

# HOUND highlights

DECEMBER 2019



## Administration

### Principal

Mr. Michael Rice

### Office Hours

7:00 am - 3:00 pm  
Monday - Friday

*Empower  
the youth  
of today  
to innovate  
tomorrow.*

## Principal's Message

Dear Greyhound Families,

Where has the time gone?! Nearly half of the academic year has passed us by, but as I reflect on our time together, so much has happened in such a short amount of time. From the opening of the new stadium to the academic growth of our students, the 2019-2020 School Year has brought about new opportunities that have increased spirit, pride and academic success on our campus. As your Principal, I could not be more proud of our student body and our staff for the work they are doing to ensure that our vision to *Inspire Learning* is being met on a daily basis.

It is evident that our teachers are working to meet our vision, as we recognized 419 students who earned a 4.0 or higher GPA during the first quarter with a FREE lunch from Chick Fil-A! This was an increase of 44 students as compared to the first quarter last year, even though our population has decreased by over 200 students. In addition, another 409 students were recognized for earning a 3.5-3.99 GPA, also an increase of over 60 students. Our students are excelling at new heights and I am extremely proud of their dedication to academic achievement. Congratulations to all!

As previously mentioned, this school year has brought about new opportunities that have built spirit and pride in our campus. Part of this incredible spirit is due to the multiple groups and teams having achieved high levels of success over the past few months.

The fall sports season was filled with success, including an incredible run to the FHSAA Regional Final by our **Girls Volleyball Team**, led by Head Coach, Robert Drake. Finishing the season with a record of 27-3, this team brought spirit and pride to Lyman on a completely new level! It was a fun run that filled the stands with students, staff, parents, and community members draped in blue and gold and leading cheers that energized our team. Our run ended against the eventual state champion, but we are proud of their achievement. Our **Boys Golf Team**, led by Coach Bob Yapo, and **Girls Golf Team**, led by Coach Nancy Maisenholder, had a strong showing at the FHSAA Regional with **Nick Zarillo** and **Emma Hall** both competing at the FHSAA State Championships. Congratulations to our **Boys and Girls Swim Teams**, led by Coach Ken Cobb and Coach Meredith McNiece, who sent seven swimmers to the FHSAA Regional, with **Eric String** and **Stephen Zanowic** advancing to the State Championships. Stephen finished 10th in the 100m Freestyle and 12th in the 50m Freestyle. Our **Boys and Girls Cross Country Teams**, led by Coach Geana Rivera also competed at the FHSAA Regional Championship with Megan Rhodes advancing to the State Championships and finishing 41st overall. Finally, in November we recognized two individuals, **Katerina Negron** (Volleyball – Shippensburg University), and **Lindsey LaRoche** (Soccer – Troy University) as they both signed their Letters of Intent to play athletics in college. Both ladies have dominated their sport and will now have the chance to play at the next level! All of our success is a result of the blood, sweat and tears of our athletes, their coaches and their families who have supported them along the way. Congratulations to all for a great season!

...continues on next page



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## Principal's Message continues...

I would also like to send special congratulations to two students in the Lyman Music Department who auditioned and earned a spot in the 2020 All State Music Ensembles. Congratulations to **Abigail Prechter**, who will participate in the All-State Women's Chorus and **Victoria Vazquez** for being selected to the 2020 All State Band! Abigail and Victoria will represent our school in a series of rehearsals and a performance in January.

A few weeks ago our staff selected this year's "Teacher of the Year", **Mr. David Moye**! Mr. Moye is a graduate of Lyman High School and joined our faculty in 2004. It quickly became apparent that he has a true love for this profession and a passion for empowering the youth of today to innovate tomorrow. Mr. Moye's students regularly perform hands-on activities, they collaborate together in order to solve real-world problems, and they have a high level of respect for Mr. Moye and the work he is doing to prepare them for their future. Outside the four walls of Mr. Moye's classroom and automotive shop, he serves our campus and community as the School Advisory Council Treasurer, he is a Curriculum Leader for the Career and Technical Education Department, and he assists our school in the preparation of our annual Light Up Lyman Curriculum Night and Graduation Ceremony. We are so incredibly grateful to have such a passionate individual on our team! Congratulations, Mr. Moye!

Our staff also voted and awarded the "Employee of the Year" award to First Impressions Team member, **Mrs. Michelle Alessandri**! Mrs. Alessandri joined our team in 2017 and quickly became a critical component of our campus. She can be seen daily leading activities and events in the Lyman High School Media Center. Her personal touch has helped our facility become a calm and welcoming learning environment. We are so fortunate to have such an incredible leader on our campus to help facilitate learning! Congratulations, Mrs. Alessandri!

Over the next few months, we will begin the process of registering students for the 2020-2021 School Year. In January, our Curriculum Guide will be published on our website and will be distributed digitally to all families. Our focus each year is to ensure that we take a look at each individual student to make personalized recommendations for coursework that is fitting for their academic ability, while challenging students to excel at higher levels (Honors and Advanced Placement Courses).

As we promote higher levels of performance, during the months of January and February, our teachers of core content courses (English, Math, Social Studies and Science) will pre-register students for the level and course they recommend. Students will then have the opportunity to personally select their elective courses. In April, all students will receive a printout of their course requests and will have the chance to review, and if necessary, request adjustments with parent approval, to the recommendations that were made. I encourage you and your child to sit down and take the opportunity to map out any future goals that your child may have and make appropriate course selections based on their future desires.

Finally, all incoming 9th graders are invited to **Light Up Lyman** on Thursday, January 30, 2020. Light Up Lyman is a showcase that spotlights all of the incredible aspects of campus life that Lyman has to offer. Parents and students can learn about the many course offerings available to students, meet our athletic coaches and athletes, explore the numerous clubs and organizations that support campus life, and attend informational sessions focused on academics, careers, and athletics. We will also host a mini Pep Rally in the courtyard with our Band, Dance and Cheerleaders, and students will have the opportunity to win or purchase Lyman apparel sold by the Lyman Boosters!

Thank you for trusting us with your students and for all you do to support our school. Please be sure to stay connected by visiting all of our communication networks:

- **Facebook:** <http://www.facebook.com/LymanHighSchool>
- **Twitter:** <http://twitter.com/LymanHighSchool>
- **Instagram:** <https://www.instagram.com/lymanhs/>
- **SchoolMessenger:** (Phone & Text Messages) Text "Subscribe" to 67587. Be sure your name, email and phone are all up to date in Skyward.
- **Skyward Family Access:** Registration forms are available in the Administration Office.

Remember, you matter, we matter, *Everyone Matters at Lyman High School*. Please let us know if there is anything we can do to help your child succeed!

Sincerely,

Michael J. Rice, *Principal*



## Math

The Math department continues preparing students for rigorous exams and advanced courses.

**Algebra I** students spent a day analyzing their Quarter 1 results; highlighting standards they have mastered as well as identifying standards they need to spend more time practicing. Their new material this quarter included Linear Functions and One Variable Statistics.

**Geometry** students also analyzed their Quarter 1 results, evaluating their progress on Geometric Reasoning and Linear Relationships. They have begun exploring Triangle Relationships, laying the foundation for Algebra II and Trigonometry concepts in later classes.

**Algebra II** students have wrapped up the units reviewing Algebra I concepts of Linear and Quadratic Functions, and are learning about Polynomial and Radical Functions. They continue to practice analyzing graphs and function key features, especially how they relate to real-world situations.

**MCR** students continue to review Algebraic concepts and work on college and scholarship applications, as well as completing personal budgeting projects. Liberal Arts students have also reviewed Algebraic concepts and are beginning to incorporate Geometric concepts and their applications.

**Trigonometry** students are finishing their review of Triangle Ratios and are beginning Analytic Geometry. They are preparing to return to functions they studied in Algebra II, for a more in-depth look at them and their uses next semester.

**Pre-Calculus** students are wrapping up their study of Triangle Ratios and Trigonometric Functions in preparation for Vectors and Conics later this quarter. Statistics students are learning about Regression Models and Normal Distribution.

Our **AP Calculus and Statistics** students continue preparing for the AP exams at the end of the year. Teachers are including frequent reviews and practices with test-style questions so students will be comfortable with the material on the test.

**Mu Alpha Theta** has held several practices and a mock-competition, preparing for Regional Competitions that begin in January. They are planning an Induction for new members in January and enjoy playing with math at their bi-weekly meetings.

## Guidance & Student Services

### LYMAN STUDENT SERVICES

#### Something to chew on from Lyman's school counseling team...

This past quarter has been busy in Student Services! We are proud to announce that we recently recognized 419 students with a Chick-fil-a lunch for earning a 4.0 or above GPA in the 1st quarter. This is an increase of 28 students with a 4.0 over last year. Great job Greyhounds!!

**Junior Credit Checks** - Counselors just completed Junior credit checks. During this time, we discussed your student's current credits, graduation requirements and plans after high school. Please be sure to ask your student to see the unofficial transcript given to them during their credit check. If you have any questions, please don't hesitate to contact us with any concerns. We're here to help!

**SAT** - Our October 16th Senior in school day SAT was a success! Those scores are now available on your student's College Board account. If your student has not already created an account, they can do so at <https://account.collegeboard.org/login/login?appId=301&DURL=https://studentscores.collegeboard.org/viewscore>.

Juniors are scheduled to take the SAT in school on March 4th.

**PSAT** - The school-wide October 16th PSAT scores will be available through College Board accounts on the first week of December. Your student should be receiving an email notifying them of the release date and information on how to interpret their scores. Hard copies of their report as well as their actual PSAT test booklet will be distributed to students in January through their PAWS period. For more information on interpreting PSAT scores please visit <https://collegereadiness.collegeboard.org/psat-nmsqt-psat-10/scores/understanding-scores>.

We highly recommend students use the partnership between the College Board and Khan Academy to help study for the SAT. For information on how to link your College Board account to your Khan Academy account in order to get a personalized practice plan, visit <https://www.khanacademy.org/sat>.

**ASVAB** - The Armed Services Vocational Aptitude Battery (ASVAB) exam was given to interested students on October 30th. Students were invited to a score analysis session the last week of November; however, if they were not in attendance, their scores can be received in Student Services. For additional information on interpreting scores, please see <http://www.asvabprogram.com/general-resources>.

**Bright Futures** - All Seniors in attendance on Oct. 31st and Nov. 1st completed the Bright Futures application during school through their Amer. Government/Economics classes. If your student was not in attendance, they must apply for the scholarship no later than August 31, 2020. The application can be found at <http://www.floridastudentfinancialaid.org/ssfad/bf/>.

Seniors, don't forget to turn your community service logs along with a one page essay in to your counselor once you've completed your 75 or 100 service hours. This must be done prior to graduation. Service logs and information can be found on the Lyman website at <http://www.lyman.scps.k12.fl.us/academics/college-career/scholarships-financial-aid.stml>.

The state legislature has raised the Bright Futures qualifying SAT scores for the Florida Academic Scholar (FAS) and Florida Medallion Scholar (FMS) awards starting with the Class of 2021. However, the ACT score for the FMS has been lowered from a 26 to a 25 composite. Please see the chart below for the new 2020 - 2021 testing requirements.

Type	16 High School Course Credits <sup>1</sup>	High School Weighted Bright Futures GPA	College Entrance Exams by High School Graduation Year (ACT <sup>®</sup> /SAT <sup>®</sup> )	Service Hours
FAS	4 - English <i>(three must include substantial writing)</i>	3.50	2019-20 Graduates: 29/1290	100 hours
	4 - Mathematics <i>(at or above the Algebra I level)</i>		2020-21 Graduates: 29/1330	
FMS	3 - Natural Science <i>(two must have substantial laboratory)</i>	3.00	2019-20 Graduates: 26/1170	75 hours
	2 - World Language <i>(sequential, in same language)</i>		2020-21 Graduates: 25/1210	

#### IMPORTANT DATES TO REMEMBER:

- Course Registration for 2020-21 school year - February 18th - 21st
- SAT - March 14th, May 2nd and June 6th
- ACT - February 8th, April 4th, June 13th and July 18th
- Junior in school day SAT - March 4th
- SSC Decision Day Senior Field Trip - February 14th

#### SKYWARD TIP OF THE QUARTER

Did you know that while viewing your student's grade in the skyward mobile app, if you click on the grade, it will open up the gradebook for that class so you can view all of the assignments being used to calculate the grade. This is critical information while working with your student to determine "why" they have the grade they have. This allows you to view both graded and missing assignments.

#### The Hound Highlights

December 2019

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Issue #1

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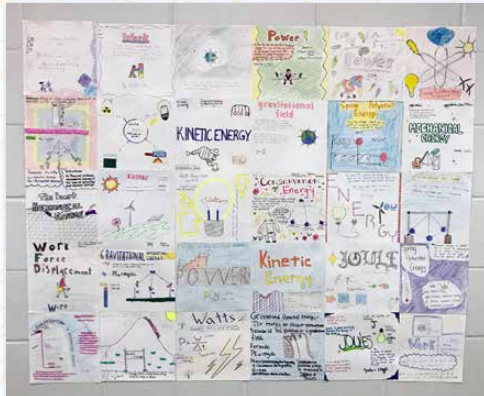
## Science

### AP ENVIRONMENTAL SCIENCE

APES students completed presentations on "Land and Water Use" to prepare for the next unit test. Possible upcoming field trips include Envirothon at Leu Gardens (February 6th) and St. Johns River Water Management District (February 25th). Both field trips will offer hands-on experiences that will prepare students for the AP Exam in May.

### BIOLOGY STUDENTS

The biology students at Lyman are finishing their unit on DNA replication and protein synthesis. The students discussed how DNA replicates and how mutations can sometimes occur during this process. Students extracted DNA from strawberries and discussing its structure and function. Once the biology classes finish DNA replication, they will be focusing on genetics and how DNA codes for our unique traits.



### AP BIOLOGY

The advanced placement biology students have just finished a unit on cellular communication and the cell cycle. The students discussed how cells are able to receive a signal from one cell and transduce this signal into a cellular response. The students will begin studying human genetics and how genes are transferred from one generation to the next.

In Honors Physics we just started our unit on energy. We made an "energy quilt" to preview the unit and introduce students to energy vocabulary.

### SOCIAL STUDIES

Since our last update, seniors in American Government and Economics courses enjoyed a visit from the Supervisor

of Elections and completed voter registration forms to ensure their eligibility to vote in the 2020 primary and/or elections. They also tracked the rise and fall of virtual investments through an extended stock market game. Juniors in U.S. History, meanwhile, explored how the crises of World War I, the Great Depression and World War II not only changed Americans' lives, but also re-shaped their expectations of government.

As families plan schedules for next year, remember that the social studies department offers three academic electives: AP Psychology, AP European History and AP Human Geography, the last of which is open to students of any grade level. Recently, students in these classes have been busy building neuron networks out of candy, preparing for an "Ultimate Absolutist" showdown and simulating the extraordinary travels of refugees. "Get Involved" with the great, wide world around Lyman and see more about what these programs offer by visiting our tables during AP Night.



### Rowing Club

Did you know Lyman has a rowing club? Lyman Crew has practice after school and competes in regattas on weekends throughout the school year. Some practices are on campus, working out on erg machines; mostly the practice is on water.

Rowing is a full body workout, one of the few athletic activities that involve all of the body's major muscle groups. It is low-impact and thus great for cross-training. Rowing looks graceful, elegant and sometimes effortless when it is done well, but it demands endurance, strength, balance, mental discipline and the ability to continue when your body is telling you to stop.

There are no 'bench-warmers' in rowing; all Lyman rowers row at regattas. We welcome any Lyman student to come out to a practice anytime.

For more information, go to [www.LymanCrew.org](http://www.LymanCrew.org)  
Go Greyhounds!



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## Engineering

**Digital electronics (DE)** - Students have been learning to work safely in the lab, while learning to solder. Students have been using multimeters, logic probes, and techniques to troubleshoot their electronic soldering kits. Students are working diligently at learning about circuit design by soldering transistors, capacitors, diodes, resistors, integrated circuits and a 555 timer to create a random number generator circuit. Students have learned about the circuit design simulator, NI Multisim. Student downloads are free online. Students will be learning more about the Arduino microcontroller and how to program it to make it work within a circuit.

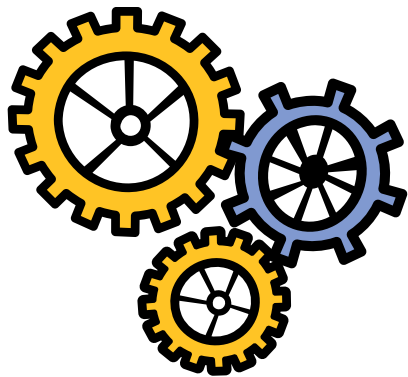
**Engineering Design and Development (EDD)** - Students have been busy learning to follow the design process and have been gainfully involved in their team projects. Please join us at the Lyman Showcase Tuesday night Nov 12th 6 pm until 7:30 pm in the Student Union/Cafeteria.

**Aerospace Engineering (AE)** - Students are currently learning about structural capacities in Aerospace designs. They are exploring equations like Modulus of Elasticity, Moment of Inertia and beam deflection. They are using these equations to optimize designs for strength to weight ratios and cost reduction.

**Environmental Sustainability (ES)** - Students have been working on Unit 2 - Water. They have an understanding of the inner workings of an aquifer system, learned how to test for water quality, and acquired knowledge of how pollutants affect groundwater reserves here in Florida. Students are currently making a water filtration system that will allow them to filter "dirty" water created in class. They will analyze their creations and make changes to their prototypes. We will wrap up the nine weeks with an in depth look at a water treatment plant.

**Introduction to Engineering Design (IED)** - Students continue to use the engineering design process as they advance in their experiences and skills through the course. Students are learning basic rules of technical drawings while learning the drawing standards that apply. Students are learning to understand that technical drawing is critical for designers when effectively conveying their ideas about a product. Students have been practicing applying dimensioning rules and guidelines to technical drawings. Students have started using AutoCad Inventor this quarter. They are learning how to use new tools and methods to design 3D parts. They will continue using 3D modeling throughout the rest of the year through the Autodesk Inventor software. Students will conclude the year with a project using their collective skills

**Civil Engineering and Architecture (CEA)** - Students are underway on their next big project; the Habitat for Humanity Project. Students will design an affordable home for Habitat for Humanity using sustainable practices. The guidelines for the Habitat Home, along with codes and a client survey, will serve as the constraints for the project. Students will produce a client survey, create bubble diagrams and sketches, conduct site planning, identify water supply considerations, lay out electrical and plumbing systems, and complete water drainage calculations. The house will be modeled using 3D architectural design software. The students will present their work in the form of a written report and construction documents, including floor plans, elevations, a section view, and a site plan.



**Lyman Robotics Club** is gearing up for the second competition of the season! All are welcome to attend and cheer us on December 7th! For spectators, the event will be running from approximately 8 am to 3 pm at Seminole High School in Sanford. In the classroom, The lower classes are exploring sensor loops in coding autonomous robots and the upper classes are delving into electronic speed control, brushless motors and servo control. Come check out our club in action, Tuesdays and Thursdays from 3:30 pm in the robotics room 6-019.

Mr. Jesse Carreiro, Aerospace Engineering Teacher  
Academy of Engineering

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## English & Reading

Students take English classes where they are expected to develop analytical skills by analyzing and interpreting written material to compare, contrast and discuss elements, like theme, characters and plot. Proficient writing skills are necessary as these discussions of literature typically manifest in the form of an essay or research paper. Our English Department has developed the curriculum as a comprehensive study, combining the five skills of language arts in order to understand literature and its value.

**Detailed descriptions of each grade level are as follows:**

**English 1** in 9th grade covered the major literary genres: short stories, nonfiction, drama, and poetry the first quarter. Our students identified the literary elements in these genres and analyzed the content of these works using historical and biographical approaches. Students applied this knowledge in their writing assignments. The first writing assignment was a critical analysis of murder mysteries where we focused on gathering evidence and analyzing why it is relevant. We incorporated the usage of paraphrases and quotations, as well as our increased vocabulary which is acquired by our common SAT word lists and our reading selections.

**English 2** in 10th grade is designed to establish a strong foundation in literature and writing which can be built on for the rest of the student's academic career. Literature genres studied include drama, poetry, fiction and non-fiction, short stories, and novels. Comprehension and analysis of themes, plots, characters and other literary elements will be emphasized in context of historical and biblical worldviews. In addition to studying literature, there will be a strong emphasis on writing. Weekly in-class essays, quarterly formal essays, as well as a research paper will all be part of the writing curriculum. Writing and literature comprehension skills will also be developed through practice of grammar and vocabulary exercises.

**English 3** in 11th grade focuses on American Literature where we explore the historical and biographical backgrounds of specific writers from the colonization of North America to modern times. Reading, writing, grammar and vocabulary development will be emphasized, as well as critical thinking skills.

**English 4** in 12th grade focuses on the important British authors and literary trends from Beowulf to the present. In addition to reading the texts, we critically analyzed them for literary devices and explore the biographical and historical contexts that led to their creation.

For more information on the courses we offer, please see the curriculum guide.

## CTE

### FEEDING CHILDREN EVERYWHERE

Feeding Children Everywhere is a non-profit organization dedicated to creating a hunger-free world, and Lyman DECA got to be a part of it! From October 25-27 Lyman DECA was in Saint Petersburg, Florida at the Florida DECA Emerging Leader Summit We packaged over 75,000 meals to help feed families from all over the world. DECA prepares emerging leaders and entrepreneurs for careers in marketing, finance, hospitality and management in high schools and colleges all around the globe. Lyman DECA learned how to enhance our leadership skills that will prepare us for the role of a leader. We got the chance to meet other DECA chapters from all over the state of Florida and learned how they contribute to DECA.

Thank you!



## LONGWOOD

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## World Languages

### SPANISH

All Spanish classes learned about Día de Los Muertos during the week of October 25th-November 1st. Spanish teachers prepared presentations and engaging cultural activities to explain this tradition.

They provided the opportunity for students to learn about traditions that were inherited from Aztecs and Mayans, not from Spain. The lessons were focused on Mexico's celebration. Students made connections between this tradition and their own culture. They learned why it is important for Mexican people to remember their family's ancestors and the legacy they have left during this day. Likewise, Students learned not all Hispanic countries celebrate this day the same way. For example, Guatemalans fly gigantic kites (in Spanish called papalotes, chiringas, cometas, etc.) decorated with pictures and drawings honoring the people that have passed away. The activities of the week were both interesting and engaging.



### AMERICAN SIGN LANGUAGE

At Lyman High School, we have a brand new teacher, Mrs. Figueroa, who got transferred from Lake Howell High School. She is our ASL I & II teacher and our ASL Club Sponsor. In our ASL club, we elected Madison Koesler as our president, Zuraya Louis as our Vice President, Khadi Gouldbourne as our secretary, and lastly Kelly Ann Rivera as our treasurer. We are participating in many ASL/Deaf Events with other high schools in Seminole and Orange counties. We are involved in ASL Idol competition (the signed version of American Idol) with Lake Howell HS, Oviedo HS and Winter Springs HS happening on November 15th. We are a strong signing community here at Lyman since we have a couple of Deaf and hard of hearing students.



### JAPANESE

In Japanese II & Japanese Honors classes, we have been working on the Pen-Pal project as part of a cultural lesson during the school year. The students learn authentic Japanese high school students' lifestyles through their pen friends in Japan. All the students correspond to each other through writing letters in Japanese and English. In addition to the letter exchanging activity, they create cultural videos in both languages for their friends in Japan to introduce a high school student lifestyle in America. Japan's influence on the global economy is still strong; through this project, I hope all the students can broaden their knowledge of Japan.

## ESE & ACCESS

As part of the ESE program at LYHS Ms. Hand's students cut die cuts out for teachers and staff. Per Ms. Hand, "We will complete any job that needs to be done. We have all materials and only ask for a donation to cover the cost of the paper. This program is great job training skills for the students."

We also collect Box Tops for Education and all Coke brand caps and boxes with the codes. We use the money to help support Greyhound Buddies and our class activities. Donations can be dropped off in the Admin office.

## Early Childhood Education

One of the CTE programs that Lyman students can participate in on campus is Early Childhood education classes. Students in this program are: working towards their DSF, CDA and ServSafe certifications and earning college credit at the same time. Students who complete the entire program have scholarship opportunities and are eligible for salary increases if they work at a day care.

As part of the Early Childhood program, we have preschoolers on campus, or as we call them Greyhound puppies and they participated in trick or treating around campus on Halloween.



## The Holiday Cookie Jar

Having difficulty finding holiday gifts? Lyman DECA has just the thing for you! Our holiday cookie jars are the perfect gift for anyone. The cookie mix jars make from 24-36 cookies and are at an affordable price of \$8.00 a jar. Making the cookies are effortless, all one must do is add the wet ingredients and voila, the cookies are made. We offer six mixes which include Classic Chocolate Chip, Coconut Crunch, M&M,



Gingerbread, White Chocolate Cranberry, and Brownies. Support Lyman DECA and order cookies jars for gifts for your family and friends. Locate a DECA member or email Dr. Levenhagen at [lynore\\_levenhagen@sps.k12.fl.us](mailto:lynore_levenhagen@sps.k12.fl.us).

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## Athletics

The inaugural Hall of Fame 5K Fun Run is on Saturday, December 14th. Runners, walkers, adults, and children are all welcome. Join us as we honor former Lyman High School coach Larry Baker. Register at: [runsSignup.com/lyman5k](http://runsSignup.com/lyman5k).

NCAA Signing Day took place on 11/13. Congratulations to Lindsey LaRoche and Katerina Negron for signing their National Letters of Intent to play at the next level. Lindsey will be playing soccer on scholarship at Troy University starting in the Spring of 2020. Katerina will be attending Shippensburg University in Pennsylvania where she will be on scholarship to play volleyball for the Raiders.

- Our final Fall Sports event of the season took place on Friday 11/15 in Stuart, FL where Eric String and Stephen Zanowic represented Lyman High School at the State Championship Swim Meet. Check in with Lyman Athletics on social media for official results.
- Senior runner, Megan Rhodes represented Lyman at the State Championship meet for Cross Country. She shaved 17 seconds off of her previous time at the championship course in Tallahassee to finish 41st in the state!
- Girls Volleyball finished their season with a tough, 5 set loss in the Regional Championship Match to Hagerty High School. The team finished the season ranked 2nd in the state with 27 wins, 3 losses, and a District Championship.
- The football team came together to win their final two games of the season against Lake Howell and Evans High School. Quarterback Curtis Argroves, linebacker Anthony Depinto, and wide receiver Yan-Michael Welo-Nsumbu had outstanding performances in the victories.
- Tryouts for our Winter Sports have concluded and our teams have been announced. Congratulations to the boys and girls who will be representing Lyman High School in Basketball, Soccer, Girls Weightlifting, Wrestling, and Competitive Cheerleading.

Congratulations to the following Fall Sports student-athletes who were named to the Seminole Athletic Conference All-Conference Teams.

### First-Team All-Conference Selections

- Jackson Holmes - Football
- Blake Bell - Football
- Yan-Michael Welo-Nsumbu - Football
- Jackson Holmes - Golf
- Valeria Rosado - Volleyball
- Alanys Viera - Volleyball
- Morgan Crider - Slow Pitch Softball
- Jada Baker - Slow Pitch Softball
- Luna Deves - Slow Pitch Softball
- Megan Rhodes - Cross Country
- Joseph Royston - Cross Country

### Second-Team All-Conference Selections

- Curtis Argroves - Football
- Dyran Thomas - Football
- Anthony Depinto - Football
- Emma Hall - Golf
- Skye Raphael - Volleyball
- Katerina Negron - Volleyball
- Briana Neal - Slow Pitch Softball
- Dana Heberling - Bowling
- Madison Gordon - Cross Country
- Mason Kuzmick - Cross Country
- Brandon Joseph, M.Ed.

## Fine Arts

Congratulations to Harrison Turner, Hope Simonson and Michael Lopez. Their artwork has been accepted for exhibit in the Peggy Crosby Student Art Gallery at the Orlando Museum of Art.

Their art will be on display until December 30, 2019.

Lyman HS art students participated in the Maitland Rotary Festival of the Arts and the gallery display of AP student art at Arts Alive!

Our next show is at the Sanford Art Walk in February featuring joint student/teacher art side by side.