

# MAIN SAIL



DECEMBER 2019

Volume 4, Issue 1

## FROM THE PRINCIPAL'S DESK

Dear Parents, Guardians, Students, and Alumni of Sarasota High School,

As I pen these words, it is the Friday before Thanksgiving and the beginning of our Holiday Season!

I often reflect on what my life might have been like if I still lived in Colorado. I meet many Florida natives, but I meet even more who have moved to our area, something we did back in 2005. The reasons people move to Florida are vast and varied; ours was to help our youngest son have the best climatological conditions for his profound pulmonary issues. When you move 1,900 miles away from everything familiar and beloved, you get the opportunity to choose one of two mindsets:

1. **Bitterness:** Of course we missed the relationships with people established over 40 years. It felt like we gave up everything! Accordingly, we could choose to grieve, pout, complain, and persevere on how unfair life can be.
2. **Gratefulness:** We were also presented with an opportunity to be grateful for the exciting journey upon which we were about to embark. We knew no one, but we were presented with an enormous opportunity to forge meaningful new relationships and experiences. It didn't take long to recognize that we were surrounded by a wonderful, caring, and accepting community.

I will never proclaim we have been entirely immune from the first attitude, but I can tell you how profoundly grateful I am that, were it not for our son's health issues, we would

never have received the blessing of being able to work with the most amazing students on the planet and their supportive families. We love being in Florida, particularly at Sarasota High School...a place we never dreamed we'd be! Not only did our son's health improve dramatically, but our family has numerous new life-long friendships.

By the time you read this, winter will have officially begun. Indeed, it may already be 2020. Please know how grateful I am that our life journey led us here to Sarasota County Schools. As the new year unfolds, I hope 2020 will be the greatest year so far for your personal happiness, gratitude, and optimism.

Thank you for allowing me to serve this wonderful community as your principal. May your holidays be overflowing with joy, gratitude, love, family, peace, rest, and an abundance of every other blessing. In whatever ways you celebrate the holidays and whatever your traditions, I wish you and your loved ones a most blessed and connection-filled holiday season. Please stay safe and know that we'll look forward to seeing your amazing kids in the new year.

Happy holidays and best wishes for a happy and healthy 2020!

Warmly,  
David Jones

## SARASOTA HIGH SCHOOL

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## MISSION STATEMENT

*Sarasota High School is dedicated to providing a culturally, socially, and intellectually diverse student population with an education that will allow them to be successful in today's ever-changing society.*

*Creating a learning environment that is challenging, relevant, and active is essential to ensure our students are equipped for success in their post-secondary pursuits. In doing so, we aim to develop in each student the skills of leadership, accountability, and self-reliance that are essential to become a productive citizen.*

## VISION

*To Teach, Challenge, Support and Inspire*

'Main Sail'  
December 2019  
Published Five Times Per Year  
Sarasota County District Schools  
1960 Landings Blvd.,  
Sarasota, FL 34231  
Issue # 1

## TEACHER OF THE YEAR

Bob Perkins was named Sarasota High School's *Teacher of the Year* for 2019-2020. Mr. Perkins received his Bachelor's Degree and Master's Degree from the University of Florida and began his teaching career 29 years ago as a full-time substitute at Buchholz High in Gainesville, Florida. He taught at several different high schools before coming to Sarasota High in 1995. While working towards his degree at the University of Florida, he was required to complete volunteer work in the Athletic Training field for his specialization in Athletic Training. On his first day volunteering at Gainesville High, he was offered a position to coach defensive backs by then Head Coach, Gunnar Paulsen. During that season, Mr. Perkins found his passion for working with students and athletes and believed that he could help them be successful in their academics.



Mr. Perkins was impacted by two educators who inspired him to become a teacher. The first individual was Dr. Owen Holyoak, a professor at the University of Florida and the other one was Rick Swain, an Art teacher and Head Basketball Coach at Buchholz High. While teaching at Sarasota High, Mr. Perkins has been an ESE

teacher and a drop-out prevention Math teacher. He has taught in the Anchor Program at Sarasota High for 17 years, serving the last nine years as the program's coordinator. The Anchor Program is a drop-out prevention program for students that may be struggling to complete their academic credits for graduation.

During his time as a Sailor, Mr. Perkins not only impacted students inside the classroom but also on the field, the court and the track. He coached many different sports including, Girls Basketball, Boys Basketball, Track & Field and Weightlifting. The late Eddie Howell first hired him in 1995 to coach Freshman Football. He coached Sailor football for 15 years and was Head Coach for 9 years.

Congratulations Mr. Perkins!

## SCHOOL RELATED EMPLOYEE OF THE YEAR

Custodian Don Pointer was selected by the faculty and staff as this year's *School Related Employee of the Year*. Mr. Pointer has been a custodian at Sarasota High for 29 ½ years. He has seen many changes and renovations and has literally watched an extraordinary transformation to the SHS campus. Today's campus is much different than his early days in the original brick building on U.S. 41, but he is still troubleshooting the myriad of problems and issues that can arise on a daily basis. From fire alarms to broken locks to electrical outages and broken pipes, Mr. Pointer responds to custodial requests with an ever ready smile and his vast experience of troubleshooting. There isn't anything that Mr. Pointer can't fix or repair. He can do most anything when it comes to solving a maintenance issue.

Mr. Pointer is the first to offer help wherever it may be needed, including football games, graduation, drama productions, and even serving as grill master for staff appreciation events. At the end of football season, he even helped prepare pancakes at a Friday morning march. Sarasota High is extremely blessed to have Mr. Pointer's dedication, experience and talents as part of our campus!

Congratulations Mr. Pointer!



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## CLYDE METCALF INDUCTED TO FHSAA HALL OF FAME

Sarasota High School baseball coach Clyde Metcalf was inducted to the Florida High School Athletic Association Hall of Fame on September 22, 2019.

Metcalf was born in Sarasota and returned to his high school alma mater in 1981 to serve as the head baseball coach. Coach Metcalf has won two national championships (1989, 1994) and six state championships (1987, 1989, 1993, 1994, 1996, 2007) in 38 seasons. He has 909 career wins and has guided the Sailors to an astounding 14 appearances in the FHSAA Final Four. Coach Metcalf has had more than 200 of his athletes play college baseball, 70 play professional baseball and 14 make it to Major League Baseball.

Away from the diamond, Metcalf was also the athletic director for SHS for 22 years and even served as the assistant coach on the football team from 1981 to 2001. Coach Metcalf's accomplishments on the diamond are extremely impressive and his impact on Sarasota High School is immeasurable.

Congratulations Coach Metcalf on this prestigious honor and thank you for marking our hearts and lives!



## DR. TERRI ST. JOHN RECEIVES DISTINGUISHED SERVICE GOLD KEY

The National Speech & Debate Association awarded a Distinguished Service Gold Key to Sarasota High School's Speech & Debate Coach, Dr. Terri St. John. Her achievement of 20 citations reflects an outstanding commitment to the service of others and betterment of our community. This award recognizes coaches who selflessly serve the National Speech & Debate Association. From hosting and tabulating tournaments, to serving as a local district leader, to serving as an advocate for speech and debate, Dr. St. John's work is invaluable. By choosing to devote her talent to others, she demonstrates the spirit of the organization at its finest.

Congratulations Dr. St. John! Thank you for providing our students with a platform to share their voices!



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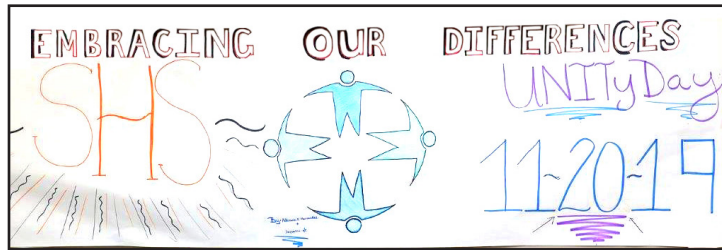
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## UNITY DAY


Sarasota High School celebrated diversity, acceptance and friendship on November 20th with 58 students working together at our Unity Day event. The participating students had fun meeting new friends and learning that all of us are valuable, unique and have our own life struggles. Special thanks to the Peer Counseling 1 class for serving as group leaders and to our teachers, school counselors and administrators who helped put this event together.



We recognize Ms. Mainey and the staff from Embracing our Differences Sarasota who led the day and provided funding for this celebration. As a result of this year's Unity Day, Allison Phinney, one of our SAP counselors has started our own Coexistence Club at SHS. All students are welcome to join. Please see Mrs. Phinney in 13-105 or join the band app by scanning the code below.



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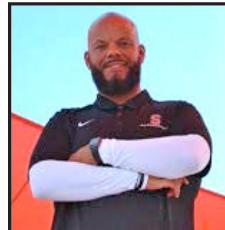
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## SAILORS WELCOME MIKE FIELDS



Mike Fields joined the Sarasota High School campus in October as our new SAP (Student Assistance Program) Counselor. The goal of the Student Assistance Program is to provide early intervention and ongoing support to students experiencing difficulties that impede their growth and academic success. Mr. Fields joined Allison Phinney, who has been an SAP Counselor at Sarasota High since October 2018. He has always had a passion for helping people in all walks of life. Whether it was helping seniors carry groceries to the car as a child to growing up and assisting families struggling with addiction and behavioral issues, Mr. Fields is thrilled to have the opportunity to help students on a daily basis. He believes students need someone to talk to and encourage them to stay on track and believe in themselves. From weekly check-ins and classroom visits to spending time in the cafeteria and gym, students already know that they can go to Mr. Fields with a problem or concern.

Mr. Fields or Coach Fields is no stranger to Sarasota High. He is the head coach for the Sailor varsity basketball team and last year he was also part of our Campus Security team. Welcome aboard Coach Fields!

## AICE SCHOLAR AWARDS

Sarasota High AICE students earned **71 Cambridge Scholar Awards** from the June 2019 Examination Series. These prestigious awards included 3 Distinction, 18 Merit and 50 Scholar Awards. The University of Cambridge AICE program awarded **109 AICE Diplomas** to the SHS Class of 2019. Those graduates receiving an AICE Diploma, took seven AICE classes in four different groups of study, and the required Global Perspectives course, and passed the respective exams for each class.




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## FROM THE STUDENT SUCCESS CENTER

Attention seniors, it is time to apply for scholarships. Following are a few websites where scholarships can be found.

- Visit [www.fastweb.com](http://www.fastweb.com) and create an email account specifically for scholarships. You will receive lots of scholarship information. It will be helpful to have an email address that only receives scholarship information.
- Go to [www.launchyourplan.org](http://www.launchyourplan.org) to learn about local scholarships in the Sarasota and Manatee County area.
- Visit Naviance for additional scholarship information. Log into your school SCS account and click on the College and Career Readiness tab.

Stop by the Student Success Center in the Global Learning Center and see Mrs. Tosi for additional scholarship information.



## CIRCUS ARTS MAGNET PROGRAM PERFORMS AT PRINCIPALS LUNCHEON

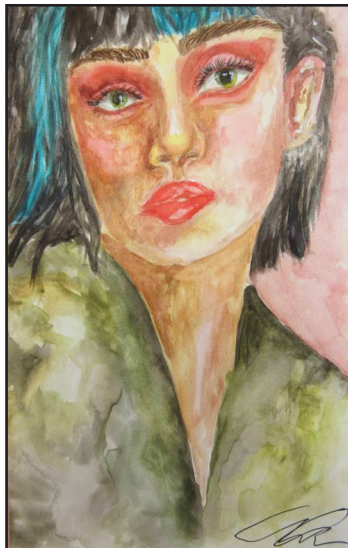
During the 19th Annual Principals Luncheon, Sarasota High School's first ever Circus Arts Magnet Program, made its debut before 200 attendees. The Principals Luncheon provides the opportunity for us to honor Sarasota County Schools' Principals and their work to ensure that the arts remain an essential element in children's education. Each student in the Circus Arts Magnet program exhibited teamwork, strength and trust throughout their performance. They spent weeks practicing to perfect their routines and synchronize their skills. The students' hard work resulted in a crowd-pleasing performance complete with aerial feats and a beautiful speech by the ring mistress.



Photos provided by Jacqueline Taylor: Stay Creative Photography

## ART SHOW AWARDS

Five AICE art students won awards at the 2019 Sarasota Bradenton International Airport Art Show. Their artwork will be framed and on display at the airport for one year. **Congratulations SHS artists and Art teacher Mrs. Floryjanski!**



★ ★ ★ ★ ★ ★ ★ ★ ★ ★

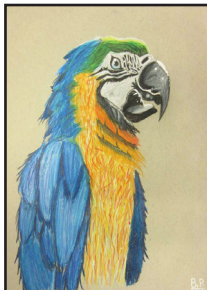
Allie Carr

Best of Show - \$200 Award.  
Allie spent this past summer enrolled at the Pratt Art Institute in New York.

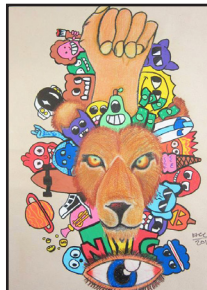
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Madeline Harwell  
1st Place



Brayden Przekwas  
3rd Place - \$25 Award.



Haidyn Corwin -  
Exhibition Award



Harlow Warwick - Exhibition Award

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# ATHLETIC SCHEDULES

## LADY SAILOR SOCCER

Cole Richardson, Head Coach

Dec. 17	Charlotte @ Home	5:30 PM/7:00 PM
Dec. 19	@ Lemon Bay	5:00 PM/7:00 PM
Jan. 7	Southeast @ Home (Varsity Only)	6:00 PM
Jan. 9	@ St. Stephens (Varsity Only)	6:00 PM
Jan. 14	Cardinal Mooney @ Home	5:00 PM/7:00 PM
Jan. 16	@ Riverview	5:00 PM/7:00 PM
Jan. 20	SMA @ Home (Senior Night)	5:00 PM
Jan. 21	Palmetto @ Home	6:00 PM
Jan. 23	@ Manatee	5:00 PM/7:00 PM

## SAILOR SOCCER

Parker Thurman, Head Coach

Dec. 13	Manatee @ Home	5:00 PM/7:00 PM
Dec. 17	@ Charlotte	5:00 PM/7:00 PM
Dec. 19	Venice @ Home	5:00 PM/7:00 PM
Jan. 7	Riverview @ Home	5:00 PM/7:00 PM
Jan. 9	Booker @ Home	7:00 PM
Jan. 14	@ Braden River	5:00 PM/7:00 PM
Jan. 16	Southeast @ Home	5:00 PM/7:00 PM
Jan. 20	SMA @ Home (Senior Night)	7:00 PM
Jan. 21	@ Out of Door Academy	5:30 PM
Jan. 23	@ Cardinal Mooney	7:00 PM



## SAILOR BASKETBALL

Mike Fields, Varsity Head Coach - Elias Gutierrez, JV Head Coach

Dec. 13	Bayshore @ Home	6:00 PM/7:30 PM
Dec. 18	@ Lakewood Ranch	6:00 PM/7:30 PM
Dec. 19	North Port @ Home	6:00 PM/7:30 PM
Dec. 27-28	@ The Village Academy, North Carolina	Varsity Only
Jan. 1-3	Chick-Fil-A Classic--Away	Varsity Only
Jan. 7	@ Bayshore	6:00 PM/7:30 PM
Jan. 8	Riverview @ Home	6:00 PM/7:30 PM
Jan. 10	Braden River @ Home	6:00 PM/7:30 PM
Jan. 13	IMG @ Home	6:00 PM/7:30 PM
Jan. 15	Booker @ Home	6:00 PM/7:30 PM
Jan. 18-20	@ Bayshore	JV Only - TBD
Jan. 23	Cardinal Mooney @ Home	6:00 PM/7:30 PM
Jan. 27	@ IMG	6:00 PM/7:30 PM
Jan. 29	@ Riverview	6:00 PM/7:30 PM
Jan. 31	Southeast @ Home	6:00 PM/7:30 PM
Feb. 3	@ Booker	6:00 PM/7:30 PM
Feb. 7	@ Cardinal Mooney	6:00 PM/7:30 PM

## LADY SAILOR BASKETBALL

Kevin Corwin, Varsity Head Coach - Dannette Craft, JV Head Coach

Dec. 13	@ Dunbar	6:00 PM
Dec. 17	@ Charlotte	5:30 PM/7:00 PM
Dec. 18	Riverview @ Home	6:00 PM/7:30 PM
Dec. 23	@ Winter Haven	6:30 PM
Dec. 26-28	West Palm Beach Holiday (Away)	TBA
Jan. 7	@ Tarpon Springs	6:30 PM
Jan. 11	Braden River JV Tournament (Away)	TBA
Jan. 13	@ Riverview	6:00 PM/7:30 PM
Jan. 14	@ Lakewood Ranch	6:00 PM/7:30 PM
Jan. 17	@ Fort Myers	6:00 PM/7:30 PM
Jan. 22	@ Brooks-DeBartolo	6:30 PM
Jan. 24	Dunbar @ Home	6:00 PM/7:30 PM
Jan. 27	North Port @ Home	6:00 PM/7:30 PM
Jan. 29	Charlotte @ Home	6:00 PM/7:30 PM
Jan. 31	@ Wiregrass Ranch	6:00 PM/7:30 PM
Feb. 3-9	District Tournament	TBA
Feb. 13-21	District Tournament	TBA
Feb. 26-29	State Tournament	TBA

## SIGNING DAY

Congratulations to our student athletes on their future academic and athletic careers as they signed letters of intent on November 13th.



**Alicia Davie**  
University of South Carolina - Swimming



**Evan Gibbs**  
State College of Florida - Baseball



**Cas Bradley**  
Stetson University - Rowing

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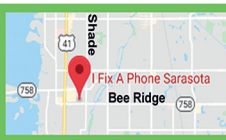


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## FINISHING STRONG

Our Sailor Swim Team dominated in the pool this season. Both the girls and boys teams were district and regional champions. At the state championship, the girls swim team took 3rd place and the boys swim team finished in 13th place.

Sailor Cross Country Teams traveled to the state championship in Tallahassee and returned with a 5th place finish for the girls and 9th place for the boys. **Congratulations Sailor Swimmers and Sailor Runners!**



Girls Cross Country Team



Boys Cross Country Team

## NATIONAL GREEN SCHOOL SOCIETY

National Green School Society, formerly known as the Environmental Club, is tackling a service project and building bird houses from recyclables and donating them to five local elementary schools. Sarasota High students are invited to join. Meetings are every Thursday at 2:30 PM in Mrs. Coppola's room, 4-143.

To learn more about NGSS visit <https://projectgreenschools.org/national-green-schools-society-ngss/> or contact Bella Brush by email at [bella.brush8102@gmail.com](mailto:bella.brush8102@gmail.com).



## SPRING SPORTS START DATES

- **January 20** - Baseball, Softball, Tennis, Track, Weightlifting
- **January 27** - Lacrosse

## IMPORTANT DATES

**Mid-Term Exams (10:58 AM Dismissal)** - December 19 - December 20

**Winter Break** - December 23 - January 6

**School Resumes** - January 7

**Showcase of Schools @ STC** - January 15

**Martin Luther King Day** - January 20 - No School

**S.P.I.N. (Student & Parent Information Night)** - January 29

**AICE Information Night** - January 29

**Presidents Day** - February 17 - No School

**End of 3rd Grading Period** - March 11

**Professional Day** - March 12 - No School

**Spring Break** - March 13 - 20



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**MRS. STURZU'S CLASSES CREATE CONSTITUTION HALL**



**RUNNING THE RACE**

Assistant Principal--Curriculum, Ryan Chase, at the Chicago Marathon on October 14, 2019. Congratulations Mr. Chase on running the race and crossing the finish line!



**SENIOR CALENDAR**

- Final Payment Due Senior Packages - February 3
- Grad Bash Ticket Reservations (NO Refunds) - February 10 - February 21
- Graduation Student Speaker Application Available - SHS Website - Senior Tab
- Graduation Student Speaker Application Deadline - March 27
- Graduation Student Speaker Auditions - April 15
- Senior Fee Due (\$50) - April 1
- Cap & Gown Distribution - April 23
- Grad Bash - April 24
- Prom - May 9
- Mandatory Graduation Practice - May 21
- Graduation - May 22