FLIGHT PATTERNS

AUGUST
2019
VOLUME 20
ISSUE 3

For Parents, Students, Staff and Community of South Lake High School

LETTER FROM THE PRINCIPAL

Dear Eagle Family,

It is with great pride and excitement that I welcome you to South Lake High School for this 2019-20 school year! It is an honor and privilege to serve you once again as principal. I am excited to welcome all of our incoming 9th grade students and families, along with all other students who may be new to our school community.

We are tremendously proud of the accomplishments of our students and staff from the past year, and are eagerly awaiting the results of statewide testing (Florida Standards Assessments and End Of Course exams) and national assessments (Advanced Placement tests and Industry Certification exams). Regardless of the results, we will continue to work on improving our teaching practices and learning opportunities in order to provide the best possible education for your student.

I ask that you continue joining me in our commitment to expect rich learning opportunities and engagement for all students, hold to high expectations for respect and conduct, demand nothing less than our best in performance (academics, athletics, performing arts, extra and co-curricular clubs and organizations, etc.), engage in a culture of open communication and involvement, and promote a safe and positive environment in which all students have individual opportunities to excel. I encourage you to engage with us, support and monitor your student's academic progress, and plug into opportunities to get involved in our school community through booster clubs, advisory groups, and volunteering.

Please note the following events to kick off the 2019-20 school year:

- Freshman Orientation - August 6th (Last Names A-L: 9:00-10:30am, M-Z: 11:00am-12:30pm)
- Schedule Pickup for 10th-12th Grade Students - August 6th (1:00-2:30pm)
- First Day of School - August 12th

Again, thank you for allowing me the opportunity to serve you this year as we work together to support the students of South Lake High School. There are many challenges and barriers in front of us that can inhibit success, but I am confident that we can turn every one of them into opportunities for our students to excel and thrive.

Respectfully,
Steven Benson, Principal

WHO'S WHO AT SOUTH LAKE

Principal
Steve Benson

Assistant Principals
Rene James Discipline - 9th/10th Grade (A-G)
Donna Jesaitis Discipline - 11th Grade
Linda Nichols Discipline - 12th Grade
Michael Spencer Discipline - 9th/10th Grade (P-Z)
Kevin Thompson Discipline - 9th/10th Grade (H-O)

Guidance Counselors
Ms. Melanie Googe - Freshman
Mr. Robert Merrill - Sophomore
Ms. Grace Maldonaldo - Junior
Ms. Donna Scheetz - Senior
Ms. Betsy Bains - MTSS, 504, HSCA

Telephone: 352/394-2100
Fax: 352/394-1972

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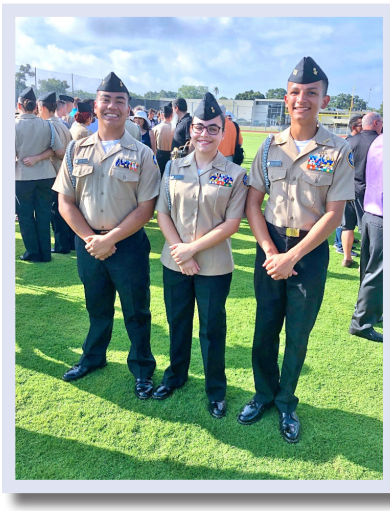
South Lake High School
15600 Silver Eagle Rd.
Groveland, FL 34736
Issue #3

ROTC

South Lake High School Naval Junior ROTC (NJROTC) Cadets Graduate from Leadership Academy

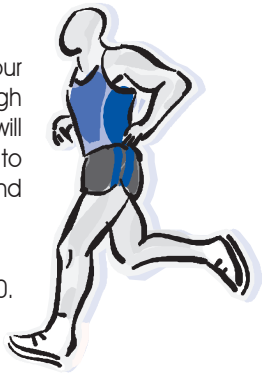
Three South Lake High School NJROTC cadets graduated from the 2019 NJROTC Area Seven Leadership Academy in June 2019. Cadets Harold Vargas, Jalexie Roman, and Daniel Mejia received their silver leadership cords, symbolizing completion of the rigorous course, at a pass-in-review ceremony held at Admiral Farragut Academy in St. Petersburg. The three South Lake students were among 150 cadets to complete the one-week course; less than the top one percent of NJROTC cadets in the state of Florida receive the distinction of attending the advanced leadership training every year.



The purpose of the Leadership Academy is to help prepare selected NJROTC cadets for leadership roles in their respective units. The objectives of Leadership Academy are: to promote habits of orderliness and precision, and to develop respect for constituted authority; to challenge and motivate cadets to push toward their physical and intellectual limits. Cadets are continually called upon to meet high standards of personal appearance, self-discipline, and meticulous attention to detail; to instill a high degree of personal honor, self-reliance, and confidence in each cadet by presenting a military environment in which cadets are forced to rely upon themselves and their shipmates to study, work, and learn; to enhance the basic attitude, knowledge and skills required to practice the art of leadership.

The Leadership Academy graduates will assume significant leadership roles in our unit for the 2019-2020 school year as members of the SLHS NJROTC Battalion Staff.

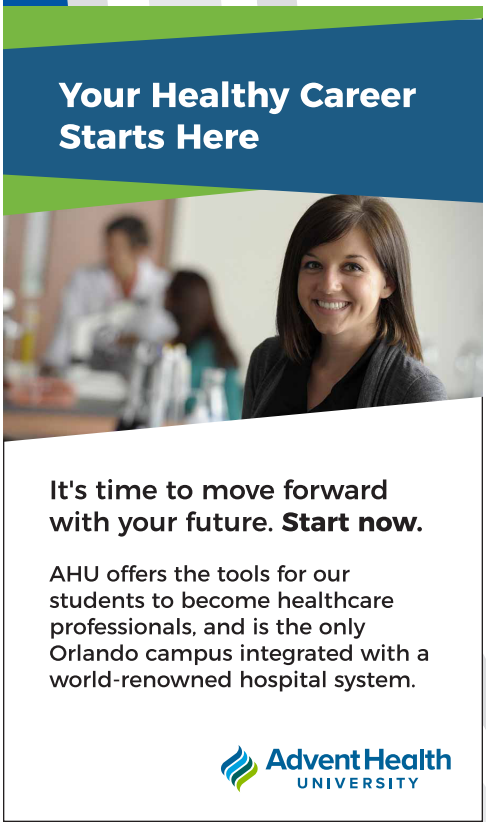
SCHOOL SUPPLY DRIVE 5K RACE



The South Lake Cross Country team would like to invite you to run in our inaugural "School Supply Drive" 5K on August 3rd. This is a trial run through the South Lake High School Campus that will be timed, and participants will earn a t-shirt to commemorate the event. Participants are encouraged to bring any school supplies as donations to the school to help the students and teachers with the upcoming school year.

- The race will start at 7:30 am and will last until 9:00 am.
- The race is currently $15 until July 12th and then the price increases to $20.

You can register through https://runsignup.com/race/FL/Groveland/SchoolSupplyDrive2019.



SPORTS NEWS

Congratulations to A.J. Shaver who has earned the Daily Commercial's Baseball All-Area Player of the year award!

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COMMUNITY SERVICE CLUBS

1. Does your student need community service? Do you want your students to be involved?
2. Do you need a group of students to assist you with something and are willing to offer community service?
3. Are you a student who needs community service? Do you want to be involved?

If you answered yes to any of these questions, then this is the list for you! Below is a list of the current community service clubs offered at South Lake High School and the contact information for the sponsors.

- Interact Club - Candice Fisher and Astrid Caceres: fisherc1@lake.k12.fl.us
- Key Club - Charlene Brown and Kari Stacks: BrownC6@lake.k12.fl.us and StacksK@lake.k12.fl.us
- National Honor Society (NHS) - Emma Latorre and Wanda Albert: LatorreE@lake.k12.fl.us and AlbertW@lake.k12.fl.us
- Student Government Association (SGA) - Judd Bristo: BristoJ@lake.k12.fl.us

AP LITERATURE

AP Literature student may purchase their own copies of the following novels for annotation purposes, these will be read in class during the school year.

1. *Heart of Darkness* by Joseph Conrad
2. *Great Expectations* by Charles Dickens
3. *Frankenstein* by Mary W. Shelley

CLASS DUES

Class dues need to be paid by September 6th.

- $10 for Freshmen: See Mrs. Brown FA-114
- $15 for Sophmore: See Ms. Stacks FA-115
- $20 for Junior: See Ms. Ramirez 231
- $25 for Senior: See Mrs. Gomilla 224
  Dues can also be paid on Revtrac.

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MARK YOUR CALENDAR

August 6th:	Freshman Orientation (Begins in Auditorium) Last Names A-L: 9:00am-10:30am Last Names M-Z: 11:00am-12:30pm 10th-12th Grade Schedule Pick-Up 1:00pm-2:30pm in Cafeteria
August 12th:	First Day of School
September 2nd:	Labor Day Holiday
September 6th:	Dues are Due
September 28th:	Homecoming Dance
October 11th:	End of Frist Grading Period
October 14th:	Student Holiday/Teacher Workday
November 11th:	Veterans Day Holiday
November 25-29th:	Thanksgiving Holiday
December 19th:	End of Second Grading Period
Dec 20- Jan 6th:	Winter Break/Student Holiday
April 25th:	Senior Gradbash

SLHS SUMMER HOURS OF OPERATION

6/3-8/1 (Monday-Thursday): 7:00am-4:30pm
***Closed for Lunch: 12:00pm-1:00pm

Guidance Counselor Hours
6/3-8/1 (Monday-Wednesday): 8:00am-3:30pm

- **Googe** – Freshman
- **Merrill** – Sophomore
- **Maldonado** – Junior
- **Scheetz** – Senior
- **Baines** – 504, HSCA, MTSS

Note: Every Counselor will not be available every day.

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ATTENTION PARENTS

You are not able to check out your students the last 20 minutes of school. Please check them out before then if the need arises for you to pick up your student for any reason.

It is very important that you let our school nurse know if your child has a medical concern.

For example: If your child has Diabetes, Asthma, Allergies, etc., a folder will be created in the clinic for them with the medical concern. This information is critical so that in the event that an issue arises with your child while in school, we will know how to respond and help your child, without wasting precious time trying to figure out what is wrong.

Please stop by and see Holly Cabral, LPN or call her at 352-394-2100 Ext. 5441 if your child has a medical concern. You can also email her at Cabralh@lake.k12.fl.us and she will contact you if needed. Thank you for helping us keep your child safe.

EAGLE HEART

Eagle Heart needs book bags!

Eagle Heart is a program for students who need assistance with food on weekends. It is completely donation based. We are running short on book bags, as some are getting worn from carrying cans of food. Please consider donating new or used backpacks for our program Donations can be dropped off in the front office or to Ms. Stacks in Flight Academy 115 once the school year resumes.

SENIOR PHOTOS FOR THE CLASS OF 2020

Senior photos will need to be scheduled through Cady Studios. You can schedule your session online (cadystudios.com) or by calling customer service (1-800-547-6237).

Students are encouraged to schedule a session over the summer at their studio. If students schedule photos for the summer they will have the opportunity to win a FREE ¼ page Senior AD.

HELPING YOUR TEEN GET THE MOST OUT OF HIGH SCHOOL

From NEA and National Parent Teacher Association

Parents want their children to do well in high school but sometimes it is a challenge to figure out how to support them. High school is a time when parent involvement is critical; teens need your help even if they don't realize it. Following are some hints on how to help your teen get the most out of high school.

HELP YOUR CHILD SHOW UP AT SCHOOL WITH A GOOD ATTITUDE AND READY TO LEARN

- Studies indicate that showing up is important but not sufficient for school success. Physical and mental states are important factors in getting the most from school.
- Keep tabs on school attendance. Check report card attendance reports. If you suspect a problem, immediately call the school. Do not encourage your child to skip school for special trips or activities not related to school such as a family vacation or an outing with friends. That makes school seem less important than having fun.
- Make sure your teen gets plenty of sleep. Recent studies show that teenagers need nine or more hours of sleep nightly and that students earning As and Bs generally are getting to bed earlier than students with lower grades.
- Don't accept the "I'm never gonna use this after high school" excuse for not working hard in a particular class. For example, algebra may not be everybody's favorite subject, but studies show that courses like algebra are critically important in college acceptance decisions and achievement.
- If you have a senior, beware of "senior slump." Recent reports indicate that stu- dents may consider the last year of high school a waste of time. However, students who waste their senior year are often unprepared for college-level work even if they took challenging courses during their earlier high school years.

HELP ORGANIZE TIME AND MATERIALS

- Just because students are in high school does not guarantee they are all prepared to do high school work, especially long-term projects, on their own.
- Help your teen keep an assignment calendar with dates for long-term projects as well as daily homework. Review the calendar at the beginning of the week to plan how time will be used and make allowances for other activities such as sports and clubs.
- Help your teen divide long-term assignments into smaller tasks and develop a timeline for when tasks should be finished in order to have the entire assignment completed on time.
- Make sure there is a place for quiet study away from the television and telephone along with a place to keep school materials, including materials necessary for long-term assignments.

TAKE AN INTEREST

- Studies show that parent involvement drops dramatically as students move from elementary school into middle and high school. Yet given the complexities of today's high schools, this is a time when many students are most in need of parental support and involvement.
- You might not understand a subject such as physics or early American literature but you can still listen to your teen talk about what is happening in class. Also listen to what is happening outside of class. Listen to what your teen is trying to say without immediately judging or offering advice. Encourage your teen to join a club or sport at school. Outside activities are educational and often increase students' interest in school.
- Help your teens put their concerns or problems into words and encourage them to try and figure out possible solutions or coping strategies.
- Try to find at least one teacher with whom you can communicate regularly for updates or advice on your teen's general well-being in high school.
- The ultimate goal is to help students become self-sufficient managers of their time and resources in order to get the most out of high school. They may need your help even if they don't realize it. Help them to develop habits and strategies for greater achievement while encouraging them to take increasing responsibility for their work.

ALMA MATER

Dear alma mater,
blue and silver shine,
Now while we face
our foes and
mountains climb.
We will never
lose our way;
your guidance
shall endure.
Among the hills,
our South Lake High
shall never
stand obscure!

FIGHT SONG

South Lake
High School,
Fly, Eagles, Fly,
Silver and the Blue!
Striving for Pride,
To do it or die,
And always
see it through.
South Lake High School,
Always be true,
Be the best,
none can deny
That the Eagles' flight
Will rise out of sight,
The Screaming Eagles
of South Lake High!

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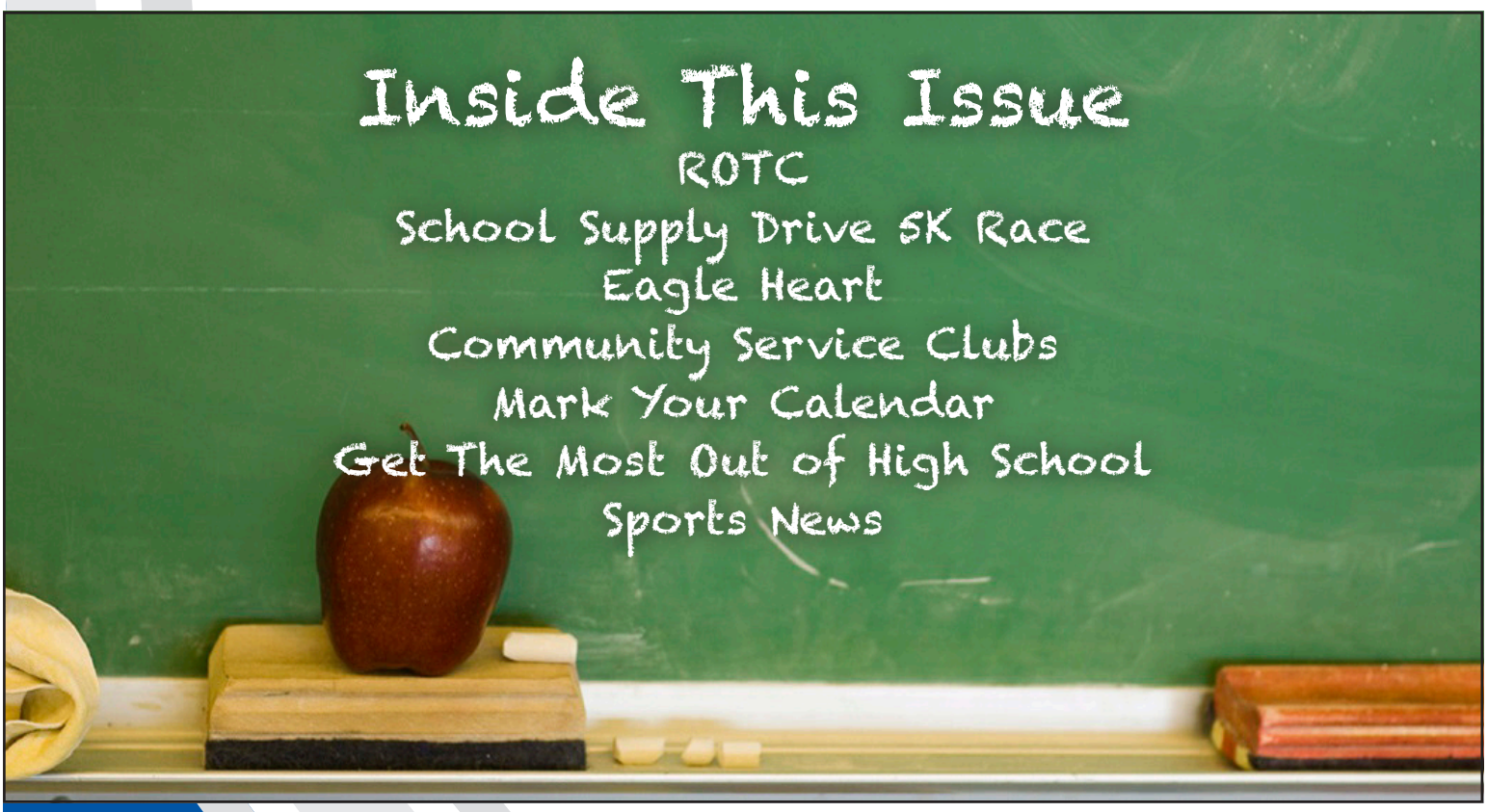

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