



ISSUE 1
NOVEMBER 14, 2019

LEMON BAY HS
2201 Placida Road
Englewood, FL 34224
(941) 474-7702

Principal's Message

Hello Parents! Quarter one is complete, and the school is in full go mode. Fall sports are taking part in district, regional and state competitions, Winter sports are having tryouts, and extracurricular activities are in full stride. We had a great homecoming week at Lemon Bay. Festivities included dress up days each day of the week, lip sync, powderpuff volleyball, powderpuff football, bonfire, a pep rally, the football game, crowning of our homecoming king and queen, and of course the homecoming dance on Saturday evening. I would like to thank the students, teachers, sponsors and parents that helped make homecoming week a success. A special thank you to the parents and community businesses who donated food and drinks for the homecoming dance and a big "Thank You" to the parent volunteers who took time out of their Saturday evening to serve the food and drinks to our students during the dance. I am so thankful that our students live in a community that continually supports them.

September was attendance awareness month which highlighted the importance of students attending school every day. Lemon Bay held a first period class attendance competition both students and teachers enjoyed. The winning class was Ms. Matonis art class and they were treated to a pancake breakfast prepared by administration. As we continue with the school year, attendance will be key to students staying on track. Please take a minute to read the following related to students attending school.

ATTENDANCE

Showing up for school has a huge impact on a student's academic success. Even as children grow older and more independent, families play a key role in making sure students get to school safely every day and understand why attendance is so important for success in school and on the job.

... continues on page 2

MIANTTA MESSENGER

<http://lbhs.yourcharlotteschools.net>



Principal's Message

continues...

DID YOU KNOW?

- Students should miss no more than 9 days of school each year to stay engaged, successful and on track to graduation.
- Absences can be a sign that a student is losing interest in school, struggling with school work, dealing with a bully or facing some other potentially serious difficulty.
- By 6th grade, absenteeism is one of three signs that a student may drop out of high school.
- By 9th grade, regular and high attendance is a better predictor of graduation rates than 8th grade test scores.
- Missing 10 percent, or about 18 days, of the school year can drastically affect a student's academic success.
- Students can be chronically absent even if they only miss a day or two every few weeks.
- Attendance is an important life skill that will help your child graduate from college and keep a job.

WHAT YOU CAN DO

Make school attendance a priority.

- Talk about the importance of showing up to school every day on-time, make that the expectation.
- Help your child maintain daily routines, such as finishing homework and getting a good night's sleep.
- Try not to schedule dental and medical appointments during the school day.
- Don't let your child stay home unless truly sick. Complaints of headaches or stomach aches may be signs of anxiety.

Help your teen stay engaged.

- Find out if your child feels engaged by his classes and feels safe from bullies and other threats. Make sure he/she is not missing class because of behavioral issues and school discipline policies. If any of these are problems, work with your school.
- Stay on top of academic progress and seek help from teachers or tutors if necessary. Make sure teachers know how to contact you.
- Stay on top of your child's social contacts. Peer pressure can lead to skipping school, while students without many friends can feel isolated.
- • Encourage meaningful afterschool activities, including sports and clubs.

Communicate with the school.

- Know the school's attendance policy - incentives and penalties
- Talk to teachers or school counselors if you notice sudden changes in behavior. These could be tied to something going on at school.
- Check on your child's attendance on FOCUS to be sure absences are not piling up.
- Ask for help from school officials, afterschool programs, other parents or community agencies if you're having trouble getting your child to school.

As we continue the second quarter and make our way to mid-term exams, it is my hope that your child is making academic progress and is regularly attending school. If you have questions or concerns about your child's attendance or academic progress, please contact the high school.

Go Mantas!!!



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Media Center News


Did you know? Lemon Bay High School is committed to bringing unique learning opportunities to our students and we are pleased to offer a free reading service which offers a wide variety of digital eBooks and audiobooks through the Sora app.

Why Sora? The Sora collection is an extension of Lemon Bay High's physical library, only it's online with 24/7 instant access to eBooks and audiobooks. Students can read on smartphones, PCs, tablets, Chromebooks and more right from the convenience of the Sora app. Benefits of accessing eBooks and audiobooks from Sora include:

- Books return automatically after the lending period ends.
- Students may check out up to 3 books at a time.
- Books may be read in the app, online, or downloaded to a device for offline reading.
- Instant access to over 1000 books. How does it work?

To use Sora, students download the Sora app on their smartphone or digital device, find Lemon Bay High School, and enter their student ID number.

How can I get help using Sora? Students may stop by the Media Center for help using Sora. However, if we are closed for the weekend, they may visit <https://help.overdrive.com> for answers to questions about using our Sora digital library. Happy Reading!



Sora
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CHECK IT OUT

Manta Messenger
November 14, 2019
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Charlotte County Public Schools
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Issue #1



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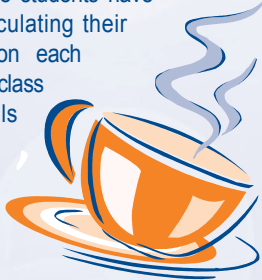
SCF.edu/EarlyCollege

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Coffee for Sale!

By Christine Kelly

Miss Kelly's Class has been on an entrepreneurial adventure so far this year! The students ran their first coffee cart in August and have had consistent business ever since. Students are responsible for making the coffee, delivering the coffee, and cleaning up. The students have also worked on calculating their costs and profits on each individual cup. The class currently only sells coffee, however, they plan on expanding their business to hot chocolate and tea.



2020 Lemon Bay High School Performing Arts Schedule

All show times at 7:00 P.M.

January 9, 2020 - Jesse Hamilton Jr.

January 23, 2020 - Vocal Trash

February 6, 2020 - John Charles

Find us on the Web -

<http://lbhpac.yourcharlotteschools.net>

February 20, 2020 - LBHS MAD Manta Mash-Up

March 5, 2020 - Dwight Icenhower

March 19, 2020 - Rock This Town Orchestra

Or Call -

941-474-7702 ext. 3030



"A Christmas Carol"

The First Performance for the 2019-20 Season

Lemon Bay High School Theatre Troupe 257 commences its first season under the guidance of its new theatre teacher and producer Ballard-Richardson with the performance of the Classic holiday season favorite.

Attendees are in for a fresh and exciting production that will not disappoint those who long for the ripe nostalgia of a tale which everyone loves! The play will feature our own students as well as other talented students from local middle and elementary schools.

There will be three evening performances and one matinee. The curtain goes up beginning on **Thursday, November 21st and continues through Saturday, November 23rd at 7 pm, and the final performance on Sunday, November 24th at 2 pm.**

Ticket prices are early holiday gifts for all - priced only at \$15 for Adults; \$10 for Students; AND Children 10 and under to be admitted FREE with a PAID ADULT!

Come out and see the creative production talent and innovative ideas to our superior Troupe 257! You will not want to miss this uniquely new presentation by our talented and dedicated students.

MARK YOUR CALENDAR! BRING YOUR FAMILY & FRIENDS & COME OUT FOR YOUR OWN ENJOYMENT! YOU WILL BE GLAD YOU DID—NO "BAH HUM-BUG" ABOUT IT!



Rehearsal photos

Kaylee Alameda, Grace Grant, Karoline Bellamy, Trace Richardson



Rehearsal photos

Kaylee Alameda, Trace Richardson, Grace Grant, Mason Quick & Cameron Giesler

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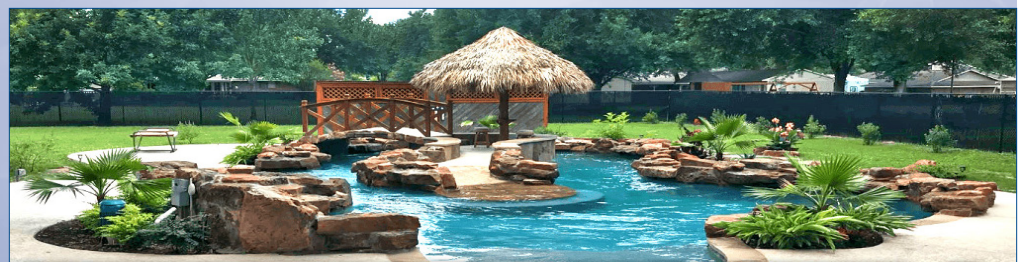
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Health and Wellness III

Mr. Russo 's Health and Wellness III students are exploring healthy meal alternatives. Please enjoy the recipe from one of Mr. Russo's students:

With the upcoming holiday season, we can all admit that our eating habits will easily plummet. Let's be honest, nobody reaches for the salad on Thanksgiving. However, what if I told you there was a way you could have all the food you love, but without some of the items that categorize them as "unhealthy". For instance, using healthier ingredients like olive oil to substitute for butter decreases the amount of fat within the meal. Little changes like this in your holiday recipes will provide a much healthier meal and none of your guests will even know the difference! Below is one of my personal favorite holiday recipes for salmon that you can try and hopefully enjoy as much as I do. Incorporating salmon into a holiday dish will have many benefits. For example, salmon can help prevent heart disease by decreasing the levels of omega-6 fats, increasing the levels of omega-3 fats, and lowering triglycerides. In addition, only 100 grams of salmon provides 17% of the RDI potassium, allowing for better controlled blood pressure. Without further ado, enjoy the following nutritious salmon dish during your holiday hoopla!

GRILLED LEMON ZEST SALMON RECIPE

INGREDIENTS

- 2 tbsp. light brown sugar
- 2 tsp. smoked paprika
- Freshly ground black pepper
- 1 tsp. grated lemon zest
- Kosher salt
- (1) 2 1/2-pound skin-on salmon fillet

DIRECTIONS

1. Soak a large cedar grilling plank (about 15 inches by 7 inches) in water, 1 to 2 hours.
2. Heat grill to medium. Combine the sugar, paprika, lemon zest, and 1/2 teaspoon each salt and pepper in a bowl. Season salmon with salt and rub spice mixture all over flesh side.
3. Place salmon on soaked plank, skin side down. Grill, covered, to desired doneness, 25 to 28 minutes for medium.
4. Serve and Enjoy!

2019-2020 MOY Testing Calendar

Teacher	Assessment	Start Date	Completion Date	Period	Lab
Grade 9 ELA Writing/Reading MOY					
Powell	Grade 9 ELA MOY	Wednesday, January 15, 2020	Thursday, January 16, 2020	4,5,6,7	Chromebook Lab
Slicker	Grade 9 ELA MOY	Wednesday, January 15, 2020	Thursday, January 16, 2020	2,3,4,6,7	Chromebook Lab
Waisanen	Grade 9 ELA MOY	Wednesday, January 15, 2020	Thursday, January 16, 2020	1,3	Chromebook Lab
Grade 10 ELA Writing/Reading MOY					
Beamesderfer	Grade 10 ELA MOY	Wednesday, January 15, 2020	Thursday, January 16, 2020	1,2,3,4,5,6,7	Chromebook Lab
Hertz	Grade 10 ELA MOY	Wednesday, January 15, 2020	Thursday, January 16, 2020	2,6,7	Chromebook Lab
Grade 11 ELA Writing/Reading BOY					
Saponara	11/12 ELA MOY	Wednesday, January 15, 2020	Thursday, January 16, 2020	1,2,4,6	04-211
Biology MOY					
Green	Biology MOY	During Midterms	During Midterms	1,3,4	Laptop Cart
Groeneveld	Biology MOY	During Midterms	During Midterms	1,2,4,5,7	01-134
Mora	Biology MOY	During Midterms	During Midterms	1,3,5,6	01-134
US History MOY					
Hall, D	US History MOY	During Midterms	During Midterms	1,2,4,5,7	01-131
Hall, S	US History MOY	During Midterms	During Midterms	1,2,3,5	01-131
Algebra I MOY					
Trealout	Algebra I MOY	During Midterms	During Midterms	5	04-311
Vickers	Algebra I MOY	During Midterms	During Midterms	1,3,4,5,6,7	04-211
Geometry MOY					
Leclerc	Geometry EOY	During Midterms	During Midterms	2,3,4,6,7	04-331
Coughlan	Geometry EOY	During Midterms	During Midterms	1,3	Chromebook Lab
Richards	Geometry EOY	During Midterms	During Midterms	2,7	04-311
Trealout	Geometry EOY	During Midterms	During Midterms	3,6	04-311

A few spots are left!



We need you!

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Denise Young • denise.young@yourcharlotteschools.net
Lemon Bay High School

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Career Resource Center (CRC)

- **Who can benefit from the CRC?**
ALL STUDENTS GRADES 9-12
- **What goes on in the CRC?**
POST-SECONDARY HELP, INTEREST SURVEYS, COMMUNITY SERVICE OPPORTUNITIES, SCHOLARSHIP OPPORTUNITIES, LUNCH & LEARNS – VISITS FROM TECHNICAL, COLLEGES, UNIVERSITIES, MILITARY & CAREERS, EMPLOYMENT OPPORTUNITIES, ASVAB, KHAN ACADEMY PRACTICE FOR SAT.
- **When can a student visit the CRC?**
During their lunch, before and after school or a pass from their teacher - MONDAYS & WEDNESDAYS 7:00am 3:00pm / TUESDAYS, THURSDAYS & FRIDAYS 6:30am-2:30pm
- **Where is the CRC located?**
NEXT TO THE CAFETERIA – VERY CONVENIENT TO STOP IN ON THE WAY TO LUNCH.
- **Why is the CRC a great resource for students?**
STUDENTS CAN EXPLORE AND PLAN FOR THEIR FUTURE!

PARENTS & STUDENTS - sign-up for the CRC's REMIND Text based on graduation year

Career Resource Center – Class of 2020

Text to: **81010**

Message: **@kc6d433**

Career Resource Center – Class of 2021

Text to: **81010**

Message: **@8892ef**

Career Resource Center – Class of 2022

Text to: **81010**

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Career Resource Center – Class of 2023

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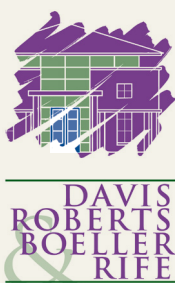
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Guidance Going-Ons

- The guidance team recently met with all **9th grade** students through their English classes. The presentations were held in the Career Resource Center (CRC), where students were introduced to Mrs. Dailey, our Career and College Counselor. Valuable information was shared with your student regarding the services offered through our CRC, accessing FOCUS and Office 365 through ClassLink, and general tips on being successful here at Lemon Bay. We also had your student create an account with MyCareerShines which is offered through The Department of Education. This program is a comprehensive career planning system that allows students to learn about themselves, discover options and opportunities for their future, and gives them access to information and tools to achieve their goals.
- All **10th grade** students took the PSAT on Wednesday, October 16th. The PSAT is a practice SAT test. These results will give students an opportunity to see their strengths and areas for improvement when taking the "real" SAT for college admittance. In addition, the College Board (SAT) has partnered with Kahn Academy so that students can get personalized help when preparing for the SAT. There will be a **10th Grade Parent** night in the Spring 2020 to review student results. Make sure you attend this important meeting.
- Mrs. Bedford and Mrs. Dailey met with **11th grade** students in late October. They presented information on many resources including junior-only scholarship opportunities. Please ask your student to share with you the informative email from Mrs. Dailey. They can access this through their Office 365 account. If you missed our 11th grade parent night on 10/28/19, please check out the PowerPoint we presented. It is at www.lemonbayhigh.com under Academics & Guidance. There are other great resources and information on the PowerPoint.
- At the beginning of October, **12th grade** students applied for Florida Bright Futures. A great online resource for eligibility requirements for Bright Futures and how to help pay for college is www.floridashines.org.
- **Charlotte Technical College** will host their annual **Shadow Day on January 23, 2020**. **LBHS students** can travel for a half-day field trip to the CTC to observe a program in which they may be interested. Students should watch WMTV for sign up information. Check out www.charlottetechcollege.net to explore the available high school dual enrollment programs.
- LBHS Mantas are encouraged to visit their guidance counselor. Ways students can connect with us are 1) Come see us in the Guidance office - Room 346. If we are not readily available, our secretary, Mrs. Diaz-Rawlins, can make an appointment for the student. 2) Come see us in the Cafeteria during their lunchtime. There is always a counselor hanging out in the lunchroom for A,B & C lunch. 3) Drop us an email. This way we know the student needs to see us and we can send a pass for them to the guidance office.

2019-2020 Testing

Florida Standards Assessments (FSA)	
FSA English Language Arts (ELA)	
Dates	Assessment
4/6 - 4/9	Grades 9-10 ELA Writing
5/4 - 5/7 & 5/11 - 5/12	Grades 9-10 ELA Reading
FSA End-of-Course Assessments	
Dates	Assessment
9/17 - 9/18	Algebra 1 & Geometry
12/2 - 12/5	
3/11 - 3/12	
5/13 - 5/18	
FSA Retakes	
Dates	Assessment
9/10	Grade 10 ELA Writing Retake
3/3	
9/11 - 9/12	Grade 10 ELA Reading Retake
3/4 - 3/5	
Next Generation Sunshine State Standards (NGSSS) Assessments	
End-of-Course Assessments	
Date	Assessment
12/2 - 12/5	Biology 1 & U.S. History
5/19 - 5/21	
ELL Statewide Assessments	
Date	Assessment
2/3 - 2/28	Access for ELLs
SAT/PSAT	
Date	Assessment
10/16	Grade 9 and 10 PSAT
10/16 & 3/4	Level 1 or 2 Grade 11/12 SAT School Day
AP/AICE	
End-of-Course Assessments	
Date	Assessment
5/4-5/14	AP Testing
4/30 - 5/8 (TBA)	AICE Testing
Other Statewide Assessments	
Florida Standards Assessment (FSAA)	
Date	Assessment
3/16 - 4/17	Grade 9 & 10 ELA
	Grade 9 & 10 Writing
	Algebra I
	Biology
	Geometry
	U.S. History



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Your School Officials

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Local Law Enforcement

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State-Level Officials

State-level officials also have access to your tips to make sure proper steps are taken.

FortifyFL is a suspicious activity reporting tool that allows you to instantly relay information to appropriate law enforcement agencies and school officials. FortifyFL was created and funded by the 2018 Florida Legislature as part of the Marjory Stoneman Douglas High School Public Safety Act.

#FORTIFYFL
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Reporting Suspicious Activities Or Threats

Students, parents, CCPS employees, and members of the community have a responsibility to report suspicious activities and potential threats to schools. Any suspicious activity or threat shall be promptly reported to one of the following individuals, agencies or reporting tools:

- School Resource Officer or local law enforcement agencies.
- School Administrator or any available staff member.
- The FortifyFL Reporting APP or to the Crimestoppers Tipline (1-800-780-TIPS).
- Contacting the Supervisor of District Security and Emergency Management at (941) 255-0808
- Calling 9-1-1.

NJROTC

The Lemon Bay HS NJROTC has been highly engaged in numerous activities within our community and school once again this year. We supported the American Legion Post 113 at several of their Post events, are currently gathering sponsors for Wreaths Across America to support our veteran community, participated in the Lip Sync competition, provided Color Guards, Honor Guards and parking assistance for home Varsity football games, provided a Color Guard for the Volleyball Senior night game, and provided a Color Guard for the National Honor Society Induction Ceremony. Upcoming community support events include the Florida International Air Show on Nov 2nd, several Veterans Day ceremonies on Nov 5th, 6th, 7th and 11th, and the Wreath Laying Ceremony on Dec 14th.

Cadets have been hard at practice, refining their skills in preparation for numerous local and national competitions that they will compete in this year. The various Drill Teams, Marksmanship Team, Orienteering Team, Athletic Team, and Academic Teams are all looking forward to another great season. Wish them luck!

Cadets did a great job at the Welcome Back Bash, where the Vikings edged out the Spartans for the ROTC Cup. The Cadets and parents enjoyed fun, food, games, and prizes at the Annual ROTC Halloween Party where the Zipper-faced lady took home 1st place for the costume contest. Senior Cadets have done a great job planning ROTC social events so far, and we look forward to what they have planned for the remainder of the year.



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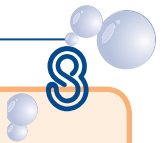
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Medication Safety

As the holidays grow near many of us are looking forward to time spent with family gathered around the table or just laughing together and making memories. The sights, the smells, the excitement of little ones, and catching up or telling old stories. Even the old FL sun occasionally gives us a few days off where we get to experience a little chill in the air. One thing that many don't think about during the holidays however is medication safety. There are however 3 steps that you can take to help keep yourself and your family safe during the holidays.

1. **Safe Use** - Often times when the holidays come, our schedules and routines may change a bit. These small changes may make it hard to remember if you have taken your medications yet or not for the day, or if you have given your children or adults in your care their medications or not for the day. One thing you can do is to buy a pill box and set it up for the week or even the month ahead of time to take the medication guessing game stress off of your plate so you can focus on the things you love.
2. **Safe Disposal** - Do you have expired medications filling your medicine cabinets? Do you have a prescription medication you stopped taking at some point in the past? The best thing you can do to avoid accidentally taking an expired medication, taking the wrong medication, or someone else accidentally taking your old medications is to dispose of them. It is not safe however to simply throw them in the trash or flush them down the toilet. That could lead to pollution, plants and animals being harmed, or medications falling into the wrong hands and potentially harming someone. Charlotte County Sheriffs Office has several medication disposal locations where you can drop off unused and expired medications and know that they will be safely disposed of. A list of locations is posted below.
3. **Safe Storage** - With family members coming over for the holidays we often have a very busy and very full house and kids can be very curious, especially since many medications can resemble colorful candies. Or perhaps your traveling and bringing your medications with you. Putting your medications out of children's reach, or even better – locking them up, is a great way to ensure your family and friends stay safe. There are many different types of medication lock boxes you can buy, both big and small for more permanent storage situations or for a more on-the-go travel situation.

Happy holidays from Drug Free Charlotte County, and for more information and resources on safe use, safe disposal, and safe storage, please visit us online at drugfreecharlottecounty.org. See below for medication disposal locations:

Charlotte County Sheriff's Office
District 1
11051 Wilmington Blvd, Englewood

Charlotte County Sheriff's Office
Administrative Building
7474 Utilities Road, Punta Gorda

Punta Gorda Public Safety Complex
1410 Tamiami Trail, Punta Gorda