

# SMOKE SIGNALS



## SANTALUCES COMMUNITY HIGH SCHOOL

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 Jim Krupa .....Amanda Lescas .....Wakisha Mawali  
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 Kristin Pellecer .....Myrlaine Rosefort ..... Michelle Lease  
 Alyssa Tolbert .....Norkeria Scott  
**Graduation Coach** ..... Jeannie Strait  
**Bookkeeper/Internal Accts** ..... Vagira Seedeem  
**Cafeteria** .....Holly Mumford  
**Data Processing** .....Vanessa Huerta..... Martha Weiland  
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**ESOL Coordinator**.....Geraldine Varon  
**Reading Coach** .....Bridgette Beverly  
**Welcome Center** .....Kim Bureau ..... Michelle Cortez

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 West Palm Beach, FL 33406

### *Message From The Principal*

Hello Chiefs,

What an amazing school year! I am so proud of all of students, parents, faculty and staff members.

Graduation for the Class of 20222 will be held on Tuesday, May 17, 2022 at 8:00 a.m. at the Fairgrounds. Congratulations to the Class of 2022. Good luck in all of your future endeavors.



As we launch into a much-needed summer break, I would like to thank all of our parents and guardians for your unwavering support. It is my hope you enjoy your well-deserved summer vacation and use this time to relax and recharge for an exciting 2022-23 school year. I will continue to send updates throughout the summer to keep you abreast of back to school information for the fall semester.

Please read our newsletter thoroughly. There is a lot of important information as we begin planning and preparing for the upcoming school year.

Take care, stay safe and have a wonderful summer!

Principal Robinson

MAY 2022



## Santaluces Best Buddies Club

Santaluces BEST BUDDIES club participated in two events!

We held a successful **spirit night at PizzaRox** 1880 N Congress Ave #150, Boynton Beach, on **TUESDAY 4/26, 5-9 PM** - customers who mentioned they were supporting Santaluces Best Buddies, our club received a percentage of the sale!

Our TEAM participated in the **Best Buddies Friendship Walk on Saturday 4/30** at the Ballpark of the Palm beaches. We participated to raise funds and spread awareness about including and supporting people of all abilities in our community.

You can visit <https://www.bestbuddiesfriendshipwalk.org/palmbeach/supporting/#Santaluces> or contact Mrs. Mangone [Kristy.Mangone@palmbeachschools.org](mailto:Kristy.Mangone@palmbeachschools.org) for ways to assist our organization.



## Reading Test-Taking Strategies

Reading is a challenge that many test takers struggle with, especially when the assessment is not the readers' primary language. Long passages and complex words frequently result in confusion amongst test takers leading to test fatigue. While reading comprehension can be stressful, solutions do exist! The first step toward one's individual success in reading comprehension is to understand where one's weaknesses lie. Once the weakness has been targeted, it is then time to focus on three universal principles that lead to better assessment outcomes.

1. When being assessed on reading, test takers should read the questions first. This allows them to get an understanding of what the key ideas/important information is before they start reading.
2. While reading every reader should make it a habit to search for the **central (main) idea**. The **central idea** keeps the test taker narrowly focused on the content and allows them to answer the question without getting lost in extraneous information. The **central idea** can often be identified by using the title to determine the topic/subject and then by asking yourself, what is the author teaching me about this subject or topic.
3. Another great tip for readers is to use **context clues**. Authors often give meanings to complicated words using synonyms, antonyms, or definitions that are within the sentences around the word. Rereading the sentences before and after the word will often reveal clues about the meaning of the word.
4. Also, search for **keywords** within the text that might provide clues to the correct answer. There are times when deciphering the meaning of a passage is overly complicated due to verbiage that is above the reader's level of interpretation. Finding key vocabulary words sometimes can spark the readers' general understanding of the passage thus leading to the correct answer.
5. Once the central idea has been established and keywords have been ascertained, it is time for the reader to compare and contrast the answers. Great readers analyze the question then compare and contrast answer choices. Sometimes answers seem alike and sometimes many do not make sense in relation to the passage. It is up to readers to ask themselves, "does this answer make sense and how does it relate to the other choices?" By utilizing these main strategies, the likelihood of answering a question correctly becomes much more likely.

The aforementioned test taking strategies are just a few of the many ways that test takers can improve their chances of success. To improve one's reading comprehension, it is critical that these techniques be practiced and used regularly. As a test taker perfects his or her skills, they can slowly implement new test taking strategies, which will lead to even greater levels of achievement. Take a leap and unlock the mysteries behind test taking. The power is in your hands!

### Dermatology Associates of the Palm Beaches

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# FOURTH QUARTER - SANTALUCES TESTING CALENDAR (TENTATIVE 2022)

3

5/2 MAY AICE Eng Gen Papers AM (Paper 2: 1h45min) AP US GOVT 8 AP CHEM 12 Senior Exams	5/3 ODD DAY AP PSYCHOLOGY 12 FSA ELA READ 1 Senior Exams	5/4 EVEN DAY AICE History PM (all gr 10) (Paper 1: 1h15min) FSA ELA READ 2 Faculty mtg	5/5 AP HUM GEOG 8	5/6 AP US HIST 8 AICE History PM (all gr 10) (Paper 2: 1h45min)
5/9 ODD DAY AP CALC AB/BC 8 AP COMP SCI 12 FSA GEO Day 1	5/10 EVEN DAY FSA GEO Day 2	5/11 ODD DAY AP SPANISH 8 AP BIOLOGY 12 FSA ALG Day 1	5/12 EVEN DAY AICE French Lang PM (Paper 3: 1h30min) AICE Thinking Skills PM (Paper 2: 1h45min) FSA ALG Day 2	5/13 AICE Lit in Eng AM (Paper 1: 2h) AS Lvl
5/16 AICE Lit in Eng AM (Paper 2: 2h) AS Lvl AICE Spanish Lang PM (Paper 3: 1h30min)	5/17 GRADUATION 8AM AICE Music PM (Paper 1: 2h)	5/18 AICE Media Studies AM (Paper 2: 2h) AICE Thinking Skills PM (Paper 3: 2h)	5/19 Modified Bell Schedule FSA BIO / US HIST	5/20 AICE Thinking Skills PM (Paper 4: 1h45min)
5/22 AICE Lit in Eng AM (Paper 3: 2h) AL Lvl FSA MAKEUP	5/24 FSA MAKEUP	5/25 FSA MAKEUP	5/26 END 4 <sup>TH</sup> QUARTER FSA MAKEUP	5/27 AICE Lit in Eng AM (Paper 4: 2h) AL Lvl POST SCHOOL FOR TEACHERS
5/30	5/31 AICE Enviro Mgmt PM (Paper 1: 1h45min)	6/1	6/2 AICE Enviro Mgmt PM (Paper 2: 1h45min)	6/3 AICE Physical Ed PM (Paper 1: 2h30min)

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**JROTC***By Obaidur Rahman*

As the 2021-2022 school year is coming to an end. There has been an increase in school attendance since the August Covid-19 surge. Despite hardships, Santaluces Community High School JROTC Cadets showed motivation and duty by joining teams and learning what it means to be a JROTC cadet.

On April 9th, 2022, we held our annual Military Ball. We usually host this event in December, because of Covid we could not host it then. It was a special night representing hundreds of years of collective traditions. Traditions from our U.S history and military branches with roots belonging to the very founding of our nation. During the military ball, cadets were called to be given their awards on their accomplishments. The seniors who are graduating from Santaluces Community High School and the academy were recognized with special awards for completing 4 years of JROTC.

Also this year the Drill Team has exceeded expectations. This year, the drill team became regional champions and state competitors qualifying in 12 out of 18 competitions. The Santaluces drill team won 1st place overall in most competitions.

Earlier this year we had our JPA (Program for Accreditation). The purpose of JPA is to gather data and information at a point in time that informs the Army JROTC program at large of the improvements that have been made over a 4-year period of time. It is not intended to be an inspection or a snapshot of a single point in time. The intent is to review what has or is occurring and create a plan for improvement for the future. Due to the circumstances of Covid. We had to record JPA videos where we talked about staff improvements, and or deteriorations we had over the course of 4 years. A few weeks later we received a video call with the evaluator that we scored the highest with a 99% in the county!

As the school year comes to an end I would like to commemorate these special cadets who are graduating: Ross Trevino, Brian Michel-Emile, Freynicka Celmo, and Sahara Galvan. Ross Trevino is the Battalion Operations Officer who was appointed into the US Military Academy at West Point and will be leaving in late June. Brian Michel-Emile the Drill Team Commander is enlisting in the United States Marines Corp. Freynicka Celmo the Deputy Commanding Officer and will be attending USF to continue her career in ROTC. Sahara Galvan is a Let 4 that is planning on attending Flagler college to major in Journalism.

# Xcite - 2022

## Band & Chorus Performances

May 19th at 6:00pm (PAC)

*Free to the Public*





## Semester Exams

### Monday, May 23, 2022

7:30 – 8:05 Period 1

**8:10 – 10:10 Period 2 Exam**

10:15 – 10:50 Period 3

10:55 – 11:30 Period 4

11:30 – 1:15 Period 5

11:30 – 12:15 1st Lunch

**12:20 – 12:30 BREAK IN BETWEEN LUNCHES**

12:30 – 1:15 2nd Lunch

1:20 – 1:55 Period 6

2:00 – 2:40 Period 7

### Tuesday, May 24, 2022

7:25 1st bell

7:30 - 9:30 Period 1 Exam

9:35 – 11:35 Period 5 Exam

### Wednesday, May 25, 2022

7:25 1st bell

7:30 - 9:30 Period 4 Exam

9:35 – 11:35 Period 6 Exam

### Thursday, May 26, 2022

7:25 1st bell

7:30 - 9:30 Period 3 Exam

9:35 - 11:35 Period 7 Exam

**REMINDER – SEMESTER EXAMS WILL NOT BE GIVEN EARLY**



## SHS Counseling Department

The SCHS School Counseling Department & Palm Beach State College hosted a **New Student Orientation** on Wednesday, May 11th @ 9:00 am in the PAC. This event was for 12th grade students who have applied to Palm Beach State College for the 2022 Summer and Fall term. Students received an opportunity to sign up for their courses with an academic advisor. Please contact your child's School Counselor if your child did not attend.

## We need spots filled...



## ...Can YOU help?

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This is a wonderful way for your business to get community recognition and exposure, and at the *SAME TIME* help support your local schools!

Contact the school today for more information.

**Santaluces High School**  
**Wakiisha Mawali**  
[wakisha.mawali@palmbeachschools.org](mailto:wakisha.mawali@palmbeachschools.org)

Looking for something  
to do this summer?  
Visit the Library!



4020 Lantana Road  
Lake Worth, FL 33462

The Lantana Road Branch Library serves as a diverse community in the central part of the County. This location lends a large number of popular adult fiction, nonfiction and children's materials.

A wide variety of online resources, e-books and e-audiobooks, such as magazine articles, online newspaper resources and internet access are available to the public. Hands-on computer training for novices and the more experienced is available. The library has an active children's section that offers activities to children of all ages.

A library card is free to all residents of Palm Beach County with a photo identification and proof of residency.



## FORTIFYFL

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**CONVENIENT**

Submitting a tip is quick and easy using this mobile app or website.

**INCLUDE PHOTOS  
AND VIDEO**

You can also include photos or video with your tip report.

FortifyFL was created and funded by the 2018 Florida Legislature as part of the Marjory Stoneman Douglas High School Public Safety Act. The application was named by students from Marjory Stoneman Douglas High School, The Office of Attorney General, Department of Education and Florida Department of Law Enforcement coordinated its development and roll-out.

**GET THE APP NOW!**

## FORTIFYFL

### APLICATIVO PARA DENUNCIA DE

**RÁPIDAMENTE ENVÍA  
A AUTORIDADES**

FortifyFL automáticamente envía sus informaciones para las autoridades pertinentes y oficiales escolares.

- A POLICIALES LOCALES
- A LA POLICIA DEL ESTADO
- A LA POLICIA DEL FBI

**ANÓNIMO**

Usted decide si desea incluir su nombre e información para permitirnos estar en contacto.

**CONVENIENTE**

Es rápido e fácil enviar una información usando este aplicativo o el website.

**INCLUIR FOTOS E VIDEO**

Usted también puede incluir fotos o videos junto a sus informaciones de denuncias.

A FortifyFL, foi criada e financiada pela Legislação da Flórida em 2018, como parte da Lei de Segurança Pública da Escola Secundária Marjory Stoneman Douglas. O aplicativo foi denominado pelos alunos da Escola Secundária Marjory Stoneman Douglas. A Procuradoria Geral, Secretaria da Educação e o Departamento de Polícia Estadual coordenaram seu desenvolvimento e lançamento.

**BAIXE O SEU**

## FORTIFYFL

### APLICACIÓN PARA REPORTAR ACTIVIDAD SOSPECHOSA

**RÁPIDAMENTE SE ENVÍA A  
LAS AUTORIDADES**

FortifyFL envía automáticamente su reporte a las agencias de policía pertinentes y oficiales de la Florida.

- A SUS FUNCIONARIOS ESCOLARES
- AGENCIAS LOCALES DEL GOBIERNO
- AGENCIAS A NIVEL ESTATAL

**ANÓNIMO**

Usted decide si desea incluir su nombre e información para permitirnos estar en contacto.

**CONVENIENTE**

Enviar un reporte es rápido y fácil usando esta aplicación o el website.

**INCLUYA FOTOS Y VIDEOS**

También puede incluir fotos o videos junto a su reporte.

FortifyFL fue creada y financiada por la Legislatura de Florida de 2018 como parte de la Ley de Seguridad Pública Marjory Stoneman Douglas High School. La aplicación fue nombrada por estudiantes de la Escuela Secundaria Marjory Stoneman Douglas. La Oficina del Fiscal General, el Departamento de Educación y el Departamento de Policía de la Florida coordinaron su desarrollo y lanzamiento.

**¡OBTENGA LA APLICACIÓN AHORA!**

## FORTIFYFL

### APPLICATIVO PARA REPORTAR ACTIVIDAD SOSPECHOSA

**RÁPIDAMENTE SE ENVÍA A  
LAS AUTORIDADES**

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3. SET A TIME AND DATE



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## 8

### *Stress Management & Teens* [www.aacap.org](http://www.aacap.org)

Teenagers, like adults, may experience stress every day and can benefit from learning stress management skills. Most teens experience more stress when they perceive a situation as dangerous, difficult, or painful and they do not have the resources to cope.

Some teens become overloaded with stress. When this happens, it can lead to anxiety, withdrawal, aggression, physical illness, or poor coping skills such as drug and/or alcohol use.

#### **Parents can help their teen in following ways:**

- Monitor if stress is affecting their teen's health, behavior, thoughts, or feelings
- Listen carefully to teens and watch for overloading
- Learn and model stress management skills
- Support involvement in sports and other pro-social activities
- Teens can decrease stress with the following behaviors and techniques:
- Exercise and eat regularly.
- Get enough sleep and have a good sleep routine.
- Avoid excess caffeine which can increase feelings of anxiety and agitation.

- Avoid illegal drugs, alcohol, and tobacco.
- Learn relaxation exercises (abdominal breathing and muscle relaxation techniques).
- Rehearse and practice situations which cause stress. One example is taking a speech class if talking in front of a class makes you anxious.
- Learn practical coping skills. For example, break a large task into smaller, more attainable tasks.
- Decrease negative self-talk: challenge negative thoughts - with alternative, neutral, or positive thoughts. "My life will never get better" can be transformed into "I may feel hopeless now, but my life will probably get better if I work at it and get some help."
- Learn to feel good about doing a competent or "good enough" job rather than demanding perfection from yourself and others.
- Take a break from stressful situations. Activities like listening to music, talking to a friend, drawing, writing, or spending time with a pet can reduce stress.
- Build a network of friends who help you cope in a positive way.