

Hello Parents! Quarter one is complete, and the school is in full go mode. Fall sports are taking part in district, regional and state competitions, Winter sports are having tryouts, and extracurricular activities are in full stride. We had a great homecoming week at Lemon Bay. Festivities included dress up days each day of the week, lip sync, powderpuff volleyball, powderpuff football, bonfire, a pep rally, the football game, crowning of our homecoming king and queen, and of course the homecoming dance on Saturday evening. I would like to thank the students, teachers, sponsors, and parents that helped make homecoming week a success. A special thank you to the parents and community businesses who donated food and drinks for the homecoming dance and a big "Thank You" to the parent volunteers who took time out of their Saturday evening to serve the food and drinks to our students during the dance. I am so thankful that our students live in a community that continually supports them.

Attendance continues to be a focus at Lemon Bay as there is a direct correlation between students attending school daily and earning passing grades in classes. Please take a minute to read through the importance of attendance.

Showing up for school has a huge impact on a student's academic success. Even as children grow older and more independent,

families play a key role in making sure students get to school safely every day and understand why attendance is so important for success in school and on the job.

### **DID YOU KNOW?**

- Students should miss no more than 9 days of school each year to stay engaged, successful and on track to graduation.
- Absences can be a sign that a student is losing interest in school, struggling with school work, dealing with a bully or facing some other potentially serious difficulty.
- By 6th grade, absenteeism is one of three signs that a student may drop out of high school.
- By 9th grade, regular and high attendance is a better predictor of graduation rates than 8th grade test scores.
- Missing 10 percent, or about 18 days, of the school year can drastically affect a student's academic success.
- Students can be chronically absent even if they only miss a day or two every few weeks.
- Attendance is an important life skill that will help your child graduate from college and keep a job.

... continues on page 2





http://lbhs.yourcharlotteschools.net



# Principal's Message

continues...

#### WHAT YOU CAN DO:

#### Make school attendance a priority.

- Talk about the importance of showing up to school every day on-time, make that the expectation.
- · Help your child maintain daily routines, such as finishing homework and getting a good night's sleep.
- Try not to schedule dental and medical appointments during the school day.
- · Don't let your child stay home unless truly sick. Complaints of headaches or stomach aches may be signs of anxiety.

### Help your teen stay engaged.

- Find out if your child feels engaged by his classes and feels safe from bullies and other threats. Make sure he/she is not missing class because of behavioral issues and school discipline policies. If any of these are problems, work with your school.
- · Stay on top of academic progress and seek help from teachers or tutors if necessary. Make sure teachers know how to contact you.
- · Stay on top of your child's social contacts. Peer pressure can lead to skipping school, while students without many friends can feel isolated.
- Encourage meaningful afterschool activities, including sports and clubs.

#### Communicate with the school.

- Know the school's attendance policy incentives and penalties
- · Talk to teachers or school counselors if you notice sudden changes in behavior. These could be tied to something going on at school.
- Check on your child's attendance on FOCUS to be sure absences are not piling up.
- Ask for help from school officials, afterschool programs, other parents or community agencies if you're having trouble getting your child to school.

As we continue the second quarter and make our way to mid-term exams, it is my hope that your child is making academic progress and is regularly attending school. If you have questions or concerns about your child's attendance or academic progress, please contact the high school.

Go Mantas!!!



Tobias Richardson, Tristen Sasser, Beau Charbonneau, Shilo O'Malley, Trace Richardson, Randy Roberts, & Bryan Fernandez represented Lemon Bay's first ever all-male small group to competition with "Officer Krupke" from West Side Story and received straight superior ratings.

## **District 9 IE Competition**

Theatre students traveled to Blake High School for the Performing Arts on Saturday Oct. 23rd for their annual Thespian District individual and ensemble event competition. Over forty students took pieces to be adjudicated, and Lemon Bay did not disappoint! Results included 10 superior ratings and 15 excellent ratings. In addition, freshmen Tobias Richardson and Tristen Sasser performed a musical duet "Two-Player Game" from the show Be More Chill and received a super superior (perfect score) and Top Honors/Best in Room. The troupe plans to bring their competition One Act "Rumors of Polar Bears" to USF in early December. Students who received superior ratings will be attending State competition during Spring Break in March.



Tristen Sasser & Tobias Richardson received perfect scores and best in room at the District 9 IE competition.



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### **NJROTC**

The new news about Lemon Bay High School's own NJROTC is right here to entertain yourself with. With all of the facts and juicy adventures that have happened throughout the year so far, all of it right here in your hands. Students of LBHS I assure you that NJROTC is better than what you may think solely because of the fact that there are people who want to be involved with their peers and community with dedication and pride. NJROTC has several after and before school activities that you are available to experience and excel at including: Unarmed Ex., a drill team based on precise movements that anyone can master, Armed Ex., a drill team that allows you to spin rifles and do terrific tricks to impress everyone else with., Rifle team, a marksmanship team that you can use practical skills you learn there to use for hunting outside of school or battle other people at an airsofting range., Unarmed and Armed Basic drill teams are the basic skills you learn before doing all of the cool moves in other drill teams., Athletic team, a team that can make you as fit as a fiddle to beat other schools in track and cross country team. Orienteering team is a team that involves both navigation and running exercises to reach a destination. Then my personal favorite; Drone Club, a club that deals with flying cameras arounthe school. It's better than it sounds, they learn how to control drones effectively and learn how to record videos to showcase NJROTC as a whole. October 20, 2021, NJROTC went on their first field trip of the year to go see the Coast Guard Base in Fort Myers. Those who went got to experience what the U.S Coast Guard does on the water like; pumping water out of their boat in case of emergency; wearing firefighter uniforms

and using the onboard fire hose to simulate a fire emergency; throw a buoy at objects to simulate a man overboard situation; as well as plugging a ruptured pipe with various objects to slow flow of water leaking into the boat. Overall NJROTC is an exciting program with many options for students to do while in the program. So, join us and look at NJROTC in a new way, and why not, we're able to do things most other after school programs can't, join and find out.

By Cadet Levi Williams

### Manta Messenger

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## Homecoming/ Spirit Week

Mrs. Sisson's 9th grade students were working on team building exercises during Homecoming/Spirit Week. Using a variety of challenges, that included vocab words for the week, student groups went head to head to compete for fun prizes. They solved puzzles, answered trivia questions, played "Vocab Twister" and had a great time all while incorporating their vocabulary terms and strengthening their relationships as peers.





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## Manta Ray Band - Music Notes

The Lemon Bay HS Band will present its annual Winter Concert and Silent Auction on Thursday, December 9, 2021 at 7:00 PM in the Lemon Bay Performing Arts Center. Admission is free.

- The Lemon Bay Band Boosters Fundraising Committee is in urgent need of basket-style donations for our Winter Concert's Silent Auction on Thursday, December 9, 2021. Items in the basket need not be expensive and you choose the theme and title for your basket. If you don't have the time or materials to put together a basket yourself, you can send us individual items and we will package them up in combination with other donations or you can make a cash donation of \$20-\$25 (or more) and we will purchase items to put in a basket with your name on it as the donor.
- Some suggestions for basket themes are: Pets, Movie Night, New Year's Eve, Weekend getaway Certificates, Holiday Fun & Games, School or Art Supplies, Hair or Beauty Products & Accessories, Mani/Pedi, Scented Candles or Bath Items, Baking Supplies, Cleaning Supplies, Car Care Items, Holiday/Winter Food Items, LBHS Merchandise the possibilities are endless! We would also love baskets from anyone who is a distributor for Jamberry, Mary Kay, Lularoe, Pampered Chef, Thirty One, Origami Owl, Stampin Up, Happy Coffee, Tupperware, etc!
- If you can help, please contact Amy Milliken at <u>president@bandsoflbhs.com</u>. We will be having a Silent Auction Drop Off Night on Tuesday, November 30th from 5:00 7:00 in the Band Room. Please bring your baskets and any other items you wish to donate to us then. Thanks for helping make our Silent Auction a continued success!





## 9th Annual Shout Out at The Bay

It's never too early to prepare for our annual poetry performance/competition.

**Shout Out at The Bay** started 10 years ago during a summer workshop. Several Lemon Bay teachers were teamed together and were discussing a documentary they had seen about a poetry slam among high schools. Poetry slams, as those on which this project is based, require that participants be judged on all aspects of their understanding of the art form of poetry – it is not simply a reading, but also an emotional expression and presentation of material selected. This art form not only gives educators the opportunity to teach students about expression through writing, it also allows the students the opportunity to express their own feelings. These are important skills to be successful in not only school, but life.

Markyour calendars. This year's eventwill be on **Tuesday, March 1,2022** at 6:30. Pay attention in your classes, on the school message board, on Facebook <a href="https://www.facebook.com/groups/1565562277006065">https://www.facebook.com/groups/1565562277006065</a> and on our webpage <a href="https://sites.google.com/your charlottes chools.net/shout-out-at-the-bay">https://sites.google.com/your charlottes chools.net/shout-out-at-the-bay</a> that is listed on the Lemon Bay High School home page <a href="http://www.lemonbayhigh.com/">https://www.lemonbayhigh.com/</a>.

We look forward to another year of outstanding performances.

## Guidance Team 2021-2022

Mrs. Bedford	Grade 9 and Grade 12 A-G
Ms. Patterson	
Mrs. Ragazzone	Grade 11 and Grade 12 O-Z
	School Social Worker
Mrs. Grzechowiak	School Social Worker
Mrs. Diaz-Rawlins	
Mrs. Henry	



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- Teen Anger Management
- Bullying
- Crisis Services
- Substance Abuse



### **Attention Seniors and Businesses. Clubs and Teams!**

2022 YEARBOOK ADS LEMON BAY HIGH SCHOOL

Do you want a page devoted to either your senior, business, club, or team in the yearbook that will still be seen 20 years from now??

\*Your choice. With a variety of sizes from which to choose, it's impossible to go wrong.

\*Be creative...or not. If you would like to create the layout, that's great! If you would like to simply supply the yearbook staff with photos and your special message, we can be creative for you. (If you are supplying us with an ad on a disk, please make it JPEG format.)

#### Important Deadline Date:

Wednesday, December 15, 2021

\*This is the deadline for you to purchase your ad and turn in any pictures and/or writing you would like in the ad. (Please give us scanned copies of your photographs instead of originals if they are not digital images)

\*If not paid by Friday, December 15, we may not be able to include your ad in the yearbook.

#### **Price Chart:**

Full page color	\$400	(8.5" x 11") ***
Full page black/white	\$200	(No more than 15 pictures)
Half page color (horizontal)	\$240	(8.5" x 5.25")
Half page black/white (horizontal)	\$120	(No more than 8 pictures)
1/4 page color (vertical)	\$140	(4.25" x 5.25")
1/4 page black/white (vertical)	\$70	(No more than 4 pictures)
*1/8 page(senior ad-b/w)	\$45	(4.25" x 2.5")
Business card size(b/w)	\$35	(for businesses only, not for students)

\*Senior ad special: Includes 1 photo with a special message or short poem. This is only available in black and white and only sold to senior parents.

\*\*If you have created your own ad on a disk in JPEG format, the number of pictures you use is not limited. Contact Mrs. Huber with any questions: 474-7702 ext. 7288 or Debbie.huber@yourcharlotteschools.net. Mail check to: Lemon Bay High School, 2201 Placida Road, Englewood, FL 34224

# Manta Rays "RIP" into Bullying

Student conflicts occur on any high school campus. Those conflicts typically result in a difference of opinions. Overcoming differences and embracing diversity is what we believe makes Lemon Bay High School a great school for our students. Our students strive to support each other and demonstrate kindness and compassion. Our school district and school take a strong stand to ensure bullying behaviors do not occur. Keep in the mind, the following "RIP" acronym if you are unsure if bullying is occurring and should be reported:

R = Repeated (occurs more than once)

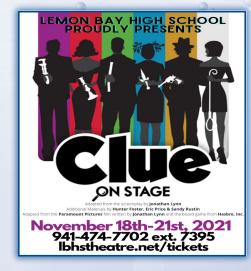
I = Imbalance of Power (is the victim perceived as younger, weaker, less smart, or less socially accepted)

**P** = Purposeful (it was deliberate or intended, not accidental)

What is Bullying? Bullying, which includes cyberbullying, occurs when a person or group of people repeatedly hurt, embarrass, or frighten another person. Cyberbullying means bullying through the use of technology or any electronic communication regardless of whether the bullying occurs on or off school grounds. Examples of cyberbullying include but are not limited to: text/instant messaging, e-mails, creation of a webpage impersonating another person and/or other electronic means through the internet. Bullying is not:

- An altercation between equals
- Good natured playful teasing among equals or peers
- An isolated incident

You can report a bully situation on our school's website using the "Report Bullying" button. You can also talk to an Assistant Principal about a situation you feel needs reported. Remember, we are here to help!







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# **After School De-Stress Routine Presented by Drug Free Charlotte**

After a long day of work, I have a routine to de-stress from the day's activities. Usually, I change my clothes into something comfy, get myself a cup of coffee, and catch up on my personal messages and emails. This is a time that I need to unwind before handling all my nightly tasks and responsibilities.

Our kids deal with daily stresses as well. However, they may not understand the need or be able to express the need to de-stress after a long day also. Learning healthy ways to manage stress is a protective factor that is a crucial skill for kids to use that will help them throughout life. This is a technique that we as parents can teach them. Here are 5 quick tips to help your kids learn how to unwind after a long day at school.

- Start a conversation Talk to your kids about the importance of having an after-school routine that includes some de-stress time. Talk about some of the healthy things that you may do to help you unwind and ask your child about things that may help them. Make sure to focus on positive and healthy choices and talk about some that aren't healthy and why.
- Write it down Make a list of ideas that your child comes up with of de-stress activities. If they are struggling to come up with some healthy ideas of their own, you can suggest some. Some possible ideas include: make a snack, be creative (paint, draw, write, sing, build, etc.), read a book, go for a walk/run, spend some time in nature, play a sport, watch funny videos, chat with friends, talk to family, listening to music, play a game, yoga, breathing exercises/meditation.
- Set a specific time Make sure to set a specific time not just for the unwind routine, but for the rest of the evening too. Include things like homework, dinner, personal hygiene, free time, and family time. Make sure to give some lenience to this as every day is not the same and some activities may take longer than others but having a general plan will help alleviate stress and keep your kiddo on track.
- Follow through Even some of the best plans can fall through the cracks with kids if they don't have help with reminders. Some kids, especially teens like more independence and may want to set their own reminder on their phones or devices. Younger children may need a reminder from parents to stick to the routine. Talk with your kids about how developing healthy habits requires consistency and time but come with a great pay off.
- Evaluate and be flexible As schedules change throughout the year, make sure to evaluate if the routine is still working for them. They may need to make some changes to the de-stress routine. Make sure to explain the importance of being flexible with routines as well.

### Girls Soccer

Coach: Katie Cooke

Date	Day	Opponent	Time
11/9,11	Tue, Thur	Preseason Tipoff	4:30/6/7:30
11/18	Thur	@ Venice	5:30/7
11/19	Fri	Hardee	5:30/7
11/30	Tue	North Port	5:30/7
12/2	Thur	@ Hardee	5:30/7
12/3	Fri	Lakewood Ranch	4/5:30
12/7	Tue	Bayshore (Var)	6:00
12/13	Mon	Sma (Var)	6:00
12/14	Tue	Port Charlotte	5:30/7
12/17	Fri	@ Bonita Springs	6:00
12/20	Mon	Provo Hd Shootout	6:00
12/21	Tue	Provo Hd Shootout	6:00
12/30	Thur	@ Ida Baker (Var)	6:00
1/4	Tue	@ Oasis (Var)	6:00
1/6	Thur	Bonita Springs	6:00
1/7	Fri	@ Port Charlotte	5:30/7
1/11	Tue	@ Bayshore (Var)	6:00
1/13	Thur	@ Sma (Var)	6:00
1/14	Fri	Ida Baker (Var)	6:00
1/18	Tue	@ North Port	5:30/7
1/20	Thurs	@ Oda	6:00
1/21	Fri	Venice	5:30/7
1/24	Mon	Oda (Var)	6:00

Date	Day	Opponent	Time
1/26	Wed	@ Lakewood Ranch	6/7:30
1/28	Fri	Desoto (Sr Nt)	6:00
2/1	Tue	Districts	Tba
11/4	Thurs	Pre-Season @ Lkwd Ranch	6/7:30
11/9	Tue	Clewiston (Var)	6:00
11/11	Thur	@ Cape Coral	5:30/7
11/17	Wed	@ Oasis	5:00
11/20	Sat	Key West	10:00
11/22	Mon	@ Port Charlotte (Var)	6:00
11/23	Tue	Mariner	5:30/7
11/30	Tues	@ North Port	5:30/7
12/1	Wed	@ Clewiston (Var)	6:00
12/3	Fri	@ Wesley Chapel (Var)	6:00
12/6	Mon	Lakewood Ranch	5:30/7
12/8	Wed	Jv @ Sarasota	
12/9	Thur	North Port	5:30/7
12/17	Fri	Var @ Four Corners Charter	
1/10	Mon	Port Charlotte (Var)	6:00
1/11	Tues	@ Riverview	6/7:30
1/13	Thurs	@ Bonita Springs	6:30/7:30
1/17	Mon	Venice (Jv)	
1/18	Tue	Var Sma	6:00
1/20	Thurs	Estero	5:30/7

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# **Boys Soccer**

Coach: Mark Hertz

Date	Day	Opponent	Time
11/5	Fri	Pre-Season @ Venice	6:00
11/10	Wed	Riverview	5:30/7
11/15	Mon	Sarasota	6/8:00
11/17	Wed	@ Oasis	7:00
11/29	Mon	@ Port Charlotte (Var)	6:00
12/1	Wed	@ Venice	5:30/7
12/6	Mon	@ Booker	6/7:30
12/8	Wed	@ Desoto	6/7:30
12/13	Mon	@ North Port	5:30/7
12/15	Wed	Sarasota	6/8:00
12/17	Fri	Var @ Four Corners Charter	
1/5	Wed	Booker	6/7:30
1/7	Fri	Desoto	6/7:30
1/10	Mon	@ Cardinal Mooney	
1/12	Wed	Var'@ Island Coast	6:30
1/15	Sat	Jv Tourn @ Chs	Tba
1/17	Mon	@ Charlotte	5:30/7
1/19	Wed	Pt Charlotte Sr Nt	6:00
1/26	Wed	Districts	
2/9	Wed	Regionals	



## **Boys Basketball**

Coach: Sean Huber

Date	Day	Opponent	Time
11/15,16	Mon,Tue	Preseason Tipoff	7:30
11/23	Tue	@ Parrish	5:30/7
11/29	Mon	@ Ccs	7:00
12/1	Wed	@ Bishop Verot	5:30/7
12/3	Fri	Cardinal Mooney	5:30/7
12/7	Tue	@ Sma	5:30/7
12/10	Fri	Desoto	5:30/7
12/11	Sat	Parrish	1:30/3
12/14	Tue	@ Pt Charlotte	5:30/7
12/17	Fri	Imagine	5:30/7
12/20	Mon	Provo Hd Shootout	7:30
12/21	Tue	Provo Hd Shootout	7:30
12/28	Tue	@ Sarasota Christian Tourn	5:30/6
12/29	Wed	@ Sarasota Christian Tourn	Tba
1/4	Tue	@ Oasis	4:30/7
1/7	Fri	Pt Charlotte	5:30/7
1/11	Tue	@ Ecs	5:30/7
1/14	Fri	Charlotte	4:30/6
1/18	Tue	@ Cardinal Mooney	5:30/7
1/20	Thur	Sma	5:30/7
1/22	Sat	@ Wally Keller Classic	Tba
1/25	Tue	Ccs	7:00
1/27	Thur	North Port	5:30/7
1/29	Sat	@ Imagine	1/2:30/4
2/1	Tue	Bishop Verot (Sr Nt)	5:30/7
2/3	Thur	@ Desoto	6/7:30

## Girls Basketball

Coach: Jason Jones

Date	Day	Opponent	Time
11/9,11	Tue, Thur	Preseason Tipoff	4:30/6/7:30
11/18	Thur	@ Venice	5:30/7
11/19	Fri	Hardee	5:30/7
11/30	Tue	North Port	5:30/7
12/2	Thur	@ Hardee	5:30/7
12/3	Fri	Lakewood Ranch	4/5:30
12/7	Tue	Bayshore (Var)	6:00
12/13	Mon	Sma (Var)	6:00
12/14	Tue	Port Charlotte	5:30/7
12/17	Fri	@ Bonita Springs	6:00
12/20	Mon	Provo Hd Shootout	6:00
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1/18	Tue	@ North Port	5:30/7
1/20	Thurs	@ Oda	6:00
1/21	Fri	Venice	5:30/7
1/24	Mon	Oda (Var)	6:00
1/26	Wed	@ Lakewood Ranch	6/7:30
1/28	Fri	Desoto (Sr Nt)	6:00
0/4	T	Districts	The s

### Girls Weightlifting

Coach: Dawn Hall

Date	Day	Opponent	Time
11/18	Thur	Pchs	2:45 / 4:00
12/2	Thur	Imagine	2:45 / 4:00
12/11	Sat	@ Labelle	10:00
1/8	Sat	Lbh Invit'l	8:00 / 10:00
1/22	Sat	Districts	9:00 / 11:00
1/29	Sat	Regionals	
2/5	Sat	@ States Port St Joe	



# Wrestling

Coach: Mike Schyck

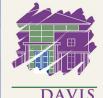
Date	Day	Opponent	Time
12/4	Sat	Lemon Bay Duals	9:00
12/10,11	Fri,Sat	@ Capt. Archers	
12/17,18	Fri,Sat	@ Bradenton Battle	
1/7,8	Fri,Sat	@ Swf Christian Tourn	
1/13	Thur	Regional Duals	
1/14,15	Fri,Sat	@ Clear Water Central Cath	
1/21,22	Fri,Sat	@ State Dual Championships	
1/29	Sat	@ Massung lbt	
2/5	Sat	@ Southeast Duals	
2/12	Sat	Bidwell	9:00
2/19	Sat	District Championship Tbd	





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Charlotte County Public Schools

# Lemon Bay High School

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# Career Resource Center (CRC)

Who can benefit from the CRC? **ALL STUDENTS GRADES 9-12** 

What goes on in the CRC?

POST-SECONDARY HELP. INTEREST SURVEYS. COMMUNITY SERVICE OPPORTUNITIES, SCHOLARSHIP OPPORTUNITIES, LUNCH & LEARNS -INFORMATION ON TECHNICAL COLLEGES, COLLEGES, UNIVERISTIES, MILITARY & CAREERS, ASVAB, EMPLOYMENT OPPORTUNITIES, KHAN ACADEMY PRACTICE FOR SAT.

When can a student visit the CRC?

During their lunch, before and after school or a pass from their teacher - MONDAYS & WEDNESDAYS 7:00am-3:00pm / TUESDAYS, THURSDAYS & FRIDAYS 6:30am-2:30pm.

Where is the CRC located?

**NEXT TO THE CAFETERIA – VERY CONVENEINT TO STOP IN ON** THE WAY TO LUNCH.

Why is the CRC a great resource for students?
STUDENTS CAN EXPLORE AND PLAN FOR THEIR FUTURE!

PARENTS & STUDENTS - sign-up for the CRC's REMIND Text based on graduation year

CRC - Class of 2022 CRC - Class of 2023 Text to: 81010 Text to: 81010 Message: @322k7h Message: @696b9g CRC - Class of 2024 CRC - Class of 2025 Text to: 81010 Text to: 81010 Message: @crc2024 Message: @crc2025

### **LUNCH & LEARNS are BACK!!!**

- September: University of Central Florida & 3 Military Branches
- October: Applying to Colleges/Universities, State College of Florida, Florida Gulf Coast University, University of South Florida, New College of Florida & Charlotte Technical College.
- November: Florida SouthWestern College 11/2 & Keiser University 11/4

### JUNIOR PARENT MEETING

with Mrs. Dailey & Mrs. Ragazzone

WEDNESDAY NOV. 10TH @ 6:30PM IN THE BLACK BOX We will have met with the Juniors through their US History class...Nov. 2nd – 4th.





parents. **CCPS** Students. employees, and members of the community have a responsibility to report suspicious activities and potential threats to schools. Any suspicious activity or threat shall be promptly reported to one of the following individuals, agencies or reporting tools:

- School Resource Officer or local law enforcement agencies.
- School Administrator or any available staff member.
- The FortifyFL Reporting APP or to the Crimestoppers Tipline (1-800780TIPS).
- Contact the Supervisor of District Security & Emergency Management at (941) 255 0808
- Calling 9-1-1.