

N  
O  
R  
D  
H  
O  
F  
F

## MESSAGE FROM THE PRINCIPAL

Hello Ranger Families,

Happy October! It's hard to believe we have nearly completed the first quarter of our school year. We had a good start to our year with Welcome Back Wednesday, we had fun with our Mardi Gras Homecoming theme and week, our fall sports are well into league play and focusing on post-league playoffs, and our performing arts programs are preparing for their fall shows.

Please continue to monitor your student's grades through QGIS, and reach out to their teachers if you have questions or concerns about their grades in individual classes. Continue to maintain a consistent, supportive home environment that prioritizes school work. Though the quarterly grades do not show up on students' transcripts, they do impact athletic and performing arts eligibility—including the coveted off-campus lunch pass for juniors and seniors. I have included some other tips for you in this newsletter that have been shared with me by experienced educators and administrators and I hope you will utilize some or all of them.

We continue to have Math Tutoring available after school on Tuesdays and Thursdays in D-11 as well as extended library hours after school for homework help. Our library is open Monday-Thursdays after school until 3:45pm. We have a credentialed teacher one day after school in the library to provide extra help for any student in need. Additionally, we are adding students to our Academic Support class, continuing our Student Success Team (SST) intervention meetings, and implementing individual classroom interventions. For all students, but especially our freshmen, it is critically important that students and families utilize any and all academic support as the first year of high school can greatly influence the attitude and outcome of the remaining high school years.

In closing, being successful in high school can be a difficult and challenging time for students and families. But it can also be a time filled with achievement and satisfaction. Please recognize that the high school year is more like a marathon than a sprint. It takes a regular, consistent pace to be successful. There will be times when the pace needs to be increased in order to finish strong, but generally speaking, developing a predictable schedule every week will allow most students to be successful—no matter what pathway they choose.

Principal Dave Monson

Hola familias de Nordhoff,

¡Feliz octubre! Es difícil creer que casi hemos completado el primer trimestre de nuestro año escolar. Tuvimos un buen comienzo de año con Welcome Back Wednesday, nos divertimos con nuestro tema y semana de regreso a casa de Mardi Gras, nuestros deportes de otoño están bien en el juego de la liga y se centran en los playoffs posteriores a la liga, y nuestros programas de artes escénicas se están preparando para sus espectáculos de otoño.

Continúe monitoreando las calificaciones de su estudiante a través de QGIS y comuníquese con sus maestros si tiene preguntas o inquietudes sobre sus calificaciones en clases individuales. Continuar manteniendo un ambiente familiar constante y de apoyo que priorice el trabajo escolar. Aunque las calificaciones trimestrales no se muestran en los expedientes académicos de los estudiantes, sí impactan en la elegibilidad atlética y de artes escénicas, incluido el codiciado pase de almuerzo fuera del campus para estudiantes de tercer y cuarto año. He incluido algunos otros consejos para usted en este boletín que han sido compartidos conmigo por educadores y administradores experimentados y espero que utilice alguno o todos ellos.

Continuamos teniendo Tutoría de Matemáticas disponible después de la escuela los martes y jueves en D-11, así como también horas extendidas de biblioteca después de la escuela para ayuda con la tarea. Nuestra biblioteca está abierta de lunes a jueves después de clases hasta las 3:45 pm. Tenemos un maestro acreditado un día después de la escuela en la biblioteca para proporcionar ayuda adicional a cualquier estudiante que lo necesite. Además, estamos agregando estudiantes a nuestra clase de Apoyo Académico, continuando nuestras reuniones de intervención del Equipo de Éxito Estudiantil (SST) e implementando intervenciones individuales en el aula. Para todos los estudiantes, pero especialmente para nuestros estudiantes de primer año, es de vital importancia que los estudiantes y las familias utilicen todo el apoyo académico, ya que el primer año de la escuela secundaria puede influir en gran medida en la actitud y el resultado de los años restantes de la escuela secundaria.

Para terminar, tener éxito en la escuela secundaria puede ser un momento difícil y desafiante para los estudiantes y sus familias. Pero también puede ser un momento lleno de logros y satisfacción. Por favor, reconozca que el año de la escuela secundaria es más como un maratón que un sprint. Se necesita un ritmo regular y constante para tener éxito. Habrá momentos en los que sea necesario aumentar el ritmo para terminar fuerte, pero en términos generales, desarrollar un horario predecible cada semana permitirá a la mayoría de los estudiantes tener éxito, sin importar el camino que elijan.

Director Dave Monson



**FOLLOW US ON TWITTER@NORDHOFFHIGH FOR IMPORTANT UPDATES THROUGHOUT THE YEAR!**

RANGERS

## PHONES ARE DAMAGING STUDENTS' ABILITY TO READ AND FOCUS DEEPLY

For many students, having that cell phone on campus is more harmful than helpful. These devices are attention vampires, and even when a student is not checking their phone, they are often thinking about it. Many of us teachers are committed to helping our students regain control of their attention—and lives. Adults at home can help.

First, understand that as long as you are paying for the phone, you can indeed control its usage. You can have phone-free hours during which your young scholar is focused on reading for class. Also, dear parents and guardians, please do not text-message a student during class time. Your texting seriously undercuts our message that phones need to be out of operation during the lesson.

Finally, you should see your Nordhoff student reading for English class every night, as all English instructors assign independent reading. If you are not seeing the reading done, you know there will be a problem when grades come out. Talk to the teenager about the book—and facilitate a safe place for the phone to stay during reading time ... preferably a place in a different room so it will not be a distraction.

We really want our students to be able to read with deep concentration for sustained blocks of time. Our society's culture is damaging that ability in all of us, and we all need to fight back.

Mr. Andrews, English Instructor

## NEW PARKING LOT POLICY

There is a new parking lot policy! The parking lot is currently open to juniors and seniors only. Students must show their blue school ID to stay in the parking lot. The parking lot is closed to all freshmen and sophomores. ALL juniors and seniors will need an off-campus pass to stay in the parking lot after first quarter grades are posted. Check the student handbook for lunch pass eligibility policy.

## CAMPUS CONSTRUCTION

Thanks to Measure J, Nordhoff will be undergoing several construction projects during the 2019-20 school year. Our library will be modernized, our quad will be upgraded and improved, our stadium and track will get some needed repairs, our swimming pool will receive some necessary fixes, and areas around our F-wing building will see landscaping improvements. Some of these projects will be completed over the summer but others will continue throughout the school year. As with any construction, we ask for your patience and understanding due to inconveniences and timelines.

Our library will temporarily move to the I-wing building and our College and Career Center will be relocated to F6. While these projects will undoubtedly impact our school operations, the final results will be well-worth the wait.

## TIPS FOR PARENTS

*(passed along from experienced educators and administrators)*

- 1. GET AND STAY CONNECTED.** Register and access our online parent access software QGIS, monitor your child's progress on a weekly basis and communicate with your child's teachers if you have questions, concerns, or if you'd like to request additional information regarding resources that may help your child master course standards. Be aware of what's happening in your student's school life and **TALK ABOUT IT.** Your interest and involvement has a tremendous effect on your student's performance and attitude at school.
- 2. ESTABLISH A SOLID HOME STUDY ROUTINE.** Encouraging and supporting this vital activity will improve your student's attitude and performance at school and instill a work ethic that endures for a lifetime. **SET A SCHEDULE.** Establish a regular time slot for this important daily activity. Seek your child's agreement and commitment to reserve this time each day for homework and study. Encourage this discipline. **CREATE THE ENVIRONMENT.** Students can be easily distracted. Teach them to create an atmosphere conducive for concentration. Minimizing social media access, loud music, and other detractors will improve effectiveness and retention. Having a defined study area works with some students but not all. The most important factor is the discipline of doing it every day. **OBSERVE AND ENGAGE.** Psychologists suggest that it takes three weeks to break or establish a habit. Commit three weeks to assisting with your student's daily routine. Make good homework practices a habit for both of you.
- 3. MAKE DAILY ATTENDANCE THE EXPECTATION:** Very few things have as much negative effect on academic performance as poor attendance. Be clear in your attitude towards attending school every day. In the working world, attendance is equated with dependability.
- 4. ENCOURAGE EXTRA-CURRICULAR ACTIVITY:** Involvement in any of our many clubs, sports, and arts programs improves academic performance, attendance, and discipline issues. We have something for just about everyone. Participation in these activities enhances school life and looks good on career and college applications.
- 5. HELP YOUR STUDENT PLAN FOR POST-GRADUATION:** Talk to your student about career interests and passions. Many free online career assessment questionnaires are available that may help. Assist with a search for training programs or colleges that will prepare them for a career that interests them. Learn the entrance requirements and costs associated with attending those programs. They should be asking questions about career opportunities but may not know the right questions to ask. Our guidance counselors can help. No matter what they dream of doing after graduation, planning for the next step is a wise choice. Post high school education contributes to a better quality of life. But whether or not they go on to a college, university, career or technical school, the information and skills they learn in high school will always be important in the working world. Everyone, in every kind of job, needs to be able to write and speak clearly, listen carefully, understand what is written and spoken, and use math effectively.



**WHITMAN**  
ARCHITECTURAL DESIGN, INC.

**Marc Whitman, A.I.A.**  
PRINCIPAL ARCHITECT  
GENERAL CONTRACTOR

111 W. Topa Topa Street  
Ojai, CA 93023

PHONE: 805-646-8485  
FAX: 805-646-5815

MARC@WHITMAN-ARCHITECT.COM

www.whitman-architect.com

LIC#928629

## SHELTER & ADOPTION CENTER

402 BRYANT ST. • OJAI, CA 93023



**HUMANE SOCIETY  
OF VENTURA COUNTY**

A COMPASSIONATE CARE SHELTER

WWW.HSVC.ORG • • 805-646-6505

ADOPT • DONATE • VOLUNTEER • ADOPT • DONATE • VOLUNTEER



**KRISTEN CURRIER**  
*The Natural Choice*

REALTOR®

COLDWELL BANKER CA DRE License #01314850

PROPERTY SHOPPE **Direct: 805.798.3757**

727 West Ojai Avenue

Ojai, CA 93023

**KristenCurrier@  
ColdwellBanker.com**

[www.OjaiByKristen.com](http://www.OjaiByKristen.com)



Each Office is Independently Owned and Operated.

**REVOLUTION: THE SPEED OF CHANGE  
FALL DANCE PERFORMANCE**

The Nordhoff High School Dance Department hosts "Revolution: The Speed of Change" fall dance performance for one night only on Saturday, November 16th with two shows at 5:00 p.m. and 7:30 p.m. on the Nordhoff Cafeteria stage.



The students from the Nordhoff Introduction to Dance class, the Intermediate and Dance Technique class, and the Choreography Honors class will perform in the show. Dancers from both classes will perform a variety of small ensemble dances to embrace the intimate size of the stage in the cafeteria.

The performance will spotlight the concepts of **tempo changes, energy changes and rotation** researched and represented within the dances presented. The theme of **revolution** invites young choreographers to consider the idea of creating dances to answer the questions such as "What is the speed of change?" and "How can we detail stories of revolution to affect an audience?"

Highlights from the Dance Technique class will include the performance of original dance works created by students showcasing a wide variety of genres including contemporary, jazz and hip hop. This showcase is the culmination of a class assignment on choreography that integrates student creativity, teamwork, writing and critical thinking skills based on Common Core State Standards. New works created by the Dance Technique class will integrate spoken word, images, technology and more.

Tickets are available online starting October 20th at nhsdance.com for \$10 for adults and \$5 for students. Purchase tickets early to ensure that you get a seat for this special once per year event. Doors will open at 30 minutes prior to showtime for general seating. Questions? Contact Robyn Halverson, Performing Arts Department Secretary, at 640-4343 x 1861.

**STUDENT BIRTHDAYS ON THE MARQUEE!**

**ATTENTION PARENTS:** For only \$10, you can acknowledge your student's birthday by having a message appear on our digital marquee. You can make this purchase in advance of your student's birthday by filling out this form and dropping it off at the ASB Office any time.

**Marquee Birthday Message Order Form**

Order must be received 7 days prior to display date. Messages will be displayed for one day only.

**RETURN THIS FORM TO THE ASB OFFICE.**

Name of Purchaser: \_\_\_\_\_

Student Name: \_\_\_\_\_

Date to be Displayed: \_\_\_\_\_

Message to be Displayed-please provide no more than two lines of text.



**THEATRE**

Nordhoff Theatre Arts is proud to present two first rate productions this fall that will have you laughing in the aisles. In October, Monty Python's Edukational Show presents all the best skits from the Flying Circus under one roof. Shows run Friday October 18 at 7:30, Saturday October 19 (Ojai Day) at 2:00 and 7:30, and Sunday October 20 at 2:00. All shows on Nordhoff Cafe Stage. Tickets available at nordhoffdrama.org.

Then next up, the rip roaring comedy, The Foreigner, runs two weekends in December 6 at 7:30, December 7 at 2:00 and 7:30 and December 13 at 7:30 and December 14 at 2:00 and 7:30. All shows within the friendly confines of the Nordhoff Black Box, Room B-4, 50 seats only. Tickets available at nordhoffdrama.org.



404 Bryant Circle, Ojai, CA 93023  
805-646-8742

**SECURE YOUR BELONGINGS  
RENT SPACE TODAY**

**Office Hours: Mon - Sun  
9am - 5pm**

**Kurt & Tracie Topp, Managers**  
manager@ojaiselfstorage.com

[www.ojaiselfstorage.com](http://www.ojaiselfstorage.com)

**Oral & Maxillofacial Surgery**  
of San Buenaventura

[VenturaOralSurgery.com](http://VenturaOralSurgery.com)

**Hooman M. Zarrinkelk, DDS**  
**Hessam Siavash, DDS, MD, PhD**

Diplomates American Board of Oral and Maxillofacial Surgery  
Fellows American Association of Oral and Maxillofacial Surgeons  
Fellows American College of Oral and Maxillofacial Surgeons

5200 Telegraph Rd. Suite B Ventura, CA 93003	1202 Maricopa Highway Suite D Ojai, CA 93023
805-648-5121 fax 805-648-3670	805-646-2944 fax 805-646-2206

## SCHOLARSHIP OPPORTUNITIES

Generous local and community organizations offer scholarship opportunities to Nordhoff students. Many can be found listed on the CCC website in the Financial Aid section. Visit <http://www.ojaiusd.org/nordhoff> and select College and Career Center from the Student links. Pay attention to deadlines and make sure you check the website for forms that you can download or submit online, and check-in to the CCC often for new applications throughout the spring. **There are scholarships available for every type of student, so it is strongly recommended that all seniors apply.**

The CCC suggests that students apply to the Ventura County Community Foundation (VCCF) Scholarship Program. The application is now available online at [www.vccf.org](http://www.vccf.org). The deadline to submit the application is in late January. Application workshops will be held in January and students can sign-up to attend in the College and Career Center. Updates will be announced as they become available.

The NHS Universal Scholarship Application will be available in the CCC on Tuesday, January 28th and the deadline to submit applications is 12:45 pm on Tuesday, March 17th. This application allows students to apply to more than 10 local scholarships through one application including the Rotary Club of Ojai and Rotary Club of Ojai West Scholarships, Ojai Valley Lions Club Scholarship, Ojai Woman's Club Scholarship, Ojai Valley Mexican Fiesta Scholarship, and many more. Application workshops will be held for this program, and dates will be announced in the bulletin.



**NEW! FOLLOW THE NORDHOFF HIGH SCHOOL COUNSELING DEPARTMENT STUDENT ACTIVITIES ON FACEBOOK**

## SAT REASONING AND SUBJECT TEST

REGISTER FOR THE SAT AT [WWW.COLLEGEBOARD.COM/TESTING](http://WWW.COLLEGEBOARD.COM/TESTING)

Cost: SAT \$49.50 • SAT with essay \$64.50 • SAT Subject Test: \$26

Free SAT prep from College Board and Khan Academy can be accessed by visiting [www.collegeboard.org](http://www.collegeboard.org) and [www.khanacademy.org/sat](http://www.khanacademy.org/sat). Links are also available on the Nordhoff College and Career Center website.

Test Dates	Test	Registration Deadline	Late Registration (additional fee)
Oct. 5, 2019	SAT & Subject Test	9/6/19	9/24/19
Nov. 2, 2019	SAT & Subject Test	10/03/19	10/22/19
Dec. 7, 2019	SAT & Subject Test	11/08/19	11/26/19
Mar. 14, 2020	SAT	2/14/20	3/03/20
May 2, 2020	SAT & Subject Test	4/03/20	4/21/20
June 6, 2020	SAT & Subject Test	5/08/20	5/27/20

\*For students planning to apply to any California State University Campus be sure to list the California State University institution code 3594 prior to taking the SAT, so that CSU can store your scores for any CSU campus to retrieve which can save you money.

**ACT TEST - REGISTER FOR THE ACT ONLINE AT [WWW.ACTSTUDENT.ORG](http://WWW.ACTSTUDENT.ORG)**

Cost: ACT (no writing) \$50.50 • ACT with writing: \$67

Test Dates	Registration Deadline	Late Registration (additional fee)
October 26, 2019	9/20/19	10/04/19
February 8, 2020	1/10/20	1/17/20

\*For students planning to apply to any California State University Campus, you can use the ACT Scores Manager to release your scores to additional campuses to save money.



## OJAI CERTIFIED FARMERS' MARKET



OJAI, CA  
EST 1991



[ojaicertifiedfarmersmarket.com](http://ojaicertifiedfarmersmarket.com)

300 E. Matilija St. • Sundays 9 a.m.-1 p.m.



**HENDRICKS**  
INSTITUTE

*Join us to learn more about...*

CONSCIOUS LOVING & BODY INTELLIGENCE

**805-319-6802** | [hendricks.com](http://hendricks.com)

<https://hendricks.com/seminars/>  
[info@hendricks.com](mailto:info@hendricks.com)

*We are passionately committed to creating a worldwide community of people with whom we can explore new heights of love, creativity, and well-being.*



### ROTARY STUDENTS OF THE MONTH

Each month the Rotary Club of Ojai West recognizes a student with a very distinct honor. The award is given not just for academic excellence, but to students who go "above and beyond" to help teachers, other students, and their community. Recipients are honored at a Rotary breakfast meeting, have an article written about them in the Ojai Valley News, and receive a Certificate of Achievement and scholarship check from Rotary West. September's recipient is McKenna Lakes!  
 Congratulations to this well-deserving student!

### CITIZENSHIP PROGRAM AND GRADE

The Ranger Pride Citizenship program reinforces the OUSD character traits through a school-wide citizenship grade. Traits such as punctuality, honesty, self-control, responsibility, and respect are monitored, and when students fail to meet these basic expectations for appropriate behavior in and out of the classroom, their grade will be impacted.

Since we expect all students to practice our district-wide character traits, every NHS student begins the year with 100 points, which equals an A+. If a student is tardy to class, violates the dress code or cell phone policy, receives a classroom referral, or earns a suspension from school, their citizenship grade will drop according to the point deductions below:

Points	Grade	Campus violations	Point deduction
100-90	A	Tardy, Citizenship violation —(littering, minor classroom issues)	5 points
89-80	B	Lunch detention, dress code /cell phone violations, campus violations	10 points
79-70	C	Classroom referral, truancies, SARB letters	15 points
69-60	D	In-house suspension	30 points
59-0	F	At-home suspension	50 points

When a student's grade drops below 60 points, which equals an F, the student will lose campus privileges such as dances, rallies, athletic and performing arts participation, and other extracurricular activities. We update grades approximately every two weeks so it is important that students and guardians / parents monitor this grade on their Student/Parent Connect account.

If a student needs to raise their grade, they can seek any teacher, staff member, or administrator to work back some lost points by helping in the classroom or on campus. Students will earn back 5 points for every 30 minutes of work. The supervising adult will email Mr. Hall to report time worked. Staff members also nominate students weekly to earn citizenship points through random acts of kindness, such as helping a teacher or administrator without being asked, or assisting a student in need.

In our experience, some students can quickly earn a failing grade with multiple tardies or other behavioral issues. If students are late to class, they should be prepared to do some work sooner rather than later in order to avoid the loss of campus privileges.

Please feel free to contact me at [jhall@ojaiusd.org](mailto:jhall@ojaiusd.org) if you have any questions about the program and / or grade.

There's "A Pose for Every Body" at Nordhoff High School!

**PEAKPOWER**  
YOGA & WELLNESS

**\$30 for 30 days Intro Special!**  
 206 North Signal St., Ste. H, Ojai, CA 93023  
[peakpoweryogawellness.com](http://peakpoweryogawellness.com)  
 (303) 906-2022 **HOT POWER YOGA**

**JSG LAWGROUP**

**Julie S. Gerard**  
*Attorney at Law*

603 West Ojai Avenue, Suite F · Ojai, CA 93023  
**805.798.9165 (t)** [julie@jsglawgroup.com](mailto:julie@jsglawgroup.com)  
**805.798.9163 (f)** [jsglawgroup.com](http://jsglawgroup.com)

*32 years representing plaintiffs in auto and motorcycle accidents, pedestrian and bicycle accidents, dog bites, slip and falls, and medical malpractice cases.*

**BMC**

**BILL MORRIS CONTRACTING**

**Window & Door Installation Specialty**  
*Over 25 years of experience!*  
**805-302-9575**  
**BillMorrisContracting.com**  
 Licensed, Bonded, Insured  
 #744076 B, C-17, C-6

## YOU ARE THE MISSING PIECE!

Help **Nordhoff High School** by advertising in the *Ranger News!*

Your advertisement helps fund the newsletter and at the SAME TIME your business gets community recognition and exposure.

**Nordhoff High School • 805-640-4343**





## UNIFORMS AND EQUIPMENT

Athletes are expected to get an Athletic Locker to store all of their equipment and uniforms for the season. The office personnel will not deliver uniforms or equipment parents drop off. Be sure to take care of this **before** leaving home in the morning.

At the end of every sport season, all uniforms must be returned to the respective coach after the season. **DO NOT return uniforms to the administration office at any time.** Your child is the one responsible for getting the uniform back to the proper place.

**effitax**  
Taxes & Small Business Services  
**805.646-0753**

- Income Tax
- Bookkeeping, Payroll
- Notary Public

138 W. El Roblar Drive  
Ojai, CA 93023  
alex@effitax.com



**J. Alex Gutierrez**

**Juan's**  
Carpet Cleaning  
**805 290-5696**  
*For A Healthier Cleaner Home*

Bonded Insured  
juanscarpets@gmail.com  
juanscarpetcleaning.com Lic# 09-00049167

**AIR CARE**  
Heating & Air Conditioning

STAN RHODES  
Lic #852800

Commercial/Residential  
Service  
Installation

Cell (805) 701-1296

## ATTENDANCE POLICY & SPORTS

1. Student-athletes who are absent for any class period of the day of an athletic contest shall not be allowed to participate in that contest unless prior arrangements are made with the Athletic Director or Dean of Student Services (not the coach). Parents should strive to avoid scheduling doctor/dentist appointments during the school day. If it cannot be avoided, and the student will miss more than 1/3 of the school day, parents must contact the Dean of Student Services or the Athletic Director with the student-athlete's name, sport, date, time of appointment, and expected time of return to school at least 24 hours in advance. The Athletic Director will strive to notify the coaches and student-athletes regarding decisions for eligibility/ineligibility prior to the start of the contest. But if it is not possible, the ineligible student-athlete may be removed from the contest at any point.
2. Student-athletes must be present for at least 2/3 of their school day in order to be eligible to practice. The portion of the day missed must be for a legally excusable absence. For example, the student-athlete may not be truant for two classes, attend the rest of the day, and attend practice. If the student-athlete has a doctor's appointment, they must return to school in a timely manner. The Athletic Director or Dean of Students will notify the coach if a student-athlete is ineligible for practice.

Email [jhall@ojaiusd.org](mailto:jhall@ojaiusd.org).

## NAVIGATING THE PARKING LOT

As many of you know and have experienced, the parking lot can become quite congested. We offer the following tips and guidance to improve the safety and efficiency:

### Morning drop-offs:

1. **Please pull forward as far as you can.** There is plenty of drop-off space further down by the old administration building and turn around by the trolley stop.
2. **If you have to by-pass others, please stay to the left.** There is enough room between the curb and the parking stalls for two lanes of cars. Go slow, use your signal and look out for cars pulling away from the curb / drop-off zone.
3. **Drive slowly and look for pedestrians.** Though we ask our students to be aware and vigilant when walking or riding through the parking lot, we need your help as well and remind you that pedestrians are not always giving the proper attention to their pathway.
4. Please, **Right Turns Only** during peak hours—**7:20am-7:50am**
5. **Consider dropping-off at alternate locations**—there is designated space on Maricopa Highway before and after main driveway, around the corner on Valle Rio, across the street before peak morning time.

### Afternoon pick-ups:

1. **Please use second driveway by trolley stop.** Once you enter the lot, make an immediate right turn into the student preferred parking spaces (the first lane of stalls) that face the stadium, and park in any open senior/junior parking stall. Exit the parking lot through the main driveway.
2. **Please park in an open spot by the stadium.** When you enter the main driveway, make an immediate right and find the most convenient parking stall. Arrange to meet your child in this area, away from the congestion surrounding the F-wing and administration building.
3. **Consider dropping-off and picking-up at alternate locations**—there is designated space on Maricopa Highway before and after the main driveway, around the corner on Valle Rio, across the street or after peak afternoon time.

**F i G**  
CURATED LIVING  
OJAI

327 E. OJAI AVE.

Bungalow  
by F i G

109 N. MONTGOMERY ST.

## THE NORDHOFF HEALTH SCIENCE ACADEMY (HSA)

Welcome sophomores and other newcomers to the Nordhoff Health Science Academy! This is the Academy's 12th year of serving students interested in exploring careers in the health science field. Medical Terminology celebrates its largest incoming class yet with almost 60 students. We are excited to offer Med Term as an online hybrid course this year with the majority of work being done by students independently. Students meet in the classroom once a week for collaborative projects. With teacher Ms. Perry, students are beginning to learn the language of healthcare. Students are learning to dissect medical terms by identifying and defining word roots, prefixes and suffixes. This Fall the class will be visiting the Oxnard Fire Academy and EMT school to explore career options here in Ventura County.

Anatomy and Physiology (A&P) students are studying the organization of the human body, reviewing cellular biology and the basics of chemistry with teacher Ms. Porto. Students have just completed full-body rat dissections, have explored pH through the cabbage juice indicator lab, and tested the glucose content of various foods relating to glycemic index. The class will experiment with dialysis tubing, starch, sugar and iodine to understand osmosis and diffusion of substances. A&P students are already doing ambulance ride-alongs with Lifeline Medical Transport and helped a few weeks ago with the Matilija Middle School health screenings.



The A&P class will have a healthy group of local speakers, including Dr. Maria Halvorson in October. Dr. Halvorson is a family practitioner here in Ojai and attended Nordhoff High School. Additional speakers this semester will likely include Dr. Kevin White, pediatrician and leader of medical trips to Africa; Dr. Jim Beaty, local podiatrist (foot expert); and Dr. Dan Swanner, head of Swanner Physical Therapy across from Nordhoff.

Emergency First Responder (EFR) students, taught by Ms. Houston, have been busy volunteering and doing job shadows around Ojai and at Nordhoff. EFR students helped at Dr. Favre's office with the health screenings for Matilija Middle School sports teams and have been shadowing the medical personnel at Ranger football games. Students will begin helping Dr. Brockman, one of our local optometrists, with Ojai Unified vision screenings at the various schools the week of September 16. Students recently had an interesting presentation from a 911 Dispatcher, learning how medical services are initiated in Ventura County.

Stay tuned for more information about Health Science Academy events and field trips!



## MAIN PHONE NUMBERS

640-4343

### SHORTCUTS:

**ABSENCE REPORTING (24 hrs.)** – press 1

**SPORTS HOTLINE** – 3, then 1

**Attendance Office (Cher-ami)** – press 2

**Athletics/Counseling (Essie)** – press 3, then 2

**Records/Grades (Michelle)** – press 4

**Principal's Office (Amy)** – press 5

**Principal – Dave Monson** –

Secretary Amy, x 1760 (shortcut, press 5)

**Asst. Princ. – Jaime Rooney** –

Secretary Michelle, x 1762 (shortcut, press 2)

**Dean – Jim Hall** –

Secretary Cher-ami, x 1761 (shortcut, press 4)

**Counselors** –

Secretary Essie, x1764 (shortcut 3, then 2)

**Athletic Director** – Rene Nakao-Mauch, x 1770

**Cafeteria** – Sonia Johnsen, x1889

**College & Career Center (CCC)** –

Sarah Escobar, x1831

**Computer Lab (Parent Connect)** –

Jake Hansen, x 1840

**Library** –

Denise Rimpa, x 1880 (shortcut 8, then 2)

**Performing Arts Department** –

Robyn Halvorson, x1861 (shortcut 8, then 1)



**Nora Davis** Ojai Real Estate Agent  
LIC. 01046067



*The Ojai Valley...a Way of Life*

LIV

**Sotheby's**  
INTERNATIONAL REALTY

cell **805-207-6177**  
www.OjaiValleyEstates.com  
Nora@OjaiValleyEstates.com

**We need spots filled...**



**...Can YOU help?**

Support  
**Nordhoff High School**  
by advertising in the  
**Ranger News!**

This is a wonderful way for your business to get community recognition and exposure, and at the *SAME TIME* help support your local schools!

**Nordhoff High School**  
**805-640-4343**

Nordhoff High School  
1401 Maricopa Hwy  
Ojai, CA 93023

RETURN SERVICE REQUESTED

Non Profit Organization  
US Postage Paid  
Ojai, CA 93023  
Permit #163

To the Parent/Guardian of:



## IMPORTANT DATES

**PLEASE MARK YOUR CALENDARS** and **KEEP FOR REFERENCE**

*As of 8/22/19*

Mon., Sept 30- Fri., Oct.4	HOMECOMING WEEK
Sat., Oct. 5	SAT Exams @ NHS – 7:30a.m. – 2:00p.m. – I wing
Sat., Oct. 5	Homecoming Dance – 7:30 p.m. - Gym
Sat., Oct. 12	University/Community College Bound Appl Help – 9:00a.m.- noon – B3
Mon., Oct. 14	All Staff In-Service Day – NO STUDENTS
Tues., Oct 15	NO Collab Schedule. Dismissal 2:45p.m.
Wed., Oct. 16	PSAT Test – Sophs & Jrs. – periods 1-4 – Gym
Wed., Oct. 18, 19, 20	“Monty Python’s Edukational Show” Theater Arts Prod.–7:30p.m. – B-4
Fri., Oct. 18	End of 1st Quarter-MINIMUM DAY-noon dismissal
Sun., Oct 20	Music Spooky Spaghetti Dinner at Chaparall Auditorium 6:00pm
Tues., Oct 22	Last Day for Senior Portraits
Sat., Nov. 2	SAT Exams @ NHS – 7:30-2:00 – I wing
Sat., Nov. 2	Fall Dance Workshop – 8:00a.m. – Cafeteria, Dance Studio, Gym
Tues., Nov. 5	Financial Aid Night – 6:30p.m. – 8:00p.m. – Cafeteria & D-6
Mon., Nov. 11	VETERANS DAY Holiday
Tues., Nov. 12	Junior/Senior Parent Night- 6:30p.m. – Library
Thurs., Nov 14	Scholarship Info Night 6:30pm I-wing
Sat., Nov. 16	Fall Dance Concert – 5:00 and 7:30 p.m. – Cafeteria
Wed., Nov 20	Community College Night 6:30pm I-Wing
Tues. Dec 3	Winter Choral Concert Presbyterian Church 7:00pm
Thur., Dec 12	Winter Band Concert 7:00pm Cafeteria
Thurs., Dec 12	Winter String Orchestra Concert- Matilija Auditorium 7:00pm
Fri. & Sat., Dec. 6-7 & 13-14	“The Foreigner” Theater Arts Prod.–7:30p.m.(+2:00p.m. Sat)- B-4

### Future Planning:

Thanksgiving Break.....	Nov. 25-29, 2019
Winter Break .....	Dec. 23-Jan. 3, 2020
Music Concert Dinner Dance .....	Jan 26, 2020
Presidents’ Week.....	Feb. 17-21 2020
Spring Break .....	April 6-10, 2020
Awards Night .....	Wed., June 3, 2020
Last Day Of School.....	Wed., June 10, 2020
Graduation ...	Thurs., June 11, 2020 – 6:30 P.m.