

MAIN SAIL



OCTOBER 2021

Volume 5, Issue 5

FROM THE PRINCIPAL'S DESK

Greetings Sarasota High School Families, Students, and Alumni!

Circumstances being what they are, I've been doing a lot of thinking about my thinking lately. I don't believe that I have begun to think more or less than usual, but I'm noting that I'm thinking *differently*. I've always regarded myself as an optimist, and I enjoy finding solutions to problems; the more challenging the problem, the more satisfaction I derive when the problem is solved! These days my thoughts are more easily veering in a pessimistic direction, and I find I must catch myself from falling into negativity. It's rather easy to ascribe why this is happening: COVID fatigue, chaos in the world, and frequent interactions with people who are also struggling to remain positive with their own thoughts and actions. Regardless of the reason, I'm not happy with it.

I'm reminded of the oft-quoted wisdom attributed to Lao Tzu: "Watch your thoughts, they become your words; watch your words, they become your actions; watch your actions, they become your habits; watch your habits, they become your character; watch your character, it becomes your destiny."

I reflect back to the time my wife and I were raising our four kids, and I conjoin it with my reflections from serving as an educator for 33 years. As parents and educators, we probably don't spend enough time explicitly teaching our kids how to have more

power over their thought lives. We tend to assume they have more control over their thinking than they do. Every aspect of our lives, at home or school or in the community, can be significantly improved if we discipline ourselves, even just a little, to catch our thinking before it becomes toxic. Toxic and distorted thinking spirals quickly into feelings of powerlessness, shame, fear, hopelessness, and 'victimitis'. It can also lead to just plain bitterness, contempt, and depression. And these things manifest themselves in unhealthy and unhelpful behaviors.

My present wish is for our Sarasota High School Family to remain in control of our thoughts and not be controlled by them so much. I'd love it if we all made the world a bit more pleasant by simply reframing our challenges in such a way as to make conscious choices about our thoughts, attitudes, words, actions, and habits.

If you get the chance, enter into this conversation with your kids, your family, and your friends. As we do so together, perhaps this little pocket of the world will become much more enjoyable for all of us!

SARASOTA HIGH SCHOOL

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MISSION STATEMENT

Sarasota High School is dedicated to providing a culturally, socially, and intellectually diverse student population with an education that will allow them to be successful in today's ever-changing society.

Creating a learning environment that is challenging, relevant, and active is essential to ensure our students are equipped for success in their post-secondary pursuits. In doing so, we aim to develop in each student the skills of leadership, accountability, and self-reliance that are essential to become a productive citizen.

VISION

To Teach, Challenge, Support and Inspire

“Main Sail”
October 2021

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1960 Landings Blvd.,
Sarasota, FL 34231
Issue #5

NEWS FROM THE STUDENT SUCCESS CENTER

The newest addition to the Student Success Center staff, Mr. Johnnie Jones, will be responsible for assisting students with tracking their community services hours for Bright Futures. In addition, he will act as our military liaison and provide college career advising. **Welcome Mr. Jones.**

Seniors can find full support with all aspects of college and career planning at SHS Student Success Center. Mrs. Haller is visiting senior classes throughout September to assist in the development of seniors' educational/career plans for after high school. The Student Success Center provides assistance with all components of post-secondary planning. These plans can include options for college/universities, trade schools, apprenticeships and military service. Assistance is available to help with college applications, SAT/ACT testing, FAFSA completion, and scholarship searches.

On October 20th, from 4 PM to 7 PM, three SHS computer labs will be open to help seniors and their families complete the FAFSA (financial aid) and Bright Futures applications. A student's social security number will be needed in order to create an account and complete the application. Parents will need to bring their 2020 tax documents for the parent section of the FAFSA. In addition, assistance with FAFSA will also be available for students during lunch periods and throughout the school day and after school for families.

Mr. Spires has arranged for virtual college admission presentations for our students. These opportunities are available to all 10th, 11th and 12th grade students. Students must register to attend with the link available on the Student Success Center Band app.

The Education Foundation is hosting ACT/SAT test prep. There is a cost of \$75 per session. Fee waivers will be available to qualifying students. Space is limited and registration is required. Juniors are strongly encouraged to start preparing for ACT and SAT tests.

SAT Test Dates

Test Date	Registration Deadline	Late Registration Deadline
Oct. 2	Sept. 3	Sept. 21
Nov. 6	Oct. 8	Oct. 26
Dec. 4	Nov. 4	Nov. 23
Mar. 12	Feb. 11	Mar. 1
May 7	Apr. 8	Apr. 26
June 4	May 5	May 25

SAT/ACT Prep Workshops

Session II: September 25th, October 9th, October 16th
Session III: October 30th, November 13th, November 20th
Session IV: January 15th, January 22nd, January 29th
Session V: February 19th, February 26th, March 5th

SHS AWARDED MODEL SCHOOL STATUS!

Congratulations are well-deserved for our school becoming a 2020-2021 Resilient FLPBIS Model School! Our school has been recognized for our resilience in implementing a school-wide Positive Behavior Interventions and Support (PBIS) framework during the 2020-2021 school year. PBIS is a set of strategies based in behavioral and biomedical science that enhances student quality of life and reduces problem behaviors. National research shows that full implementation of this framework leads to improved student outcomes.

As a result of this work, we are being recognized by the FLPBIS Project for achieving PBIS Model School status. This award demonstrates our commitment to the effective implementation of PBIS and our efforts towards achieving positive and equitable outcomes for all students.

ACT Test Dates

Test Date	Registration Deadline	Late Registration Deadline
Oct. 23	Sept. 17	Oct. 1
Dec. 11	Nov. 5	Nov. 19
Feb. 12	Jan. 7	Jan. 21
Apr. 2	Feb. 25	Mar. 11
June 11	May 6	May 20

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AICE SCHOLARS SOAR TO NEW HEIGHTS

When the results for the May/June AICE testing series were released August 10th, the outcome was extraordinary success for our AICE scholars. During spring testing, 2,039 exams were administered over a six week period. Our students passed 1,761 exams with a passing rate of 86%. Out of the class of 2021, 155 AICE Diplomas were earned making each recipient eligible for a full Bright Futures Scholarship. A total of 837 AICE Diplomas have been earned and awarded since 2013!

AICE students who earned 360-420 exam points (regular passing is 140-249 exam points) were awarded an AICE Diploma with Distinction. The following graduates received the prestigious AICE Diploma With Distinction--

Anahi Abassy Leitzelar, Katelin Alcock, Spencer Ballard, Jordan Blake, Cyrus Hannah, Kailey Krueger, Gabriella Miller, Lauren Morgan, Laney Mulhollen, Nicholas Powers, Genesis Rodriguez-Rodriguez, Amber Rogerson and Maren Schwied.

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CLASS OF 2022 EVENTS

Senior Calendar

- Oct. 7..... Junior Class Ring/Senior Cap & Gown Assembly (2nd period, Auditorium)
- Oct. 8..... STC and SCF students may pick up cap/gown in front office
- Oct. 12..... 2022 Class Picture
- Oct. 14 - Oct. 15..... Cap & Gown Orders
- Nov. 1..... 1st Payment Due For Senior Packages (No Refunds)
- Dec. 22..... Graduation Announcement Order Deadline
- Jan. 14..... Final Payment Due For Senior Packages (No Refunds)
- Feb. 1 – Feb. 11..... Grad Bash Tickets On Sale (No Refunds)
- Apr. 20..... Graduation Student Speaker Applications Deadline
- Apr. 22..... Cap & Gown Distribution
- Apr. 27..... Graduation Student Speaker Auditions
- Apr. 30..... Prom
- May 19/May 20 *TBD .. Mandatory Graduation Practice
- May 20..... Graduation



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NATIONAL ART HONOR SOCIETY

If you are interested in art, consider joining National ART Honor Society! NAHS is one of Sarasota High's amazing clubs, dedicated to recognizing students who show outstanding artistic ability and highlighting art education in the school and community. Through volunteering and involvement in school and community activities such as art shows, members can become eligible for scholarships. NAHS works to enrich the lives of members and people in the community through student recognition and emphasizing the importance of the arts.

NAHS has big plans for this year. On September 18th, members will be organizing the Senior Parking Spot Painting Party. Additionally, the club will be creating door signs for teachers and banners for homecoming and spirit week. Activities including making jewelry, composing this year's NAHS calendar, and learning the art of printmaking are also on the club's schedule. So, if this sounds interesting, NAHS is the

perfect club for you!

See any member or our sponsor, Mrs. Markley in building 5, room 204.

Noelle Prouty,
NAHS Secretary



FANTASEA VENICE

AICE Art student Madeleine Harwell painted a mermaid sculpture for FantaSea Venice, a public art project in Venice, Florida. Presented by the Venice Art Center, FantaSea features one-of-a-kind mermaids and seahorses which will be on display throughout the city of Venice for two years. Visit Venice and find all 52 sculptures. Check out the website at <https://fantaseavenice.com/>.

OUT-OF-FIELD DESIGNATIONS 2021-22

Florida's State Department of Education requires that school districts notify parents and guardians when their student is being instructed by a teacher who is out-of-field. Out-of-Field is a term used for teachers whose assigned teaching duties currently include a subject matter that is outside the field in which they are certified.

The following teachers are teaching out-of-field for ESOL (English for Speakers of Other Languages) – Brooklyn Elwick, Kirsten Motz and Margaret Robertson. Kenneth Carter is teaching out-of-field for ESE. Molly Proffitt is teaching out-of-field for Earth Space Science. Each of the above mentioned teachers is working toward their respective endorsement requirements.

Should you have any questions regarding the 2021-22 Out-of-Field Designations, please call Michelle Anderson, Assistant Principal – Curriculum, at (941) 955-0181.

STUDENT EQUITY PROCEDURES

Student Equity Procedures for 2021-22 are available on the Sarasota County Schools website under Human Resources/Equity. They can be found at www.sarasotacountyschools.net/Page/2613.

SAILOR SPOTLIGHT

Congratulations to Business Tech teacher, Wendy Kuhns, who was recently named a REEL Award Winner (Regional Economic Education & Leadership Award) on behalf of the USF Gus A. Stavros for Free Enterprise & Economic Education and the Florida Council on Economic Education.

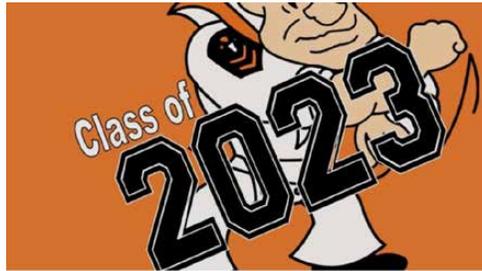


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SHS Class of 2023

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2021-2022 DISTRICT CALENDAR

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JULY 2021

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
					3	
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

5th – 9th – 240 Staff Non-Work Days
20th – 220 Staff Return

AUGUST 2021

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

3rd – 196 Staff Return
10th – First Day for Students, 186 Staff

SEPTEMBER 2021

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

6th – Labor Day - Students, All Staff

OCTOBER 2021

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

12th – End of 1st Grading Period
15th – Professional Day - Students, 186 Staff

NOVEMBER 2021

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

22nd – 26th – Thanksgiving Break - Students, 186, 196, 220 Staff
25th – 26th – Thanksgiving Break - 240 Staff

DECEMBER 2021

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

22nd – End of 2nd Grading Period
23rd – 31st – Winter Break - Students, 186, 196, 220 Staff
24th – 31st – Winter Break - 240 Staff

JANUARY 2022

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

3rd – 7th – Winter Break - Students, All Staff
10th – Professional Day - Students, 186 Staff
17th – Martin Luther King Jr. Day - Students, All Staff

FEBRUARY 2022

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

21st – Presidents Day - Students, All Staff

MARCH 2022

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

11th – End of 3rd Grading Period
14th – 18th – Spring Break - Students, All Staff
21st – Professional Day - Students, 186 Staff

APRIL 2022

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

15th – Mini-Break - Students, 186, 196, 220 Staff

MAY 2022

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

27th – Last Day for Students, 186 Staff
30th – Memorial Day - All Staff

JUNE 2022

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

1st – Last Day for 196 Staff
21st – Last Day for 220 Staff

IMPORTANT DATES

- Oct. 7..... Junior Class Ring Assembly
- Oct. 12..... End of 1st grading period
- Oct. 13 – Oct. 15..... The Lion, the Witch and the Wardrobe
- Oct. 14..... Powder Puff Dodgeball
- Oct. 15..... Professional Day—No School
- Oct. 18..... Powder Puff Football
- Oct. 21..... Homecoming Pep Rally
- Oct. 23..... Homecoming Dance
- Oct. 25..... Powder Puff Volleyball
- Nov. 22-Nov. 26..... Thanksgiving Break

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SAILOR ATHLETICS



ATHLETIC SCHEDULES

Varsity Football

Brody Wiseman, Head Coach

- Sept. 17 Venice @ Home 7:30 PM
- Sept. 24 Port Charlotte @ Home . . . 7:30 PM
- Oct. 1 @ Riverview 7:30 PM
- Oct. 8 Southeast @ Home (Pink Game) 7:30 PM
- Oct. 22 Lakewood Ranch @ Home (Homecoming) 7:30 PM
- Oct. 29 @ Gulf Coast 7:00 PM
- Nov. 5 Braden River @ Home (Senior Night) 7:30 PM

JV Football

Joe Obaseki, Head Coach

- Sept. 30 @ Venice 6:30 PM
- Oct. 14 Venice @ Home 6:30 PM
- Oct. 21 @ North Port 6:30 PM

Freshman Football

Russell Haan, Head Coach

- Sept. 15 @ Venice 6:30 PM
- Sept. 22 @ Riverview 6:30 PM
- Oct. 6 Venice @ Home 6:30 PM
- Oct. 20 @ Port Charlotte 6:30 PM



Volleyball—Varsity, JV & Freshman

Ramon Diaz, Head Coach

- Sept. 15 @ Venice 7:00PM/6:00 PM/5:00 PM
- Sept. 16 @ Braden River 7:00 PM/6:00 PM/5:00 PM
- Sept. 21 @ Bradenton Christian . . . 7:00 PM/6:00 PM/5:00 PM
- Sept. 23 Manatee @ Home (Pink Night) 7:00 PM/6:00 PM
- Sept. 23 Classical Academy @ Home 5:00 PM
- Sept. 27 @ Sarasota Christian 7:00 PM/6:00 PM
- Sept. 29 @ North Port 7:00 PM/6:00 PM
- Sept. 30 @ Charlotte High 7:00 PM/6:00 PM/5:00 PM
- Oct. 4 Riverview @ Home (Orange Night) 7:00 PM/6:00 PM/5:00 PM
- Oct. 5 @ Lemon Bay 7:00 PM/6:00 PM/5:00 PM
- Oct. 8 Sarasota Christian @Home 7:00 PM/6:00 PM
- Oct. 12 North Port @ Home 7:00 PM/6:00 PM
- Oct. 14 @ Lakewood Ranch 7:00 PM/6:00 PM/5:00 PM



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