

FROM THE PRINCIPAL'S DESK

Greetings Sarasota High School Families, Students, and Alumni!

Words matter! Words have power. Although he was likely not the actual author, Ernest Hemmingway has been credited with authoring one of the shortest fiction stories ever; it consists of six words:

For sale. Baby shoes. Never used.

Our minds race to fill in the gaps with meaning, be it sad, neutral, or otherwise. Many will take advantage of the fact that our minds race to provide meaning. If I tell you this hamburger is 85 percent lean as opposed to 15 percent fat, then in some sense I am communicating the same thing. But what people get from those two communications is very different: People perceive the 85 percent lean hamburger as much healthier than the 15 percent fat option. By choosing how you frame and talk about something, you are cuing others to think about it in a specific way. We can drastically change someone's perspective by how we choose to talk about and frame something.

For example, arguably the three most powerful words that may be professed are, "I love you." Think about these three words. In some contexts, they have been used to manipulate others. In other contexts, these words are fully embracing, empowering, accepting, and inspiring.

Right or wrong, the words we choose to use paint a picture of who we are. What you say and how you treat someone can have a big impact on their well-being. One might advise us to ignore the tweets; a nice sentiment, but one that disregards reality.

Right now, you're staring at a piece of white paper with orange hues, or you are staring at a bright LED screen, and you are reading my words. I love that you are doing so, but, it doesn't come without drawbacks. While our screens allow us to communicate with many people quickly, they prevent us from feeling and experiencing many of the things that make us living breathing human beings.

I wonder if we are beginning to miss out on all the fulfilling elements of physical face-to-face contact like hearty belly laughs, firm handshakes, direct eye contact, warm conversations, bright smiles, and the close human connections that are necessary to build lasting relationships with the people around us.

In a world dominated and severely separated by screens, a major question has begun to rise above the walls - how do we preserve the human element in an increasingly technological world?

...continued on next page

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To download a PDF version of this newsletter, go to http://academypublishing.com/schools/sarasota/sarasota.php



MISSION STATEMENT

Sarasota High School is dedicated to providing a culturally, socially, and intellectually diverse student population with an education that will allow them to be successful in today's ever-changing society.

Creating a learning environment that is challenging, relevant, and active is essential to ensure our students are equipped for success in their postsecondary pursuits. In doing so, we aim to develop in each student the skills of leadership, accountability, and self-reliance that are essential to become a productive citizen.

VISION

To Teach, Challenge, Support and Inspire

'Main Sail' August 2019 Published Five Times Per Year Sarasota County District Schools 1960 Landings Blvd., Sarasota, FL 34231 Issue # 4

FROM THE PRINCIPAL'S DESK continued...

I want to propose two challenges to you as we begin this new school year:

- 1. Knowing that words matter, make every effort to ensure that your words have the most positive impact possible.
- 2. Make it a point to have as many face-to-face interactions as possible. Don't miss the opportunity to see a smile you helped put on another's face. Don't miss the opportunity to comfort someone who is in need of true human empathy.

Words do matter! So, let me close with these words. I LOVE serving as your principal at Sarasota High School! It always remains an incredibly humbling honor. I can't wait to see you all once again in the very near future! Here's to a fantastic 2019-20 school year!

Warmly, David Jones, Principal



Y ACHIEVERS END OF YEAR CELEBRATION

Achievers Special Honoree Angel Rodriguez-Sanchez

2019 Achievers Scholarship Recipients Liam Ordonez & Jada Robinson & Culinary Arts Teacher, Nina Singleton





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VISIT FROM THE GOVERNOR

Governor Ron DeSantis Visits Sarasota High School For Bill Signing Ceremony



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4 CLASS OF 2020

SHS Sailors









The Sarasota County School District permits high schools to charge a senior fee to each of its graduating students. The approved mandatory fee* is \$50 and covers items including, but not limited to the graduation ceremony, diplomas, diploma covers, graduation cords, programs, stage set up and equipment rentals.

In an effort to make the costs associated with graduation more affordable, senior packages have been created to allow families to bundle items together at discounted rates. The purchase of a package is not required and individual items may be purchased throughout the year a la carte.

SENIOR PACKAGE OPTIONS

- Orange Package \$360 (two payments of \$180)
 Senior Class Fee, Class Photo, Graduation DVD, Yearbook, Prom Ticket, Grad Bash Ticket,
 Senior Class T-Shirt
- Black Package \$280 (two payments of \$140) Senior Class Fee, Class Photo, Graduation DVD, Yearbook, Grad Bash Ticket, Senior Class T-Shirt
- White Package \$80 (two payments of \$40)
 Senior Class Fee, Class Photo, Graduation DVD, Senior Class T-Shirt
- *Senior Class Fee (required for ALL students) \$50 (two payments of \$25)

Senior Fees/Senior Packages may be paid all at once or in two installments. Payment due dates are October 1, 2019 and February 1, 2020. Payment can be made by cash or check.

PLEASE NOTE—Caps and gowns are not included in the cost of Senior Fees. Senior Package purchases are non-refundable and non-transferable. Students can lose the privilege of attending Grad Bash and/or Prom due to attendance or discipline.

SENIOR PICTURES

Senior pictures for the Class of 2020 will be taken by Lifetouch in the Edward F. Howell Gymnasium lobby on August 5th and August 6th. Seniors should have received information in the mail from Lifetouch about scheduling an appointment online. The last opportunity for seniors to have their pictures taken will be October 14th and October 15th.







**** IS OUR **number one** PRIORITY 941-366-0616

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Thu

SCHEDULE PICK-UP GRADES 10 - 12

Students in grades 10 – 12 may pick up their schedules in the cafeteria as outlined below. While on campus, students may have their picture taken, purchase Sailor spirit items, pre-order a yearbook and secure locker rental (\$5 Cash Only). Also, students in grades 11 and 12 may obtain parking permits (\$32 Cash Only).

Tuesday, July 30

- Juniors......10:00 AM 11:30 AM
- Sophomores.....12:30 PM 2:00 PM

Students unable to pick up their schedules during the

above designated times will pick up their schedules on the first day of school in the Building 4 Administration breezeway.

Student schedules will also be available on the "Student + Parent Portal" at sarasotacountyschools.net.

FRESHMAN ORIENTATION

All freshmen should attend the scheduled orientation according to the first letter of their last name.

Thursday, August 1

A-L 8:00 AM Freshman Orientation – SHS Auditorium

M-Z 12:00 PM Freshman Orientation – SHS Auditorium

Freshmen should allow at least two hours for schedule pick-up, locker rental, school picture, pre-order yearbook, purchase Sailor spirit items, campus tour and schedule change if required. Parents and guardians are welcome to attend orientation with their student, but it is not required.

SCHEDULE CHANGE PROCEDURES

Guidance counselors have attempted to meet the course requests for all students; however, some requests were not able to be filled due to class size or number of course sections. Should a student feel that their schedule is incorrect, they may see a guidance counselor during schedule pick-up on July 30 and August 1 and during the first two weeks of school. **Deadline for ALL schedule changes is Friday, August 23.**



PARKING PERMITS

Juniors and Seniors Only - Student parking permits will be issued on July 24 and July 25 from 9:30 - 11:30 in the Main Office. In order to receive a parking permit, students will need to bring a parking registration form, completed and signed by their parent/guardian, vehicle registration, proof of insurance, driver's license and \$32 cash. Parking registration forms may be downloaded at <u>sarasotacountyschools.net/schools/sarasota</u>. Select "School Resources" and then click on "Parking Registration Form".





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UNDERCLASSMEN PICTURE MAKE-UP DAY

Picture Make-Up Day for underclassmen is October 9.

SAILOR SUMMER FUN

Sarasota High cheerleaders hosted a Junior Cheer Camp, June 17 to June 20. Participants were paired with a SHS cheerleader who served as their "big sister", teaching them to cheer, tumble, dance and even stunt. At the end of the camp, family and friends were invited to experience the cheer power of our young participants during an entertaining time of Sailor cheers, dance and stunting. Let's go mighty little Sailors! Can't wait to see you in orange and black in about ten years!







Advertise in the Main Sail! This is a wonderful way for your company to get community recognition and exposure, and at the same time help support your local schools!

Please contact Maggie Seres at maggie.seres@sarasotacountyschools.net Sarasota High School

SAILOR ATHLETICS



GEAR UP AND CHEER ON THE SAILORS!

Sailor shirts, hoodies, hats and more will be available for purchase at Freshman Orientation and Upperclassman Schedule Pick-Up. Sailor Athletic Passes are also available for 2019-2020. These passes are \$50 and offer admittance to all Sarasota High School regular season events.

Summer workout schedules, training calendars and athletic packets can be found at sarasotacountyschools.net/schools/sarasota. Select "School Resources" and then click on "Athletics" tab.





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Sarasota County District Schools SARASOTA HIGH SCHOOL

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SAT TEST DATESTest DateRegistration DeadlineAug. 24July 26Oct. 5Sept. 6

Nov. 2	Oct. 3
Dec. 7	Nov. 8
Mar. 14	Feb. 14
May 2	Apr. 3
June 6	May 8

More information at www.collegereadiness.collegeboard.org/sat.

ACT TEST DATES

Registration Deadline
Aug. 16
Sept. 20
Nov. 8
Jan. 10
Feb. 28
May 8
June 19

More information at <u>www.act.org</u>.

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