



THE BUZZ

AT PJHS

PERRYSBURG JUNIOR HIGH SCHOOL

550 E. South Boundary
Perrysburg OH 43551
419-874-9193

ISSUE 25
FEBRUARY 2020

ADMINISTRATION

Don Christie,
Principal

Scott Buker,
Assistant Principal

Chad Warnimont,
Assistant Principal

LETTER FROM THE PRINCIPAL

Dear PJHS Parents/Guardians,

During the Winter months the 7th and 8th grade students have been very busy participating in music concerts, the school musical, athletics, spelling bee, geography bee, running club, mock trial, youth to youth, student council and many other activities. It is great to see how many of our students are involved in so many activities both inside and outside of school.

It is already time to begin planning for the next year as your child continues to advance to their next grade level for the 2020-21 school year. Over the next couple of months there will be many events scheduled to help prepare our 8th grade students transitioning to high school and getting the 7th grade students class schedule prepared for next year. I encourage you to attend as many of these events as possible so that you are informed of the many academic options available.

Thank you for the continued support of your child, our teachers and school.

Respectfully,

Mr. Don Christie, *Principal*
dchristie@perrysburgschools.net

THE COUNSELING CORNER

All 8th grade students who will be going to Perrysburg High School next year are invited to attend the 8th grade Registration Meeting and Curriculum Fair on Monday, February 3 at 6:30p.m. in the PHS auditorium. This is a very important meeting, as all registration materials will be handed out to incoming freshmen.

The Curriculum Fair will immediately follow the registration meeting in the auditorium. PHS staff will be on hand to answer questions about their classes. Students will have the opportunity to learn about some of the clubs, sports and activities that Perrysburg High School has to offer. Please do not miss the evening if you are in the Class of 2024. Please contact Rick Rettig, PHS school counselor, at rrettig@perrysburgschools.net or call Perrysburg High School (419-874-3181) with any questions.

8th Grade Registration

PJHS will be holding registration meetings in the Junior High Auditorium for current 7th grade students and parents/guardians on Monday, February 3 and Tuesday, February 4 from 7:30 p.m. – 8:15 p.m. Students on Teams A and B should attend on Monday, February 3. Students on Teams C and D should attend on Tuesday, February 4. If there is a conflict in your schedule, please feel free to attend the meeting convenient for you.

The main purpose of this meeting is to provide information about the elective options available for the 2020 - 2021 school year for 8th grade. Additional information will also be given about the junior high daily schedule, school sponsored athletics and student groups and important dates for the 2020 - 2021 school year.

Meet Our New Counseling Intern

Hi, my name is Raelyn Klusmeyer and I am a school counseling intern at Perrysburg Junior High under Mrs. Monheim's supervision. I am originally from Cincinnati, Ohio where I completed my education through high school. I grew up playing basketball, softball and swam competitively. I have always loved art, music, writing, exercising and baking. A passion for working with children/adolescents began at a very young age. I am the oldest of four children and grew up learning the responsibility of taking care of children. My school, family and church taught me the importance of service and helped spark my passion to go on various mission trips and to dedicate my life to serving others.

I received my bachelor's degree in Human Development and Family Studies with a minor in Health Promotion at Bowling Green State University. I am now completing my Master's degree this May 2020. I started at Perrysburg High School as a school counseling practicum student from January 2019 through May 2019 and then continued my internship at Perrysburg Junior High starting August 2019. I have loved being able to work one-on-one with students for individual counseling where needs of students can be addressed and worked through. I have

helped lead multiple groups that address the personal/social, academic and career needs of students. So far, I have very much enjoyed my experience at Perrysburg Junior High and look forward to continuing building rapport and growing relationships with the students and staff. I am surrounded by constant encouragement and could not ask for a better site to gain my learning internship experience from before I enter the professional world as a school counselor.

8th Grade Winter Counseling Small Groups

Led by Mrs. Monheim and Miss Klusmeyer

Mrs. Monheim is once again leading small group services for students who are interested in signing up. All groups meet once a week for six weeks and the groups rotate between the periods of the school day. 8th grade students took a survey at the beginning of the year and were able to sign up for any of the following groups:

- Internet Safety and Social Media Addiction
- Stress Management
- Career Exploration






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Thank You JHPO

A special "Thank You" to our JHPO volunteers for providing a Snap Circuit set and Lego-compatible plates with mosaic bricks for our makerspace and books for the library.

Resources

In addition to print and ebook materials on go.follett.com, our students also have access to informational databases through INFOhio. All students in K-12 have access by going to www.infohio.org. Contact Ms. Franck at lfranck@perrysburgschools.net for the username and password.

Makerspace Donations

Are you cleaning out your game or crafting closet? Please consider donating your unwanted games and gently used craft materials to our JH Makerspace. We can use a wide variety of items: yarn, floss, beads, coloring items, scrapbook paper, knitting needles, crochet hooks, thread, fabric, Perler beads, Legos, Knex, blocks, and other misc. items. These materials and others are used by our students to learn, create and invent.



Examples of different activities that students have created during
Maker Space time in the PJHS Library,

THE JACKET WAY

The PJHS Jacket Way continues to be in full force. To date, over 1,200 Jacket Way Tickets have been redeemed by our students- that covers over 560 different students within the building. Students can continue to redeem their Jacket Way Tickets for their incentive on the scratch off or the student can opt to bypass the incentive and receive raffle tickets for the Jacket Way Raffles, which are held at each Spirit Assembly. Our next Spirit Assembly with our Jacket Way Raffle will be held on February 28.

This month, as part of our Jacket Way Program, students participated in a class meeting focusing on how to work with and manage their own stress. Students indicated in a previous survey that learning how to cope with stress was a topic of interest. Our Jacket Way team put together a lesson that advised students on different ways to manage the various stresses in their lives.

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BREAKFAST AT THE PJHS CAFETERIA

National School Breakfast is coming up for the week of March 2 through March 6. Students are encouraged to enjoy a breakfast in the PJHS cafeteria every morning. The cafeteria is open at 7:30 for students wishing to have a small breakfast before their first class.

The cafeteria offers Grab and Go Breakfast bags, which help you eat healthy and save time! Students who qualify for Free and Reduced Lunch also qualify for Free and Reduced Breakfast.



Examples of Grab and Go Breakfast options in the PJHS Cafeteria.

PJHS STUDENT COUNCIL

Student Council is a group of 7th & 8th grade PJHS student leaders who strive to make our school a better place by promoting school spirit, participating in community service projects and showing appreciation for others. This semester StuCo is already hard at work planning for the second ever PJHS Lock In, on Friday, January 31 from 7:00 p.m. - 9:30 p.m. We will have lots of fun activities for students to do like dodgeball, cornhole, mega-board games, a breakout room and video games. Tickets are \$10 and include a pizza dinner. We are also celebrating National School Counseling Week from February 3 through February 7, preparing for Winter Spirit Week from February 24 through 28 and collecting Pennies for Patients to support the Lukemia & Lymphoma Society from March 2 through 13. We are excited to continue finding ways to support our school and community and are looking forward to what the semester brings! If you have any ideas for how PJHS Student Council can help or if you have any questions, please see Mrs. Roach in room 122 or communicate with her via email: croach@perrysburgschools.net.



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NURSES NOTES

Are you Ready to Fight the Flu this Season?

According to The Center for Disease Control (CDC), 2018-2019 was a moderate severity flu season lasting a record breaking 21 weeks. The best protection against the flu is getting the flu vaccine.

What is the Flu?

Influenza (flu) is a contagious respiratory illness caused by influenza viruses that infect the nose, throat, and sometimes the lungs. It can cause mild to severe illness and at times can lead to death.

What are Flu Symptoms?

Flu symptoms are different from a cold. The flu usually comes on suddenly and those who have the flu often feel some or all of these symptoms:

- Fever or feeling feverish/chills. It is important to note that not everyone will have a fever.
- Cough
- Sore throat
- Runny/stuffy nose
- Muscle or body aches
- Headaches
- Fatigue
- Some people may have vomiting and diarrhea, though this is more common in children than in adults.

Period of Contagiousness

People with the flu virus are most contagious in the first 3-4 days after their illness begins.

Preventing Seasonal Flu

The Center CDC recommends getting the flu vaccine every year. The CDC also recommends everyday preventive actions like staying away from people who are sick.

- Stay home from school if you are sick. This will help prevent the spread of flu like illnesses!
- Cover your cough and sneezes (do not use your hands!).
- Frequent hand washing will help slow the spread of germs
- **Do not put your fingers in your eyes, nose or mouth.**

Handwashing is one of the **most important** ways to prevent the spread of infection and illness.

Please see <http://www.cdc.gov/handwashing/when-how-handwashing.html> for more information on handwashing.

4 Principles of Hand Awareness were endorsed by the American Medical Association and American Academy of Family Physicians in 2001.

1. Wash your hands when they are dirty and before eating.
2. Do not cough into hands.
3. Do not sneeze into hands.
4. Above all, do not put your fingers in your eyes, nose or mouth!



How the Flu Spreads

Most experts believe that flu viruses spread mainly by tiny droplets made when people with flu cough, sneeze or talk. These droplets can land in the mouths or noses of people who are nearby. A person might get the flu by touching a surface or object that has flu virus on it and then touching their own mouth, nose or eyes (the T-Zone).



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PJHS MUSIC DEPARTMENTS

Band

The PJHS Bands rang in the New Year with the kick-off of the 2019 - 2020 PJHS Pep Band season! The PJHS Pep Band has been thrilling audiences with their musical talent, school spirit and enthusiasm at PJHS home boys' and girls' basketball games. This year's group has been performing all of the arena classics, including; "Go, Yellow Jackets!" "Hang on Sloopy" "Seven Nation Army" "Bad Romance" "Hey! Song" "Uptown Funk" the theme from Rocky, "Louie, Louie" and many more. The band combines with the athletes and students to create an unrivaled atmosphere for junior high basketball games. You'll also find the PJHS Pep Band performing at a Perrysburg High School home basketball game on Thursday, February 13 beginning at 7:30 p.m. We hope to see you at the game!

22 of the finest PJHS Band Musicians joined students from area junior high schools to form the Ohio Music Education District 1 Middle School Honor Band. PJHS had the most students selected for this ensemble from the 33 applying schools for the 3rd consecutive year! These young musicians prepared a difficult concert program under the direction of the Ohio Music Education Association state president, Ms. Kathy McGrady. After only two rehearsals, these students performed a wonderful concert on the stage of the Stranahan Theater in Toledo. Congratulations to the following students for representing our band, school and community with excellence: Kye Aromas, Jackson Blakely, Noah Cordova, Bryce Duvendak, Sydney Gankosky, Olivia Garcia, Claire Gerken, Victoria Guest, Vijay Gupta, Kayla Hahl, Lindsey Hubaker, Shaye Ledyard, Kailey Lothery, Sarah Morris, Jana Osman, Sophie Rahe, Mincho Stanchev, Jacob Stierman, Jia Thakker, Nate Ulrich, Colton Weaver and Helen Yan.

The PJHS Pep Band plays at the January 9 home boys' basketball games.



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Choir

Students are preparing for their annual fundraiser concert, the Evening of Love. This cabaret-style event features all choir students from grades 5 through 8, including solo performances.

Tickets are available at the following times:

February 4 @ HPI

6:30 p.m. - 7:30 p.m. (choir patrons only)
7:30 p.m. - 8:30 p.m.

February 11 @ HPI

6:00 p.m. - 8:00 p.m.
Get your tickets before they sell out!

Please consider supporting the choir program by participating in our Dine & Donate at Panda Express February 11 from 10:30 a.m. - 9:30 p.m. on Olde US 20 in Rossford.

Golden Jackets Show Choir

The PJHS Golden Jackets are in their 5th year as a competitive show choir. The group is comprised of 39 seventh and eighth graders from the PJHS choral program. Their competition set is entitled "We're Not Gonna Take It." Musical selections include "Kids in America," "Revoluting Children" and "Think."

The PJHS Golden Jackets Show choir traveled to Beavercreek on January 10 to compete against other Junior High Show Choirs across the area. Groups were judged on vocals, choreography and overall performance. The Golden Jackets won 2nd Runner Up, Hope Smith won Outstanding Performing and Annie Mauk won Best Female Soloist.

Orchestra

29 PJHS orchestra students were selected to participate in this year's Ohio Music Education Association District 1 Junior High Honors Orchestra based on their submitted auditions. This was the highest number of students accepted from any school in northwest Ohio. We are so proud of the PJHS orchestra students for representing our school district in such an impressive way!

Participants included: Jessie Bohaczenco, Georgia Bohnay, Raquel Burden, Patrick Chen, Joe Cobb, Ari Collins, Dominic Dellisanti, Kassia Deng, Caleb Dworczyk, Caylee Farley, Abby Gano, Jack Hulbert, Hope Keller, Moana Kitamura, Jasper Kowalewski, Jarrett Lin, Allison Ludwig, Lauren Manges, Patrick Martz, Hannah Muck, Tyler Robinson, Carson Rogers, Tara Stadler, Ellaiza Tabernero, Reina Wang, Valerie Ward, Brandon Williams, Lydia Williams and Julia Xi.



The Perrysburg Junior High School Music Department is proud to announce the acceptance of 56 students into this year's Ohio Music Education Association District 1 Honors Festival. This is the most students accepted from any of the 34 participating junior high schools in northwest Ohio. Students auditioning for this ensemble prepared challenging music and sent a recording to be evaluated by OMEA adjudicators.

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CLUBS AND ACTIVITIES

Yearbook

By the end of January, the yearbook staff will have completed about half of the yearbook's 80 pages! So far, we have covered topics such as fall sports, the Color Run, our fall spirit assembly and so much more. The staff has been doing an excellent job documenting moments that make up life in junior high school. To order your student's yearbook, visit www.Jostens.com.

Email Yearbook advisors, Miss Latella at alatella@perrysburgschools.net or Mrs. Steele at ksteele@perrysburgschools.net with any questions!

ROX

This month, ROX, our empowerment program for female students, will be taking a close look at verbal and physical self defense. The girls will begin to explore these topics, what they look like in action and when someone may have to use these skills in the real world. As we continue into the semester, we'll take a look at topics such as leadership and career development. The girls have been continuing to get to know each other and helping each other as we discuss topics that affect them in their everyday lives!

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CLUBS AND ACTIVITIES *CONTINUED...*

Eco-Club

Eco Club has been working to implement a new recycling program at the junior high. TerraCycling, in partnership with the Toledo Zoo, allows for the recycling of items such as snack bags, energy bar wrappers and juice pouches. This is expected to prevent many plastics from entering our landfills.

Club members have created posters to inform their peers and will monitor the bin in the cafeteria to ensure proper recycling. This opportunity was made available thanks to the suggestion of parent volunteers who offered to transport recyclables to the Toledo Zoo for processing.

Eco Club is currently operating at no cost to students or the school district. If community members have any helpful resources, connections or access to community involvement opportunities, please contact advisor Kathy Mayfield at kmayfield@perrysburgschools.net.

Power of the Pen

The Power of the Pen season is officially under way! Power of the Pen is a creative writing organization that provides young writers with the chance to write and compete against students from schools throughout the state of Ohio. Our district competition is on February 1 and we are hoping that many of our writers advance to the regional tournament on March 11. The following 16 students have earned a spot on our team.

7th Grade: Layelle Alammar, Maggie Cox, Ally Danford, Ella Ibsen, Alena Olang, Jocelyn Ward, Valerie Ward and Autumn Wittenmyer.

8th Grade: Taqwa Arif, Kailynn Barfield, Rachel Brasel, Abigail Donaldson, Lindsay Hubaker, Sophia Rahe, Reina Wang and Julia Xi.

WEB

The WEB Program continues to encourage student involvement and inclusion as the year progresses. WEB sponsored a "Black-Out" at the PJHS Boys Basketball games on January 16. Before the game all students were welcomed to the cafeteria to play board games, cards or simply socialize before the game began. The PJHS Cheerleaders taught the students different cheers to participate in during the game. For the game, about 200 students attended, setting a new student section record at PJHS!

As we move into the month of March, WEB will turn its focus on recruiting current 7th grade students to be WEB Leaders next year as an 8th grader. Students can apply for this or be nominated by PJHS staff members.

If you have any questions regarding the WEB Program, please contact Scott Buker, assistant principal at sbucker@perrysburgschools.net.



About 150 students came after school to the WEB event before the boys basketball game against Anthony Wayne. Students were able to relax, play various board games, cards or simply hang out before the game started.



The PJHS Student Section was rocking for the home boys basketball game on January 16.