:00
3/3	Wed	@ Booker	7:00
3/5	Fri	@ Oasis	7:00
3/8	Mon	@ Southeast	6:00
3/11	Thur	@ Port Charlotte	7:00
3/12	Fri	@ Clewiston w/jv **	7:00
3/15	MON	ODA w/jv **	7:00
3/16	Tue	'@ Rays Stadium vs.LabelleTBA	1/4:00
3/23	TUE	DESOTO	7:00
3/25	THUR	DESOTO	7:00
3/26	Fri	@ Desoto	7:00
3/30	Tue	@ Bayshore	7:00
4/6	TUE	CHARLOTTE w/jv **	7:00
4/9	Fri	@ Braves Cmplx vs. N.Port	TBA
4/13	Tue	@ Charlotte	7:00
4/14	WED	IMAGINE	7:00
4/16	FRI	NORTH PORT	7:00
4/20	Tue	@ Cardinal Mooney	4:30
4/21	Wed	@ Imagine	7:00
4/23	FRI	PT CHARLOTTE SR NT	7:00

DATE	DAY	WEIGHTLIFTING	TIME
		Coach: Don Southwell	<u>W.I ST</u>
1/20	WED	INTRASQUAD MEET	TBA
2/1	Mon	@ Charlotte	2:30/3:30
2/20	SAT	LBH INVITE	8:00/10:00
3/6	Sat	@ Labelle	8:00/10:00
3/23	Tue	County Meet @ PCH	2:30/3:30
4/1	THUR	DISTRICT FINALS H	12:00/2:00
4/10	SAT	REGIONAL FINALS H	TBA
4/22	Thur	State Finals @ Panama Cty	7:00/10:00

DATE	DAY	J V BASEBALL	TIME
		Coach: Rick Goff	
2/19	FRI	CARDINAL MOONEY	4:00
2/24	WED	CLEWISTON w/var **	4:00
2/26	Fri	@ Parrish w/var **	4:00
3/9	TUE	VENICE	6:00
3/10	WED	PORT CHARLOTTE	6:00
3/12	Fri	@ Clewiston w/var **	4:00
3/15	MON	ODA w/var **	4:00
3/23	Tue	@ Desoto	7:00
3/24	Wed	@ North Port	6:00
3/26	FRI	DESOTO	7:00
3/30	Tue	@ Port Charlotte	6:00
4/1	Thur	@ Venice	6:00
4/6	TUE	CHARLOTTE w/var **	4:00
4/7	WED	NORTH PORT	6:00
4/13	Tue	@ Charlotte	4:00
4/16	Fri	@ North Port	6:00

DATE	DAY	VARSITY TENNIS	TIME
		Coaches: Darrell Roach/ Paul McCarthy	
2/9	TUE	B/G H VS. MARINER	3:30
2/11	THUR	B/G H VS. PT CHARLOTTE	3:30
2/16	Tue	G @ Bishop Verot	3:30
2/17	WED	B/G H VS. OASIS	4:00
2/23	Tue	B/G @ North Port	4:00
2/25	THUR	B/G H VS. CYPRESS LAKE	3:30
3/2	Tue	B/G H GATEWAY CHARTER	2:30
3/4	THUR	B/G H VS. HARDEE	4:00
3/9	Tue	B H VS CHS. G @ Chs	3:15
3/11	THUR	B/G H VS. LABELLE	3:30
3/23	TUES	HARDEE	4:00
3/25	Thur	B/G @ Sebring	4:00
3/31	Wed	B/G @ Cape Coral	3:30
4/1	THUR	B/G TEN H VS. PCHS	3:30
4/5	Mon	B/G @ Venice	3:30
4/8	THUR	B/G H VS. NORTH PORT	3:00
4/13	TUE	G DISTRICTS H/ B @ Cape Coral	8:00
4/14	WED	G DISTRICTS H/ B @ Cape Coral	9:00
4/20	Tue	Semi Finals TBA	3:00
4/22	Thur	Finals TBA	3:00
4/27	WK	STATE TENNIS TBA	TBA

DATE	DAY	SOFTBALL	TIME
		Coach: Kim Pinkham	
2/9,11	Tue/Thur	Pre-Season @ Venice	5:00
2/16	Tue	Var '@ Port Charlotte	6:00
2/18	THUR	CALVARY CHRISTIAN (VAR)	6:00
2/19	FRI	PARRISH	5/7:00
2/22	MON	CHARLOTTE	5/7:00
2/24	WED	VENICE	5/7:00
2/26	FRI	FROSTPROOF (VAR)	6:00
3/1	MON	DESOTO	5:30/7:30
3/3	WED	RIVERVIEW	5/7:00
3/9	Tue	@ Mariner	5/7:00
3/11	THUR	BISHOP VEROT (VAR)	6:00
3/19	Fri	@ North Port (Var)	6:00
3/23	TUE	PORT CHARLOTTE (VAR)	6:00
3/24	WED	OASIS (VAR)	6:00
3/29	Mon	@ Calvary Christian	6:00
3/30	TUE	NORTH PORT	5/7:00
4/6	Tue	@ Parrish	5/7:00
4/9	Fri	@ Frostproof (Var)	6:00
4/13	Tue	@ Riverview	5/7:00
4/16	FRI	BRADENTON CHRISTIAN (VAR)	6:00
4/19	Mon	@ Venice	5/7:00
4/22	Thur	@ Charlotte	5/7:00
4/26	WK	Districts TBA	7:00
5/6	Wk	Finals TBA	7:00

DATE	DAY	<u>TRACK</u>	
		Coaches: Joe Casale/ Stephen Krupa	Est. Time
2/19	Fri	@ North Port Relays	
2/27	Sat	@ Ram Invite Sarasota	
3/5	Fri	@ Booker	
3/12	Fri	@ North Port	
3/26	Fri	@ Tarpon	
4/1	Thur	@ Wally Keller Classic	
4/9	Fri		
4/15	Thur	Districts @ Bookr	
5/1	Sat	Regionals @ Cypress Creek	