

I hope this message finds you safe and on the road to recovery after Hurricane Ian. It was great to get back to school with students and staff. The resiliency of our students is amazing. They have been through so much during the last three years, but still bring a positive attitude to school, every day.

Our school counseling team is here to help. Whether you or your child needs social/emotional help or help with items such as food, clothing, etc. our counseling team is here to help and has access to many community resources. Please reach out to our LBHS counseling department if you need help.

Attendance continues to be a major focus for us. Please take a minute to read the importance of attendance.

THE IMPORTANCE OF ATTENDANCE!

Showing up for school has a huge impact on a student's academic success. Even as children grow older and more independent, families play a key role in making sure students get to school safely every day and understand why attendance is so important for success in school and on the job.

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http://lbhs.yourcharlotteschools.net



Principal's Message

- Students should miss no more than 9 days of school each year to stay engaged, successful and on track to graduation.
- Absences can be a sign that a student is losing interest in school, struggling with school work, dealing with a bully or facing some other potentially serious difficulty.
- By 6th grade, absenteeism is one of three signs that a student may drop out of high school.
- By 9th grade, regular and high attendance is a better predictor of graduation rates than 8th grade test scores.
- Missing 10 percent, or about 18 days, of the school year can drastically affect a student's academic success.
- Students can be chronically absent even if they only miss a day or two every few weeks.
- Attendance is an important life skill that will help your child graduate from college and keep a job.

WHAT YOU CAN DO:

Make school attendance a priority.

- Talk about the importance of showing up to school every day, make that the expectation.
- Help your child maintain daily routines, such as finishing homework and getting a good night's sleep.
- Try not to schedule dental and medical appointments during the school day.
- Don't let your child stay home unless truly sick. Complaints of headaches or stomach aches may be signs of anxiety.

Help your teen stay engaged.

Find out if your child feels engaged by his classes and feels

continued from front page...

safe from bullies and other threats. Make sure he/ she is not missing class because of behavioral



- Stay on top of academic progress and seek help from teachers or tutors if necessary. Make sure teachers know how to contact you. Email can be easy and convenient way to communicate with teachers.
- Stay on top of your child's social contacts. Peer pressure can lead to skipping school, while students without many friends can feel isolated.
- Encourage meaningful afterschool activities, including sports and clubs.

Communicate with the school.

- Know the school's attendance policy incentives and
- Talk to teachers if you notice sudden changes in behavior. These could be tied to something going on at school.
- Check on your child's attendance to be sure absences are not piling up.
- Ask for help from school officials, afterschool programs, other parents or community agencies if you're having trouble getting your child to school.

I hope you found this article informative. I am looking forward to a great second quarter and second semester.

••••• Go Mantas!!!

Guidance Team 2022-23

Mrs. Bedford Grade 9 A-G and Grade 10 Ms. Patterson Grade 9 H-N and Grade 11

Mrs. Ragazzone Grade 9 O-Z and Grade 12

Mrs. Dailey. College & Career Counselor

Ms. Robinson. School Social Worker

Mrs. Grzechowiak School Social Worker

Mrs. Diaz-Rawlins Guidance Office Administrative Assistant

Mrs. Henry..... Data Management Technician









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Students of the Month

Congratulations to our August and September Students of the Month

AUGUST

Addison Adcock

Nathan Dunagan

Lizeth Galvan

Benjamin Hertz

Gray Lowder

Isabelle Ragazzone

Avery Shirley

Leah Slicker

Drew Smith

Owen Tannehill

SEPTEMBER

Lillyann Abbott

Brandt Arthur

Kyle Domke

Baylee Goff

Natalie Googins

Mackenzie Kozma

Jarrett Powers

Jason Slicker

Isaac Smolinski

Sophia Sweiderk

GULF COAST FOUNDATION

On behalf of Lemon Bay High School, we would like to thank Ms. Sisson for reaching out to the Gulf Coast Community Foundation and applying for their generous grant to assist unaccompanied youth and displaced families following Hurricane Ian. A huge shout out to the Gulf Coast Community Foundation for their support of our Lemon Bay families!



Creative Writing Club

Lemon Bay's Creative Writing Club will host a Writing Workshop on November 9th at Vineland Elementary School. We have visited elementary schools several times over the years and have found it inspiring and entertaining to have the chance to write and share with younger kids. The club is working on conducting more local workshops with the intention of instilling a passion for language and expression.

> Contributed by Laura Hedderman, President of Creative Writing Club

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Career Resource Center (CRC)

Who can benefit from the CRC?

ALL STUDENTS GRADES 9-12

What goes on in the CRC?

Post-Secondary Help, Interest Surveys, Community Service Opportunities, Scholarship Opportunities, Lunch & Learns – Visits From Technical, Colleges, Universities, Military & Careers, ASVAB, Employment Opportunities, Khan Academy Practice for SAT.

When can a student visit the CRC?

During their lunch, before and after school or a pass from their teacher

Where is the CRC located?

Next to the Cafeteria - Very convenient to stop in on the way to lunch

Why is the CRC a great resource for students?

STUDENTS CAN EXPLORE & PLAN FOR THEIR FUTURE!

PARENTS & STUDENTS - Sign-up for the CRC's *REMIND* Text based on graduation year

Text to: 81010

Class of 2023 Class of 2025
Message: @696b9g Message: @crc2025

Class of 2024 Class of 2026
Message: @crc2024 Message: @crc2026

ASVAB TEST - Wednesday Dec. 14th (periods 1-4)

ASVAB (Career Exploration Program) – approach to career exploration helps you identify your skills and interests and encourages you to explore all the pathways you can take to reach your career goal. Check out the website for practice and more information: asvabprogram.com

10th, 11th & 12th Graders: Sign up in the CRC to take the ASVAB by **December 7th**

Manta Rays "RIP" into Bullying

Student conflicts occur on any high school campus. Those conflicts typically result in a difference of opinions. Overcoming differences and embracing diversity is what we believe makes Lemon Bay High School a great school for our students. Our students strive to support each other and demonstrate kindness and compassion. Our school district and school take a strong stand to ensure bullying behaviors do not occur. Keep in the mind, the following "RIP" acronym if you are unsure if bullying is occurring and should be reported:

R = Repeated (occurs more than once)

- I = Imbalance of Power (is the victim perceived as younger, weaker, less smart, or less socially accepted)
- **P** = Purposeful (it was deliberate or intended, not accidental)

What is Bullying?

Bullying, which includes cyberbullying, occurs when a person or group of people repeatedly hurt, embarrass, or frighten another person. Cyberbullying means bullying through the use of technology or any electronic communication regardless of whether the bullying occurs on or off school grounds. Examples of cyberbullying include but are not limited to: text/instant messaging, e-mails, creation of a webpage impersonating another person and/or other electronic means through the internet.

Bullying is not:

- An altercation between equals
- Good natured playful teasing among equals or peers
- · An isolated incident

You can report a bully situation on our school's website using the "Report Bullying" button. You can also talk to an Assistant Principal about a situation you feel needs reported. Remember, we are here to help!





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Helping Your Teen Enjoy Reading

When my daughters were little, they loved to read. We would take trips to the library every Saturday and they would each bring home a big pile of books. I remember the two of them in the back of the van on the way home showing each other the books they had picked with such excitement. However, as they have gotten older, I have noticed that love for books dwindle, and my 16-year-old has even told me she "hates reading". Gasp!

So, I began wondering if it was just my kids or if other parents had seen the same in their children. Sadly, I found that this is more common than you would think. I began researching ways to help my kids fall back in love with reading again, and here's what I found:

- 1. It is important to help your teen find books on their reading level. At some point your child may have gotten the idea that they aren't a good reader, or they may have actual difficulties with reading. Teens can often be a closed book themselves and determining their level of reading skills can be difficult, so starting with something that is easy but interesting can be a great way to start out.
- 2. Speaking of interesting.... help your teen look for books that are a topic and format of interest for them. Not all reading needs to be thick novels. Your child might get into comic books or magazines or a downloadable book vs a physical book and that is ok. If your child is into becoming the next YouTube star, why not look for books on how to do that, or maybe on some YouTubers who have become successful. Remember that the goal is to peak interest in reading again.
- 3. As much as we may want to pick out books that we think our teens might be interested in, it is important to let your teen pick their own books out. Head to your local library and let them browse in sections of their interest.
- 4. Don't criticize. You may think what your child is reading is boring or too young for them etc. However, criticizing what your teen chooses to read can have a negative effect on their desire to read at all. Instead, consider encouraging them for the act of choosing to read.
- 5. Model reading in front of your child. If your child sees you reading frequently, they are more likely to read themselves. Even just having books available in your home can increase the chance that your teen will be a reader.
- 6. Spark a conversation about what your teen is reading. Take some time to talk to your teen about what they are reading. Sometimes this helps to create continued interest and it's a wonderful way to bond as well.

Reading has many benefits for teens. Reading can help them gain knowledge, improve writing and concentration skills, and can even boost self-esteem and happiness. Reading together or even reading the same book and discussing it together, can also strengthen family bonds.

Contributed by Jen Bernardi, Drug Free Charlotte County

Marine Conservation Club



The Marine Conservation Club has been cleaning up Englewood Beach!

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Convenient parking and restrooms! Please share/follow our FB page to keep updated! https://m.facebook.com/LBHSMantaMarket/

Reporting **Suspicious Activities** or Threats

Students. parents. **CCPS** employees, and members of the community have a responsibility to report suspicious activities and potential threats to schools. Any suspicious activity or threat shall be promptly reported to one of the following individuals, agencies or reporting tools:

- School Resource Officer or local law enforcement agencies.
- School Administrator or any available staff member.
- The FortifyFL Reporting APP or to the Crimestoppers Tipline (1-800-780-TIPS).
- Contacting the Supervisor of District Security and **Emergency Management** at (941) 255-0808
- Calling 9-1-1.







Winter Sports Schedules

DATE	DAY	GIRLS SOCCER	TIME
		Coach: Katie Cooke	
11/19	SAT	KEY WEST	10:00AM
11/28	MON	BISHOP VEROT	5:30/7
12/6	Tue	Var @ Clewiston	7:30
12/8	THUR	JV v Venice, Var v Clewiston	5/7:30
12/9	Fri	@ Mariner	5:30/7
12/13	Tue	@ Port Charlotte	5:30/7
12/14	WED	Var vs. SMA	5:00
12/19	Mon	@ North Port	5:30/7
12/21	Wed	Var @ Gateway	6:00
1/10	Tue	@ Riverview	5:30/7
1/11	Wed	Var @ Oasis	5:00
1/14	Sat	@ Key West	10:00am
1/20	Fri	@ Lakewood Ranch	5:30/7

DATE	DAY	GIRLS WEIGHTLIFTING	TIME
		Coach: Dawn Hall	WI / Start
11/22	TUE	PT CHARLOTTE	5:30/6:15
12/6	TUE	PARISH	4/4:45
12/9	Fri	@ River Ridge	12/1:00
12/17	Sat	@ Labelle	8/10:00
12/28	WED		9/10:00
1/7	SAT	LBH INVITE	8/10:00
1/14	Sat	@ Lake Wales	TBA
1/20	FRI	Lin-vite	4/4:30
1/28	Sat	Districts	TBA
2/4	Sat	Regionals	TBA
2/17	Fri	States	TBA



DATE	DAY	BOYS SOCCER	TIME
		Coach: Mark Hertz	
11/18	FRI	VENICE	5:30/7
11/29	TUE	DESOTO	6/7:30
12/2	FRI	LABELLE	6/7:30
12/6	Tue	@ Charlotte	5:30/7
12/9	FRI	NORTH PORT	5:30/7
12/12	Mon	@ Port Charlotte	5:30/7
12/14	WED	Var vs.SMA	7:00
12/20	Tue	@ Riverview	5:30/7:30
1/6	FRI	BISHOP VEROT	5:30/7
1/9	MON	CARDINAL MNY SR NT	6:00
1/11	Wed	Var '@ Oasis	7:00
1/13	Fri	@ Bonita Springs	6/7:30
1/17	Tue	@ Desoto	6/7:30
1/19	Thur	@ Clewiston	6/7:30
1/23	WK	Districts	TBA





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Winter Sport Schedules

	- 7	more Sport Schedules on pg 7	
DATE	DAY	GIRLS BASKETBALL	TIME
		Coach: Jason Jones	
11/19	SAT	PARRISH	1/2:30
11/22	TUE	SMA (Var)	6:00
11/29	Tue	@ Desoto (Var)	6:00
12/1	THUR	PORT CHARLOTTE	5:30/7
12/6	TUE	LAKEWOOD RANCH	5:30/7
12/9	Fri	@ Clewiston	5:30/7
12/13	TUE	IDA BAKER	5:30/7
12/15	Thur	@ Palmetto	6/7:30
12/16	FRI	ST JOHN NEUMANN	5:30/7
12/20	TUE	ISLAND COAST (Var)	6:00
12/27,28,29	Tu,We,Th	@ Queen of Palms	TBA
1/3	Tue	@ St John Neumann	5:30/7
1/6	Fri	@ SMA (Var)	6:00
1/10	TUE	DESOTO (Var)	6:00
1/12	Thur	@ Bradenton Christian (Var)	5:30/7
1/13	FRI	CLEWISTON	5:30/7
1/17	Tue	@ Lakewood Ranch (Var)	6:00
1/20	Fri	@ Parrish	5:30/7
1/23	MON	BRADENTON CHRIST	5:30/7
1/26	Thur	@ Island Coast (Var)	6:00
1/27	FRI	HARDEE SR NT	5:30/7

DATE	DAY	BOYS BASKETBALL	TIME	
		Coach: Sean Huber		
11/22	Tue	@ Sarasota	5:30/7	
11/29	TUE	PT CHARLOTTE	5:30/7	
12/2	FRI	BISHOP VEROT	5:30/7	ì
12/6	Tue	@ Imagine	5:30/7	
12/9	FRI	AVON PARK	6:30/8	
12/13	Tue	@ Desoto	6/7:30	
12/15	THUR	ODA	5:30/7	Ś
12/20	Tue	@ Labelle	5:30/7	
12/22	THUR	LBH H/D	7:30	17.5
12/23	FRI	SHOOT OUT	7:30	
12/29	Thur	@ Sarasota Christian	TBA	
12/30	Fri	@ Sarasota Christian	TBA	
1/3	TUE	ECS	TBA	
1/6	FRI	CARDINAL MOONEY	5:30/7	
1/10	Tue	@ Port Charlotte	5:30/7	
1/13	Fri	@ Bishop Verot	5:30/7	
1/17	Tue	@ Avon Park	5:30/7	
1/19	THUR	IMAGINE	5:30/7	
1/21	Sat	@ Wally Keller Classic	TBA	98
1/24	TUE	CHARLOTTE	5:30/7	MILES
1/27	Fri	@ North Port	5:30/7	
1/31	TUE	DESOTO	5:30/7	
2/2	THUR	LABELLE SR NT	5:30/7	V

