

MAIN SAIL



MARCH 2020

Volume 4, Issue 2

FROM THE PRINCIPAL'S DESK

Dear Parents, Guardians, Students, Friends, and Alumni of Sarasota High School,

A few decades ago, when I was working on my undergraduate degree, I took several psychology courses. Some of the content was commonsense and seemingly sound; some was downright dubious and laughable! As a result, I have always been suspicious of the newest fads in "pop psychology." Nonetheless, one premise that I walked away with so many years ago had a profound impact on my life. It came from a school of thought known as "symbolic interactionism," and one of its tenets goes like this: *What you say influences how you feel more than how you feel influences what you say.* Please dwell on that for a moment.

When we spend our time and energy complaining, criticizing, and speaking negatively, we don't feel better about ourselves; we feel lousy. On the other hand, when we find the positive in life and spend our energy stating that which we are grateful for, our emotions rise!

A corollary to this suggests that our most commonly held formula for success is broken. Conventional wisdom holds that if we work hard we will be more successful, and if we are more successful, then we'll be happy. If we can just find that great job, win that next promotion, lose those five pounds, happiness will follow. But recent discoveries in the field of psychology have shown that

this formula is actually backward: Happiness fuels success, not the other way around. When we are positive, our brains become more engaged, creative, motivated, energetic, resilient, and productive at work. This discovery has been repeatedly borne out by rigorous research in psychology and neuroscience, management studies, and the bottom lines of organizations around the globe.

As a staff, we have been reading Shawn Achor's recent book, [The Happiness Advantage](#). In it, Achor explains how we can reprogram our brains to become more positive in order to gain a competitive edge at school or work. I sincerely want all our students to excel in a world of increasing workloads, stress, and negativity. Perhaps you'll want to explore [The Happiness Advantage](#) for yourself. It discusses how to reap the benefits of a happier and more positive mind-set to achieve success in school, our work, and in our lives.

No matter how the next couple of months unfolds for you, here's to the most productive spring ever! May your days be filled with optimism and hope!

Warmly,
David Jones

SARASOTA HIGH SCHOOL

941-955-0181 • Fax: 941-361-6380

Principal

David Jones

David.p.jones@sarasotacountychools.net

Assistant Principal - Curriculum

Ryan Chase

Ryan.chase@sarasotacountychools.net

Assistant Principal - Administration

Becky Moyer

Becky.moyer@sarasotacountychools.net

Assistant Principal

Michelle Anderson

A-F

Michelle.anderson@sarasotacountychools.net

Assistant Principal

Mark Gilliland

G-M

Mark.gilliland@sarasotacountychools.net

Assistant Principal

Keatrun Stroughter

N-Z

Keatrun.stroughter@sarasotacountychools.net





MISSION STATEMENT

Sarasota High School is dedicated to providing a culturally, socially, and intellectually diverse student population with an education that will allow them to be successful in today's ever-changing society.

Creating a learning environment that is challenging, relevant, and active is essential to ensure our students are equipped for success in their post-secondary pursuits. In doing so, we aim to develop in each student the skills of leadership, accountability, and self-reliance that are essential to become a productive citizen.

VISION

To Teach, Challenge, Support and Inspire

'Main Sail'
March 2020
Published Five Times Per Year
Sarasota County District Schools
1960 Landings Blvd.,
Sarasota, FL 34231
Issue # 2



SHS CULINARY CREATES DELICIOUS TREATS AT STEMSMART

SHS Culinary students Trystan Burns, Tahana Parker, Dawit Tafesse and Chloe Schale prepared Caramel Apple Cheesecake Bars w/ Streusel Topping and Kitchen Sink Cookies. The cheesecake bars and cookies were delicious and were a hit at the STEMsmart competition.

2020 STEMSMART STUDENT SUMMIT

- **Overall Stemsmart Winner for the Sixth Time - Sarasota High**
- **Science/Medical Category**
Health Career Display 2nd Place - Emma Davie and Madison Evans
CPR 3rd Place - Keara Curry and Emily Vuchinich
- **Technology/Design Category, Category Winner - Sarasota High**
Desktop Publishing 1st Place - Gillian Johnson and Jamie Rudd
Web Design 3rd Place - Marqus Gibbons and Avi Weinmann
- **Engineering Category, Category Winner - Sarasota High**
CAD 3D Design 1st Place - Christian Knuth
Engineering Design 2nd Place - Ruben Gonzalez-Vera, Torin Fears, Andrew Somoza and Maximilian Beyers
VEX Competition 2nd Place - Jacob Le & Gabriel Vasquez
- **Mathematics Category**
Spreadsheet Applications 2nd Place - Devin Haber and Dan McCarthy
Math Quiz Bowl 2nd Place - Maia Donder, Kiet Hoang, Zach Groome and Enmanuel Gutierrez
- **Juried Digital Art**
1st Place - Cas Bradley



JUNIOR SCIENCE ENGINEERING AND HUMANITIES SYMPOSIUM

Three MaST students were selected to be among only 50 students from the state of Florida to present their STEM research projects to faculty at the Junior Science Engineering and Humanities Symposium at the University of Florida. They represented Sarasota High very well and were commended for the high level of their scientific endeavors and the confidence with which they were able to discuss their field of study. Congratulations Isabella Brush, Nicole Norwine and Lily Sikorski!



JEFFREY FRANK, PSYCHOTHERAPIST
Psychological and Behavioral Health Services

SERVICES
INDIVIDUAL THERAPY
COUPLES THERAPY
GROUP THERAPY

202-345-0100
www.SarasotaPsychotherapy.com

SHS GUIDANCE

Meet Your Counselors



Lauren Taylor
lauren.taylor@sarasotacountyschools.net
Student Assignment: A-F



Star Conti
star.conti@sarasotacountyschools.net
Student Assignment: AICE, Grades 11-12



Courtney Sterling
courtney.sterling@sarasotacountyschools.net
Guidance Department Chair
Student Assignment: G-M



Dana Albanese
dana.albanese@sarasotacountyschools.net
Student Assignment: Pre- AICE, Grades 9-10



Casey Chasteen
casey.chasteen@sarasotacountyschools.net
Student Assignment: N-Z



George Sweitzer
george.sweitzer@sarasotacountyschools.net

Need To See Your Counselor?

Parents: Schedule an appointment with Ms. Humphrey at the Front Desk or send an email directly to your student's counselor.

Students: Visit your counselor before or after school or during your lunch period. You may also schedule an appointment with Ms. Humphrey or send an email to your counselor.

GRAND FINALS CHAMPIONSHIP TOURNAMENT

The Speech & Debate Team competed in the Grand Finals Championship. Race Lamboley qualified for NCFL Grand Nationals in Student Congress and Anya Studebaker was a NCFL Grand Nationals Qualifier in Dramatic Performance. NCFL National Alternates are Bella North in Declamation and Blaise Lamboley in Extemporaneous Speaking. FGCCFL Event Finalists were Kylie Kauffman in Oratory and Campbell Shaw and Krystal Tran in Congress.

In addition, Campbell Shaw earned her NSDA Degree of Distinction and Madelyn Ledford earned her NSDA Degree of Honor. Dr. St. John was selected by the FGCCFL district coaches as the league's first recipient of the FGCCFL Coach of the Year.

Congratulations Speech & Debate on another award-winning season!



© 2016 Wawa, Inc.

WE FOCUS ON RESULTS & STRATEGY



Aggressive, personable, innovative, divorce, family & civil law attorneys

- Divorce
- Modifications
- Enforcement
- Dependency
- Domestic Violence
- Real Estate Law
- Civil Contract Litigation

941-227-4945
mysarasotalawyers.com

1800 2nd St, Ste. 882
Sarasota, FL 34236
Serving Sarasota, Manatee, Desoto & Charlotte counties.

Hablamos Español
Payment Plans Available

Proud Supporter of Sarasota High School

Shop 24/7!
HendrickHondaBradenton.com

#1

Honda Dealer

In Both Sarasota and Manatee Counties!*

Honda Certified Pre-Owned Car Dealer

For the Entire West Coast of Florida**

When you check out our inventory, check out ALL we have to offer:

<input checked="" type="checkbox"/> Honesty	<input checked="" type="checkbox"/> Transparent Process	<input checked="" type="checkbox"/> Giant Selection
<input checked="" type="checkbox"/> Integrity	<input checked="" type="checkbox"/> Hassle Free	<input checked="" type="checkbox"/> Incredible Offers

5515 14th Street W., Bradenton, FL 34207 • 941-758-7997

*#1 Honda Dealer based on AHM Number One New Car Sales for 2017. **#1 Honda Certified Pre-Owned Car Dealer based on AHM Number One Volume Certified Pre-Owned Car Sales for 2017. ©2018 Strong Automotive Merchandising. All Rights Reserved.

Make sure your child has an A+ dental check-up before the busy Summer!

Crystal Camden, D.M.D., M.S.

\$99

Student New Patient Special
Exam, X-rays & Cleaning (\$426 Value)

D0150, D0274 or D0210, as needed, and Healthy Mouth cleaning (D1110)

Offer limited to students 18 and under. Offer cannot be combined with insurances. The patient and any other person responsible for payment has a right to refuse to pay, cancel payment or be reimbursed for any other service, examination or treatment that is performed as a result of and within 72 hours of responding to the advertisement for the free, discounted fee or reduced-fee service, examination or treatment. DN22002.

Family Dental Office Always Accepting New Patients!
Most Insurances Accepted!

941-725-1128 • MainstreetDent.com

5205 Office Park Blvd. • Bradenton, FL 34203
Open Monday – Friday 8:00AM – 5:00PM



Dr. Steven C. Bovio
Board Certified Optometric Physician

Comprehensive Eye Care
Diagnosis & Treatment of Ocular Disease
Contact Lenses & Eyeglasses

941.921.2020
www.gulfcoasteyecenter.com
2940 S. Tamiami Trail
Sarasota, FL 34239

COURTEOUS COMPREHENSIVE EYE CARE


Member
American Optometric Association

Freeman Orthodontics
for Children, Teens & Adults

Personalized Care • Convenient Hours
Affordable Monthly Payments
Clear Braces • Invisalign® Certified

953-7500

2050 Proctor Rd., Ste. A, Sarasota
FreemanOrthodontics.com



Freeman ORTHODONTICS
David H. Freeman DMD MS
Board Certified Orthodontist


Services

- Plumbing Repairs
- Remodels
- Re-Pipes
- Fixture Replacements
- Tankless & Tank-Type Water Heater Installation
- And More!


Family Owned For Over 30 Years
Licensed & Insured
#CFC056794



941-377-4477
FoxPlumbingServicesInc.com

CARDIOVASCULAR CENTER OF SARASOTA
FOUNDATION FOR RESEARCH & EDUCATION



EL SHAHAWY FAMILY FOUNDATION

BANNER YEAR FOR MAST PROGRAM

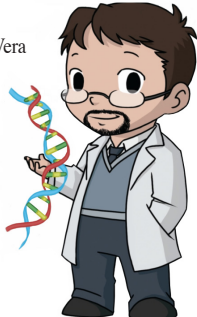
With excellent instruction, training and support from teacher and the MaST program, students brought home many prestigious awards from the Sarasota Regional STEM Fair. Sarasota High MasT students, were 8 out of 9 High School State Finalists and took 11 out of 13 1st Place Category Awards, 19 out of 25 Category Awards, 24 Special Awards and 11 Student Choice Awards.

STATE SCIENCE & ENGINEERING FAIR

Finalists - Ellie Abbott, Isabella Brush, Christian Knuth, Laney Mulhollen, Lily Sikorski, Hannah Swartz, Carolina Titus, Ary Wolfe-Herman

Category Winners

<p>Animal Sciences 1st Place - Lily Sikorski 2nd Place - Jaxon Cooper</p> <p>Behavioral & Social Sciences 1st Place - Lauren Morgan</p> <p>Biomedical & Health Sciences 1st Place - Ary Wolf-Herman 2nd Place - Kassie Greenan</p> <p>Cellular/Molecular Biology & Biochemistry 1st Place - Laney Mulhollen 2nd Place - Lauren Brandt</p> <p>Chemistry 1st Place - Hannah Swartz</p>	<p>Earth & Environmental Sciences 1st Place - Carolina Titus 2nd Place - Sarah Belli</p> <p>Engineering 1st Place - Mya Perez 2nd Place - Anthony Alonzo</p> <p>Environmental Engineering 2nd Place - Nicole Norwine</p> <p>Intelligent Machines, Robotics & System Software 1st Place - Christian Knuth</p>	<p>Mathematics & Computational Sciences 1st Place - Ruben Gonzalez-Vera</p> <p>Microbiology 1st Place - Ellie Abbott 2nd Place - Lucy Walter</p> <p>Plant Sciences 1st Place - Isabella Brush</p> <p>Physics 2nd Place - Johnna Bowden</p>
---	--	--




SINGING SAILOR JOINS KRISTIN CHENOWETH ON STAGE

Senior Pipa Von Kessel surprised the audience at the Van Wezel last month when actress and singer, Kristin Chenoweth, invited Pipa to join her on stage. Pipa took the stage and sang an unrehearsed version of "For Good" from *Wicked* with Ms. Chenoweth. Pipa was poised and didn't miss a note as her beautiful voice filled the air and delighted the Van Wezel audience.

ONE OF A KIND

AICE Art & Design student Madeleine Harwell designed and created a fiberglass puppy bank for Southeastern Guide Dogs, an organization that transforms lives by creating and nurturing extraordinary partnerships between people and dogs.

DR. EL SHAHAWY
MD, MS, FACP, FESC, FASH, FSCCT, FAHA, FACC, FASPC

President International Society for Cardiovascular Disease Prevention

941-366-9800
cardiologycenter.net

1950 Arlington Street, Suite 300
Sarasota, FL 34239

ART SCHOLARSHIP

Sydney Irwin, AICE Art & Design A Level, was awarded a \$500 scholarship from the Florida Suncoast Watercolor Society. This is the second consecutive year that a SHS Art student has won this scholarship. Congratulations Sydney



NATIONAL ART HONOR SOCIETY SPONSORS

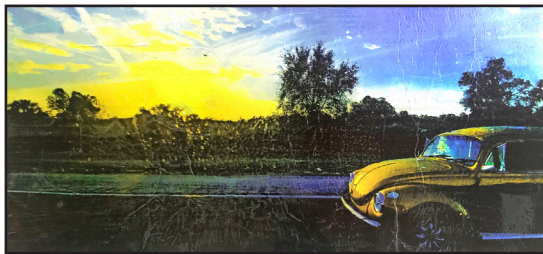
- Natures Finest
- Mowers, Inc.
- Markley Construction
- Wells Insurance Agency

NAHS STUDENT ART SHOW

The 2020 Student Art Show, hosted by the National Art Honor Society, is an all student show and consisted of more than 30 entries from SHS students.



Best of Show Recipient of Ringling School of Art & Design Teen Studies Course
 Madeleine Harwell, Watercolor



1st Place - Victoria Miley, Photography Print of Foil



2nd Place
 Sophia Villaveces,
 Photography



3rd Place
 Madeleine Harwell,
 Pen and Ink

PETER J. KAUFMAN, D.M.D.

ORAL SURGERY • DENTAL IMPLANTS
 WISDOM TEETH REMOVAL

3900 CLARK RD. BUILDING I • SARASOTA, FL
 941-922-3524 • Fax: 941-924-2929

123 SHAMROCK BLVD. • VENICE, FL
 941-493-3352 • Fax: 941-497-1140

WWW.PETERKAUFMANOMS.COM

Campus visits offered daily
 at 10 a.m. & 2 p.m.
ncf.edu/visit-campus



New College
 THE HONORS COLLEGE of Florida



ATLAS CHIROPRACTIC OF SARASOTA

Dr. Stephen R. Zabawa
 941-955-4755 • AtlasChiroSRQ.com

Gentle Relief without Traditional Manipulation

Digital X-Rays at Our Office
 Monthly Seminars • Free Consultations

Conveniently Located Near Fairgrounds
 at Ringling & Tuttle
 2831 Ringling Blvd. A-102 • Sarasota, FL 34237

Is Your Head on Straight?



bite squad
 ORDER ONLINE @ SLICE.COM

MENTION THIS AD FOR 10% OFF YOUR FIRST ORDER

941-373-1878

www.villagepizzasbyemma.net

3350 Bahia Vista Street • Sarasota, FL 34239

SAILOR ATHLETICS

WHAT'S IN A NAME

In the late 1920's, Sarasota High School athletes started competing in football, basketball and baseball against St. Petersburg High School and Tampa High School. At the time, there were no roads or bridges from Sarasota to Tampa so the best way to get there was to use the daily ferry to sail across the bay. Because of this, the Sports Editor of the Tampa Tribune dubbed the Sarasota High teams "the Sailors". The name was appropriate and it stuck and from that point on all extracurricular sports teams were referred to as the Sailors. Go Sailors!

Spring Football Game

Sailors @ Cardinal Mooney - May 20th, 7 PM

Spring Sports Senior Night Celebrations

Lacrosse (Girls & Boys) - April 6

Baseball - April 15

Softball - April 23

Sarasota Herald-Tribune

All-Area Student Athletes & Coaches Fall 2019

Coach of the Year

Andrew Eckhart - Swimming

John Stevenson - Cross Country

First Team

Swimming - Sumner Chmielewski, Liam Heary, Evan Keogh, Natalie Stafford, Mercedes Traba

Cross Country - Orlando Cicilioni, Shane Kilduff, Janel Mitchell, Carolina Titus, Kasumi Wade

Football - Brian Battie, Justin Hamilton, Mac Mitchell

Golf - Lily Sikorski

Honorable Mention

Swimming - Alicia Davie

Golf - Jordan Evans, Stephen Picard, Scott Yoder

Cross Country - Ryan Guendojoan, Zachary Jones, Marissa Kempf, Adrien Zambaux

Football - Ke'Andre Collins, Terrell Pack, Vince Parisi, Jamall Thompson, Travis Tobey

Boys & Girls Basketball

Regional Quarter Finals Qualifiers

Boys Varsity Soccer

District Champs 6A Region 2



SIGNING DAY



Brian Battie, Football
University of South Florida

Jacob Carnes, Football
Albion College

Ke'Andre Collins, Football
Central Michigan University

August Drews, Football
Appalachian State



Justin Hamilton, Football
Albion College

Mac Mitchell, Football
Stetson University

Thomas Pack, Football
Gardner Webb University

OVER THE EDGE

Suncoast YFC has been serving 11-19 year old youth in the Manatee/Sarasota community since 1955. YFC is a movement of caring people who seek out at-risk youth in our detention centers, neighborhoods and schools. With care and concern for all teens, their mission is to build authentic relationships and help each one build a future that is full of promise.

If you happened to be driving by the Hyatt Regency on February 22nd and noticed people rappelling down the side, you were witness to YFC's annual *Over The Edge*. Participants raise funds in support of the mission of YFC. As each one rappels over the edge of the Hyatt Regency, a short biography is read including their individual declaration statement. At this year's *Over The Edge* event, seniors Kristen Adams and Emma Hutchinson, sophomore Sydney Storck, freshman Hailey Deck and Class of 2019 graduate Glenda Sanchez went over the edge. Each of these participants has a different story to tell about the impact YFC has had on her life. SHS English Teacher and Campus Life Director, Taylore Harris, was part of the event again this year as a third-time "edger".



Sydney Storck



Kristen Adams



Hailey Deck and Glenda Sanchez



Hailey Deck



Emma Hutchinson



Ms. Harris

TwoMaid's
A Maid Service Worth Talking About

GET A FREE QUOTE

Sarasota Residential Cleaning Services

941-315-5262
TwoMaidSarasota.com

Apple - Samsung - Huawei - LG - Motorola - Nokia - HTC - Sony

i-fix A-PHONE
(941) 800-4776
2245 Bee Ridge Rd
Sarasota, FL 34239

We Fix Everything:
iPhones & Androids
Ipads & Tablets
Ipods & Mp3 Players
Game Consoles
Computers & Laptops
Water Damage

FREE
Glass Screen Protector
With Purchase of Screen Repair

We Buy Used & Broken Devices

FREE Pick Up and Delivery

COURTESY CLEANERS

941-366-7661 • Courtesy-Cleaners.com

We Provide

- Alterations
- Household
- Wash & Fold Service
- Drycleaning
- Rugs & Drapes
- Laundry

700 South Osprey Avenue • Sarasota, FL 34236

DEDICATION + COMMITMENT = CHANGED LIVES

Speech and Debate coach, Dr. Terri St. John, earned a Three Diamond degree of membership in the National Speech & Debate Association's Honor Society. With more than 60,000 points earned, Dr. St. John has made the way for countless students to experience the world of speech and debate and gain access to this life changing activity. In recognition of this outstanding achievement, Dr. St. John will be honored at the 2020 National Speech & Debate Tournament in Albuquerque, New Mexico on June 18, 2020.

Congratulations Dr. Terri St. John on this outstanding achievement!

SAT TEST DATES

Test Date	Registration Deadline	Act Scores Available
March 14, 2020	February 14, 2020	March 27, 2020
May 2, 2020	April 3, 2020	May 15, 2020
June 6, 2020	May 8, 2020	July 15, 2020

www.collegeboard.org

ACT TEST DATES

Test Date	Registration Deadline	Act Scores Available
April 4, 2020	February 28, 2020	April 14, 2020
June 13, 2020	May 8, 2020	June 23, 2020
July 18, 2020	June 19, 2020	July 28, 2020

www.actstudent.org

SPRING TESTING DATES

Below is the estimated window of test dates. Exact dates subject to change.

FSA Writing - Grades 9 & 10 April 1-April 2, April 7-April 8
 FSA Reading - Grades 9 & 10 May 4 - May 7
 Biology EOC May 11-May 12
 US History EOC May 13-May 14
 Geometry EOC May 18-May 19
 Algebra 1 EOC May 20-May 21
 Make-up Testing, if needed May 26-May 28

AICE Testing Calendars available at www.shsaice.com under "Calendar" tab.



SARASOTA HIGH SCHOOL GRAND REUNION

...a multi-class gathering of students who attended Sarasota High School, for all classes and all years.

March 28th, 12 PM to 6 PM
 Welcome Ceremony 1 PM

For tickets and more information, go to grandreunion.org.

IMPORTANT DATES

Professional Day March 12—No School
 Spring Break March 13 to March 20
 Mini Break April 10 - No School
 Memorial Day May 25 - No School
 Last Day of School May 29

SENIOR CALENDAR

Graduation Student Speaker Application Deadline March 27
 Graduation Student Speaker Auditions April 15
 Senior Fee Due (\$50) April 1
 Cap & Gown Distribution April 23
 Grad Bash April 24
 Prom May 9
 Mandatory Graduation Practice May 21
 Graduation May 22

MIGHTY SAILOR BAND SPONSOR

Thank you **Siesta Cleaners** for supporting the Mighty Sailor Band!



Sailor Band Earns Superior



Winter Percussion - 1st Place



\$ TUITION IS 50% LESS THAN THE COST OF UNIVERSITY

APPLY TODAY!

SCF.edu



STATE COLLEGE OF FLORIDA
 MANATEE - SARASOTA

BRADENTON • VENICE • LAKEWOOD RANCH • ONLINE

EARLY COLLEGE

DUAL ENROLLMENT

Earn tuition-free college credit while in high school.

SCF.edu/EarlyCollege

State College of Florida, Manatee-Sarasota is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award associate and baccalaureate degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, GA 30033-4097 or call 404-679-4500 for questions about the accreditation of State College of Florida, Manatee-Sarasota. State College of Florida, Manatee-Sarasota does not discriminate on the basis of sex, pregnancy, race, religion, age, national origin/ethnicity, color, marital status, disability, genetic information or sexual orientation in any of its educational programs, services and activities, including admission and employment. Direct inquiries regarding nondiscrimination policies to: Equity Officer, 941-752-5323, 5840 26th St. W., Bradenton, FL 34207.



Sarasota County District Schools
SARASOTA HIGH SCHOOL
 2155 Bahia Vista Street
 Sarasota, FL 34239

Non-Profit Organization
 US Postage PAID
 Orlando, FL
 Permit# 2346

8

ATHLETIC SCHEDULES

LADY SAILOR SOFTBALL

Nina Singleton, Head Coach

Mar. 10	Riverview	5:00 PM/7:00 PM
Mar. 23	Manatee	5:00 PM/7:00 PM
Mar. 26	@ Desoto	5:00 PM/7:00 PM
Mar. 27	@ Riverview	5:00 PM
	(JV Only)	
Mar. 31	Hardee	5:00 PM/7:00 PM
Apr. 1	@ Venice	5:00 PM/7:00 PM
Apr. 2	@ Manatee*	5:00 PM/7:00 PM
Apr. 7	Bradén River* (Varsity Only)	6:30 PM
Apr. 8	@ Lakewood Ranch	5:00 PM/7:00 PM
Apr. 14	Port Charlotte	5:30 PM/7:00 PM
Apr. 16	@ Charlotte (Varsity Only)	6:30 PM
Apr. 21	@ Hardee (Varsity Only)	6:00 PM
Apr. 22	@ N. Ft. Myers (Varsity Only)	6:30 PM
Apr. 23	Southeast Senior Night	6:30 PM
	(Varsity Only)	

SAILOR TRACK

John Stevenson, Boys Head Coach
 Ed Sera, Girls Head Coach

Mar. 11	Venice Invite @ Venice
Mar. 13	Mustang Invite @ Lakewood Ranch
Mar. 21	Raven Invite @ Alonso High
Mar. 26-27	Florida State University
Apr. 1	Thunder Invite @ ODA
Apr. 2-4	University of Florida
Apr. 9	County Meet @ Booker High
Apr. 17	Districts @ Lakewood Ranch
Apr. 30	Regionals @ Charlotte High
May 15-16	State Meet @ University of Florida

VARSITY BASEBALL

Clyde Metcalf, Head Coach

Mar. 10	North Port	7:00 PM
Mar. 11	@ Bradén River	6:00 PM
Mar. 13	Lincoln	7:00 PM
Mar. 16	@ Melbourne	6:00 PM
Mar. 17	@ Viera	7:00 PM
Mar. 23-26	Sarasota Baseball Classic	TBA
Mar. 31	@ Jesuit	7:00 PM
Apr. 2	Manatee	7:00 PM
Apr. 3	Venice @ CoolToday Park	7:00 PM
Apr. 7	Palmetto	7:00 PM
Apr. 9	Northeast	7:00 PM
Apr. 15	Bradén River (Senior Night)	7:00 PM
Apr. 18	Palm Harbor	1:00 PM
Apr. 22	@ Riverview	7:00 PM
Apr. 23	Lakewood Ranch	7:00 PM

JV BASEBALL

Allen Morlock, Head Coach

Mar. 10	@ Riverview	6:00 PM
Mar. 12	@ Cardinal Mooney	4:30 PM
Mar. 17	Bradén River	6:00 PM
Mar. 18	Venice (Double Header)	4:00 PM
Mar. 27	@ Venice (Double Header)	5:00 PM
Mar. 31	Riverview	6:00 PM
Apr. 2	@ Manatee	6:00 PM
Apr. 6	@ Lakewood Ranch	6:00 PM
Apr. 7	@ Palmetto	6:00 PM
Apr. 11-18	@ Riverview JV Tournament	TBA



SAILOR TENNIS

Bunner Smith, Head Coach

Mar. 10	Lakewood Ranch
Mar. 11	Bradén River
Mar. 24	North Port
Mar. 31	Southeast

Home matches at Brookside Middle School

LADY SAILOR TENNIS

Keith Elsbree, Head Coach

Mar. 10	Lakewood Ranch
Mar. 11	Bradén River
Mar. 24	North Port
Mar. 31	Southeast

Home matches at Brookside Middle School

SAILOR LACROSSE

Christian Dombovari, Head Coach

Mar. 11	Lakewood Ranch	7 PM
Mar. 24	@ SMA	4 PM
Mar. 26	@ Out of Door	7 PM
Mar. 30	@ St. Pete Catholic	7 PM
Apr. 2	Riverview	7 PM
Apr. 6	Tampa Catholic	7 PM
Apr. 8	@ Venice	7 PM

LADY SAILOR LACROSSE

Heather Chase O'Neill, Head Coach

Mar. 11	Lakewood Ranch	5 PM
Mar. 26	@ Out of Door	5 PM
Mar. 31	@ Cardinal Mooney	6 PM
Apr. 6	Tampa Catholic	5 PM
Apr. 8	@ Venice	5 PM